Bismarck/Mandan Breastfeeding Partnership

Meeting Minutes – January 26, 2016

Members Present: Chelsea Trebas, Nancy Overson, and Jeanine Wall-Hebert

Meetings purpose was to discuss success of Conference

* Nancy will finalize IBCLC packet to keep on file for required timeframe.
* Total participants was 46, and after expenses paid the total profit was $1526.80

* Reviewed Conference evaluations. Overall great reviews.

**Continuing Education Evaluation**

**TITLE: Breastfeeding: The Many Disciplines That Surround It**

**Date: November 5, 2015**

**UA = Unanswered**

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| **1. Did the speakers demonstrate effective teaching strategies?** |
| Dr. Kathy Anderson, MD, FAAP  | Yes 35 | No  |
| Dr. Brielle Renz, D.M.D. | Yes 35 | No  |
| Dr. Faye Johnson, ND, LAc, LMT 3 UA  | Yes 31 | No 1 |
| Michelle Ragan, MEd, OTR/L 2 UA, 1 Between Yes and No | Yes 31 | No 1 |
| Nicole Ford, MS, OTR/L, CLC 2 UA, 1 Between Yes and No | Yes 32 | No  |
| BriAnna Wanner, RDN, LRD, CLC 9 UA | Yes 26 | No  |

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| **2. Were the objectives achieved and met?** |
| Review statistics and anatomy of tongue-tie.  | Yes 35  | No  |
| Identify implications of tongue-tie for breastfeeding.  | Yes 35 | No  |
| List indications, risks, and benefits of frenulectomy.  | Yes 35 | No  |
| Discuss methods to help build mothers’ breastfeeding confidence. | Yes 34 | No 1 |
| Describe language that encourages mothers’ breastfeeding success. | Yes 34 | No 1 |
| Explain the significance of tongue and lip ties in infants.  | Yes 35 | No  |
| Review effects of tongue and lip ties for breastfeeding children and mothers. | Yes 35 | No  |
| Explore herbal and nutritional recommendations for natural breastfeeding support.  | Yes 331 UA | No 1 |
| Recognize the Occupational Therapist’s role in supporting breastfeeding.  | Yes 35 | No  |
| Name initiatives occurring on state & national levels to support breastfeeding2 UA | Yes 33 | No  |
| Explain the purpose of the Baby-Friendly Hospital and ND Breastfeeding-Friendly designation programs and related recent research. | Yes 332 UA | No  |

If No, Please explain:

Most handout printing too small to read for use. Especially the slide power point.

Better printouts. Too small to read or see.

It would be beneficial if the presenters would restate questions.

Was hard to follow Michelle – felt disorganized or maybe nervous, but didn’t feel message got across.

I think we ran out of time and had to skim over this information ( Discuss methods to build mother’s BF confidence. Describe language that encourages mother’s BF success.)

Dr Johnson – no science sited in this presentation – not at a professional standard.

**3.** **What difference will this activity make in your practice, professional development and/or outcomes:**

Great Information – appreciated topic on natural remedies, as many mothers wanting to discuss – trends are moving toward natural waysof health.

Will use motivational interviewing more. Natural medicine was interesting – was not aware of the raw potato tx.

Help me to grow in my practice. Very good conference. Very good Topics.

Motivational Interviewing, going to implement MI with my patients/moms I work with.

Will utilize info learned in my practice – tongue and lip tie info, galactogogues, etc. Herbal info – etc.

Increased my awareness about possible problems tongue tie/lip ties can have on successful breastfeeding and refer moms to her provider.

Interesting, well worth attending.

More comfortable identifying tongue tie.

Our community has had many mothers quit breastfeeding and this may be due to being tongue tie, which I don’t think was ever checked.

Very well presentation by Dr. Renz would love to hear her speak again.

Better able to assess tongue/lip ties and whether or not they might need to be clipped.

I will continue to support all breastfeeding moms through my love and care of newborns and new patients. I have the best job of all!!

Any more knowledge is helpful.

Increase awareness of integration of disciplines ☺

Tongue tied info very useable.

Increase motivational interviewing.

Supporting and referring moms to appropriate care providers who can release and identify tongue ties.

Continue to counsel breastfeeding moms. Utilize OT better for state for awakeness/tone for patient’s education.

I am going to look more into the breastfeeding legislation to see what I can do to help out more and advocate more for my breastfeeding moms.

I feel better educated on different areas related to breastfeeding.

 No knowledge -------------------- Expert

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| **4. Rate your knowledge of the subject prior to this activity. 1 Rated 4.5, 1 UA** |  0 |  1 1 |  2 6 |  3 18 |  4 7 |  5 1 |
| **5. Rate your knowledge of the subject after this activity. 2 Rated 4.5, 1 UA** |  0 |  1 |  2 |  3 3  |  4 23 |  5 6 |