

Vibrational Sound Healing Presentation & Group Sound Healing



**Saturday August 22nd, 2020
1:00 pm – 3:00 pm
Ladies Aid Society/Pine Grove Spiritualist Camp
34 South Pine Street, Niantic**

Pine Grove Spiritualist Camp invites you to an outside workshop – Weather Permitting

Fred Maerke will give a presentation on Vibrational Sound Healing as well as a group sound healing. In the first half of this session, he will not only cover the history and science behind sound healing, but will even do some live demonstrations!

In the second half of the session, Fred will perform a group Sound Healing for everyone present. As you relax, the vibrational frequencies will surround you in a cocoon of sound that will take you to your own inner space of healing. This is quite effective because it influences our emotional bodies as well as our physical bodies. Stress is the underlying cause of many physical conditions. Emotional imbalances are at the root of many physical diseases and when we heal our emotional bodies, the physical symptoms disappear. Sound and emotions are deeply connected.

Cost: \$25 for members, \$30 for non-members

Things to bring: Note pads, beach chair or blanket, water, and bugspray.

Restroom Facilities will be available. We ask that you use a mask on arrival to sign in and to use the restroom.