



THE WEEDERS DIGEST

ROLLING MEADOWS GARDEN CLUB NEWSLETTER

FEBRUARY 2020

GARDEN CLUB FEBRUARY 12

SOCIAL TIME 6:00 pm

MEETING 6:30 pm

ROLLING MEADOWS

GARDEN CLUB WEB SITE

www.rollingmeadowsgardenclub.org.



OFFICERS:

PRESIDENT – Carol Ohrn

VICE-PRESIDENT – Marie Soyka

SECRETARY – Carol Flemming

TREASURER – Ron Willer



ROLLING MEADOWS GARDEN CLUB

Our mission is to encourage the knowledge and love of gardening through educational meetings and field trips, and to contribute to the community through civic beautification, awards and annual events.

FEBRUARY BIRTHDAYS

Bob Wentz 2/17

Happy Birthday



**“WHAT GOOD IS THE WARMTH OF SUMMER WITHOUT THE COLD OF WINTER
TO GIVE IT SWEETNESS?” - JOHN STEINBECK**

PRESIDENT'S MESSAGE

Now that winter is rolling along, time to start thinking about changes we want to make in the garden this year. What didn't work last year? Well, try something new! In fact, we have already had our first Plant Sale meeting. We will surely be looking for something new or different.

Speaking of Plant Sale, we will be making our trip to Woldhuis to pick the plants on Thursday, May 7. So please plan ahead to join us on that date. Everyone who helped last year did a great job and we really need your participation and appreciate it. Anyone who didn't go with us, maybe this year you'd like to try it.

Another new addition this year to the Plant Sale will be a representative from Emerald Lawn Care to answer any questions about lawn or trees that our guests may have. Rob Banger, as a new Master Gardener, will be there to help the guests also.

So stay warm, stay safe on the ice, and just hunker down if you have to. Spring is around the corner!

Carol O.



COMMITTEES:

COMMUNITY SERVICE –

Includes but not limited to:
Farmers Market, Welcome Planters,
Mary's Garden, 4th of July Parade

EVENTS –

Outings, dinners & any other social event
other than regular meetings.

GARDEN WALK

COMMITTEES CONT:

HOSPITALITY

Refreshments & greeting cards

MEMBERSHIP

NOMINATING

PLANT & CRAFT SALE

PROGRAMS –

Monthly speakers or activities

PUBLICITY / MARKETING

SOCIAL EVENTS

February 28, 2020

Leap year! An extra day in February – it happens only every four years! Reason enough to go out for dinner and enjoy good food at REP'S Place. We'll meet at 6:00 pm, signup sheet will be passed around at the meeting.

MEMBERS NEWS

Bonnie Meyer will be having a long anticipated, serious leg/knee operation on Feb. 14. I know she would appreciate your prayers.

CONGRATULATIONS TO CAROL OHRN

CONGRATULATIONS to Carol Ohrn the 2019 recipient of the Beautify Mount Prospect Award. Carol was instrumental in coordinating the designation of a section of Illinois Route 14 in Mount Prospect as a Blue Star Memorial Highway honoring local veterans. The award will be presented February 1 at the Shining Stars Gala. The Shining Stars Awards recognize individuals and organizations that help make Mount Prospect a great place in which to live and work. The winners are selected by the Mount Prospect Special Events Commission from nominations submitted in the fall by members of the community. The categories cover a wide range of interest areas and are designed especially to seek out individuals who do things that often go unnoticed.



From Carol Flemming

THE PLANT SALE COMMITTEE IS ALWAYS LOOKING FOR NEW VENDORS FOR OUR PLANT/CRAFT SALE. SO AS YOU VENTURE OUT THIS SUMMER AND FALL, REMEMBER TO KEEP AN EYE OUT FOR NEW GARDEN RELATED VENDORS OR ANY VENDOR YOU MIGHT THINK IS UNIQUE AND GET THEIR BUSINESS CARD FOR US.

JANUARY SPEAKER REVIEW

Alderman Lara Sanoica gave a talk on the requirements for having chickens in our yards now that it has been approved. Having to have your property surveyed if it hadn't been done in the past five years was a surprise. The size of your yard and where you are located is another rule. They really made it very difficult and time consuming for anyone to get a permit but I think for a good reason. If it was too easy, a lot of people would try it and we would find a lot of unwanted chicken running around or not being cared for properly. There were a lot of questions and we found out that a few of our members grew up with chickens.



Lauren Galluci, a member of the "Citizens for Chickens", talked about the care of the chickens, the different kinds and brought two beautiful chickens with her along with their eggs. You barely heard them as they moved around their portable pen. It was just a soft clucking sound. She

did let them loose or they got loose but they didn't fly and a little girl guest was allowed to hold and pet one. It was just a nice casual and informative presentation.

FEBRUARY SPEAKER

"Are you still confused?" Program for the monthly meeting of the Rolling Meadows Garden Club. Meet Heidi Smith, founder and certified nutrition health coach with the Integrative Wellness Studio and learn how the humble hemp plant has grown into a booming \$ 22 billion business. She will explain the difference between CBD and marijuana, the benefits of CBD and how to find products that work.

MONARCH BUTTERFLY NEWS



Some years ago there was a program to plant flowers and milkweed along the highways. I really objected because I thought the fumes from the cars would coat the vegetation and sicken the butterflies and caterpillars, and because Monarchs are low fliers, especially when they are looking for nectar or a place to lay eggs. Planting flowers and milkweed along the roads would only get them killed especially during migration time. My negative opinion, which was shared by others, was not appreciated. My cousin, who lives in Texas, sent me an article from the Houston Chronicle Nov. 11, 2019 – “Researchers work to prevent deaths of Monarch butterflies on highways. Millions of Monarchs die on the state’s highways as they collide with vehicles while flying low.” The Texas Department of Transportation’s Research and Technology Implementation has been issued a grant to study and identify the locations.” They could have saved their money. I guess they forgot that Lady Bird Johnson had all the major roadways beautified by planting them with flowers. I saw it and it is beautiful and a few other states did the same but flowers attract low flying butterflies especially when they are migrating. Shirley

FEBRUARY GARDENING

For those that can’t wait until it is time to start working the garden outside, there is the



option to start planting indoors even in Feb. Some plants from seed need a long time to mature enough to plant outside. Herb gardens can produce certain usable herbs indoors. You can get a head start on your annual flowers or vegetables and have them garden ready. Some perennials, if started early, can flower the first year. Whatever the reason, it can just be satisfying to see a seedling pop out of the soil. You can start them on a window sill in the sun but planting under florescent lights is more reliable because you have control over the light

and the temperature. I know people that have success both ways. If you are new to it, there is a lot of information on the internet, seed packets and from your gardening friends who are willing to share their experience. The photo is milkweed seedlings that germinated on 1/26.

Shirley

Hello everyone,

Just a reminder that the **Garden Clubs of Illinois, District 9 Luncheon** is March 10, once again at the Cotillion.

Cost is \$39.00, minus \$10.00 paid by our club = \$29.00

Please let me know if you are interested in attending or would like more information.

Carol O

Bahhh! Winter doldrums! We may not be able to enjoy too many plants now because of our climate but you can enjoy houseplants. Having houseplants and other greenery around us helps us feel more relaxed, especially us gardeners! Studies show that houseplants release oxygen in the air and helps purify the air we breathe.

You can decorate your space using houseplants as you would an accessory. Be aware of the amount of light you have available in that space. The majority of us have very low light levels in our homes. Some low-maintenance plants are the following:



Arrowhead plant-It is fast growing and has spade like leaves. As it ages, it can produce trailing or climbing stems which can be kept in check with a simple trim. This plant also goes by the name Goosefoot, Syngonium or Nephthytis.



Pothos-This plant may have variegated leaves and they are heart shaped. The best part, is that they are very forgiving if you forget to water them!



Dieffenbachias-This plant also goes by the name of Dumbcane or Leopard Lily. They are perfect for a corner as they can grow a little taller and fuller as time goes by. **This plant must dry out between watering!** The demise of this houseplant is usually because of overwatering.



Sansevieria-Also known as St. George Sword, Snake plant or best of all Mother-in-law tongue. This is a very hardy plant that is hard to kill. Long spikey, sword like leaves are sturdy and upright. Perfect plant for a corner or on the floor. I have this plant, and neglect it terribly and it is still growing strong!

“This week at Yale Environment 360, journalist Jim Robbins examines the growing body of research pointing to the beneficial effects that exposure to the natural world has on human health. Numerous recent studies show that time in nature is an antidote for stress — lowering blood pressure and stress hormone levels, reducing anxiety and nervous system arousal, enhancing immune system function, and increasing self-esteem. “Nature is not only nice to have, but it’s a have-to-have for physical health and cognitive functioning,” says one expert. Now, policymakers, employers, and healthcare providers are increasingly considering the human need for nature in how they plan and operate.”

HERE’S WHAT’S HAPPENING IN OUR AREA



- Jan. 7 Tuesday ROLLING MEADOWS ENVIRONMENTAL COMMITTEE
Meeting every first Tuesday of the month at 6:30 pm on the second floor in City Hall Room 230. You do not have to be a member to attend and all ideas are welcome. You can also visit them on Facebook.
- Feb. 29 Saturday TASTE THE TOWN 6:00 – 9:00 pm – community Center, 3705 Pheasant Drive

Did you know the Library has a program where they will deliver books to your home?



MEMBERSHIP RENEWAL DUE



MembershipForm20
20.xlsx

Membership renewal fees are due in January 2020. Please fill out the attached membership form and return it to Shirley along with your check made payable to Rolling Meadows Garden Club, \$15/individual or \$27/couple. You can either bring both to our January meeting or mail to Shirley Weismann at 3215 Dove Street, Rolling Meadows, IL 60008.

PHOTO CONTEST RULES

Each newsletter will have a photo of somewhere or something in Rolling Meadows.
Once you have identified exactly where this photo was taken, email or call Carol Ohrn with your answer before our meeting that month.

Your correct answer will enter you into the drawing. If you answer every month you will have 12 chances to win!

The winners will be drawn at our 2020 Christmas party.

1st place \$100.00

2nd place \$75.00

3rd place \$50.00

And some additional runner up prizes!

You can't win if you don't play!



RM - a community for all ages! Where is this playground?