

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Weekly Fitness Schedule</b></p> <p><b>9am-1pm</b> Table Tennis-RSF <b>3pm-5pm</b> Water Volleyball (Open Play)-RSF</p> <p><b>Fitness Center Hours</b></p> <p><b>The Palms Fitness</b> Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p> <p><b>Riviera Spa &amp; Fitness</b> Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p>	<p><b>8am</b> Group Barbell-PA <b>8am</b> Tabata H2O-RSF <b>9am</b> Group Barbell-PA <b>9am</b> Splash &amp; Tone-RSF <b>9am</b> Total Body Toning Exercise-RSF <b>10am</b> Low Impact Aerobics-RSF <b>10:15am</b> Breathe, Stretch &amp; Relax-PA <b>10:30am</b> Swim Lessons Level 1-RSF** <b>11:15am</b> Swim Lessons Level 2-RSF** <b>11:30am</b> Drums Alive! Chair Exercise-RSF <b>11:30am</b> H.I.I.T. Cardio Body Blast-PA <b>1pm</b> Zumba-PA <b>1pm</b> Zumba-RSF <b>2pm</b> Joint Relief (Aqua)-RSF <b>3:45pm</b> Fit Body Circuit-PA <b>4pm-6pm</b> Open Lap Swimming-RSF <b>4:15pm</b> Gentle Chair Yoga-RSF <b>6pm</b> Muscle Ignite-PA <b>6pm</b> Relaxation Yoga-RSF <b>6:30pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>7:45am</b> Express Total Body Sculpt-RSF <b>8am</b> TRX Suspension Training-PA <b>8am</b> Walk &amp; Tone (Indoor Track)-RSF <b>9am</b> Body Sculpting-RSF <b>9am</b> Splash &amp; Tone-RSF <b>9am</b> Zumba Step-PA <b>10:15am</b> Barre-RSF <b>10:15am</b> Zumba Toning-PA <b>11:30am</b> Aqua Zumba-RSF <b>11:30am</b> Cardio Ballroom-PA <b>12:30pm</b> Intermediate Line Dance-RSF <b>12:45pm</b> Pilates-PA <b>1:30pm</b> Advanced Line Dance-RSF <b>2pm</b> Beginning Tai Chi-PA <b>2:30pm</b> Balance Training-RSF <b>3pm</b> Intermediate Tai Chi-PA <b>3:45pm-6pm</b> Table Tennis (Open Play)-RSF <b>4pm</b> Aqua Ignite-RSF <b>5pm-6:30pm</b> Open Lap Swimming-RSF <b>6:45pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>8am</b> Body Sculpting-PA <b>9am</b> Aqua Zumba-RSF <b>9am</b> Body Alive-RSF <b>9:15am</b> Step Class-PA <b>10:30am</b> Core &amp; More-PA <b>10:30am</b> Breathe, Stretch &amp; Relax-RSF <b>10:30am</b> Swim Lessons Level 1-RSF** <b>11:15am</b> Swim Lessons Level 2-RSF** <b>11:45am</b> Gentle Joints-Zumba Gold Toning-RSF <b>11:45am</b> IGNITE! Cardio H.I.I.T. Party-PA <b>1pm</b> Zumba-PA <b>1pm</b> Zumba-RSF <b>2pm</b> Belly Dancing-PA <b>2pm</b> Joint Relief (Aqua)-RSF <b>3:15pm</b> Beg. Balance Training-PA <b>5pm-8:45pm</b> Water Volleyball (League Play)-RSF <b>6pm</b> Yoga-PA <b>7pm</b> Muscle Conditioning-RSF</p>	<p><b>8am</b> TRX Suspension Training-PA <b>8am</b> Walk &amp; Tone (Indoor Track)-RSF <b>9am</b> Boot Camp-PA <b>9am</b> Splash &amp; Tone-RSF <b>9am</b> Total Body Conditioning-RSF <b>10am</b> Swim Lessons Level 1-RSF** <b>10:15am</b> Breathe, Stretch &amp; Relax-RSF <b>10:15am</b> Yogabeat-PA <b>10:45am</b> Swim Lessons Level 2-RSF** <b>11:30am</b> Cardio Ballroom-PA <b>11:30am</b> Gentle Joints (Land Based)-RSF <b>11:30am</b> Splash &amp; Tone-RSF <b>1pm</b> Beginner Line Dance-PA <b>2pm</b> Ballroom Dancing (Beg.) (7/19-8/16)-PA* <b>2pm-4pm</b> Open Lap Swimming-RSF <b>2:30pm</b> Balance Training-RSF <b>3pm</b> Ballroom Dancing (Int.) (7/19-8/16)-PA* <b>4pm-6pm</b> Table Tennis (Open Play &amp; Instruction)-RSF <b>6pm</b> Hatha Yoga-PA <b>6:30pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>8:30am</b> Splash &amp; Tone-RSF <b>8:45am</b> Yoga-PA <b>9:45am</b> Body Sculpting-RSF <b>10:45am</b> Cardio Kickboxing-PA <b>10:45am</b> Gentle Joints-Zumba Gold Toning-RSF <b>11:45am</b> Drums Alive-RSF <b>1pm</b> Zumba-PA <b>1pm</b> Zumba-RSF <b>2pm</b> Joint Relief (Aqua)-RSF <b>2pm-6pm</b> Table Tennis (Open Play)-RSF <b>3:45pm</b> Power Trip-PA <b>4pm</b> Aqua Ignite-RSF</p>	<p><b>8am</b> Foam Rolling-PA <b>8:30am</b> Body Alive-PA <b>9am</b> Dual Aqua Craze-RSF <b>9am</b> Yoga Flow-RSF <b>9:30am</b> Yogabeat-PA <b>10:15am</b> Barre &amp; Pilates Fusion-RSF <b>10:30am</b> Zumba Combo-PA <b>11am</b> Tai Chi-RSF <b>12:30pm</b> Everybody Steps-RSF <b>3pm-5pm</b> Water Volleyball (League Play)-RSF</p>

\*Small fee for Ballroom classes. Please call 863-427-7130 for more information.

\*\*Fee for swim lessons. Please contact Martha Dennis at 305-323-1772 or visit [swimfallc.fullslate.com](http://swimfallc.fullslate.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Village Center Hours</b></p> <p>Waterfront Galleries (Library, Billiard, Ceramic, Computer &amp; Art Galleries) Sunday-Saturday 8am-11pm</p> <p>Starlite Ballroom Sunday-Saturday 8am-11pm</p> <p>The Palms Amenity Center Sunday-Saturday 8am-9pm</p>	<p><b>Room Legend</b></p> <p>AR Art Gallery BL Billiards Gallery BP Bella Viana Amenity Center CM Computer Gallery CP Cooperstown Pavilion CR Ceramics Gallery FP Freedom Park GR The Grille at Stonegate GTR Gator Room LB Library LV Lago Vista Amenity Center MB Marketplace Bistro MG Magnolia Room MO Mosaics MSA Mediterranean Skyline, Aegean Room MSB Mediterranean Skyline, Baltic Room</p>	<p><b>Room Legend Cont.</b></p> <p>MSC Mediterranean Skyline, Caspian Room PA The Palms Amenity Center RC Resident to Resident (R2R) Resource Center RSF Riviera Spa &amp; Fitness Center RSF2 Riviera Spa &amp; Fitness Center Second Floor Classroom SGC Stonegate Golf Club ST Starlite Ballroom STA Starlite Ballroom A STB Starlite Ballroom B STC Starlite Ballroom C VP Venezia Amenity Center WP Wimbledon Pavilion</p>	<p><b>1</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Chess Club-MSB <b>9am</b> Main Ticket Sales-ST <b>9am</b> Solivita Shuffleboard-FP <b>9:30am</b> Scarlet Chapeaux-MSA <b>10am</b> Beg. Watercolor-AR <b>10am</b> Yarners-MSB <b>11am</b> Sculpture-CR <b>11:30am</b> Men's Softball Clinic-FP <b>12pm-4pm</b> Skin Cancer Screenings with Daystar Skin &amp; Cancer Center-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm</b> Big Money Bingo-ST <b>6pm-9pm</b> Karaoke-AR</p>	<p><b>2</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:30am</b> SOB's Long Ride-MB <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>1pm</b> Stained Glass Class-AR <b>2pm</b> Wine &amp; Canvas Paint Party-AR <b>4:30pm</b> Solivita Billiards Club-BL <b>6pm</b> Solivita Wii Bowlers-RSF2 <b>6pm</b> Wine &amp; Canvas Paint Party-AR <b>6:30pm</b> Pinochle-MSB <b>7pm</b> Movie Night: Molly's Game-ST</p>	<p><b>3</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Mixed-Media Artworks-CR <b>9am-3:30pm</b> Farmers Market-FP <b>11am</b> Canasta-MSB <b>12pm</b> Oh Scrap!-CR</p>	<p><b>4</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>10:30am</b> Disney Cast Members Meeting-PA <b>10:30am</b> Mahjong-MSB <b>12pm</b> CCA Poker Club-MSA <b>12:30pm</b> Beginners Calligraphy-MG</p>
<p><b>5</b></p> <p><b>1pm</b> Solivita Singles Club-RSF2 <b>1:30pm</b> Solivita Dancing Diehards-RSF <b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Cribbage Club-GTR</p>	<p><b>6</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>9am-3:30pm</b> Farmers Market-FP <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>1:30pm</b> May I-RSF2 <b>4:30pm</b> Solivita Billiards-BL <b>6:45pm</b> Ladies Poker-MSA <b>7pm</b> CERT-RSF2 <b>7pm-9pm</b> Trivia-ST</p>	<p><b>7</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:20am</b> SOB's Ride-PA <b>10am</b> Ceramics-CR <b>10am</b> Intermediate &amp; Advanced Watercolor-AR <b>10am</b> Pickleball Clinic-PA <b>10am</b> Solivita Dragon Boat Paddle Clinic-By Deck Boxes <b>10am</b> TOPS in Solivita-MSB <b>1pm</b> Watercolor Class-AR <b>2pm</b> Bunco-RSF2 <b>4:30pm</b> Solivita Billiards-BL <b>5pm</b> SoulaVita Line Dancers-PA</p>	<p><b>8</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Chess Club-MSB <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Beg. Watercolor-AR <b>10am</b> Wellness Lecture: Your Prescription for Skin Care with Riviera Spa Massage-RSF2 <b>10am</b> Yarners-MSB <b>11am</b> Sculpture-CR <b>2pm</b> Wellness Lecture: Pets &amp; Hurricanes with Bellalago Vet Clinic-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm-9pm</b> Karaoke-ST</p>	<p><b>9</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:30am</b> SOB's Long Ride-MB <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>10am</b> Wellness Lecture: Medicare Workshop #1-PA <b>1pm</b> Stained Glass Class-AR <b>4:30pm</b> Solivita Billiards Club-BL <b>6pm</b> Solivita Wii Bowlers-RSF2 <b>6:30pm</b> Pinochle-MSB <b>7pm</b> Movie Night: Chappaquiddick-ST</p>	<p><b>10</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Mixed-Media Artworks-CR <b>9am-3:30pm</b> Farmers Market-FP <b>11am</b> Canasta-MSB <b>12pm</b> Oh Scrap!-CR <b>7pm</b> Solid Gold Bandstand Show-ST</p>	<p><b>11</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>9:15am</b> SOB's Couples Ride-MB <b>10:30am</b> Mahjong-MSB <b>12pm</b> CCA Poker Club-MSA <b>12:30pm</b> Beginners Calligraphy-MG</p>
<p><b>12</b></p> <p><b>1:30pm</b> Solivita Dancing Diehards-RSF <b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Cribbage Club-GTR</p>	<p><b>13</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>9am-3:30pm</b> Farmers Market-FP <b>10am</b> Solivita Artisan Guild-AR CANCELLED <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>1:30pm</b> May I-RSF2 <b>4:30pm</b> Solivita Billiards-BL <b>6:45pm</b> Ladies Poker-MSA <b>7pm</b> La Dolce Vita-RSF2 <b>7pm-9pm</b> Trivia-ST</p>	<p><b>14</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:20am</b> SOB's Ride-PA <b>10am</b> Ceramics-CR <b>10am</b> Intermediate &amp; Advanced Watercolor-AR <b>10am</b> Pickleball Clinic-PA <b>10am</b> R2R Resource Center: How to Get the Most from Your Android Phone-MSA <b>10am</b> TOPS in Solivita-MSB <b>12:30pm</b> CAP-RSF2 <b>3pm</b> Holistic Horizons-MSB <b>4:30pm</b> Solivita Billiards-BL <b>5pm</b> SoulaVita Line Dancers-PA <b>7pm</b> BIHC-RSF2</p>	<p><b>15</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Chess Club-MSB <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Beg. Watercolor-AR <b>10am</b> Wellness Lecture: Understanding Joint Paint with Poinciana Medical Center-RSF2 <b>10am</b> Yarners-MSB <b>11am</b> Sculpture-CR <b>11:30am</b> Men's Softball Clinic-FP <b>2pm</b> Wellness Lecture: Golf Lecture with Peter Piatasik-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm-9pm</b> Karaoke-ST</p>	<p><b>16</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:30am</b> SOB's Long Ride-MB <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>1pm</b> Stained Glass Class-AR <b>4:30pm</b> Solivita Billiards Club-BL <b>6pm</b> Solivita Wii Bowlers-RSF2 <b>6:30pm</b> Pinochle-MSB <b>7pm</b> Movie Night: The Leisure Seeker-ST</p>	<p><b>17</b></p> <p><b>Fall Community Garden Application Due</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Mixed-Media Artworks-CR <b>9am-3:30pm</b> Farmers Market-FP <b>11am</b> Canasta-MSB <b>12pm</b> Oh Scrap!-CR</p>	<p><b>18</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Golf Cart Rally 2.0-Meet Outside ST <b>9am</b> Solivita Shuffleboard Club-FP <b>10:30am</b> Mahjong-MSB <b>12pm</b> CCA Poker Club-MSA <b>12:30pm</b> Beginners Calligraphy-MG</p>
<p><b>19</b></p> <p><b>1:30pm</b> Solivita Dancing Diehards-RSF <b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Big Money Bingo-ST <b>6pm</b> Cribbage Club-GTR</p>	<p><b>20</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>9am-3:30pm</b> Farmers Market-FP <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>1:30pm</b> May I-RSF2 <b>4:30pm</b> Solivita Billiards-BL <b>6:30pm</b> AHCC Members Only Game Night-MSB <b>6:45pm</b> Ladies Poker-MSA <b>7pm-9pm</b> Trivia-ST</p>	<p><b>21</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:20am</b> SOB's Ride-PA <b>10am</b> Ceramics-CR <b>10am</b> Intermediate &amp; Advanced Watercolor-AR <b>10am</b> Pickleball Clinic-PA <b>10am</b> TOPS in Solivita-MSB <b>2pm</b> Bunco-RSF2 <b>4:30pm</b> Solivita Billiards-BL <b>5pm</b> SoulaVita Line Dancers-PA <b>6:30pm</b> Solivita Sorcerers-MSB</p>	<p><b>22</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Chess Club-MSB <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Beg. Watercolor-AR <b>10am</b> Wellness Lecture: Knee Pain with Relevé Sports Medicine-RSF2 <b>10am</b> Yarners-MSB <b>11am</b> Sculpture-CR <b>2pm</b> Wellness Lecture: Hip &amp; Knee Replacement with Messiah Orthopedics-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm-9pm</b> Karaoke-ST</p>	<p><b>23</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:30am</b> SOB's Long Ride-MB <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>1pm</b> Stained Glass Class-AR <b>2pm</b> AHCC Page Turners-RSF2 <b>4:30pm</b> Solivita Billiards Club-BL <b>6pm</b> Solivita Wii Bowlers-RSF2 <b>6:30pm</b> Pinochle-MSB <b>7pm</b> Movie Night: I Feel Pretty-ST</p>	<p><b>24</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Mixed-Media Artworks-CR <b>9am-3:30pm</b> Farmers Market-FP <b>11am</b> Canasta-MSB <b>11am-2pm</b> Pink Flamingo Pool Party-PA Pool (KIDS WELCOME 12PM-2PM) <b>12pm</b> Oh Scrap!-CR <b>1pm</b> Basics of Defense Bridge Class-RSF2</p>	<p><b>25</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>9:15am</b> SOB's Couples Ride-MB <b>10:30am</b> Mahjong-MSB <b>12pm</b> CCA Poker Club-MSA <b>12:30pm</b> Beginners Calligraphy-MG</p>
<p><b>26</b></p> <p><b>1:30pm</b> Newplicate Bridge-MSA <b>1:30pm</b> Solivita Dancing Diehards-RSF <b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Cribbage Club-GTR</p>	<p><b>27</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard-FP <b>9am-3:30pm</b> Farmers Market-FP <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>1:30pm</b> May I-RSF2 <b>4pm-7:30pm</b> Curbside Cuisine-FP <b>4:30pm</b> Solivita Billiards-BL <b>6:45pm</b> Ladies Poker-MSA <b>7pm-9pm</b> Trivia-ST</p>	<p><b>28</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:20am</b> SOB's Ride-PA <b>10am</b> Ceramics-CR <b>10am</b> Intermediate &amp; Advanced Watercolor-AR <b>10am</b> TOPS in Solivita-MSB <b>10:30am</b> AHCC Executive Board Meeting-MSA <b>3pm</b> Holistic Horizons-MSB <b>4:30pm</b> Solivita Billiards-BL <b>5pm</b> SoulaVita Line Dancers-PA <b>7pm</b> Guys and Dolls-ST <b>7pm</b> Solivita Older Bikers Meeting-MSB</p>	<p><b>29</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Newsletter Assembly-ST <b>9am</b> Chess Club-MSB <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Beg. Watercolor-AR <b>10am</b> Wellness Lecture: Ask a Lawyer with The Wilson Advocacy Group-RSF2 <b>10am</b> Yarners-MSB <b>11am</b> Sculpture-CR <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm-9pm</b> Karaoke-ST</p>	<p><b>30</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:30am</b> SOB's Long Ride-MB <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>1pm</b> Stained Glass Class-AR <b>4:30pm</b> Solivita Billiards Club-BL <b>6pm</b> Solivita Wii Bowlers-RSF2 <b>6:30pm</b> Pinochle-MSB <b>7pm</b> Movie Night: The Miracle Season-ST</p>	<p><b>31</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Mixed-Media Artworks-CR <b>9am-3:30pm</b> Farmers Market-FP <b>11am</b> Canasta-MSB <b>12pm</b> Oh Scrap!-CR</p>	