

BUENA GIRLS TRACK AND FIELD TOP 10 MARKS

100 METERS

| | | | |
|---|-------------------|-------|---------|
| 1 | SHARON HANSON | 12.31 | 1982 |
| 2 | KAREN WISE | 12.3 | 1977 |
| 2 | AMANDA FALLS | 12.3 | 1991/92 |
| 4 | AMY KLOPE | 12.5 | 1979/80 |
| 4 | JOSEPHINE JOHNSON | 12.5 | 1981/83 |
| 6 | SHANNON SMITH | 12.75 | 2007 |
| 7 | SUZANNE TENNEY | 12.76 | 1988 |
| 8 | XIALEA MCLEAN | 12.78 | 2018 |
| 9 | TERRI LEGRANGE | 12.6 | 1974 |
| 9 | NANCY BOYER | 12.6 | 1985 |
| 9 | MISSEY PROPPES | 12.6 | 1987 |
| 9 | CRYSTAL NUTTING | 12.6 | 1989 |
| 9 | STACY HEBERT | 12.6 | 1995 |
| 9 | ASHLEIGH GARMON | 12.6 | 2001 |

200 METERS

| | | | |
|----|-------------------|-------|------|
| 1 | KAREN WISE | 25.3 | 1977 |
| 2 | SHARON HANSON | 25.9 | 1982 |
| 2 | AMANDA FALLS | 25.9 | 1992 |
| 2 | ASHLEIGH GARMON | 25.9 | 2000 |
| 5 | JOSEPHINE JOHNSON | 26.0 | 1981 |
| 6 | HEATHER ARNOLD | 26.1 | 1988 |
| 7 | XIALEA MCLEAN | 26.38 | 2018 |
| 8 | AMY KLOPE | 26.2 | 1979 |
| 9 | MELISSA MUNTZEL | 26.71 | 2007 |
| 10 | CARLA BESAMAT | 26.5 | 1989 |

400 METERS

| | | | |
|----|------------------|-------|------|
| 1 | KAREN HALLER | 57.5 | 1981 |
| 2 | KAREN WISE | 58.0 | 1977 |
| 3 | KELLIE MEYERS | 58.6 | 1986 |
| 4 | CRYSTAL NUTTING | 58.7 | 1989 |
| 4 | AMELIA MATHIS | 58.84 | 2008 |
| 6 | ALISA HOUSTON | 59.35 | 2013 |
| 7 | GILLIAN BARKALOW | 59.6 | 1995 |
| 8 | TESSA CALAHAN | 59.78 | 2006 |
| 9 | HEATHER ARNOLD | 59.9 | 1987 |
| 10 | TERRI LAGRANGE | 60.0 | 1974 |
| 10 | COREY DUGAN | 60.14 | 2006 |

800 METERS

| | | | |
|----|------------------|---------|------|
| 1 | AMELIA MATHIS | 2:14.67 | 2006 |
| 2 | KAREN HALLER | 2:15.4 | 1981 |
| 3 | ALIYA SHAH | 2:17.32 | 2011 |
| 4 | MEAGAN DUNNE | 2:17.9 | 1996 |
| 5 | TAMMY MCCARTY | 2:18.1 | 1985 |
| 5 | EMILY BERNATH | 2:18.1 | 2000 |
| 7 | FANYA BRYANT | 2:18.8 | 1990 |
| 8 | SCHATZI VANDEHEI | 2:18.9 | 1983 |
| 9 | MICHELLE MASON | 2:19.3 | 1981 |
| 10 | CAROL SAILER | 2:19.5 | 1978 |

1600 METERS

| | | | |
|----|--------------------|---------|------|
| 1 | MICHELE LEWIS | 4:57.65 | 1986 |
| 2 | MICHELLE MASON | 4:57.7 | 1981 |
| 3 | TAMMY MCCARTY | 5:01.5 | 1985 |
| 4 | KIM GONZALES | 5:07.20 | 1982 |
| 5 | KIMBERLY DONATELLI | 5:08.92 | 2004 |
| 6 | JALEN BURNS | 5:09.30 | 2016 |
| 7 | NATALIE COOPER | 5:10.79 | 2015 |
| 8 | AMY VAN ATTA | 5:11.3 | 1993 |
| 9 | FANYA BRYANT | 5:12.4 | 1990 |
| 10 | AMELIA MATHIS | 5:14.16 | 2005 |

3200 METERS

| | | | |
|----|--------------------|----------|------|
| 1 | MICHELLE MASON | 10:26.74 | 1981 |
| 2 | KIMBERLY DONATELLI | 11:02.14 | 2006 |
| 3 | JALEN BURNS | 11:07.20 | 2017 |
| 4 | KIM GONZALES | 11:10.5 | 1981 |
| 5 | TAMMY MCCARTY | 11:11.6 | 1984 |
| 6 | MICHELE LEWIS | 11:15.9 | 1986 |
| 7 | ALIYA SHAH | 11:20.28 | 2010 |
| 8 | KAREN HINKLE | 11:20.7 | 1991 |
| 9 | MARY DIETZ | 11:21.6 | 1985 |
| 10 | VIRGINIA FEYH | 11:25.9 | 1981 |

100 M HURDLES

| | | | |
|----|-----------------|-------|------|
| 1 | LAUREN RAMIREZ | 15.35 | 2008 |
| 2 | STACY HEBERT | 15.4 | 1995 |
| 3 | MEGHAN ROARTY | 16.19 | 1996 |
| 4 | ERIN PANKEY | 16.0 | 1993 |
| 5 | ANNIKA GARRETT | 16.25 | 2010 |
| 6 | SHANNON MORTEN | 16.39 | 1999 |
| 7 | JENNIFER SMITH | 16.2 | 1995 |
| 8 | MARGARET BOEHME | 16.4 | 2001 |
| 9 | KALEAH MESA | 16.65 | 2015 |
| 10 | SHIRNETT GORDON | 16.5 | 1994 |

300 M HURDLES

| | | | |
|----|------------------|-------|------|
| 1 | SHARON HANSON | 43.91 | 1981 |
| 2 | STACY HEBERT | 43.97 | 1995 |
| 3 | CARLA BESAMAT | 46.4 | 1990 |
| 4 | DEBBY HANSON | 46.9 | 1985 |
| 5 | JILL TURNER | 47.2 | 1986 |
| 6 | MEGHAN ROARTY | 47.5 | 1996 |
| 7 | MELISSA MUNTZEL | 47.90 | 2006 |
| 8 | LAUREN RAMIREZ | 47.94 | 2006 |
| 9 | JULIE SMITH | 48.1 | 2002 |
| 10 | CRYSTAL GOODNESS | 48.2 | 1985 |

BUENA GIRLS TRACK AND FIELD TOP 10 MARKS

HIGH JUMP

| | | | |
|---|--------------------|--------|---------|
| 1 | ERINN BEATTIE | 5' 10" | 2014/15 |
| 2 | BETSY VON ESSEN | 5' 6" | 1980 |
| 2 | MIA PALKIE | 5' 6" | 1991 |
| 4 | ELAINE TAYLOR | 5' 2" | 1978 |
| 4 | HEATHER ROSE | 5' 2" | 1987 |
| 4 | LAUREN BEVAN | 5' 2" | 2009/10 |
| 7 | ANDREA HILSMAN | 5' 1" | 1992 |
| 8 | DONNA STAPLETON | 5' 0" | 1974 |
| 8 | JILL WILLIAMS | 5' 0" | 1975 |
| 8 | PHEBE NIKOLAKIS | 5' 0" | 1977 |
| 8 | MARY REILLEY | 5' 0" | 1982 |
| 8 | MICHELLE DUNCAN | 5' 0" | 1982 |
| 8 | DEBBY HANSON | 5' 0" | 1983 |
| 8 | TERESA PALMISANO | 5' 0" | 1985 |
| 8 | MISSEY PROPES | 5' 0" | 1985/86 |
| 8 | AUDRA PROBASCO | 5' 0" | 1993 |
| 8 | BETH MCGILL | 5' 0" | 1994 |
| 8 | SARAH BANGS | 5' 0" | 1995 |
| 8 | COLLEEN MCCONVILLE | 5' 0" | 1997/98 |
| 8 | ABBY COLLINS | 5' 0" | 2001/03 |
| 8 | LAUREN RAMIREZ | 5' 0" | 2006 |
| 8 | YVONNE ANTUNEZ | 5' 0" | 2009 |
| 8 | ANNIKA GARRETT | 5' 0" | 2010 |

LONG JUMP

| | | | |
|----|----------------------|------------|------|
| 1 | ROBIN RIENDEAU | 17' 9.5" | 1988 |
| 2 | SHARON HANSON | 17' 7.75" | 1981 |
| 3 | ASHLEIGH GARMON | 17' 7" | 2001 |
| 3 | COREY DUGAN | 17' 7" | 2006 |
| 5 | MISSEY PROPES | 17' 1.5" | 1987 |
| 6 | NANCY BOYER | 17' 0.75" | 1985 |
| 7 | MIA PALKIE | 16' 11.5" | 1991 |
| 8 | PEARL BROOKS | 16' 11" | 2016 |
| 9 | AALIYAH STAPLES-WEST | 16' 10.75" | 2017 |
| 10 | KIM MERRITT | 16' 10" | 1975 |
| 10 | LIZ HARRIS | 16' 10" | 1986 |

TRIPLE JUMP

| | | | |
|---|-------------------|------------|------|
| 1 | PEARL BROOKS | 35' 11.75" | 2016 |
| 2 | DEBBY HANSON | 35' 7" | 1984 |
| 3 | LIZ HARRIS | 35' 6" | 1986 |
| 4 | JENNIFER SMITH | 35' 4" | 1995 |
| 4 | RENEE MCCURTIS | 35' 4" | 1996 |
| 6 | DANI STENNKE | 35' 1" | 1991 |
| 7 | MISSEY PROPES | 34' 4" | 1987 |
| 8 | LAUREN BEVAN | 34' 3" | 2011 |
| 9 | KASTEEN MCCORMICK | 34' 2.5" | 1992 |
| 9 | HALIE BROWNELLER | 34' 2.5" | 2017 |

SHOT PUT

| | | | |
|----|--------------------|-----------|------|
| 1 | SHELAINA LARSON | 42' 8.5" | 2000 |
| 2 | ELIZABETH MATTHEWS | 37' 2.75" | 2000 |
| 3 | ALYSE QUIROZ | 36' 11" | 2004 |
| 4 | XENA KISTLER | 36' 7.5" | 1979 |
| 5 | MICHAELA SWEATT | 35' 5.5" | 1981 |
| 6 | TERRI JOHNSON | 35' 2.25" | 1974 |
| 7 | JULIE MURPHY | 35' 1.5" | 1990 |
| 8 | AMANDA HENRY | 35' .75" | 1995 |
| 9 | TERESA PALMISANO | 34' 2.5" | 1987 |
| 10 | EILEEN RIENDEAU | 33' 9.5" | 1991 |

DISCUS

| | | | |
|----|-----------------|-----------|------|
| 1 | SHELAINA LARSON | 135' 2" | 2000 |
| 2 | XENA KISTLER | 127' 2" | 1979 |
| 3 | ALYSE QUIROZ | 120' 1" | 2005 |
| 4 | SARA GOLDEN | 118' 1" | 1995 |
| 5 | AALIYAH ROWE | 113' 10" | 2012 |
| 6 | JULIE MURPHY | 110' 10" | 1990 |
| 7 | COURTNEY HORN | 110' 7" | 1988 |
| 8 | ERIELLE MANHART | 108' 8.5" | 2012 |
| 9 | AMBER WALTON | 107' 8" | 2014 |
| 10 | KATIE OLIVA | 105' 8" | 2017 |