ACTION JOURNAL *for* WHY NOT KEEP UP WITH THE JONESES

...BEHAVING YOUR WAY TO SUCCESS

BRENDA A. WHITE

ACTION JOURNAL

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...behaving your way to success

Brenda A. White

CHOICES WITHIN, LLC

Houston

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This Journal Belongs to:

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HOW TO USE THIS JOURNAL

- Write your thoughts and takeaways.
- Write scriptures that resonate with you to help you memorize specific passages.
- As you read the scriptures in each chapter, write what God says to you and your response to Him.
- At the end of each chapter you will see a prompt to meditate and pray. Take several minutes to do so, and then write down what the Holy Spirit reveals to you during that time. Record your prayers, dreams and ideas.

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Chapter 1 - ALL ABOUT THE JONESES

Psalm 37 reminds believers to trust in the Lord and do good, live on your land and be dependable. Enjoy serving the Lord, and he will give you the desires of your heart. Depend on the Lord. Trust in him, and he will help you.

Chapter 1 - All About the Joneses

What's important to you?

What are you good at?

What do you really, really want? Did you seek God's help?

Why do you want it?

How do you go about getting what you want?

What could stop you from getting what you want?

What are the consequences of your actions?

Read I Corinthians 2:9 and write it three times in the space below

What did God say to you in I Corinthians 2:9? _____

What is your response back to God from I Corinthians 2:9?

Take a moment to meditate and pray over what you have read and discovered in this section. Write down what the Holy Spirit revealed to you. Record your prayers, dreams, and ideas.

Record the progress made by your actions.

Chapter 2 - DON’T ALLOW YOUR PAST TO BE AN EXCUSE

Our past shapes us and makes us who we are, but we need to know when to close that book. Resist dwelling on your past mistakes or beliefs that have limited your movement forward. Instead, speak the Word over any negative thoughts about past mistakes that may come to mind.

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