

April/May 2020

At a glance

Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
12 Online Worship 11:15 Easter Sunday Communion	13 Meditation Online 7:15 pm	14 Faith Formation 7pm	15 Zoom Office Hours 2 – 4:30 pm	16 Craft/Study online 1:30 pm Courageous Faith online 7pm	17	18
19 Prayer Candles Online Worship 11:15	20 Meditation Online 7:15 pm	21	22 Worship Feedback Team Noon Zoom Office Hours 2 – 4:30 pm Leadership Team 7pm	23 Craft/Study online 1:30 pm Courageous Faith online 7pm	24 Film and Faith online	25
26 Online Worship 11:15	27 Meditation Online 7:15 pm	28	29 Zoom Office Hours 2 – 4:30 pm	30 Craft/Study online 1:30 pm Courageous Faith online 7pm	1	2
3 Online Worship Communion 11:15	4 Meditation Online 7:15 pm	5 Gratitude Team Online	6 Zoom Office Hours 2 – 4:30 pm Faith Formation online 6:30pm	7 Craft/Study online 1:30 pm Courageous Faith online 7pm Cong. Care	8	9

PLEASE NOTE: lots of programming at Eastside has been suspended or has moved online during this COVID-19 social isolation time. If you are unsure if a program you attend is suspended, contact the program organizer or email eastsideunited@sasktel.net to check.



ANNOUNCEMENTS

April 12, 2020

306-761-0556 eastsideunited@sasktel.net
Like us on facebook (Eastside United Church)
Follow us on Twitter @Eastside_united
www.eastsideunited.ca



*W*elcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
Pianist: Michelle Dickie
Tech Support: Brian Mitchell-Walker

Last week's attendance: 74 Offering: \$1790 Weekly budget: \$1463
(not incl. PAR)

Office Hours:

The Living Spirit Center is closed due to concerns over COVID-19. Both Harvey and Russell are working remotely. If you need to contact the Eastside United Office, please email him at eastsideunited@sasktel.net Tuesday through Thursday.

Russell's Hours: Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: russell.eastside@sasktel.net cell #: 306.535.3720

Russell will be holding **Zoom Drop-in Office Hours** Wednesdays through April from 2 to 4:30 online. Use the worship [zoom link](#). The password is 708161

Scripture Readings: Mark 16: 1-8; John 20: 1-18

Songs –

Jesus Christ is Risen Today VU #155
Halle, Halle, Halle VU #958
Joy Comes With Dawn
Christ has no Body Now but Yours MV #171
The Spring has Come VU #187
Don't Be Afraid MV #90

We still need our support as our ministry continues! Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at:
Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1
Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. Thanks for your donation!

Hello Neighbour Card Reminder: there are necessary situations when leaving the house is unavoidable, like groceries and prescription pick-ups. If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the email to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it by volunteering to run errands or check-in.

LSC Meditation Mondays at 7:15 pm: Meditation Mondays have moved online. If you are interested in participating, please contact Shauna Powers at powerss@hotmail.com

Financial Update: The financial update for January 1 – February 29th, 2020 is available. A copy was sent out in the communication on April 7th. If you missed it and would like a copy, email Harvey (eastsideunited@sasktel.net), or find a copy online [HERE](#).

Craft/Study Group resumes April 16th. Mark your calendars! We will be starting *I'm Still Here: Black Dignity in a World Made for Whiteness* by Austin Channing Brown. Sessions will be held over Zoom. If you would like to join and haven't let us know, contact [Russell](#).

Courageous Faith: Over the next few months, we will offer an online program called Courageous Faith. This program's aim is to help congregations find ways to be church in our changing times. We will host 6 sessions online over the next 8 weeks. If you are interested in participating in this let [Russell know](#). The sessions will include a video conversation with a prominent theologian/pastor/author on a particular topic related to Courageous Faith, followed by conversation among the group online. [We will meet online Thursday evenings at 7pm. Each session is stand alone.](#) Each session is stand alone. April 16th's session will feature Bishop Yvette Flunder.

Munch Lunch: programming is suspended. **Our funding runs out soon. If you know of any sources, let us know.**

Illustrated Ministry: We know many of you are scrambling around today, trying to get ready for virtual/online worship. We know many others are trying to think through what they're going to do with schools and day cares closed. Illustrated Ministry has set up a page where you can receive FREE weekly resources. To access resources from Illustrated Ministry that will help support faith exploration with children and families during this time, please visit their website [HERE](#).

PAR and M & S Donations: If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email eastsideunited@sasktel.net or call 306.761.0556

Did you know that the city is proposing a **dog park** in the park space beside us? If you have questions or concerns, please speak to Bonnie Yake, Sarah Tkachuk, Brian Abrahamson or Russell.



Did you miss the announcements at last Sunday's worship service? Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at www.eastsideunited.ca under the **What's New** heading!

Were you unable to attend worship last week? Don't worry about it! You can find a video recording of last week's service online. Visit our website under the [WORSHIP](#) heading to find an uploaded video of service.

ICF Frontline Update: In North Central Regina, the staff and volunteers of Indigenous Christian Fellowship continue to serve their community neighbours. Coffee and snacks are being served through our front door. Through our back door, soup and bannock is being served At Wednesday noon and the Saturday Family Breakfast is being shared as 'Breakfast in a Bag'. In addition to these services, staff assembled and delivered 81 food hampers and 17 ten pound bags of flour on Thursday and Friday.

Suspended Programming as of April 8th:

- **TOPS** is cancelled until May 4th
- **Eastside Community Dinner** is suspended until further notice
- **Yoga** is cancelled until the fall
- **KAIROS** is postponed until further notice
- **Meditation** is cancelled in-person, moved to Zoom
- **Craft/Study** is cancelled in-person, moved to Zoom
- **Eastside Choir** has canceled rehearsals until further notice
- **ICF Breakfast** has reduced programming
- **Congregational Faith and Wellness Series** is postponed
- **Messy Church** is suspended until further notice
- **Women's Breakfast** is suspended until further notice
- **Munch Lunch** programming is suspended until further notice
- **Film and Faith** is suspended in-person and will continue online.
- **AA** is suspended in-person
- **Forever... in Motion** is suspended until further notice.

