

July 21, 2019 - 16<sup>th</sup> Sunday of Ordinary Time

*“Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her.”* Luke 10: 38-42

“The Mildred Mysteries”

Jon Volkmer is a literature professor and author. In a beautiful essay in *Commonweal* [May 17, 2019], he writes about his father’s rosary.

Volkmer inherited the beads sixteen years ago, after his dad’s funeral. Only recently Volkmer noticed that the rosary was broken — broken several times, in fact. His dad’s rosary is a mass of contrived wiring, repaired beads and “whispers of thread.” Jon imagines his dad — who built grain elevators in Nebraska — hunched over the beads in the basement, improvising the repairs. Somewhere along the line, beads were lost: one Our Father, four Hail Marys — five beads short of whole.

There’s also a “dangler” in the last full decade. Volkmer thinks it was a bead that was overlooked during a repair job that Dad added quickly to a convenient link. The dangling bead sticks out sideways from the end of the last full decade.

But the missing and miscounted beads did not slow his dad down. Jon remembers his father praying those beads every morning following the death of Jon’s mother. Those rosaries, Volkmer writes, “allow[ed] himself the space to think on her, to miss her, to mourn her, while his speech was knotted safely inside this circle of prayers.”

So, in honor of his mother, Mildred, Volkmer has adapted the ancient rite of the rosary. He suggests “The Mildred Mysteries, to be prayed on a broken and mended rosary.” Jon Volkmer explains how “the Mildred Mysteries” are to be prayed:

“The First Mystery: Humility. We pray ten Hail Marys to remind us to take strength in normality, to cherish the [everyday], to give thanks for surviving times of dry fields, little food.

“The Second Mystery: Humor. We pray ten Hail Marys to contemplate the grace in making each other to grin. Oh, Mildred, daughter of Irish affability, teach us to laugh . . .

“The Third Mystery: Learning. Ten Hail Marys to contemplate the mystery of contemplation itself. Embrace the book, figure out the problem, fear not the Other.

“The Fourth Mystery: Acceptance. Nine Hail Marys on coming to terms with sorrow and regrets. Pause on the number ten, half-attached, the [dangling] ‘Mom’ Bead. “We are all broken and mended, but we are graced with joy. Making this turn, we are left with six Hail Marys to dwell in gratitude for all that we are, for all that has been given to us, for the gift of each other.

“Recite the closing prayer of your choice. Put rosary away. Go out and live in humility and gratitude, amen.”

**The “Mildred Mysteries” — humility, humor, learning, acceptance — are also the “better part” that Mary chooses in today’s Gospel. We are all like Martha in our conscientiousness to the demands of work and family. But “the better part” embraced by Mary transcends the mundane and empty pursuits of the everyday and sees the hand of God in all things; the “better part” is to realize the gratitude that all creation owes its loving Creator for the very gift of life itself. Jesus invites each one of us make a place and time in our lives for the “better part”: the grace of humility, humor, learning and acceptance that can only be discovered and lived within the circle of our family and friends where the love of God dwells.**

connection mediaworks.com

July 21, 2019  
16<sup>th</sup> Sunday of Ordinary Time

# Sacred Heart Parish

**A Stewardship Parish in Union with Christ**



Parish Information

Pastor: Monsignor Jim Robertson

Office Administrator: Dianne Russell

Office Hours: Monday to Friday 9 a.m. - 1 p.m.

465 Curling Street  
Corner Brook, NL, A2H 3K8  
Tel: (709) 785-5025

curlingparish@hotmail.com  
www.sacredheartrcparish.ca

**Weekend Masses:** Saturday 4:30 p.m., Sunday 11 a.m.

**Reconciliation:** By request

**Mass During the Week:** Tues & Thurs at 7 p.m.  
Wed & Fri at 10 a.m.  
First Fridays - 2 p.m. at the Lohnes Complex

**Holy Hour of Adoration:** Third Sunday of the Month at 2 p.m.

**Marriages:** Six months’ notice required. A year’s notice is recommended.

**Baptisms:** Please call the Parish Office to schedule preparation session.

**St. Vincent de Paul:** To assist those in need. Call 638-9010.

**RECEIVED WITH THANKS**

(July 14, 2019)

Regular Collection	\$1512.35
Garden Party Donation	135.00
Building Fund	45.00
Cemetery Fund	10.00
Votive Candles	32.00
Mass Stipends	40.00

**MASS INTENTIONS**

Monday	No Mass
Tues, 7 p.m.	Cemetery Mass Townsite
Wed, 10 a.m.	Late Alice Martin
Thru, 7 p.m.	Late Austin McCarthy
Fri, 10 a.m.	Intention Herb Cole
Sat, 4:30 p.m.	Late Margaret Turner
Sun	Parish Community

**LITURGICAL MINISTERS**

<b>July 27</b>	
Art Hall Mary Gallant	John Carroll Joe Byrne Marie Byrne
<b>July 28</b>	
Amelia Dicks Wayne Dicks	Patsy Payne Anna house Barbara Neville
<b>Communion to the Lohnes Complex</b>	
Barbara Neville	

**CEMETERY MASSES:**

Townsite – Tuesday July 23, 7 p.m.

Mt. Patricia – Wednesday July 24, 7 p.m.

**BIBLE STUDY:** Discontinued for the Summer.

**THANK YOU:** A big thank you for helping out with clean up of the cemetery and celebration of the cemetery mass. It was a beautiful evening in a beautiful location to celebrate the lives of our ancestors.

**CONDOLENCES:** We offer our prayerful condolences on the death of Monsignor Roderick White. Monsignor served 68 years as priest in our diocese. Well done good and faithful servant. May his soul, and all the souls of the faithful departed through the mercy of God, rest in peace Amen.

**PILGRIMAGE:** You are invited to a special mass at our Lady of Mercy Heritage Church in Port au Port West. This takes place on the Feast of the Assumption on August 15 at 7 p.m. Archbishop Hundt will be the presider and many priests will be concelebrating. Everyone is welcome.

**SAINTS JOACHIM AND ANN:**

According to ancient Christian tradition, Saints Joachim and Ann are the parents of Mary, the mother of Jesus. They were both members of the tribe of Judah of the house of David who, according to tradition, came to Jerusalem from Galilee. Historically and biblically, little is known about them except that they are the parents of Mary and the grandparents of Jesus. The Church recognizes them as models of family virtue and faith, which they transmitted to their offspring. Their feast day is celebrated on July 26.

**SAINT JAMES THE APOSTLE:**

The feast day of Saint James the Apostle is July 25. Saint James was one of the first disciples of Jesus. He and his brother John, who also became a disciple, were called by Jesus as they were fishing with their father in the Sea of Galilee. James was one of the three Apostles present at the Transfiguration. Following Christ’s Ascension, James spread the Gospel until he was martyred for his faith, becoming the first of the apostles to die. Many believe that his remains were taken to Spain still lie in the Cathedral of Santiago. Many people make a pilgrimage to this burial site, walking what is known as the Way of Saint James. He is the patron saint of pilgrims and of Spain.

**MASS REQUESTS:** Our current list is almost exhausted. This is a good time to request Masses and have them said in a timely manner.

**MASS INTENTION FORMS:** Now available at the church are mass intention forms and envelopes for your convenience.

**COME HOME YEAR PANCAKE BREAKFAST:**

There will be a pancake breakfast on July 21<sup>st</sup> at the All Hallows Parish Centre on Humber Road from 9 a.m. to 1 p.m. To reserve tickets, call Bill Peddle at 639-9900 or Cell 640-2696

**COME HOME YEAR ECUMENICAL SERVICE:**

There will be an Ecumenical Service to celebrate the closing of Corner Brook Come Home Year at First United Church, Park Street, on Sunday, July 28<sup>th</sup> at 11 am. All are welcome.

**AUGUSTINIAN HEALING MINISTRY:** Father Albert Macpherson O.S.A., will be visiting different parishes across NL this July. He has given healing missions and healing Masses throughout the United States, Canada, South America, Europe, Asia, and the Caribbean Islands. Many have been healed physically, spiritually, and psychologically through his ministry. Father Macpherson will be celebrating a healing mass at Holy Redeemer Cathedral on July 22<sup>nd</sup>, at 7:00 PM. This is another wonderful opportunity to gather together and experience the healing love of our heavenly Father!

**SUMMER BLESSING:**

As the sun rises, Lord,  
Let your light shine on me.  
Destroy the darkness about me,  
Scatter the darkness before me,  
Disperse the darkness behind me,  
Dispel the darkness within me.  
Let your light shine on me.  
As the sun rises, Lord,  
Let your light shine on me.  
The warmth of your Presence,  
The brightness of your love,  
The radiance of your joy,  
The shining of your hope.  
Let your light shine on me.  
As the sun rises, Lord,  
Let your light shine on me.  
Your light to guide, Your light to lead,  
Your light to direct, Your light to brighten.  
Let your light shine on me.

**HUMOR:**

What do you call a snowman in July?  
A puddle.