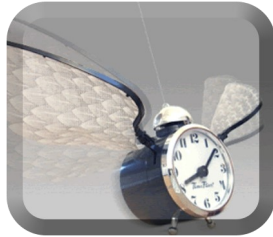


**FEBRUARY
2020**



PASTOR'S POST



United Church News

We are already into the new-year by more than a month. I have saved a reflection from years ago suggesting a way for us to contemplate our approach for the new-year and, I would suggest, each new day of our lives. I have shared this before but it continues to be worthy of our consideration as people of God:

A new year stands on my doorstep ready to join life's journey. Something in me welcomes this visitor; the joy of a new beginning, the hope of bountiful blessings, the freshness of surprises ready to spring forth.

Yet, something in me wants to rebuff this visitor; the swiftness of passing time, the boldness of change, the challenge of saying good-bye.

Yes, something in me fears this visitor; the unnamed events of the days to come, the wisdom needed to share and to love, the demands of giving away and growing up.

Still, a new year stands on my doorstep. So with fragile caution I move to open the door. My heart leaps, my eyes open wide, and I smile. For right there, beside this brand new-year, stands God! God speaks these words, "Can we share this year together?"

I am so overwhelmed with God's goodness. I can barely whisper my answer. "Welcome, please, I gladly share this year with you"

(Taken from: Fresh Bread, by Joyce Rupp. Used with permission. All rights reserved. Free monthly newsletter at www.joycerupp.com).

Blessings for 2020,

Pastor Brady

United Church of Sun City
11250 N. 107th Ave., Ste. 105
Sun City, AZ 85351
Telephone: 623-933-0058
Fax: 623-974-3518
Email: uccsc@qwestoffice.net

Office Hours 8 a.m. to 1:00 p.m. - Monday through Thursday
The office is closed on Fridays
Sunday Worship Service—10 a.m. – Sanctuary
Coffee Fellowship —11:00 a.m.
Sanctuary Communion the 1st Sunday of each Month
Choir Rehearsal—Sundays at 8:30 a.m. (unless otherwise specified)



THANKS FOR GIVING!

Whether you provide essentials needed for classrooms, food banks, or set aside time to volunteer, your time and treasures make a difference in amazing ways.

Happy New Year and blessings to our United Church of Sun City family and friends.

**Mission Board: Hedy Hall, Mary Ann Fairbanks, Karen Fortner,
Diane Gahm, and Donna Walter**



This service that you perform
is not only supplying the needs
of the Lord's people but is also
overflowing in many
expressions of thanks to God.
2 Corinthians 9:12





Greetings from your Parish Nurse!

This year, I will be addressing different health concerns each month. For instance, February is American Heart Month. In March, we will be focusing on Dementia and Alzheimer's Disease. April will be about Colorectal health and screening, etc. But first the heart!

Our hearts are a wonderful example of God's creativeness! We all have heard about the 4 chambers of the heart – the two atrium or auricles at the top of the heart, and the two ventricles that make up the lower part of the heart. We have 4 valves connecting these chambers to the next chamber that are timed to open and close to provide the most efficient pumping available. But to put that all together in one fist sized organ in our chest and have it supply all the other organs of our body with the blood that they need to stay alive is absolutely amazing.

I often explain the heart as a combination of 3 interwoven functions – The Mechanical Pump, The Electrical System, and The Plumbing Run. I don't have room here to go into detail about it all, but please watch on the back table for an information sheet about the heart and about resources that are available in our community. February will also provide an opportunity for you to participate in CPR classes. On Monday, February 24th from 2-5, we will be able to be certified in CPR. Those of us who participated last year found it very informative and useful. The cost will be \$20 per person. Please sign up at the back table!

We are also continuing our Speaker Series which is undergoing a name change to "What's Happening? Questions and Answers." On Tuesday, February 25th, at 2:30 p.m. Dementia Care Education will be back for a three -part seminar. Their topic on this date will be "The Aging Brain: What We Can and Can't Control". This group was here last year focusing on Dementia and they did such a great job of educating and answering questions. The feedback from those who attended was 100% positive! Don't miss it! They will be back on March 24th with "After the Dementia Diagnosis: Exploring Caregiving Strategies. " And April 28th "Optimizing Brain Health through Spirituality. As you can see, these are topics to which many of us can relate.

Lisa Dunbar, Nurse

From the Mission Board.....

**Thank you to everyone who contributed to the
Souper Bowl of Caring 2020.**

Mission Board Committee



**COMMUNION at
United Church
is the 1st Sunday
of each month.**



Healing Service

On the third Sunday of each month after the worship service, you are invited to gather for a brief (15-minute) healing service in Grace Chapel. You may offer prayers of healing for yourself or others. We will offer anointing with oil and the laying on of hands.

Are you in need pastoral care?

If so, please contact the church office

**at
623-933-0058.**



**Office Hours: Monday
through Thursday,
8:30 a.m.—1:30 p.m.**

The National Friendship Line 1-800-971-0016

The Friendship Line is a phone number for seniors (60 years of age and older) who can call once a day, every day, if they would like social interaction or ask health questions. They can even request a volunteer to make an outgoing call directly to a loved one who might be in need but is reluctant to reach out. Trained volunteers are available to take the calls and each year they make and/or receive 100,000 phone calls with seniors. Founded in 1985, The Friendship Line is sponsored by the Institute of Aging (IOA). This service is FREE.

National Suicide Prevention Hotline 1-800-273-8255

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.



New Song Center for Grieving Children

At the New Song Center for Grieving Children, a program of Hospice of the Valley, children find a way to heal from the loss of a loved one. Open to any child, teen and young adult who are grieving the death of someone they love, these no-cost support groups are offered at six locations Valley-wide, including one for Spanish speakers. To learn more or become a volunteer, call 480-951-8985 or visit www.newsongcenter.org.

Congregational Meeting



UNITED CHURCH OF SUN CITY

ANNUAL MEETING

SUNDAY, FEBRUARY 9, 2020

FOLLOWING WORSHIP AT 11:15 A.M.

ALL MEMBERS ARE ENCOURAGED TO ATTEND!

Boards & Council Meet Thursday, February 13th.



BOARD MEETING

Boards meet at 9:00 a.m.



Council meets at 10:00 a.m. in the Beehive.

LADIES & GENTLEMEN

Will Breakfast Together

At CoCo's Restaurant and Bakery

9801 W. Bell Road, Sun City

Wednesday, February 12, 2020 at 8:00 a.m.

Enjoy breakfast combos, Club 55 entrees (for guest 55 and above), many delicious options, including gluten-free, to choose from. Prices range \$8.00 +). Come and enjoy fellowship with your church friends.

RSVP required. A sign-up sheet is on the table in the Friendship Center.



February Birthdays

Hedy Hall	02/01
Shirley Frederickson	02/03
Dennis Roling	02/03
Jim Smithback	02/05
Craig Zimmerman	02/06
Carol Rush	02/07
Dennis Bates	02/08
Elizabeth Burke	02/08
Peggy Barth	02/13
Nancy Wohlhuter	02/13
Beverly Peterson	02/15
Dwight Ammeson	02/15
Steve Gahm	02/19
Audrey Rapp	02/20
Bob Gunther	02/26
Rodney Aurich	02/27
Beverly Jensen	02/27
Barbara Kolacki	02/28
Harriet Strembel	02/28

Valley View Food Bank

Jesse Ramirez, Valley View Director, is so appreciative of all donations from United Church throughout the years. Your generosity helps so many families in need in our community. If you would like to make a monetary donation, you can mail it to:

Jesse Ramirez
Director, Valley View Food Bank
12321 NW El Mirage Ave.
El Mirage, AZ 85335

You may also place a donation in the offering plate at church on Sunday and the church will mail the checks to Jesse. Thanks again for your continued support.



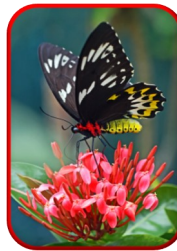
February Anniversaries

Don & June Stampfl	02/13
Ed & Jean Cross	01/18

From the Church Office.....

Happy Valentines Day

*Anyone can catch
your eye, but it takes
someone special to catch
your Heart*



Blessings from Caroline



Fry's Rewards Program: If you have an email address, you can sign up so the church can receive donations from Fry's from your purchases. **Call the church office, and we will email you the directions to sign up.** You will need your email address, Fry's V.I.P. shopper's card number, plus the church's organization code: **62679**.

If you have difficulty registering, Fry's will walk you through the process (1-866-221-4141).

We currently have 22 households who shop at Fry's.

AmazonSmile Program

Do you shop Amazon?



*If so, your eligible shopping on Amazon can benefit United Church of Sun City. For more information and to sign up use
<http://smile.amazon.com/ch/86-0181903>.*



Music Notes.....

*The first month of 2020 is gone!! Looking forward to wonderful music in February. We will have Duane Moore's Dixieland Gospel Band performing during worship on February 9th at 10:00 a.m. They will play a musical moment; during the anthem; an offertory piece with choir member Eric Emmerson singing the solo; and a Postlude. What fun that will be!

*Our ice cream concert will feature the 50 piece West Valley Wind Ensemble (an active adult concert band) on Thursday, 2/20 at 7:00 p.m. There will be a free will offering taken to support the group. They also request you bring a non-perishable item for the Valley View Food Bank. Ice cream sundaes will be served following the concert.

*Symphony Sunday is 2/23 and will feature the talented Emery Harvison, assistant principal trumpet for the Phoenix Symphony. You will recognize him as he has played in the orchestra for our cantatas for several years. Don't miss it!

*As usual, the choir and soloists will provide beautiful anthems and solos during the month.

Blessings,

Ginni Summers, Minister of Music

*****IT'S BACK*****

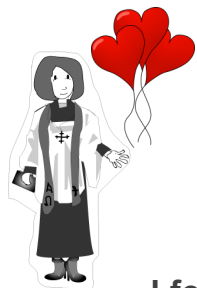


**SUN VALLEY LODGE GARDEN APARTMENT
GUEST APARTMENT RENTAL—FOR FAMILY AND FRIENDS
OF OUR RESIDENTS**

\$79.00 PER NIGHT

\$525.00 PER WEEK

\$2,000 PER MONTH



VALENTINE TRIVIA FROM PASTOR SUSAN

I found all of these fun trivia questions and I wanted to share my favorites with you (and I included the answers)

1. "How many cards are sent on Valentine's Day each year? Is it 500 million, 1 billion, 2 billion, or 10 billion cards?"

Answer: "The Greeting Card Association estimates that approximately one billion valentine cards are sent world-wide each year, making Valentine's Day the second largest card sending holiday of the year behind Christmas."

2. "What percentage of flowers purchased on Valentine's Day are red? Is the answer 69%, 76%, 83%, or 94%?"

Answer: "According to the American Floral Tracking of roses purchased on Valentine's Day, 69% are red, 6% pink, 6% peach/salmon, 5% yellow, 4% white, 7% mixed, 4% other."

3. "Who created the first Valentine's Day box? Is it Russell Stover, Louis IV, Richard Cadbury, or Milton Hershey?"

Answer: "In 1822, John Cadbury opened a tea and coffee shop in Birmingham, England. He soon expanded chocolate manufacturing and in 1861 his son Richard greatly increased sales by packaging Cadbury chocolates in the world's first heart shaped box for Valentine's Day."

4. "What continent produces the most roses sold in the U.S. on Valentine's Day?"

Answer: "South America. Most roses sold on Valentine's Day in the U.S. are imported from South America, but California grows 60% of the roses sold in the U.S."

5. "How many U.S. states have a city named Valentine? Is it 3, 4, 5, or 7?"

Blessings, Pastor Susan

Answer to #5: "4 - Valentine, Arizona; Valentine, Nebraska; Valentine, Texas; Valentine, Virginia." Which one(s) have you visited? Me—2.]

ALL CHURCH BIRTHDAY PARTY

Sunday, Feb. 9th
4:00 p.m.

February 2020—Leap Year

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Sabbatical Reminder April 20— July 19, 2020					1 OFFICE CLOSED
2 8:30 Choir 10:00 Worship- Communion 11:00 Coffee End of Souper Bowl Drive	3 7:30 Tai Chi 9:00 VIP 10:00 Color- ing 4:00 All Star Band Practice	4 9:00 Friendly Service 12:00 Jubilee Bells Practice	5 10:30 Small Group 1:00 Walking Group	6 11:00 Bible Study	7 OFFICE CLOSED	8 OFFICE CLOSED
9 8:30 Choir 10:00 Worship- B'days & Anniv. 11:00 Coffee 11:15 Annual Meeting 4:00 All Church B'day Party	10 7:30 Tai Chi 9:00 VIP 10:00 Color- ing 4:00 All Star Band Practice	11 9:00 Friendly Service 12:00 Jubilee Bells Practice	12 8:00 Men's & Ladies Com- bined Break- fast at CoCo's 10:30 Small Group 1:00 Walking Group	13 9:00 Boards 10:00 Council 11:00 Bible Study	14 OFFICE CLOSED <i>Happy</i> <i>Valentines Day</i>	15 OFFICE CLOSED
16 8:30 Choir 10:00 Worship- B'days & Anniv. 11:00 Coffee 11:15 Healing Service 4:30 All Church Birthday Party	17 OFFICE CLOSED Presidents' Day	18 9:00 Friendly Service 1:00 T4T Journal Making	19 10:30 Small Group 11:00 Movie— "joe some- body" 1:00 Walking Group	20 11:00 Bible Study 7:00 Ice Cream & Concert - W. Valley Wind Ensemble	21 OFFICE CLOSED	22 OFFICE CLOSED
23 Symphony Sunday 8:30 Choir 10:00 Worship- 11:00 Coffee	24  7 9 10:00 Color- ing 2-5 CPR in Grace Chapel 4:00 All Star Band Practice	25 9:00 Friendly Service 2:30 Speaker Series in Bee- hive	26 8:00 Men's Breakfast at Royal Café 10:30 Small Group 1:00 Walking Group	27 11:00 Bible Study	28 OFFICE CLOSED	29 OFFICE CLOSED 

United Church of Sun City
11250 N. 107th Ave., Ste. 105
Sun City, AZ 85351

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Email: uccsc@qwestoffice.net

Website: uccsc.com

Facebook: United Church of Sun City

Non-Profit Org.

U.S. Postage Sun City, AZ

Permit No. 262

Or Current Resident



February 2020

STAFF:

Rev. Brady Abel, Senior Pastor

Norm Still, Moderator

Susan Aurich, Assistant Pastor

Ginni Summers, Minister of Music

Ron Cammel, Kira Kadel, Alan Paulson—Soloists

Beverly Fletcher, Organist

Caroline Bittman, Administrative Assistant

Lisa Dunbar, Parish Nurse

Luanne Hanks, Financial Secretary

Sara Shryock, Financial Administrator

Dennis Roling, Custodian

Steve Halasz, Sunday Custodian

Robin Lemkuil, Media

All Members & Friends of United Church, Ministers of the Good News

* * * * *

Office Hours 8 :30 a.m. to 1:30 p.m.. - Monday through Thursday

The office is closed on Fridays and Major Holidays

Sunday Worship Service—10:00 a.m. – Sanctuary

Coffee Fellowship —11:00 a.m.

Sanctuary Communion the 1st Sunday of each Month

Choir Rehearsal—8:30 a.m. Sunday

Bible Study—Thursdays at 11:00 a.m.

Healing Service: 3rd Sunday of each month at 11:15 a.m. in Grace Chapel