

Resources for Parents and Caregivers

There are many available resources for parents and families in Camden County and within statewide or nationwide programs and services.

This list is intended to be informational and should not be taken as specific advice from Camden City School District.

211 Connects

Statewide information and referral service staffed 24 hours a day, seven days a week.

Specially trained staff will help determine what services are needed and can offer referrals and support.

Dial 211 or dial 877-652-1148

Perform Care

offers behavioral health services and developmental and intellectual disability services, emergency services, as well as other services that may be helpful to families. They can be reached 24 hours a day, 7 days a week: 1-877-652-7624 or www.performcarenj.org

General Support:

Housing/Food/Utilities/Clothes/Furniture and more

Catholic Charities has many resources for families and individuals in need:

General Information: 856-342-4100

SNAP enrollment and nutrition education: 856-426-6363

Diapers: 856-426-6363

WIC: Call Catholic Charities or visit: <http://www.camdencounty.com/health/health-human-services/wic>

Camden County Council on Economic Opportunity. to learn about programs that may be available to you and your family (856) 964-6887

Camden Salvation Army Help for holiday assistance, housing, rent, food, and services for seniors, energy assistance, counseling and other information (856) 338-1700

Senior Citizens United Community Service Programs: 856-456-1121

Social Services, Camden County: 856-225-8822

Camden City Department of Health and Human Service – programs for seniors, homeless or potentially homeless, or those with severe financial challenges. (856) 757-705

Crisis: (Child Abuse/Alcohol or Substance Abuse, Suicide, Gambling, Rape, Domestic Violence)

There are many options for support and/or treatment. Here are just a few:
(All of the numbers below are staffed 24 hours a day, 7 days a week.)

- **Addictions Hotline of NJ:** 1-800-238-2333
- **Al-Anon and Alateen of New Jersey** 856-547-0855 www.nj-al-anon.org
- **Alcoholics Anonymous** 856-486-4444 or 1-866-920-1212 www.aasj.org
- **Gambling:** 1-800-GAMBLER
- **Parents Anonymous Helpline-Referral:** 1-800-THE-KIDS
- **National Child Abuse Hotline:** 1-800-422-4453
- **Division of Child Protection and Permanency (handles child abuse, neglect, crisis and other family/child matters:** 1-877-652-2873
- **National Suicide Prevention Lifeline:** 1-800-273-TALK
- **NJ Mental Health Cares:** 1-866-202-HELP
- **National Runaway Switchboard:** 1-800-RUNAWAY
- **NJ AIDS/STD Hotline:** 1-800-624-2377
- **Rape Abuse and Incest National Network** –1-800-656-4673
- **2nd Floor – Free advice/support for individuals ages 10-24.** Can call or text: 888-222-2228 anytime or text us at 888-222-2228.

Counseling/Support Groups for Families with Children with Special Needs

Autism Society in South Jersey – free support group for parents and individuals with Autism.
<http://solvingthepuzzle.com/contact.htm>

Programming for families and children with special needs

Jewish Family and Children's Service of Southern NJ (open to anyone in the community)

Many options for programs including social, recreational, life skills, counseling, respite, sibling support. 856-424-1333 <https://www.jfcssnj.org/programs-and-services/Special-Needs>

Other Counseling (listed under senior services but many options here for individuals of any age):

<http://www.camdencounty.com/health/senior-and-disabled-services/senior-services-counseling>

Health Services in Camden County
<http://www.camdencounty.com/health/senior-and-disabled-services/health-services>

Public Health/Nursing Services
For health screenings, those that are ill, those that are pregnant, and more: <http://www.camdencounty.com/health/health-human-services/public-health-nursing-services>

Medically Needy (but don't qualify for Medicaid)

Camden County Board of Social Services – for those that are medically needy but don't qualify for Medicaid. 856-225-8266, 856-225-8264
Medically Needy Program, 808 Market Street, Camden

Hospital Based Speech Services
(These may be available through your child's medical insurance)

Cooper Hospital Speech and Hearing: 856-342-3060
Weisman Children's Outpatient Rehabilitation: 856-675-1450
You can find additional practitioners on www.asha.org, the professional organization for certified speech pathologists and audiologists.

Private/Hospital Based Audiology Services

Cooper Hospital Audiology Department: 856-342-3113
You can find additional practitioners on www.asha.org, the professional organization for certified speech pathologists and audiologists.

Private/Hospital Based Vision Services

CompleteCare - Medical & Dental Professionals - Glassboro
335 North Delsea Dr
Glassboro NJ 08028
856-863-5720

Free/Reduced Care Dental Services

CamCare (multiple locations in and around Camden: 856-583-2400)

Utility Assistance (Internet, Electric, Gas, Phone)

Reduced Cost Internet/Electronic Device Access

You can get internet in your home at a significantly reduced rate if you qualify (must be in a qualifying zip code and have a child receiving free or reduced price lunch in school)

www.JerseyOn.org or call 855-846-8376

For help paying your electric bill:

If you have PSE&G call 1-800-436-7734 or visit

https://www.pseg.com/home/customer_service/bill/help/index.jsp

For help paying your gas bill:

If you have South Jersey Gas call 1-888-766-9900 or visit <http://www.southjerseygas.com/for-my-home/equal-payment-plan-south-jersey-gas-online.html>

There are also many options on this page for help with heat, electric, gas, and phone: <http://www.state.nj.us/bpu/assistance/programs/>

ESL Classes for Parents

Free Classes:

Hispanic Family Center of Southern New Jersey 35-47 S. 29th St
(856) 964-4692

<http://www.hispanicfamilycenter.com/wp/services/family-resource-center-and-healtheducation/english-as-a-second-language-esl-civics/>

Veterans Services

Catholic Charities

Patrick Barry – 856-203-0375

Kevin HaGood – 856-426-8018