

AMANA CHURCH SOCIETY NEWS

The Early (German) Repentance Service will be in the Middle Church Sunday, February 03, 2020, starting at 8:30 AM with Elder Elly Hoehnle presiding.

Opening Hymn: "Spar' deine Buße nicht" No. 947 Seite 937

Testimony: J. F. Rock, August 1, 1723

Scripture: Luke 19:1-10

Psalm: 51

Closing Hymn: "Seele! was ist Schöners wohl" No. 905 Seite 891

The Late (English) Repentance Service will start at 10:00 AM with the following hymns:

Opening Hymn: "Chief of Sinners Though I Be" No. 192

Closing Hymn: "Lamb of God We Fall Before Thee" No. 180

Saturday Evening Fellowship, will meet in Amana at 5:30 PM.

The Wednesday Evening Prayer (Nachtgebet) meeting will begin at 7:00 PM in Middle.

Visitors are welcome to join us in worship at all Amana Church Services. Childcare is available during Sunday's 10:00 AM Service.

CONGREGATE MEALS

Join us Mondays for food and conversation at the Fellowship Hall in the Amana Church. Doors open at 11:00 o'clock, we serve at 11:30.

Cost is only \$5.00. No age restrictions.

For Reservations call Donna Trumpold by noon on Friday.....319-622-3218 or 319-560-6285.

Feb 03 Menu: Potato crusted fish,
Tartar sauce, Roasted red potatoes,
Three bean salad, Fruit Yogurt

AMANA SANITARY DISTRICT MEETING

The monthly meeting of the Amana Sanitary District will be held at 5:00 p.m. Monday, February 3, 2020 in the Amana Sanitary lift station.

NEW TO DEMOCRAT CAUCUS

Democrats will be handing out preference cards during the caucus. Please do NOT fill in these cards until told. Once you are in a viable group there will be NO migration. It should be noted that "no-preference" can be a viable group. Please bring a pen

FEATHERS IN THE WIND

I told someone recently that I don't lie. I retract that statement, I do lie, but only because I care. If the truth will hurt someone's feelings I'll probably go for a "white lie." Then again, there are a few I told as a child.

As a child I could not do a somersault.

I had an unnatural fear of tumbling. Okay, I never was good at anything in gym, but when it came to tumbling I was hopeless.

It didn't help that Susan (Kippenhan) Sevig broke her collar bone concerning tumbling and all teachers should now take note. They didn't naturally.

Oh well, at least Susan got out of gym class for awhile, but it didn't do me any good.

Meanwhile, on a Saturday night I lay a blanket on our bedroom floor along with a pillow and tried to practice doing somersaults.

I would only get to the point were I was just about to flip over when I would instead flip to the side. My mother would walk past once and awhile and finally gave me a "push"

Naturally I felt that my neck had been broken and would be paralysed for the rest of my life. Obviously I wasn't.

Finally I just gave up and waited for gym class on Monday.

This is when the lie came in. I had the nerve to go to my third grade teacher (my most favorite) and tell her I could not do the somersaults because -- are you ready for this one? -- I had an operation when I was younger and the doctors had to put a metal plate in my head.

I could therefore not put any pressure on my head such as standing on my head or doing somersaults.

Now you have to admit that this was one "creative lie."

Feathers continues on page 2

AMANA NEWS AND NOTES

CCA High to Rock Shrek in April

The Clear Creek Amana High School Drama Department led by Tom Milligan, Tracy Williams and Deb Kennedy is pulling out all the stops for a rock star production of "Shrek The Musical" April 16, 17 and 18 at the CCA High School in Tiffin.

Do not miss this show. Make a note on your calendar so that you attend.

Casting is complete and rehearsals are underway. Directors Milligan, Williams and Kennedy are gob-smacked by the level of talent they are seeing at CCA High. "This is an amazing group of kids and they are working very hard . . . it's going to be a great show," Kennedy noted.

To add to the excitement they are creating sets and costumes with key pieces from the recent Luther College production of Shrek to give the cast just what they need to deliver the big performances.

Given the team's goal to help "every student to shine" performing confidently, fearlessly and powerfully in their roles on stage and behind stage, the CCA Drama Department selected the perfect show because it is fun, highly entertaining for all ages and speaks to today's generation with themes that are important. "Shrek" celebrates acceptance, kindness, compassion along with the importance of personal strength, confidence and the celebration of self. As you might recall "Shrek" is the much beloved story of an outcast monster who finds friendship, and eventually love, after he goes out to face the world, while coming face to face and vanquishing, his own fears.

"This theme, and these lyrics speak volumes, and this is why I love this script. It takes courage to take that first step of standing up for yourself - to stop tolerating being bullied. . . Confidence grows with each step, and with that newfound confidence comes the greater strength of assurance. You see this journey with all of the characters and all emerge stronger, and ALL are rock stars . . . There is a TON of talent at Clear Creek Amana, and all of them are rock stars. . . I want all of them to shine."

The CCA includes: Joey Lepire, Sam Scheetz, Morgan Malli, Alex Barloon, Raina Henze, Nathan Hooper, Laurel Preston, Jonathan Trigueros, Laura Tse, Sage Helmke, Haley Tackaberry, Jaclyn Pitcher, Sedona Helmke, Amelia Keller, Lauren Lasswell, Gwen Choun, Teagen Bollers, Miranda Mason, Grant Versteegh, Faith Beranke, Brock Sherman and Sadie Rummel.

Amana Freezer Run Posts Winning Results

With 169 participants and some pretty good times despite a steady northwestern wind Saturday morning and patchy conditions underfoot, the Amana Freezer Run 2020 is history. Here are a few of the highlights.

The winner was Jacob Kaemmer, 43, Des Moines with a time of 18:07, followed by Justin Hajek, 38, of Marion with 18:20 and John Hackbarth, 37 of Cedar Rapids with 19:33.

Noah Yost, Amana, age 14 placed 4th over all and first in his age group with a time of 20:34. Emily Burmeister, 37, placed 5th overall and was the female division winner of your age group with a time of 21:31.

One of the biggest groups competing were the over 50's. Wendy Nolan, Wellman, age 51 posting a 24:42 and winning her age group / female placing 18th. Horacia Olivio, Iowa City, 57, ran a 24:09 race and placed 17th overall. Jim Shimek, age 72 of Fairfax was 19th overall and was the oldest race in the top 20.

Many of the racers were from the Iowa City area, but Cedar Rapids and Marion were very well represented. Racers from Nebraska and Missouri participated with a trio from Omaha here for the weekend and walked the course. Actually there were more walkers this year than in years past with well over 40 people walking the course.

Hats off to the volunteers of Amana Colonies Trails, Inc. for making this event a reality each Winterfest and for their ongoing work for the Amana Kolonieweg recreational trail.

AMANA SOCIETY, INC.

NOMINATING COMMITTEE 2020

The Amana Society, Inc. Board of Directors has appointed Howard Hagen (515-249-6781, howard-hagen@gmail.com), Stuart Geiger (319-540-6391, sjgeiger12@gmail.com), Chris Herr (319-533-6644, chris@profplumbing.com) and Heidi Sandersfeld (319-560-6259, hmsand@southslope.net) to serve on the 2020 Amana Society, Inc. Nominating Committee.

The committee is responsible for nominating individuals to be placed on the ballot as director candidates for the upcoming Amana Society, Inc. Board of Directors general election.

Any interested Class "A" stockholder who has owned Class "A" shares for a minimum of 3 years, is at least 25 years of age, and has a business background or business experience, is encouraged to submit his or her name for consideration prior to February 21st, 2020, either by contacting a committee member directly (contact information is listed above for each committee member) or by sending a summary of relevant experience to: Nominating Committee, c/o Amana Society, Inc., PO Box 189 Amana, IA 52203.

Thank you for your consideration and interest in this matter.

Zuber's Home Plate Lunch

Serving Wed. & Thursday 11:00 – 1:30 p.m.
Sandwiches, salads, soups, and homemade desserts.

February Daily Specials

Wednesdays – Lasagna dinner

Thursdays – Rouladen dinner

Cinnamon Rolls Thursday only



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Retirement Living in the Amanas"



Feathers from page 1

To this day I'm surprised why Miss Halverson didn't ask me for a note from my parents or look in my school records. Perhaps it was the tears forming in her eyes or maybe she was suppressing the laugh welling inside her.

Anyway, I got out of tumbling from then on. I still am such a "klutz" that when it comes time to pick sides for a team sport, pretend I'm not there. I've grown used to it.

B.S.H.

NEW at Zuber's Homestead Hotel

DESSERTS BAKED-TO-GO

Call to place an order by NOON ON FRIDAY, we'll "bake for you" and have it

READY TO GO on Monday or Tuesday.

We will bake pan or bar cookies (by the dozen), pies, cakes, cupcakes, cinnamon rolls, sweet breads, or coffee cakes. Cinnamon rolls and cupcakes must be ordered in half dozen or dozen quantity. Cookies/pan bars must be ordered by the dozen. Cakes - 9x13, round two layer

Call to ask about pricing and/or have a menu emailed to you 319-622-3911

ROMANCE WEEKEND IN THE AMANA
February 14-16, 2020

Looking for a romantic weekend getaway? The Amana Colonies have designated February 14th through the 16th as Romance Weekend.

This weekend features special events, food sampling, shopping, entertainment, dinners, and overnight stays in the historic seven villages that make up the Amana Colonies. Many of the businesses have planned special events and there will be live dinner theater on Friday and Saturday evenings and again on Sunday afternoon. Most of the wineries and specialty food shops will have samplings and there is a special 4 course Wine and Dine Dinner that features a different wine with each course on Saturday evening at the Ox Yoke Inn. The Ronneburg Restaurant and Millstream Brau Haus are also featuring a special menu for Romance Weekend.

Selected area hotels and Inns are featuring special overnight packages for those wanting to escape for an evening or the entire weekend.

For more information or a complete list of events contact the Amana Colonies Visitors Center, 319-622-7622 or visit the website at www.amanacolonies.com.

FOR SALE

131 Amana Society New Class A shares. Call Joan at 573-397-8361

503 F St West Amana, great investment for retirement or college fund. 6 monthly incomes, will carry contract. Don Larson 319-227-7465

FOR RENT

Two bedroom two bath duplex for rent in Main Amana. \$850 per month utilities (water/sewer, heat, electric, garbage) included. For information Contact Sara at 319-329-8989.

Short & Long term rental available at Abbie's Cottage B&B. Call Betty Peterson at 319-432-8103

1 bedroom available with shared bath room in South Amana. Call Larry Hertel at 319.540.9351. Deposit required.

SERVICES

Do you need help? I am here to help you! I clean anything, nothing scares me. No job too large or small. \$20/hour. Call Patty 319-521-3883, please leave message.

WANTED/WANTED TO BUY

BUYING ALL ANTIQUES; Toys, Furniture, Crocks, Paintings, Advertising Signs, and Weird Items "any condition." Buying Entire Estates, call for fair pricing. Please call 319-270-1251.

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Amana Print Shop Hours

Feb. 3-7; Mon 9-2 (Caucus Day)

Tue-Wed 9-4, Th 10-4

Call: 319-622-3912

ART GUILD WINTER PAINTING CLASS

Come to the Amana Art Guild and enjoy the pleasure of exploring and painting your own ideas.

Greetings Everyone! My name is Kathleen Frimml, and I am honored to be teaching/facilitating The Amana Arts Guild Winter Painting Class this year. I am a 20 year veteran Art Instructor. I specialize in acrylic painting, but I have worked with most media including drawing, ceramics, sculpture, paper mache, and many others. I have a B.A. from the University of Iowa in Fine Art, as well as a minor in K-12 Art Education. I have exhibited in several shows, and am a working artist selling my work at various shows and online.

I welcome you to paint away the 'winter blahs' with me, and add some much needed color to these barren months. I encourage you to bring any materials you would like, and I hope to make some beautiful art work together!

The class will meet five Tuesday afternoons from 1:00-3:00 p.m. beginning Tuesday, February 4th through March 3rd. Participants must bring their own supplies and a minimum of 5 participants is needed for this class. The cost of this class is \$50. To register, please call the Art Guild at (319) 622-3678 or amanarts@southslope.net



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The *Amana Society Bulletin* is published by the Amana Print Shop for the **Amana Society Inc.** and distributed free to readers as a public service to the Amana Community. On-line at: amanacolonestoday.com

Classified ads are \$5/week for the first 30 words, extra words will be billed \$1.00/10 words. Display (box) ads are \$6/column inch

Please send ads via e-mail to: amanaprintshop@southslope.net

Before Noon on Wednesday

Please indicate type of ad run duration

VETERANS ECHE

"Iowa's Elderly Waiver"

Often times I have the opportunity to talk candidly with an older portion of the general population among veterans. It never ceases to surprise and/or amaze me at the tenacious drive and independence I see, overwhelmingly, with those of our general population born in the 1920's-1950's. These folks have literally seen our country go to war no less than 4 times. They have seen the economic stability of our country absolutely in the tank, and face hardships the great majority of Americans born between the 1960's-through today, will hopefully never see. My grandmother used to tell me that her mom would give her, and all of her siblings, coffee for breakfast. Looking back this statement has always garnered a little humorous giggle from me because I would never even consider giving my children coffee for breakfast, or caffeine in general. But back then Great-grams wanted the kids to have SOMETHING warm in their stomachs before their long walk to school in the middle of the harsh winter climates. Many had holes in their shoes, they ate whatever was placed on the table, no cable, no internet, no games systems. Daily chores were not an option, but rather a way of life to help with the family's survival. That folks, was the generation of resilience and perseverance.

For our veterans, their spouses, and many of the elderly population, the reality of facing the ever rising cost of advanced medical care/nursing home care, can be daunting. The life savings they have acquired can be wiped out in a matter of 2-3 years. For veterans, their surviving spouses, and eligible dependents there are a few different financial programs through the VA that assist with the cost of a higher level of care for those receiving in home medical care, or residing in Assisted Living/Nursing Home settings. This program is called **Pension with Aid & Attendance**. The requirements to file

for **Pension with A&A** are that the veteran served their country during a designated war time period and was honorably discharged, and that total assets cannot exceed \$80,000.00. The primary home and one vehicle and not counted towards total assets.

Other programs outside of those offered through the VA are the Elderly Waiver through the state of Iowa. The **Medicaid Home and Community Based Services Elderly Waiver** (HCBS Elderly) provides service funding and individualized supports to maintain eligible members in their own homes or communities who would otherwise require care in a medical institution. Provision of these services must be cost effective. A list of items/services that the elderly waiver can assist with are as follows:

Elderly Waiver services are individualized to meet the needs of each member. The following services are available:

- **Adult Day Care**
- **Assistive Devices**
- **Case Management**
- **Chore Services**
- **Consumer Directed Attendant Care**
- **Emergency Response System**
- **Home and Vehicle Modifications**
- **Home Delivered Meals**
- **Home Health Aide**
- **Homemaker Services**
- **Mental Health Outreach**
- **Nursing Care**
- **Nutritional Counseling**
- **Respite**
- **Senior Companions**
- **Transportation**
- **Consumer Choices Option**

The services, which are considered **necessary and appropriate** for the member, will be determined through an interdisciplinary team consisting of the member; case manager/DHS service worker, service provider(s) and other persons the member

chooses. All members will have a comprehensive service plan developed by a case manager/DHS service worker in cooperation with the member. A case manager/DHS service worker prior to implementation of services must sign and date the comprehensive service plan. The member must receive case management services.

Members shall access all other services for which they are eligible and which are appropriate to meet their needs as a precondition of eligibility for the Elderly Waiver. A comprehensive service plan must be developed and reviewed annually with the interdisciplinary team and signed by the case manager/DHS social worker. The member must choose HCBS services as an alternative to institutional services. In order to receive Elderly Waiver services; an approved Elderly Waiver service provider must be available to provide those services.

Medicaid waiver service cannot be simultaneously reimbursed with another Medicaid waiver service or a Medicaid service. Elderly waiver services cannot be provided when a person is an inpatient of a medical institution. Members must need and use one billable Elderly Waiver service during each calendar quarter. The total costs of Elderly Waiver services cannot exceed the following: Nursing Level of Care \$1117.00 per month Skilled Level of Care \$2631.00 per month. More detailed information can be found online at <http://dhs.iowa.gov/sites/default/files/EW2Packet.pdf>.

As always I encourage veterans residing in the local community to stop in and inquire about possible benefits you may be eligible for. Walk in appointments are always welcome, but office hours can vary so contacting the office and scheduling your appointment is highly recommended to ensure the Veterans Service Officer is available when you stop by. Contact us at 319-642-3925 or email jolson@co.iowa.gov for more information.

Jennifer Olson, Director Iowa Co. Veteran Affairs