

Relay Pine Barrens Trail Duathlon MIXED: MALE/FEMALE

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	MARTINES, VINCENT GAMBO, ELIZABETH (ALPACA DASHERS)	LONG BEACH, NY	F: 1	RUNNER	1	01:17:20.36	06:17	9.5mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Run #1		00:14:10.27	09:30	6.3mph	00:14:10.27
				T #1		00:00:35.13	09:25	6.4mph	00:14:45.39
				Bike		00:47:55.09	05:08	11.7mph	01:02:40.48
				T #2		00:00:27.19	07:17	8.2mph	01:03:07.66
				Run #2		00:14:12.70	09:31	6.3mph	01:17:20.36
2	MULLER, ROBERT LOUDERMILK, WENDY (TEAM WENBO)	BAYPORT, NY	F: 2	RUNNER	3	01:26:25.89	07:01	8.5mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Run #1		00:15:22.45	10:18	5.8mph	00:15:22.45
				T #1		00:01:07.20	18:01	3.3mph	00:16:29.64
				Bike		00:53:08.34	05:42	10.5mph	01:09:37.98
				T #2		00:00:59.94	16:04	3.7mph	01:10:37.91
				Run #2		00:15:47.98	10:35	5.7mph	01:26:25.89
3	SCHULTZ, JACK MCALLISTER, HOLLIE (THE SHARKS)	EAST QUOGUE, NY	F: 3	RUNNER	6	01:27:50.24	07:08	8.4mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Run #1		00:12:25.56	08:19	7.2mph	00:12:25.56
				T #1		00:00:34.57	09:16	6.5mph	00:13:00.12
				Bike		01:01:44.91	06:37	9.1mph	01:14:45.03
				T #2		00:00:19.00	05:05	11.8mph	01:15:04.02
				Run #2		00:12:46.23	08:33	7.0mph	01:27:50.24
4	VOCE-NELSON, JENNIFER NELSON, DANNY (DONUT STOP ME NOW!)	GLEN COVE, NY	M: 1	RUNNER	2	01:29:21.20	07:15	8.3mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Run #1		00:17:52.83	11:59	5.0mph	00:17:52.83
				T #1		00:01:07.36	18:03	3.3mph	00:19:00.18
				Bike		00:50:22.87	05:24	11.1mph	01:09:23.05
				T #2		00:00:53.60	14:22	4.2mph	01:10:16.65
				Run #2		00:19:04.56	12:47	4.7mph	01:29:21.20
5	NILOK, MATTHEW NILOK, MARIE (RETRO)	PATCHOGUE, NY	F: 4	RUNNER	5	01:39:35.22	08:05	7.4mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Run #1		00:20:19.59	13:37	4.4mph	00:20:19.59
				T #1		00:00:48.12	12:54	4.6mph	00:21:07.70
				Bike		00:56:25.84	06:03	9.9mph	01:17:33.53
				T #2		00:00:39.88	10:41	5.6mph	01:18:13.41
				Run #2		00:21:21.81	14:19	4.2mph	01:39:35.22
6	RAGAN, DOMINIQUE AVVENTO, LOUIS (TEAM ABBY)	ROCKY POINT, NY	M: 2	RUNNER	4	02:09:27.96	10:31	5.7mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Run #1		00:13:58.34	09:22	6.4mph	00:13:58.34
				T #1		00:00:48.54	13:01	4.6mph	00:14:46.88
				Bike		01:39:11.24	10:38	5.6mph	01:53:58.11
				T #2		00:01:03.77	17:06	3.5mph	01:55:01.88
				Run #2		00:14:26.08	09:40	6.2mph	02:09:27.96
7	DRAKE, SARAH DRAKE, ANDREW (TEAM SARAH'S BIRTHDAY)	SOUTHAMPTON, NY	M: 3	RUNNER	7	02:24:58.51	11:47	5.1mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Run #1		00:19:44.00	13:13	4.5mph	00:19:44.00
				T #1		00:01:04.12	17:11	3.5mph	00:20:48.12
				Bike		01:44:42.37	11:14	5.3mph	02:05:30.48
				T #2		00:00:40.56	10:52	5.5mph	02:06:11.03
				Run #2		00:18:47.49	12:36	4.8mph	02:24:58.51