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**REMEMBER!** You can see this publication in color. Just go to the Trinity Church website, click on "Ministries" in the navigation bar and go to the last item on the list, "Newsletter."

**Next Press Deadline**  
**August 25, 2019**

## Preparing for a New Pastor

**A**s Trinity Church prepares to welcome a new pastor, I would like to inform and encourage the congregation about things that will help to get this new relationship off to a good start. I can't cover it all in one article so look for more information in future publications.

Let me start by saying that all types of work contain challenges and opportunities. All work is hard – that's why they call it "work." Each type of work has hazardous elements – and being a pastor is no exception. However, being a pastor can be more difficult than other types of work for multiple reasons. The statistics about the wellbeing of pastors are not very encouraging.

Consider the following results of a survey of pastors conducted by the Fuller Institute of Church Growth:

- 80%** believe that pastoral ministry is affecting their family negatively
- 33%** say that being in ministry is clearly a hazard to their family
- 75%** have reported a significant crisis due to stress at least once every five years in their ministry
- 50%** feel unable to meet the needs of the job
- 90%** feel they were not adequately trained to cope with the ministry demands placed upon them
- 40%** report having a serious conflict with a parishioner at least once a month
- 37%** have been involved in inappropriate sexual behavior with someone in the church
- 70%** have a lower self-image since they have pastored than when they started

In addition to these statistics, a related survey noted that 50 percent of people who start out in professional ministry are not in ministry after five years – and only one out of 10 people who start a career in professional ministry will still be in professional ministry at the time of retirement. That means that 90 percent bail out at some point along the way and opt for a different type of work.

I want to make sure to say clearly that pastors are NOT victims. We are called by God to a particularly difficult line of work, but we don't do the church or



**Jim Rauch**  
*Interim Pastor*

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## Preparing for a New Pastor

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ourselves any good by claiming we are victims of a job that is too hard for us. Any pastor who feels like a “victim” of the church probably needs to find a new line of work quickly. If a pastor feels like a victim, then there are probably some ways he is allowing himself to be taken advantage of by the job. I don’t want to sound like I’m whining about how hard the job is. I probably didn’t realize the difficulty when I first started the job so many years ago – but I don’t think anyone knows how difficult their career will be when they first start – it’s just something that you begin to discover along the way.

Many people may wonder what makes pastoral work so difficult. People often joke that pastors only work one day a week and they golf the rest of the time. I was in full-time professional ministry for 31 years and when I finally took a break from the job I realized how hard I was working. Though the task of professional ministry is not physically taxing, it is mentally, emotionally, and spiritually demanding.

Though I can’t speak for all pastors, I have been very closely connected to many pastors over the years and I have some clarity about what makes the job so hazardous for us. Let me list just a few factors.

**Your work takes over your life.** It’s very difficult to just “leave” your work when your job is to care about how people in the church are doing. There is always someone going through a health challenge, going through a divorce, going through a hard time with children or parents, someone

getting laid off or struggling financially – and the struggles in the lives of your congregation matter to you, even when you are not “at work.” When you take time to read the Bible and pray each day, you end up thinking about or planning your next sermon or Bible



study class. It feels like you are always working, always “on” wherever you go. Phone calls, text messages, and emails come at any time of the day or night and you need to be ready to go to the hospital at a moment’s notice. You can take these hard things to the Lord in prayer every morning and every night, but they still weigh on your heart and soul no matter where you are and no matter what you are doing. I used to think “compassion fatigue” was sort of a cop-out for sissies who didn’t keep a healthy

work/life balance – but I discovered it’s real, and compassion fatigue gets harder to manage the longer you stay in one church because the emotional connections are stronger. This type of pressure is expressed in the words of the Apostle Paul: “And, apart from other things, there is the daily pressure on me of my anxiety for all the churches” (2 Corinthians 11:28).

**Culture is changing, churches are declining, and pastors feel responsible.** Though some new church plants may grow for a few years, almost all established churches in San Diego county are aging and declining. Their facilities are crumbling and falling apart. Fewer people connect with churches these days. Culture is increasingly hostile toward church. The generation that viewed church as a worthy institution where they would give and serve and commit themselves to God, one another, and their community is dying off. There is not a new generation who wants to invest their lives in a similar way. Just as other civic organizations like Boy Scouts, Kiwanis, bowling leagues, PTAs, bridge clubs, VFWs etc. are all shrinking, aging, and declining, churches are following the same trajectory. Church members long for the good old days when people got married, stayed married, had lots of kids, came as a family to church 49 out of 52 Sundays a year, and gave generously of time, talent, and treasure to advance the mission of the church in the world. The pressure is on the pastor and the members to turn around this decline. Unfortunately, this massive change in culture is almost impossible to reverse

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## Update on Vacation Bible School

**T**he countdown to VBS is on! July 23rd – July 25th is approaching quickly and registration is filling up. If you have friends or family interested, please fill out the registration form at [www.trinitypres.org](http://www.trinitypres.org). I am looking for volunteers who would like to help with decorations, Bible study, mission projects, singing, drama, games, and food. Please let me know if you are willing to help bring the message of Jesus Christ to the children of East County. Don't

worry if you cannot commit to the entire three days, even a few hours of volunteer time will help!

Thank you to all who have been financially supporting Children's Ministry. I'd also like to thank Mr. and

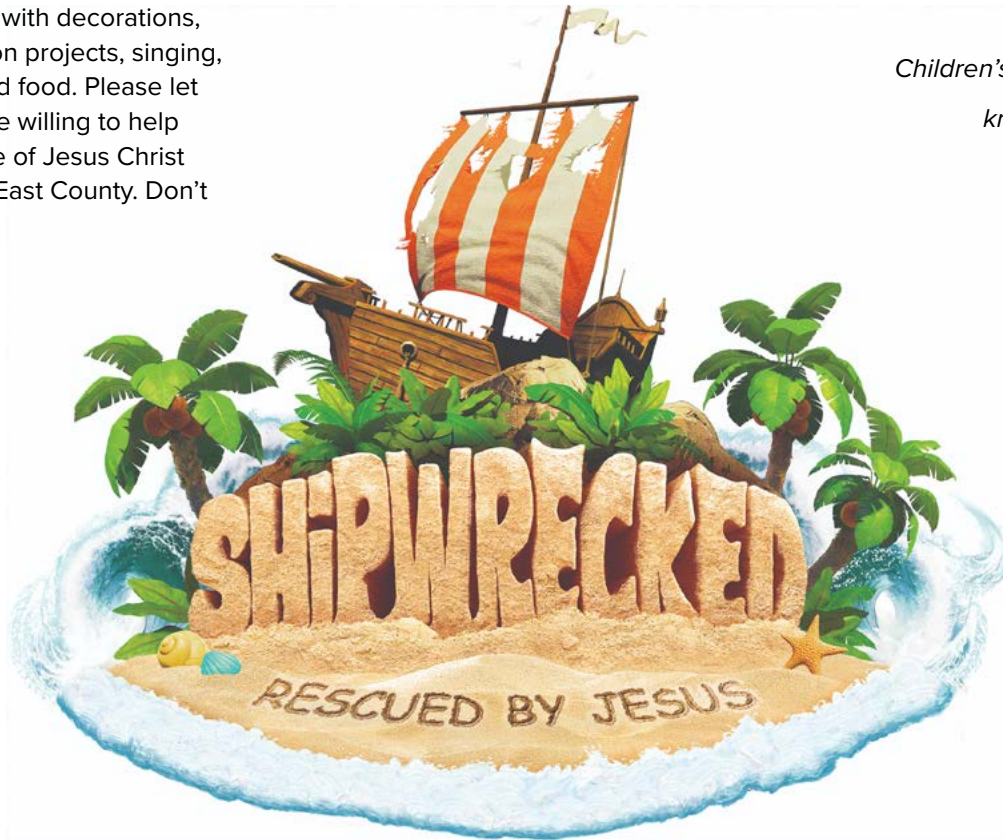
Mrs. Rowland for their support of Children's Ministry through collection of recycled bottles, cans and papers for donations. Please remember to bring your recyclables and place them in the recycle bin at the entrance..

**Krista Young**

*Children's Ministries Director*

[krista@trinitypres.org](mailto:krista@trinitypres.org)

619-465-3011 x104



## Joe is married!

Congratulations, Joe and Emily! Joe Burke, our Youth Ministries Director, is now a married man! Youth Group will begin again Wednesday, July 17th from 6:00 to 8:00 p.m.

# Update from Our Urban Missionary • Leigh Taylor

**N**ot long ago, I was ministering in worship, along with the rest of the Tribal Elders, at “Luv ‘Em Up,” an outreach to the special needs community. It was me and the Tribal Elders.

As usual, several of them got up and danced. It’s never bothered me until last night, as several of them were clearly NOT dancing before the Lord.

After a few songs, I gently reprimanded them and reminded them where we were, and why the band was playing, and when we resumed playing, the Holy Spirit fell on the place. It was wondrous!

The following week, we ministered to another special needs group called “Love on Fire” and then, a week later, back again to “Luv ‘Em Up.” We usually only play twice a month, but we were asked to substitute for another band that couldn’t make their scheduled worship time.

I’m thankful for these opportunities because I know it’s what I’m supposed to be doing. I am always looking for more opportunities to play and sing, to minister God’s love.

You can support me in three ways:

**1) Prayer** – pray that God would take me to where I need to be and allow

me to minister to those who I need to minister to;

**2) Let me know of any other opportunities** you know of where I could reach out with music and ministry, and

**3) donate towards the ministry** through Trinity Church by just giving a donation and indicating it’s for me. The gigs I mentioned above don’t pay anything and any support you give helps defray the expenses of the ministry.

I am thankful for the support you show me and the love you give to me and my family.

## Preparing for a New Pastor

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unless God performs a miraculous revival. It’s hard for a pastor to feel like he is doing a good job when a church is not growing. Frequently a pastor can feel like a failure at the job even if he is working long hours and doing very good pastoral work.

**It can be hard to make friends.** It’s difficult for the pastor and his family to make close connections in the church because you are always “the pastor” even if you are just hanging out socially. On the one hand, you need to be close to the people in your congregation, and on the other hand, you need to maintain some distance and some boundaries. Where does a pastor and his family find friends? Sometimes they can make friends with other pastors, but that’s not always easy since pastors are always busy

with church events. People inside the church view pastors in one way. The people outside the church view pastors in a very different way. It can be a lonely life.

**Every church has at least a few people who drain the life out of others, including the pastor.**

It’s true. Even in the church, there are a few people who are so dysfunctional, so needy, so messed-up, they seem to suck the life out of almost anyone they come in contact with. A friend once observed “hurt people hurt people.” This is a good

rule to remember. There are a lot of hurt people in churches and they hurt other people. In a typical workplace or social setting, few people put up with this kind of impossible behavior. In the church, however, there is an expectation that lost or difficult people are welcome. Pastor and author Rick Warren calls these people “EGR” – “Extra Grace Required” people. They need Jesus and they need the church, so no one wants to kick them out. Unfortunately, the pastor is often the key authority figure who must deal



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## Happy Fourth of July and School Update

**H**appy Fourth of July! Our freedoms are not taken lightly here at Trinity Christian School (TCS). The student body gathers together on the basketball court every morning to recite the pledge of allegiance to the American flag, the Christian flag, and the Bible. The time together is closed with a student-led prayer. We hope those of you that were able to attend the TCS Patriotic Chapel were blessed. Your attendance was appreciated. It was a blessing to have both Veterans and present day servicemen and women participate. Some of you represent living history and we wanted you to be remembered. We pray you felt honored.

### Summer Hours at the Office

The school office is open this summer, as always, in order to tie down any loose ends from this past school year and prepare for the 2019-2020 school year ahead. This will mark Trinity Christian School's 50th year of

serving the surrounding community by making Christian education available to it. Again, we are thankful for the faithfulness of Trinity Presbyterian Church for hosting this ministry through all these years. During this 50th year, TCS will also be hosting another combined accreditation team from WASC (Western Association of Schools and Colleges) and ACSI (Association of Christian Schools International) beginning on March 29, 2020. We will provide them with travel expenses, lodging and food over the three days they are here. Please join us in prayer for this very momentous year to go well as we seek to meet our focus of "Academic Excellence - Faith in Action" in His name.

This summer TCS will offer two math camps. One will be geared to lower grades, the other one the upper. Also this summer the long awaited security fence will be installed. This will enclose the fifth, sixth, seventh and eighth grade classrooms and deter cars and people who are trespassing

onto the lower facility from a carefree approach and access.

If you go to the San Diego Fair you can visit the Pre-K - 6th grade art entries from Trinity Christian School. They can be found in the large tents located in the center of the racetrack marked "Creative Youth." The students received a free ticket to the fair with each entry and the teachers from each grade got one as well. It has become a wonderful tradition enjoyed by one and all.

We continue to pray for our new pastor Robert Zemke and family. We pray that they will have an easy transition from the east coast to the west and for what this transition means to all of us as well. We look forward to hosting their children at TCS (preschool, second and third grades).

God Bless America!  
God Bless you!

**Sharon Axe**  
*Principal*

**Jimmie Drummond**  
*Principal*

Happy Fourth of July!  
Have a Blessed Summer!

## CLIPPERS

***Will not be meeting in July  
or August.***

***See you in September***

## Presbyterian Women

**Below is the July/August schedule for Presbyterian Women.**

**Remember - ALL women who attend Trinity Church are members.**

In the month of July we have crafts every Tuesday in Ward Center 9:30 to noon.

No other meetings are planned

***Have a wonderful summer***

## Preparing for a New Pastor

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with the difficult people in the church. These people can cause all kinds of stress and difficulty for a pastor as he tries to respond lovingly in a Christ-like way to their endless list of needs.

### ***Pressure is on your whole family.***

Even if a pastor does not put pressure on his family, they all feel it. The church is looking at you. How is your marriage doing? How are your kids doing? Are you all setting a good example for the congregation? This pressure is difficult for each family member to manage. One of my colleagues in ministry felt the need to offer his resignation to Session when his son was arrested for a DUI. They voted to reject his resignation, but in most other jobs that would be no one's business. The pastor knows that if his kids get into serious trouble or if his marriage is going through a hard time, it can mean the end of his pastoral career.

**So... those are a few of the hardships of professional ministry. Now, let me list some of the positives...**

***You have a job that makes a significant difference in other people's lives.*** Being a pastor is a job filled with meaning and purpose. You

get to preach God's word to people and see lives changed through your work and ministry. You are invited into people's lives in a deep and profound way. You are there when people get married, when people are baptized, when people die, and when people get healed. Few jobs give you this type of deep connection with God and with other people.

### ***You have a lot of freedom on how you structure your schedule.***

Pastors are accountable to Session and the congregation for working a full-time job, but they can often shift their schedule to allow them to be available for various events in the lives of their children and extended family. I was able to go to most of my son's high school soccer games and my daughter's high school volleyball games, even though they were often at 3:00 or 4:00 in the afternoon. Pastors also get four weeks of vacation and two weeks of study leave each year to rest and recharge. Some pastors get a sabbatical every seven years of service. This benefit is a great blessing.

***Many tasks of ministry don't feel like work.*** Sometimes you enjoy your job so much that it does not feel like work. For me, writing and preaching a sermon (and preparing

a PowerPoint) doesn't really feel like work because I like doing that sort of thing. Visiting people in the hospital is also enjoyable much of the time. If your Session and staff get along with each other, it can be a lot of fun to have meetings with them. Lunches, potlucks, fellowship events are all enjoyable ways of connecting with people and don't really feel like work. Pastors may sometimes say "Wow – I can't believe I get paid to do something I enjoy this much."

***Even though all churches have a few difficult people, they also have MANY wonderful people.*** Just as there are people who drain the life out of the pastor, there are also people who bless, pray for, encourage, and stand by the pastor offering support and kindness. These are people who "have the pastor's back" and are concerned for the pastor and his family. They love Jesus, they love and serve the church. They give their time, talents, and treasure with glad hearts. They bless their community. They set an example for the entire congregation. Over my 31 years in professional ministry, I must say that the finest and dearest saints I have met have been through my connection to the church. I feel grateful that I got to be their pastor. ☆

## Hello, Trinity Church Family!

Summer is officially here and half the year is behind us! God Bless you in your faithful giving so far this year, please keep in mind the ministry of Trinity Church relies on your support over the summer. The Lord has provided through your faithful giving, and by keeping a watchful eye on our spending, we are

grateful we have been able to cover all of our financial obligations to date.

The June statements will be sent out soon, please review your statement and if you have any questions, feel free to contact me. Enjoy a happy and safe Summer!

**Rebecca Casey**

*Financial Administrator*

[rebecca@trinitypres.org](mailto:rebecca@trinitypres.org)

619-465-3011 x108

	May 2019 Final	June 2019 (As of 6/24/19)	Year to Date 2019 (As of 6/24/19)
<b>BUDGETED INCOME</b>	\$ 31,383.63	\$ 31,383.63	\$188,301.78
<b>ACTUAL INCOME</b>	\$ 24,753.14	\$ 29,239.58	\$ 172,179.21
<b>DIFFERENCE</b>	– \$ 6,630.49	– \$ 2,144.05	– \$ 16,122.57
<b>CURRENT EXPENSE</b>	\$ 35,305.94	\$ 17,415.59	\$188,240.86
<b>INCOME – EXPENSE</b>	– \$ 10,552.80	\$ 11,823.99	– \$ 16,061.65

## Trinity Staff

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*Organist*

**Krista Young**

*Children’s Ministry Director*

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SD SMALL BUSINESS FORUM  
PRESENTS

# TRINITY COMMUNITY VENDORS EVENT

COME AND ENJOY A DAY FULL OF FUN. SHOPPING AREA,  
MUSIC, KIDS ZONE, FOOD. RAFFLE PRIZES AND MUCH  
MORE

FROM 12 TO 5 PM  
3902 KENWOOD DRIVE  
SPRING VALLEY CA 91977

\*\*\*\*\* SATURDAY JULY 6, 2019 \*\*\*\*\*



included are  
Woodwork by Paul Shepersky  
Photography by PJ Watkins



and others

Come and support our local Artists and Entrepreneurs

Paparazzi Jewelry	Sanctuary Girl
G&L Rocks	Origami Owl
Scentsy	Thirty One
Mary Kay	Tupperware
DoTERRA	Sweet Smelling Aroma Soap
ZYIA Active	Lipsense
LulaRoe	Color Street
BeNe You World	K 2 Wellness
	Avon
	Angelica's Crochet World

**Coming SOON!**

- The Vendor event (canceled due to weather) has been rescheduled for **SATURDAY, JULY 6TH!**
- The next Press will be for September. The **PRESS** deadline is **August 25, 2019**

3902 Kenwood Dr.  
Spring Valley, CA 91977

