

HEBRON HAWKS WATER POLO CAMPS

JUNE 5TH - JULY 28TH

Location: LISD Eastside Aquatic Center Monday-Friday

No practice July 3rd, 4th & 5th
Questions? Contact Coach Lilly – lillyda@lisd.net

STRENGTH & CONDITIONING

Who: 7-12th grade

(as of fall 2023)

Cost: \$20

Time: 8:30-10 AM

SKILLS & DRILLS

Who: 7-12th grade

(as of fall 2023)

Cost: \$20

Time: 10-11:00 AM



