



## Join us for our Ribbon Cutting Ceremony!



Scenic Hills Senior Center is excited to announce the opening of our NEW ADDITION! We will have a ribbon cutting ceremony on Friday, July 12 @ 10:00 am with the **Logan-Hocking Chamber of Commerce**. Immediately following the ribbon cutting there will be a dedication of the new billiard tables. Following the ribbon cutting and dedication we will have a catered light lunch for all who attend.

The two new billiard tables have been generously purchased by Diane Campbell in memory of her late husband, Clyde Campbell. Diane and Clyde enjoyed coming to the Senior Center together. During these times you most likely would find Clyde reading in a chair and looking up to smile and greet people as they passed by.

The new wall decor and decorations have been purchased from a gift by Diana Mallon in memory of her late husband, Carl Mallon. Carl also loved coming to the center and was a special goodwill ambassador for Scenic Hills Senior Center.

I also want to personally thank my staff for the many hours of help they contributed on this project, and to Gary Silcott of Stantec Engineering and Jim Clarke of Clarke Architects for their assistance in keeping this project on track.

But most of all I want to thank our seniors of Scenic Hills. You make this community a better place to live and your support of our center has made this growth possible.

*Marjie Moore—Executive Director*

## Public Welcome



**4-6:30 PM**

<b>JULY</b>	<b>AUG.</b>
<b>5 &amp; 12</b>	<b>2 &amp; 9</b>



**SERVED WITH FRIES, GREEN BEANS  
DRINK & DESSERT**

**JULY 5—ICE CREAM SOCIAL & FISH FRY**


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# JULY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>WEEKLY</b> 	10AM STRENGTH & TONE CLASS CHAIR YOGA 1PM LINE DANCE	CHAIR VOLLEYBALL 12PM BINGO CHAIR VOLLEYBALL 2:30 DELAY THE DISEASE	10AM FELLOWSHIP 11:30 AM CHORUS PRACTICE 1PM TAI CHI	CHAIR VOLLEYBALL 12P FREE BINGO CHAIR VOLLEYBALL 2:30—DELAY THE DISEASE 3:30 LINE DANCE	9AM PINOCHLE 10:- FIT4LIFE 12PM PROGRESSIVE EUCHRE 	
	1	2	3	4 <b>CLOSED 4th of July</b>	5 <b>Ice Cream &amp; Fish Fry Social 4-6:30 PM</b>	6 <b>Alzheimer's Walk 12-2 pm</b>
7	8	9	10 Widows Support Grp. Noon	11	12 <b>Fish Fry 4-6:30 PM</b>	13
14	15	16 Blood Pressure  <b>APOLLO 11 MOON LANDING 1969. WHERE WERE YOU?</b>	17	18 Blood Pressure	19  <b>Carnival 10-12 (Age 12 &amp; under)</b>	20
21	22	23 <b>SEOLS 12-3:30</b>	24 Widows Support Grp.	25 Blood Pressure <b>11:30 Health Talk</b>	26 <b>CARRY IN LUNCH</b>	27
28	29	30	31 Blood Pressure			

# AUGUST

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>WEEKLY</b> 	10AM STRENGTH & TONE CLASS CHAIR YOGA 1PM LINE	CHAIR VOLLEYBALL 12PM BINGO CHAIR VOLLEYBALL 2:30 DELAY THE DISEASE	10AM FELLOWSHIP 11:30 AM CHORUS PRACTICE 1PM TAI CHI	CHAIR VOLLEYBALL 12P FREE BINGO CHAIR VOLLEYBALL 2:30—DELAY THE DISEASE 3:30 LINE DANCE	9AM PINOCHLE 10:- FIT4LIFE 12PM PROGRESSIVE EUCHRE	
				1 Open @ 9:30	2 <b>Fish Fry 4-6:30 PM</b>	3
4	5	6	7	8	9 <b>Fish Fry 4-6:30 PM</b>	10
11	12	13 INTERNATIONAL LEFT HANDERS DAY	14 Widows Support Grp. Noon	15 Blood Pressure	16	17
18	19	20 Blood Pressure	21	22 Blood Pressure <b>11:30 Health Talk</b>	23	24
25	26	27 <b>AIR FORCE MUSEUM TRIP</b>	28 Blood Pressure Widows Support Grp. Noon	29	30 <b>CARRY IN LUNCH</b>	

## SPECIAL EVENTS & TRIPS

**FRIDAY, JULY 19<sup>th</sup>, 10:00 AM - NOON**

**FREE EVENT FOR SENIOR CENTER MEMBERS AND THEIR GRANDKIDS/GREAT GRANDKIDS.**

Join us for Free....

\*games \*cotton candy

\*snow cones \*popcorn

\*hot dogs \*face painting

\*Magician \*billiards & 8-ball

\*clown \*balloon animals



# Family Carnival



Senior Center fun for the family! **Age 12 & Under**

## TRIP TO THE NATIONAL MUSEUM OF THE US AIR FORCE—DAYTON

**Tuesday, August 27, 2019 Transportation Fee: \$25.00/per person**

Depart at 8:00 am—Return 7:00 pm.

Lunch on your own at Museum and Early Dinner Stop on the way home. (Driver's Choice)

**Only 14 Seats Available**



Admission to the museum is **FREE**.  
Museum is open 9 a.m. to 5 p.m.  
There is a charge for the Air Force Museum Theatre and Flight Simulators.



**EXHIBITS:** Early Years Gallery, World War II Gallery, Korean War Gallery, Southeast Asia War Gallery, Cold War Gallery, Missile Gallery, Space Gallery, Research & Development Gallery, Global Reach Gallery, Presidential Gallery, Air Park, Memorial Park, & Other Exhibits

Not actual painting



## Friday, September 20, Painting Class

Fall "Spatula Technique" Painting — September 20, 6-9 pm. Fee \$25.00 - Seating limited Easy and Fun! Advance Sign up & Payment Required. *Supplies & Refreshments provided.* **Fall Picture In Office and will be in Sept/October Newsletter**




## AFTER HOURS MEALS & SPECIAL EVENTS

 **DON'T MISS**   
**Friday, July 5th—Ice Cream & Fish Fry Social \*4-6:30 pm.**

### Deep Fried Pollack Dinner



Green Beans, French Fries,  
Drink & Dessert   
Suggested Donation \$10.00

**Homemade Ice Cream \$2.00**

### ICE CREAM FLAVORS

Chocolate, Vanilla, Strawberry, Peach,  
Cherry, Cherry Nut,  
& Blackberry.

*Proceeds benefit the  
Scenic Hills Senior Center.*



**FISH FRY FRIDAYS — JULY 5, 12 & AUG. 2 & 9 (4:00 -6:30 pm)**

**MENU:** Deep Fried Fish (Pollack) French Fries,  
Green Beans, Dessert & Drink  
**Suggested Donation: \$10.00 each**



**"THURSDAY, SEPTEMBER 12<sup>th</sup> SCENIC HILLS SENIOR CENTER CELEBRATES**

## Senior Day at the Fair

**HELD AT THE SHELTER HOUSE RESERVED FOR SCENIC HILLS SENIOR CENTER  
10:00—2:00 PM. FOR SENIORS WHO HAVE PURCHASED A \$5.00 TICKET.**

Ticket is \$5.00 and must be purchased in advance at the Senior Center. Your Ticket includes 1 Reserved Seat, Lunch, and Festivities. Lunch is a KFC lunch (2 piece chicken, mashed potatoes, gravy, cole slaw, and biscuit and drink)



Our Theme this year is **The 60s**. The Annual Senior Day Walk begins @ 10:30 from the Senior Center to the Shelter House.



### Groovy Live Music by The Class of 62

\*Admission to the fair is free for senior citizens until 3:00 pm on Thursday. **\*Sponsored by Hocking County Commissioners.**

*Additional seating in the bleachers MAY be available for those who do not purchase Reserved Seating.*



**\*Signups Begin July 22. Limited Seating**

## ON-GOING WEEKLY ACTIVITIES

**OFFICE HOURS: MONDAY THRU FRIDAY 8:00 AM—4:00 PM**

**BUILDING IS OPEN: Mon. Tues. & Fri. 8:00—4:00 & Thursday 8:00—6:00 pm**

**EXERCISE AND BILLIARD ROOMS ARE AVAILABLE DAILY**

<p><b>MONDAYS:</b></p> <p>10:00 Strength &amp; Balance Class (1<sup>st</sup>, 3<sup>rd</sup> &amp; 5<sup>th</sup> Mondays)</p> <p>10:00 Chair Yoga (2<sup>nd</sup> &amp; 4<sup>th</sup> Mondays)</p> <p>1:00 Line Dancing (Beginners Welcome)</p>		
<p><b>TUESDAYS:</b></p> <p>9:30 Chair Volleyball</p> <p>10:30-11:30 <i>Free Blood Pressure 3rd Tuesday</i></p> <p>12:00 Free Bingo</p> <p>12:45 Chair Volleyball</p> <p>2:30 Delay The Disease Class</p>		
<p><b>WEDNESDAYS:</b></p> <p>10:00 Fellowship/Devotional Group with Karen Kornmiller</p> <p>11:30 Senior Chorus Practice</p> <p>10:30-11:30 <i>Free Blood Pressure Last Wednesday of Month</i></p> <p>1:00 Tai Chi \$2.00 per class <i>A low-impact, slow-motion exercise which reduces stress while increasing flexibility and balance.</i></p>		
<p><b>THURSDAYS:</b></p> <p>9:00—10:30 Chair Volleyball</p> <p>10:30—11:30 <i>Free Blood Pressure (2<sup>nd</sup> &amp; 4<sup>th</sup> Thursdays)</i></p> <p>12:00 Free Bingo</p> <p>1:00 Chair Volleyball</p> <p>3:30-5:30 Line Dancing</p>	<p><b>MAKE A NOTE: CENTER DOES NOT OPEN UNTIL 9:30 AM ON THE FIRST THURSDAY OF THE MONTH.</b></p> 	
<p><b>FRIDAYS:</b></p> <p>9:00 Pinochle Cards</p> <p>10:00 <b>FIT4LIFE</b> Danielle Arnett, Exercise Physiologist</p> <p>12:00 Progressive Euchre</p> <p><b>Noon Last Friday of Month: Carry In &amp; Birthday Celebration</b></p>		 

“You are as young as your faith, as old as your doubt; as young as your self-confidence, as old as your fear, as young as your hope, as old as your despair.”

- Douglas Macarthur



**CARING FOR PATIENTS IN THE COMFORT OF THEIR HOME**

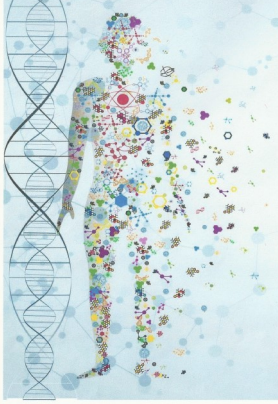
Adena Home Care number for referrals: **740.779.4663**

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South central Ohio's single resource for all in-home medical care needs.



## HEALTH & WELLNESS



Join us Thursday, July 18, 2019 @ 11:30 am.  
for a FREE Community Health Talk on Genetic Cancer Screening

- ◆ What is Genetic Screening
- ◆ How to ensure YOU have early detection of Cancer
- ◆ Medicare Approved

Speaker: Debra Bandi -Trained & Certified Genetic Screening Specialist

This is an information seminar about genetic screening that detects the risks of contracting cancer with just a cheek swab.

Debra, along side DNA Project Consulting is dedicated to unlocking the health in you and your loved ones through genetic testing. Enable your doctor to treat YOU with proactive methods rather than reactive methods. Advanced Sign up is requested. Please sign up in the office if you are interested in attending.

### MONTHLY (FREE) BLOOD PRESSURE SCHEDULE Time for all 10:30—11:30 am.

- |                 |                                    |
|-----------------|------------------------------------|
| 3rd TUESDAY:    | Sponsored by The Laurels of Athens |
| 3rd THURSDAY    | Sponsored by Carlin House          |
| 4th THURSDAY:   | Sponsored by Logan Care & Rehab.   |
| LAST WEDNESDAY: | Sponsored by Fairhope Hospice      |



**LITERATURE FROM OUR BINGO SPONSORS CAN BE FOUND IN OUR LOBBY.**



### Everyday Divinity Foot Care Clinic here July 22 & August 26

**Fee: \$30.00.** 30 minute appts. from 9:00 - 1:30 pm. **Must reserve your appointment in the office or call to reserve your spot. The standard \$30.00 treatment includes: Foot Care by State of Ohio Certified Foot Care Nurse** Footcare services include complete foot health assessments. \*30 Minute Treatment \*Complete Foot Assessment \*Expertly Trim, \*Thin and File Nails \*All tools are sterilized for each patient \*Corns and Callouses are filed and buffed smooth. **Payment method is cash or checks No insurance is accepted.**



### Southeastern Ohio Legal Service - Free Legal Service to Senior Citizens

An Attorney from Southeastern Ohio Legal Services will be at Scenic Hills Senior Center on **July 23 (12:- 3:30)** to offer assistance to senior citizens. **CALL THEIR OFFICE TO SCHEDULE AN APPOINTMENT 1 (800) 686-3668**



FIRST SETTLEMENT  
**PHYSICAL THERAPY**



Maple Hills Skilled Nurs-



HOCKING VALLEY  
COMMUNITY HOSPITAL

## Bingo Sponsors!



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HOME OF THE PICKERING HOUSE  
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simply about music



Carlin  
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and Rehabilitation



## HEALTH & WELLNESS



**GAIN CONFIDENCE WITH MATTER OF BALANCE (MOB)**  
Falls are more common than strokes and can be just as serious.

**ARE YOU Over 60 years old? Concerned about falling? Interested in improving balance, flexibility, and strength? Falls are preventable.**

**NOW TAKING REGISTRATION FOR MOB CLASS SEPT. 9—OCT. 2**

**(Twice a week for 4 weeks—Monday & Wednesday 1—3 pm)** Call or drop by the office to register, Class is Free. (Limited to 12 people). 385-6581 **SIGN UP NOW!** **IN THIS CLASS YOU WILL LEARN TO:** \*View falls as controllable \*Set goals for increasing activity, \*Make changes to reduce fall risks at home

**WHO SHOULD ATTEND?** \*Anyone concerned about falls, \*Anyone interested in improving balance, flexibility and strength \*Anyone who has fallen in the past \*Anyone who has restricted activities because of fall concerns

Fear of falling can be just as dangerous as falling itself. People who develop this fear often limit their activities, which can result in severe physical weakness, making the risk of falling even greater. Many older adults also experience increased isolation and depression when they limit their interactions with family and friends. "A Matter of Balance" can help people improve their quality of life, remain independent and may also help to reduce the number of unnecessary emergency room visits as well as hospitalizations.

### Health Talks Presented by the Health Network Group & Guest Speakers

▶ **THURSDAY, JULY 25 @ 11:30**

**Understanding and Responding to Dementia Related Behaviors**



**Speaker: Michelle Crum—Alzheimer's Assoc.**

▶ **THURSDAY, AUGUST 22 @ 11:30** **Hepatitis—What is it and How do we Treat it.**



**Speaker: Hocking County Health Dept.**

**THURSDAY, AUGUST 29 @ 11:30 CHRONIC PAIN MANAGEMENT— Speaker, Jillian Kline—HVCH**

### **THE #1 EXERCISE PROGRAM FOR FIGHTING PARKINSON'S DISEASE**

Classes are held on Tuesdays & Thursdays from 2:30—3:30 pm. Classes are Free, ongoing, and participants may join any time.

The Class is dedicated to helping individuals with Parkinson's Disease (PD) manage their symptoms and maintain quality of life. *"It's a fitness program to help the participants feel like they have the power over the disease rather than the disease having control over them."*



The empowering results of the **Delay the Disease** exercise program can help participants: \*Move about with ease and confidence in a crowd. \*Get out of bed or rise from a chair independently. \*Improve handwriting. \*Dress independently \*Diminish worry that stiffness, slow steps and other symptoms are obvious. \*Re-gain a sense of moving with normality. Classes are taught by a Certified Instructor: Danielle Arnett, Exercise Physiologist



# Ways To Love Your Brain

**BREAK A SWEAT:** Engage in regular cardiovascular exercise that elevates your heart rate and increases blood flow to the brain and body. *Studies have found an association between physical activity and reduced risk of cognitive decline.*



**HIT THE BOOKS:** Formal education in any stage of life will help reduce your risk of cognitive decline and dementia.

**FOLLOW YOUR HEART:** Evidence shows that risk factors for cardiovascular disease and stroke—obesity, high blood pressure and diabetes negatively impact your cognitive health. Take care of your heart and your brain just might follow.

**HEADS UP:** Brain Injury can raise your risk of cognitive decline and dementia. Wear a seat belt and take steps to prevent falls!



**FUEL UP RIGHT:** Eat a healthy and balanced diet that is lower in fat and higher in vegetables and fruit to help reduce the risk of cognitive decline.

**CATCH SOME ZZZZs:** Not getting enough sleep due to conditions like insomnia or sleep apnea may result in problems with memory and thinking.

**TAKE CARE OF YOUR MENTAL HEALTH:** Some studies link a history of depression with increased risk of cognitive decline. Seek medical treatment if you have symptoms of depression, anxiety or other mental health concerns. Also, try to manage stress.



**STUMP YOURSELF:** Challenge and activate your mind. Build a piece of furniture, compete a jigsaw puzzle, Do something artistic. Play games such as bridge or Sudoku that make you think strategically. Challenging your mind may have short and long term benefits for your brain.

**BUDDY UP:** Staying socially engaged may support brain health. Pursue social activities that are meaningful to you. Find ways to be part of your local community. Join a local choir, volunteer at an afterschool program, teach a class at your senior center, or just share activities with friends and family.

## Appreciation & Service Award Presented by Marjorie Moore



Delmar (Porky) Columber

Leroy Vickroy

Marlene Riddle



Special Ambassador Award to the Late Carl Mallon  
Presented to his wife:  
Diana Mallon



## SCENIC HILLS SENIOR CENTER SERVICES



Scenic Hills Senior Center offers a Maintenance Service. Many older adults who want to remain in their homes find it difficult because of the inability to maintain their home due to cost or other factors. Some of the items we can do are minor repairs to a leaking faucet or toilet, change light bulbs, install handrails in the home, removal of tree limbs or obstructions that cause you from moving your vehicle.

You will be required to pay for the cost of any related materials needed to do the job. To qualify you must be 60 years old and live in Hocking County. Call us at 740-385-6581 to see about scheduling an appointment.



**OSHIIP**  
Answers to your  
Medicare questions

Scenic Hills Senior Center is proud to be an official site for Medicare Enrollment. Marjie Moore, Executive Director is a certified OSHIIP Counselor. Watch for open enrollment in October 2019.

- ◆ **NOTARY PUBLIC SERVICE:** Scenic Hills Senior Center offers a free notary public service. Please call ahead to make an appointment. 740 385-6581. You must bring a form of identification: Driver's license, Birth Certificate, Passport or ID issued by an employer.
- ◆ **TRANSPORTATION:** For Seniors 60+ years we offer In and out-of-county medical transportation to doctors appointments. This service is offered on a donation basis Advance Notice is NEEDED.
- ◆ **SENIOR NUTRITION CENTER:** Scenic Hills Senior Center is a Congregate Meal Site for the Meals-On-Wheels Program. They serve a well-balanced meal for seniors age 60+ Mon. thru Friday @ 11:00 am. **Please call HAPCAP at 740 385-6813 to reserve your lunch.**



**HOCKING HILLS**  
**BANKING CENTER**  
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**JJ Wright**  
Branch Manager

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Fax: 740.380.0443  
jj.wright@vintoncountybank.com NMLS#1133530

427 West Hunter Street, Logan, Ohio 43138  
[www.VCNBfamily.com](http://www.VCNBfamily.com)

## Hocking County Dementia & Alzheimer's Benefit Walk



### Walk to End Alzheimer's Benefit

**Saturday, July 6, 2019**

**@ Hocking County Fairgrounds**

12:00—2:00 pm.

Individuals or Teams Welcome!  
Registration Forms available at Tractor Supply, OSU Extension, Hocking Valley Feed Mill, 98.3 Radio and Scenic Hills Senior Center Office.



**FAIRHOPE**  
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**LOGAN** 96 W. Hunter Street, Suite B | 740-380-1186  
[www.fairhopehospice.org](http://www.fairhopehospice.org)

## TOUR TRIPS 2020

APRIL 19—25, 7 DAYS & 6 NIGHTS

**\$699.00 per person \* Double Occupancy DIAMOND TOURS**



### Amelia Island, St. Augustine & Jacksonville, FL

#### PACKAGE INCLUDES:

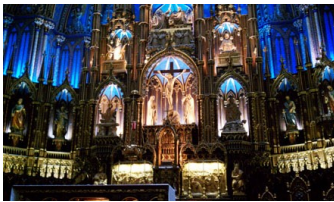
- ◆ 6 Nights lodging including 4 consecutive nights in Florida. 10 meals: 6 breakfasts and 4 dinners, Visit: Fountain of Youth, Kingsley Plantation, Narrated Cruise on St. John's River, Guided Tours of Amelia Island, St. Augustine and Jacksonville Visit Fernandina Beach, Dinner Party, Shop on your Own & More!!!

**CALL FOR A BROCHURE!**



### Montreal & Quebec City & Ottawa (Canada's Capital City) June 13—20, 2020 8 Days—7 Nights \$875 per person \* Double Occupancy

You must bring a valid U.S. Passport or U.S. Passport Card for this Tour.



#### PACKAGE INCLUDES:

- ◆ 7 NIGHTS LODGING  
5 nights in Canada,  
13 Meals: 7 Breakfasts  
and 6 Dinners



- ◆ Guided Tours of Montreal, Quebec City & Canada's Capital City—Ottawa, Visit to Notre Dame Basilica, Montreal's Underground City, a network of boutiques and restaurants & Ottawa's Parliament Hill

- ◆ Narrated Cruise on the Stunning St. Lawrence River, Visit the 1000 Islands Tower and more.

**CALL FOR A BROCHURE!**

### Atlantic City, New York City & Philadelphia September 19—25, 2020 , 7 Days—6 Nights \$779 per person \* Double Occupancy

#### PACKAGE INCLUDES:

- ◆ 6 nights lodging including 3 nights at an Atlantic City Casino Hotel, 11 meals: 6 Breakfasts, 1 Lunch and 4 Dinners. Guided Tour of New York City, See Rockefeller Center, Times Square, Wall Street Central Park and more!



- ◆ Luncheon Cruise aboard the Spirit of Philadelphia, Visit Atlantic City and receive a Casino Bonus! Free time to see the Liberty Bell and Independence Hall.

- ◆ Dine at a New York City Restaurant before heading to Atlantic City where you will check into a Casino Hotel for a 3 day stay.

- ◆ Cruise in style and comfort aboard Spirit of Philadelphia. Free time in Philadelphia. Visit the Hershey's Chocolate World in Hershey, PA!



## HAPPY BIRTHDAY TO OUR FRIENDS \* JULY & AUGUST

Dale	Brown	1-Jul	Glenn	Ward	18-Jul	Linda	Bailey	10-Aug
George	Brown	1-Jul	Annette	Harrison	19-Jul	Mabel	Rooker	11-Aug
Marty	Brown	1-Jul	Bette	Kitchen	19-Jul	Glenda	Nihiser	11-Aug
Suzanne	Stivison	1-Jul	Carl	Huddy	19-Jul	Anna	Glick	12-Aug
Darlene	Taylor	1-Jul	Judith	Cunningham	20-Jul	Shirley	Eberst	13-Aug
Jenny	Ditty	2-Jul	Kevin	Kerns	20-Jul	Crystal	Tubbs	13-Aug
Kathleen	Crisler	3-Jul	Frank	Nelson	20-Jul	Suellen	Wilder	14-Aug
Nellie	Harvey	3-Jul	Janet	Pritchard	21-Jul	Gloria	Gainer	14-Aug
Rick	Bandi	4-Jul	James	Esteph	21-Jul	Marty	Hanlin	14-Aug
Mona	Canan	4-Jul	Brenda	Frasure	22-Jul	Cathy	Kerns	15-Aug
Letha	Garrett	4-Jul	Dolores	McLain	22-Jul	Mary	Colliton	16-Aug
Bonnie	Hahn	4-Jul	Sharon	Robinson	23-Jul	Judy	Fisk	17-Aug
Debbie	Hinerman	5-Jul	Janet	Staten	23-Jul	Robert	Callendar	18-Aug
Charlotte	Shaw	5-Jul	Curt	Stivison	23-Jul	John	Graham	18-Aug
Coletta	Stump	5-Jul	Bob	Schrader	24-Jul	Ron	McPherson	18-Aug
John	Switzer	6-Jul	Merle	Conley	24-Jul	Kim	Stevelt	18-Aug
Larry	Auker	6-Jul	Rita C.	Fonticella	25-Jul	Glenna	Chapman	19-Aug
Myrna	Gabriel	7-Jul	Arleen	Fuller	25-Jul	Pamela	Everett	19-Aug
Linda	Sigler	7-Jul	Barbara	Cullison	25-Jul	Jean	Shaw	20-Aug
Rod	Glenn	7-Jul	Jerry	Largent	25-Jul	Teresa	Faulkner	21-Aug
Mary	Taylor	8-Jul	Christy	Eckhart	26-Jul	Debbie	Klinger	22-Aug
Joyce	Hunsaker	9-Jul	Dorothy	Pickett	26-Jul	Billy E.	McBride Sr.	22-Aug
Glenn	Klingenberg	9-Jul	Paul	Taylor	26-Jul	Bessie	Showalter	22-Aug
Monte	Amnah	9-Jul	Irene	Lawhead	26-Jul	Sharon	Monroe	24-Aug
Willa	Walters	10-Jul	Margi	Cole	27-Jul	Don	Thompson	24-Aug
Sharon	VanMeter	11-Jul	Connie	Hunter	27-Jul	Janice	Coakley	25-Aug
David	Giffin	12-Jul	Brenda	Cottrill	28-Jul	Lois	McDonald	25-Aug
Del	Norman	12-Jul	Kelly	Doyle	28-Jul	Darl	Derr	26-Aug
Sherry	Lehman	12-Jul	Charlotte	Johnson	29-Jul	Teresa	Johnson	26-Aug
Gay	Rhodes	13-Jul	George	Aurand	29-Jul	Lynn	Crouch	27-Aug
Larry	Eberst	14-Jul	Lelia	Browning	29-Jul	Patsy	Krannitz	27-Aug
John	Hill	14-Jul	Kenneth	Carpenter	29-Jul	Elaine	Pryor	27-Aug
Josiah	Hunsaker	15-Jul	Judy	Conley	30-Jul	Bea	Stallsmith	27-Aug
Jenny	Hutchison	15-Jul	Sharon	Wallar	1-Aug	Judy	McWilliams	27-Aug
Candy	Gastin	15-Jul	Sharon	Scribner	1-Aug	Janice	Reynolds	28-Aug
David	Moore	15-Jul	Lou	Waggoner	1-Aug	Karen	Carpenter	29-Aug
Irma	Spaeth	15-Jul	Dorothy	Hunt	3-Aug	Martha	Husten	29-Aug
Benny	Spencer	16-Jul	Ralph	Riddlebarger	4-Aug	Wilma	York	30-Aug
Sylvia	Rider	17-Jul	Bill	Helber	4-Aug	Helen	Daubemire	31-Aug
Dennis	Waggoner	17-Jul	Ray	Dennis	5-Aug	Carole	Nelson	31-Aug
Betty	Schlagle	18-Jul	Laura	Griggs	6-Aug			
Narcie	Stahr	18-Jul	Marjorie	Norris	7-Aug			
			Donald	Gable	7-Aug			
			Sheila	Wilson	8/7			



Executive Director: Marjorie Moore  
Phone: 385-6581 Fax: 385-3548

Loretta Kemper: Fiscal Officer/Program Supervisor  
Patty Sammons: Fiscal Officer  
Tina Koska: Event & Program Coordinator  
Brandy Stamper: Marketing/Educational  
Janet Blair: Marketing/Educational  
Nate Nelson: Building Supervisor  
Larry DeBerry: Building Maintenance  
Carla Smyers: Technical Support

Happy 4<sup>th</sup> of JULY



Let Freedom Ring...

**\*\*\*THE CENTER/BUILDING WILL BE CLOSED ON:  
THURSDAY, JULY 4TH INDEPENDENCE DAY**

**NOTE: The center does not open until 9:30 am on the FIRST THURSDAY each month**

**Appalachian Art and Craft Market**

This Art and Craft Market is a step above the average. Entering the door you are set back by the angled aisles and awesome grand staircase that leads to a large selection of primitive, country, and American crafts provided by over 120 independent vendors. Also the largest selection of Jim Shore in Southeastern Ohio.



**Sandra Ogle, Proprietor**  
26784 US 33 (at SR 374)  
Rockbridge, OH 43149  
**(740)380-9020**



Logan Care  
and Rehabilitation

MARK GRAY, ADMISSIONS DIRECTOR

P 740-385-2155      300 Arlington Avenue, Logan, OH 43138  
F 740-385-1789      lkennedy@logancareandrehab.com  
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