

FJELLHEIM 6 – 107

Sons of Norway 1045 Ford Street Colorado Springs, CO 80915 719-574-3717

www.sonsofnorwaycs.com facebook.com/sonsofnorwaycs

October 2016 Volume 43, #9

2

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

### Inside this issue:

| Calendar       | 2 |
|----------------|---|
| Pres. Notes    | 3 |
| Birthdays      | 4 |
| Sunshine       | 5 |
| Lodge Officers | 7 |

### **MEETING TIME:**

Monthly business meetings held the second Wednesday of every month (except July)

### 7:00 PM

Viking Hall, 1045 Ford Street, Colorado Springs, CO

# SEND ARTICLES

TO:

Michael Johaneson 1307 Wildwood Ln Castle Rock, 80104 mjohaneson@gmail.com

Deadline for the November Issue is October 20

# VIKING FAIR

8<sup>th</sup> ANNUAL

**Community** Cul

**Cultural Event** 

# October 22, 2016 Bazaar and Brunch

arts, baked goods, books, collectibles, crafts, fun, handwork, lefse, music, raffles, stories, unique gifts, vendors, Vikings no entry fee

Bazaar 9<sub>am</sub>-2<sub>pm</sub> Brunch \$8, 9am

# **Viking Hall**

**1045 Ford St., Colorado Springs 80915**Information: 351-3554 or 596-6159

Darlene reserves brunch: Phone 550-1288

Lutefisk and Meatball Dinner Saturday November 12, 2016 Viking Hall

First Seating 2:00 pm Second Seating 6:00 pm

\$20.00 Members \$22.00 Nonmembers \$10.00 Ages 5-12

Lutefisk with Butter/Cream Sauce, Meatballs, Steamed Potatoes, Vegetables, Cranberry Sauce, Lefse, Dessert, and Coffee For Reservations Please Call Virginia Nelson (719) 650-7029

# 2016 Oktober

| sondag   | mandag  | tirsdag                                     | onsdag   | torsdag | fredag | lordag  |  |
|--|---|---|--|---------|--------|---|--|
| 9/25<br>12:00 pm<br>Rosemaling<br>1:30 pm<br>Dine-out<br>Fargo's Pizza | 9/26<br>9:00 am<br>Lefse Making<br>Viking Hall  | 9/27  | 9/28   | 9/29    | 9/30   | 1   |  |
| 2  | 3<br>9:00 am<br>Lefse Making<br>Viking Hall   | 4<br>12:30 pm<br>Card Social<br>Viking Hall | 5<br>9:00 am<br>Board Meeting<br>Viking Hall                                     | 6       | 7      | 8   |  |
| 9<br>Leif Erikson Day<br>12:00 pm<br>Rosemaling<br>Viking Hall         | 10<br>9:00 am<br>Lefse Making<br>Viking Hall<br>11:00 am<br>Viking Sisters<br>Viking Hall | 11  | 12<br>5:00 pm Book Club<br>5:30 pm FMC<br>7:00 pm<br>Heritage Mtg<br>Viking Hall | 13      | 14     | 15  |  |
| 16   | 17<br>9:00 am<br>Lefse Making<br>Viking Hall  | 18  | 19   | 20      | 21     | 22<br>9:00 am<br><b>Viking Fair</b><br>9:00 am<br>Brunch<br>Viking Hall |  |
| 23<br>2:00 pm<br>Nelson Birthday<br>Viking Hall                        | 24<br>9:00 am<br>Lefse Making<br>Viking Hall  | 25  | 26   | 27      | 28     | 29  |  |
| 30   | 31  |   |  |         |        |   |  |



You all are invited to Virginia Nelson's 90th
Birthday Party on Sunday October 23rd from 2
to 5 pm, held at the Viking Hall. Finger food &
cake will be served. No presents, just your presence
is a present. Hope to see you there! The Family

ED NOTE: Virginia has contributed so much to Fjellheim over the years but one you hear very little about is her work as our Historian. She has compiled the lodge history in wonderful binders with pictures and text. At the anniversary dinners, we bring them out for display. They are always greatly appreciated by old and new alike. Thank you Virginia. (And she is taking reservations for Lutefisk Dinner again. Yay)

# President's Thoughts

# 50th Anniversary

So...., what was established in 1966 and is dedicated to funding activities that preserve and promote Norwegian heritage, to positively affect members, and make Sons of Norway communities a more vibrant place to live? No, it's not the Lutefisk Culinary School of Arts. Even though the enrollment last year increased 100%, to four. It is the 50<sup>th</sup> Anniversary of the **Sons of Norway Foundation**. The Foundation is true to its mission



through student's scholarships for study, a cultural exchange experience, and assisting lodges to provide quality programs and community events.

October is "Foundation Month". And during October, each year our Lodge has a Viking Fair. This year it is planned for Saturday, the 22<sup>nd</sup>. And each year our Lodge uses a large portion of the proceeds from this event to make a donation to the Foundation. We also donate the proceeds from our monthly Heritage

Meeting "Drawings" to the Foundation. The Foundation has several categories of Scholarships, four categories of Grants, Humanitarian grants, Helping Hands to Children, Helping Hands to Members following disasters, and numerous Heritage & Culture Grants for Lodges and Organizations that wish to promote Norwegian heritage in their communities.

Also in October is "Leif Erikson Day" on the 9<sup>th</sup>, which was authorized by Congress and proclaimed by President Lyndon Johnson in 1964, some thousand years after Leif Erikson discovered America. Foundation Month..., Leif Erickson Day..., Viking Fair..., promoting Norwegian heritage..., see the "October Connection"?

As the days become shorter and the temperatures dip lower, it's time to bring some warmth back into your home. Plan to attend the Viking Fair and bring one of the many crafts for sale into your home. Maybe consider making a heart-felt donation to The Foundation. Or maybe just reading a book about Leif Erickson. If none of this makes you feel good about our Norwegian heritage..., have I got something for you. An extra plate of lutefisk in November.

-Steve Hermanson

# October Birthdays

| Ellen Rubi May       | 2  |
|----------------------|----|
| •                    | 3  |
| Lowell T Skabo       | 4  |
| Adelle E Steinseifer | 5  |
| Margrethe Smith      | 6  |
| Gloria L Mitchell    | 7  |
| Marjorie Lindskog    | 13 |
| Madison L Ben        | 14 |
| Jill K Johnson       | 16 |
| Joshua R Lysne       | 16 |
| Carter Drew Berge    | 21 |
| Lena M Erickson      | 22 |
| Brian L Svendsen     | 22 |
| Thor Gavin           | 23 |
| Emma Josephine Greek | 23 |
| Austin Allgood       | 24 |
| Sonja Sue Gund       | 24 |
| Will M Berge         | 27 |
| Virginia L Nelson    | 27 |
| Linda K Ross         | 28 |
| Geir S Ostrem        | 30 |
| Madeleine R Erickson | 31 |
| Sissel M Erickson    | 31 |
|                      |    |

经存货 化对抗反射 化对抗反射 医阿拉克氏征 医阿拉克氏征 医阿拉克氏征 医阿拉克氏征 医阿拉氏征 医阿拉氏征 医阿拉氏征 医阿拉氏征 医阿拉氏征 医阿拉氏征 医阿拉氏征



## **Card Social**

Card Social will be Tuesday, October 4th with a potluck lunch at 12:30 pm at Viking Hall followed by visiting and cards. Questions call Ginny at 495-0253. Everyone is welcome

# **Viking Sisters**

We will meet after lefse making on October 10th to continue work on the cookbook. Any help will be appreciated. Questions, call Ginny at 495-0253



## **Rosemaling Classes at Viking Hall**

Rosemaling classes are scheduled for Sunday, September 25th from 12:00 until 4:00. All skill levels are welcome. The cost for each 4 hour session is \$20.00. Please call Cindy Bauer at 633-8260 or Bj Mapstone at 264-0955.



**Book Club** meets every second Wednesday of the month at 5:00 pm at Viking Hall. Our facilitator is Dot Everett. We are reading books by Knut Hamsun this month. Please join us on Wednesday, October 12 at 5:00pm.

# Sunday Dine-outs @ 1:30 pm

**September 25** @ Fargo's Pizza Place, 2910 East Platte Avenue. Hostess: Karen Ravnaas 390-0621



To save on mail/envelops, here is a little reminder for Sons of Norway members to pick up their pins/certificates at the next Heritage meeting:

### Sorry We Missed You!

To all of our Members who were on the list to receive their year pins/certificates and missed the Anniversary Fish Fry on Saturday, September 17, you may pick them up at the October 12th Heritage Meeting before 7pm by checking in at the Welcome Table and seeing Nancy Allen, your Fjellheim Lodge Membership Secretary. She will be there with a list of the following member names with pins/certificates -----

5 year: Debi Melanie Fornero, Laurie Hauschild, Avery Oldervik, Meagan Oldervik,

Tania Dawn Oldervik.

10 year: Mary Brooks, Brian Svendsen 20 year: Kris Barney, Kristi Erdal, Karla Roth

25 year: Susan Foust 35 year: Candance Lesoing

Congratulations to all our other members who were present at the Anniversary Dinner.

The Fish Fry Dinner was TOP NOTCH! A Terrific THANKS to all our members who volunteered to make this a celebration and SUCCESS!

# Lefse Baking

Lefse Baking is in full swing every Monday except October 31st. Mark the dates of September 26th October 3,10,17,and the 24th, plus November 7th Lois





## Sunshine - October 2016

Happy Birthday to our members born this month and Happy Anniversary to those who celebrate this special event during the month of October. And Happy Halloween to all!

Russ Eacker, Fjellheim member and husband of Carol, died in the early morning of September 23, 2016. Russ loved the potlucks, playing cards, and helping with lefse Mondays. He always wanted to be a part of what was going on and many of our members will remember him for all the volunteer work he did. We will miss the twinkle in his eyes and stories of his past. Russ's memorial service will be held at Emanuel Lutheran Church, 846 E Pikes Peak Ave. on Wednesday, September 29 at 11:00 a.m. Lunch will follow the service.

Yvonne A. Oldervik, mother of member Tania Oldervik, died September 12, 2016, We remember her attending special events with Tania. We send our sympathies to Tania and her family.

Welcome to October and Autumn. "Even if something is left undone, everyone must take time to sit still and watch the leaves turn." - Elizabeth Lawrence

Fraternally, Karen Ravnaas - 390-0621



Dear Valued Vendors, Loyal Supporters and Friends, We appreciate your interest in our Viking Fair at Fjellheim-Sons of Norway's Viking Hall, located at 1045 Ford Street (east of Powers, off Galley) in Colorado Springs. We are pleased to offer a wide variety of arts, crafts, hobbies, products and handwork of many types again this year, our 8th year to sponsor an October show. We hope to have good weather, a nice crowd, and a profitable and enjoyable day for all. We advertise on websites, email, in newspapers, by poster, handouts and word-of-mouth. Please continue to inform customers, friends, family, stores, community groups whom you know. There'll be food, music and fun, too. We'll send a flyer soon, in case you can find a place to post it. If you have vendor questions, please phone me at 351-3554. We hope you are able to join us for the day--please let me know as soon as possible. We are planning to have a raffle of vendors' items. In order to participate, please leave your donation at the raffle table inside the front door. Please mark your item with your name and vendor information so you can be recognized when you draw a winning ticket. Drawings will take place throughout the day. We appreciate your help. If needed, our phone contact numbers are 596-6159 (Ruth) or 351-3554 (Eunice). If you wish to buy brunch, please reserve with Darlene at phone # 550-1288. After phoning Eunice, PLEASE DETACH AND SEND THE VENDOR APPLICATION BELOW Please confirm your preferences, plan and information as follows: Would you prefer to bring own table OR use a table provided by the hall? If we're providing, do you prefer a large round table OR rectangular table? Would you like to set up your table on Friday, October 21, 12 noon to 2PM OR Saturday, October 22, 7:30 to 9:00 AM ? (Please unload by side door and park in the rear on Saturday. Guests will enter front door.) Please note your main items for sale name\_\_\_\_\_ address\_\_\_\_ phone email We request a donation to Sons of Norway for \$25 to reserve your space. Mail check and above information ASAP to: Ruth and Paul Wiig 1546 E. Owen Cir. CO. SPRINGS, CO 80915 Thank you for supporting this event. Eunice Bluhm, for Sons of Norway

# The Walleye Was Good Then.



You are saved from an insurance sermon today because I want thank some people for the successful walleye dinner on 9/17.



First, Kathie registered 100 people. The day before the event Steve and Kathie set up and decorated. Lois, Elaine and Karen prepared potatoes for baking and made the best cole slaw ever. Phil, Mike and Steve filleted fish.

The day of, Cheryl and Gin breaded fish while Phil, Paul and Norman cooked the fish to perfection.

After dinner, a dozen people stepped up to clean up. Most notable were Randy, Ruth, Steve and Ole.

But the stars were Jerry who started at noon and worked until 8:00 pm, Caren who washed many dishes and then mopped the kitchen floor and Phil who mopped the lodge floor.

These are fun events and we make a little money but they also mean a lot of work. Thank you to all the members who worked so well together and laughed along the way. Maybe we will do it again. Mange Takk, MJ

### **FJELLHEIM - 2016 OFFICERS**

| TOLLLITE                  | -11W1 - 2010 OI 1 10L | . <u>110</u> |
|---------------------------|-----------------------|--------------|
| <b>Board of Directors</b> |                       |              |
| President                 | Steve Hermanson       | 520-0303     |
| Tiesidelit                | ubetcha@reagan.com    |              |
| Counselor                 | Michael Johaneson     |              |
| Secretary                 | Sara Berge            | 495-2134     |
| Asst. Secretary           | Virginia Nelson       | 650-7029     |
| Treasurer/Finance Chair   | r Jerry Johnson       | 495-0253     |
| Assistant Treasurer       | Larry Moe             | 1,5 0255     |
| Membership Secretary      | Nancy Allen           | 310-2466     |
| manus or sump seer county | Linda Wennerberg      | 622-1243     |
|                           | 8                     |              |
| <b>Program Directors</b>  |                       |              |
| Social Coordinator        | Kathie Godsil         | 266-9592     |
| Cultural Coordinator      | Marjorie Erickson     | 597-2196     |
| Hostesses                 | Doris Lake            | 596-8600     |
|                           | Darlene Aaland        | 550-1288     |
|                           | Carol Eacker          | 633-5193     |
| Sunshine                  | Karen Ravnaas         | 390-0621     |
| Sports                    | Kerry Hefta           | 266-9429     |
| Foundation                | Caren Alvestad        | 648-2320     |
| Cultural Skills           | Bjørg Mapstone        | 264-0955     |
| Book Club                 | Dot Everett           | 330-1206     |
|                           |                       |              |
| Support Officers          |                       |              |
| Greeters                  | Lois Halvorson        | 632-6003     |
|                           | Owen Bergland         | 576-1396     |
| Marshalls                 | Dorothy Hanson        | 599-8546     |
|                           | LaRue Hanson          | 599-8546     |
|                           | Ole Bakken            | 632-3892     |
| Editor                    | Michael Johaneson     | 720-971-0130 |
| Photographer              | Tania Oldervik        | 310-3586     |
| Web Page & Facebook       | Randy Johnson         | 260-7028     |
| Musician                  | Sonja Gund            | 473-9588     |
| Publicity                 | Eunice Bluhm          | 495-2029     |
| Historian                 | Virginia Nelson       | 650-7029     |
| Librarian                 | Sonja Gund            | 473-9588     |
| Viking Sisters            | Ginny Johnson         | 495-0253     |
| S                         | •                     |              |
| Committees/Special A      | <u>ctivities</u>      |              |
| Auditors                  | Dean Tollefson        | 473-1110     |
|                           | Ole Bakken            | 632-3892     |
|                           | Millie Sullivan       | 597-0381     |
| Tubfrim                   | Tania Oldervik        | 310-3586     |
| Volunteer Hours           | Cathe Berg-Maines     | 282-0908     |
| Financial Benefits        | Michael Johaneson     | 720 971-0130 |
|                           |                       |              |
| Fjellheim Managemen       |                       |              |
| Directors                 | Karen Ravnaas         | 390-0621     |
|                           | Paul Wiig             | 596-6159     |
|                           | Bjorg Mapstone        | 254-0955     |
|                           | Jerry Maines          | 282-0908     |
|                           | Owen Bergland         | 576-1396     |
| Trustees                  | Rodger Erickson       | 597-2196     |
|                           | Jerry Johnson         | 495-0253     |
|                           | Terry Mapstone        | 264-0955     |
|                           |                       |              |

### Colorado Zone 8 Director

Beverly Moe 720-746-9755 bevm259@comcast.net

**District 6 President** 

Mary Beth Ingvoldstad 707-987-2404 <u>mbingvoldst@aol.com</u>

ALL PHONE NUMBERS HAVE 719 PREFIX UNLESS OTHERWISE IS NOTED

Sons of Norway Monthly Newsletter Mike Johaneson, Editor Viking Hall—Fjellheim 6-107 1045 Ford Street Colorado Springs, CO 80915



Please cut stamp for Tubfrim

1307 Wildwood Lane Castle Rock, CO 80104-9477



## Michael Johaneson

Financial Benefits Counselor

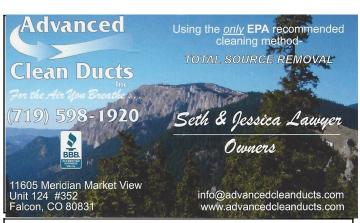
Phone: (720) 971-0130 Email: mjohaneson@gmail.com

www.sonsofnorway.com



Patty Gooding (719) 550-1206

2905 North Murray, Colorado Springs, Co 80917 Tuesday-Friday 8:00-6:00 Saturday 7:00-2:00



# SPIRAL BODY MASSAGE THERAPY

Caren Alvestad R.M.T., C.N.M.T



FOR PAIN RELIEF & RELAXATION
Please call for an appointment
(719) 648-2320