

CONVICTION:

a fixed or firm belief

Saying YES to something, often Requires a NO to something else,
Conviction will Cost You something!

LIFE THEME

Question: What do you want to say yes to that may require a NO down the road?

Thought: Saying yes to something like a marriage commitment means you will have to say no to other opportunities in life.

Truth: Big time Commitments are the beginnings of Great Accomplishments. BUT they will come with needed sacrifices.

Execution: Hold fast to your Commitments have the strength to say no to that which is not BEST...



FOOTBALL THEME

Question: Does excellence in Football come at an expense?

Thought: A group of young men applying conviction toward a single goal can accomplish much good.

Truth: It is not a scheme that wins games but heart felt execution of “THE CHOOSEN SCHEME” that experiences VICTORY!

Execution: Follow your Coach, be an example for your teammates AND play with CONVICTION!

Go to: www.coachmertz.com

Watch Season 2 ..Week 7 Video.....Write thoughts on Back

“TRUE SUCCESS IS BUILT ON A FOUNDATION OF CHARACTER”

Success is peace of mind which is a direct result of self satisfaction in knowing you did your best to become the best that your are capable of becoming.

JOHN WOODEN