

November/December 2018

At a glance

Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
18 Children's Sunday Worship 11:15 Open Hearts Prayer Candles	19 Meditation 7 pm AA 8 pm	20 Cards 9:30 TOPS 6:30 LSC Council 7pm	21	22 Craft/Study 1:30	23	24 ICF Breakfast 9 am
Russell away Skylight Meeting						
25 Russell Away Worship 11:15 Arise! Potluck	26 Meditation 7 pm AA 8 pm	27 Cards 9:30 TOPS 6:30	28 LGBT Potluck 6pm ES Leadership Team 7 pm	29 Craft/Study 1:30	30 Film & Faith	1
2 Advent I Worship 11:15 Communion Messy Advent 4 pm	3 Meditation 7 pm AA 8 pm	4 Cards 9:30 TOPS 6:30	5 Advent Service Soup 5:30 Service 6:15 pm	6 Craft/Study 1:30 Community Dinner and Evening of Carols and Nativity 6 pm	7	8 Women's Breakfast 8 am
9 Advent II Worship 11:15 Open Hearts	10 Meditation 7 pm AA 8 pm	11 Cards 9:30 TOPS 6:30	12 Advent Service Soup 5:30 Service 6:15 pm	13 Craft/Study 1:30	14	15
16 Advent III Worship 11:15 Arise! Wascana Worship 1:30 pm	17 Meditation 7 pm AA 8 pm	18 Cards 9:30 TOPS 6:30	19 Advent Service Soup 5:30 Service 6:15 pm	20 Blue Christmas Service 7 pm	21	22 ICF Breakfast 9 am

TOPS = Take Off Pounds Sensibly
AA = Alcoholics Anonymous



ANNOUNCEMENTS

November 18, 2018

306-761-0556 eastsideunited@sasktel.net
Like us on facebook (Eastside United Church)
Follow us on Twitter @Eastside_united
www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
Greeting: Amanda Benesh and Holly Mah
Congregational Care Greeter: Barb Rio
Prayers: Duch/Jones Family
PowerPoint: Kyan Benesh
Music ministry: Ethan Williams and Maureen Hughes
Piano: Michelle Dickie
Last week's attendance: NA

Russell's e-mail address: russell.eastside@sasktel.net

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours:

Russell will be in the office Tuesday through Thursday, with coffee shop office hours Wednesday from 2 to 4:30 pm; working from home Friday.

Scripture Readings:

Isaiah 36: 1-3, 13-20
Isaiah 37: 1-7; Isaiah 2: 1-4

Songs:

With Open Hearts
I Can Feel You Near Me (Jump for Joy) MV #48
Let there be Peace on Earth (Songs for a Gospel People #128)
How Firm a Foundation VU #660
What Can I Do? MV #191
Draw the Circle Wide MV #145
May the God of Hope VU #424 vs 1

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

LSC Meditation Group: Next class is Monday, November 19 and will be a forgiveness meditation led by Elaine Carlson. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing.

Eastside's Craft/Study Group Thursdays at 1:30 pm in the East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are looking at the Advent chapters of *We Make the Road by Walking* by Brian McLaren until December 13.

Music Ministry at Eastside: If you like to sing, the choir needs you for the Advent season. Soprano voices especially, required. We will be practicing at 12:30 most Sundays until December 23. We will be singing anthems on December 2, 9 and 23. Please contact Ethan Williams or Wanda Barr!

JNAC UPDATE: Eastside United is currently involved in a Joint Needs Assessment process. We are encouraging everyone to get involved and help shape the future of Eastside. Please complete the survey found at <http://bit.ly/JNACsurvey>. And consider attending one of the focus groups being held over the next few weeks. You can sign up on the Eastside bulletin board or at <http://bit.ly/JNACfocus>.

You are cordially invited to a **Potluck Dinner** hosted by the Regina Multi-faith Forum on Tuesday, November 27, 6 pm at Wesley United Church, 3913 Hillside Street. Come to meet your neighbours of all faiths and no faiths, and join in conversation around a meal. Come and tell us what kinds of events and activities you would like to see offered by RMFF, and hear what others are doing in their faith communities. All are welcome. Bring yourself, bring a friend, bring a VEGETARIAN meal! Family friendly.

We will be placing an order for **name tags** shortly. Please let Suzanne know if you would like one. Cost will be \$8 and can be left in a specially marked envelope with your offering or in the office.



The next ICF Breakfast is coming up on Saturday, November 24 from 9 am to 12 noon. If you're looking for a family-friendly, feel-good volunteer opportunity, we are in need of helpers to set up, serve, and clean up following breakfast. Let Peter Braun know of your availability!

Want to watch the Grey Cup game with good food and good friends on a big screen? The choir at Wesley United Church invites all to a Grey Cup potluck on November 25 at 4:30 at Wesley United Church. You bring sides, snacks and sweets, and we will provide spaghetti and meatballs. Vegetarian and gluten-free options will be offered. The choir gratefully accepts silver donations at the door for our trip to Carnegie Hall in NYC in December 2019. To RSVP, please email wesleychoirnyc@gmail.com.

Christmas Tea Saturday, November 24 from 1 pm to 4 pm at Broadway United Church, 105 Broadway Avenue. Bake Sale, White Elephant Table, Craft Tables Tea, Coffee and Dessert Admission: \$3 at the door.

Westminster United Church presents **The Newcomer's World Market**, Saturday December 1 from 10 am to 2 pm. Come, and buy from around the World! Over 15 Countries represented! Admission is a donation at the door to the WUC Refugee Fund. Please use the Cameron Street Entrance.

Did You Know...? There is an automated external defibrillator (AED) at the LSC! This portable electronic device automatically diagnoses life-threatening cardiac events and is able to treat them through defibrillation. With audio and visual commands, AEDs are designed to be simple to use for the layperson. The LSC AED is hanging in an alarmed box beside the elevator in the narthex. This box is not locked, but an alarm sounds when the door is opened to prevent tampering and notify those in the building that an emergency may be in process. Staff and LSC program leads have received a brief training on use of the AED.

St. James United Church, 4506 Sherwood Drive, will be holding their **21st Annual Craft Sale** on Friday, November 23 (4 – 8 pm) and Saturday, November 24 (10 am – 4 pm). There will be 43 craft and trade tables, with some wonderful new vendors. A canteen is also available, so come and enjoy the sale and have coffee or lunch as well! Everyone is welcome!

It's time to renew your subscription to the **United Church Observer**... or sign up for the first time! Annual subscriptions are only \$25! Let the office know if you're interested.



Payment can be left in a specially marked envelope with your offering.

Gifts with Vision catalogues are back and on the shelves in the narthex. If you are looking for a more meaningful gift for that person who has everything, there are some great options contained in these pages! You can also visit www.giftswithvision.ca to shop online!

Once again this year Eastside is supporting the Rainbow Youth Centre with stocking stuffers for their annual Christmas party. You will find candy canes with potential gifts you can give in a basket at the back of the church on November 25 and hanging on the Christmas tree on December 2. All gifts must be brought to the church by December 9 as they will be delivered to the Rainbow Youth Centre on December 10. Thank you for your generous giving again this year!

A fundraiser you will gobble up! This season, you can purchase a Christmas turkey through Lumsden Beach Camp. Not only will you have a beautiful bird for your friend and family, but you will support the work of Lumsden Beach Camp. For \$100 you will get you an approximately 15 pound, grade A turkey, and a charitable tax receipt for \$60. Your, donation goes directly to keeping children swimming, singing and learning in a safe space, cared for by exceptional staff. There is nothing fowl about that! Contact info@lumsdenbeachcamp.com.

Volunteers needed for Messy Church! December 2 the three congregations are hosting a messy church event (see ad below) and we are responsible for the crafts. Russell needs your help so please let him know if you are able to help out with preparation and set up of the crafts. If you would prefer to help with the meal, or the set up/clean up, let Russell know as well and he will connect you with the folk looking after that.

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Messy CHURCH Sunday **DEC 2** at 4 pm at the LSC

An Advent-themed event for families – crafts, worship, and a meal!



This is a shared ministry program of the Living Spirit Centre!
3018 Doan Drive, Regina
INFO: 306-761-0556



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