

Triangle North Healthcare Foundation Awards Grants for Local Health Impact



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Triangle North Healthcare Foundation's Board of Directors has awarded 17 grants to 15 organizations totaling \$784,185 for the 2023-2024 grant cycle. The grants will support programs designed to positively impact health throughout the four-county region.

Since beginning grantmaking in 2013, the Foundation has invested over \$4.6 million in funding for programs to improve health in the four-county region, which includes Vance, Granville, Franklin, and Warren counties.

"Through our grants to local partners, we are investing in programs that will help fulfill our mission to improve health," said Tem Blackburn, Interim Executive Director, for the Foundation. "Our hope is that these grant awards will result in healthy outcomes for children and adults in the four counties we serve," Blackburn said.

Grants awarded this year include programs that will provide a broad range of approaches for improving health -- programs that heal and support victims of trauma; programs that teach and promote healthy lifestyles; and programs that provide care, treatment, and support for those with addiction disorders. "In all of our grant programs, health and wellness are at the heart of what they do," Blackburn said.

Recipients of the 2023-2024 TNHF grants include:

Boys & Girls Clubs of North Central North Carolina - *Triple Play*, a three-component health and wellness program for youth ages 6-18.

Edmonds Tennis and Education Foundation - *ETEF Youth Internship Program*, will train youth, ages 15—18 years of age, in all aspects of planning and promoting a non-profit organization.

Granville Vance Public Health - *CFFD-Tooth Club*, a program to address and correct oral health issues among students enrolled in Vance County Schools, Henderson Collegiate, and Vance County Head Start.

Henderson Collegiate – *Tele-Health Program*, an onsite tele-health program in partnership with a telemedicine provider to address health concerns during the school day.

Henderson Family YMCA – *Safety Around Water*, in partnership with Vance County Schools a fundamental water safety skills class for all 2nd grade students.

In a second program, *Youth Development Camps*, the YMCA will provide year-round after school and summer recreational opportunities, arts and crafts, STEM activities, cultural opportunities, physical and nutritional instruction, and other related activities.

Legacy Human Services – *ARC Mens' Dental Program*, will provide men recovering from addiction with dental care and treatment to restore their health, well-being, and self-confidence.

Life Line Outreach, Inc. - *Funding for Life Line Inc.*, funds will be used to upgrade existing services for abused and homeless women and children; to provide improved access to educational, medical, and social services to residents and to provide recreational opportunities for resident children.

NC MedAssist – *Health Equity for Granville, Franklin, Vance, and Warren County Residents*, will continue to provide free prescription medications for low income and uninsured individuals via mail order. In addition, two over-the-counter medicine giveaway events will be implemented in 2024 in the TNHF region.

S.a.M. Child Advocacy Center - *Child Forensic Interviews* – provides a centralized, child-centered method of investigation that reduces the risk of trauma to children who are victims of abuse or witnesses to violent crimes. With an interdisciplinary team of professionals located in one, child-friendly location, this program provides

Our Mission

To encourage, support and invest in quality efforts that measurably improve health in the Triangle North Region.

Our Vision

To live in a healthy community.

Our Focus Areas

The Foundation gives priority to grant projects that will have a positive impact and improve health in these priority areas:

- Child Well-Being
- Chronic Disease
- Mental Health & Substance Abuse
- Nutrition & Physical Fitness
- Reproductive Health

2024-2025 grant cycle opens early 2024. Contact us to discuss your grant ideas, 252-430-8532. Go to the Foundation's website, www.tnhfoundation.org to review our grant making policies, funding priorities and eligibility requirements.

an important component of a comprehensive child abuse investigation. The program also offers opportunities for healing for the child and non-offending family members.

Shepherd Youth Ranch – *Trail to Success*, provides skill building for youth suffering from grief, loss, abandonment, and abuse. Participants enter an intensive 24-week program, which consists of weekly group and monthly family sessions in a unique program that uses rescued horses to help with therapy.

Triangle Residential Options for Substance Abusers, Inc. (TROSA) – *Long-term Substance Abused Recovery for TNHF Residents*, a two-year residential recovery program with treatment, education, vocational training, and health care for residents of the Triangle North region who suffer from alcohol and substance use addiction, free of charge.

Turning Point Community Development Corporation – *Creating Success Education Center-Out-of-School Time Programs*, after school and summer programs that provide academic support, social-emotional learning, physical activity, and social and cultural enrichment opportunities to school-aged children. The Summer Learning Program offers full-day programming for 6 weeks to prevent summer learning loss using a variety of instructional and experiential methods.

In a second program, through *Produce Box and Prepared Meal Food Distribution*, Turning Point CDC will provide food distribution to low-income seniors and families including access to fresh produce and locally sourced protein twice a month for ten months.

Vance Charter School – *Vance Charter School's Remote Area Medical Clinic*, a two-day remote area medical clinic providing no cost medical, dental, and vision care services in the Spring of 2024.

Vance County Schools – *VCMS Healthful Living*, an after-school program at Vance County Middle School providing a daily fitness program, nutrition and wellness support, introduction to a variety of sports, and mindfulness of self-care for participants.

Warren County Memorial Library - *Wellness in Warren*, a program to provide intergenerational nutrition and physical fitness programs to Warren County residents using a Charlie Cart, a mobile food preparation station, and local agency experts to teach classes that promote health and wellness.

All grant programs fall into one or more of the Foundation's five focus areas, which include Child Well-Being, Chronic Disease, Mental Health and Substance Use Disorder, Nutrition and Physical Fitness, and Reproductive Health.

TNHF Awards Two \$10,000 Scholarships

Triangle North Healthcare Foundation's Board of Directors has awarded two \$10,000 scholarships to individuals currently working in health care and currently enrolled in health degree programs for associate degrees or higher.

The scholarships program launched in January and awards were made in February. The recipients met the following requirements:

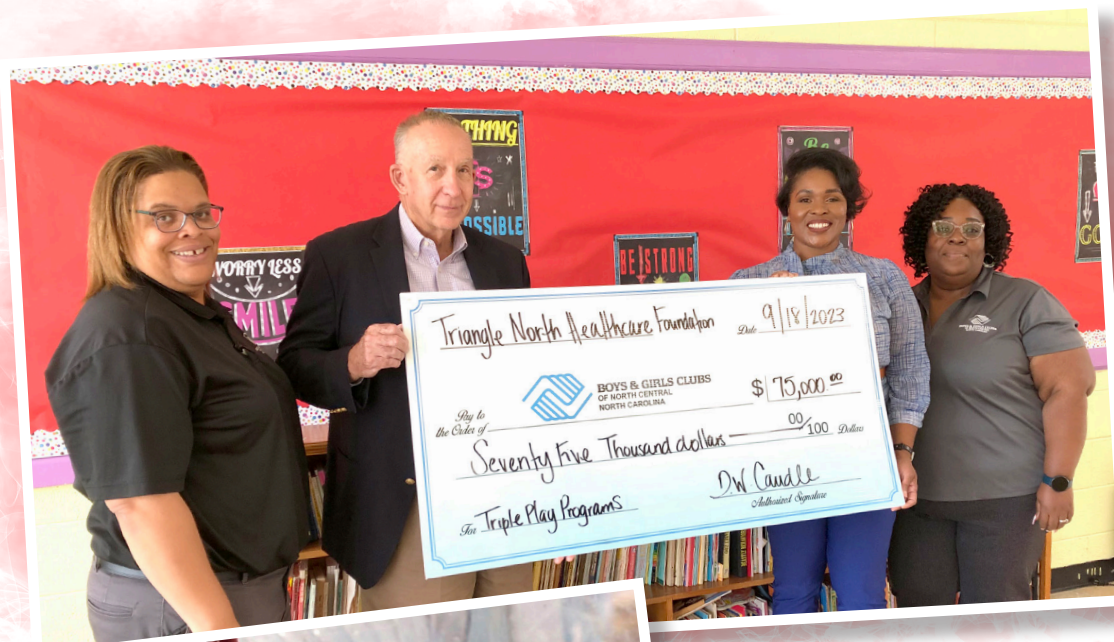
- Currently employed part-time or full-time in a health-related position.
- Currently enrolled in a health-related degree program at an accredited college or university, pursuing an associate degree or higher.
- A minimum unweighted GPA of 2.5.
- Preference was given to applicants living and working in Franklin, Granville, Vance, or Warren counties.

Scholarships were awarded to:

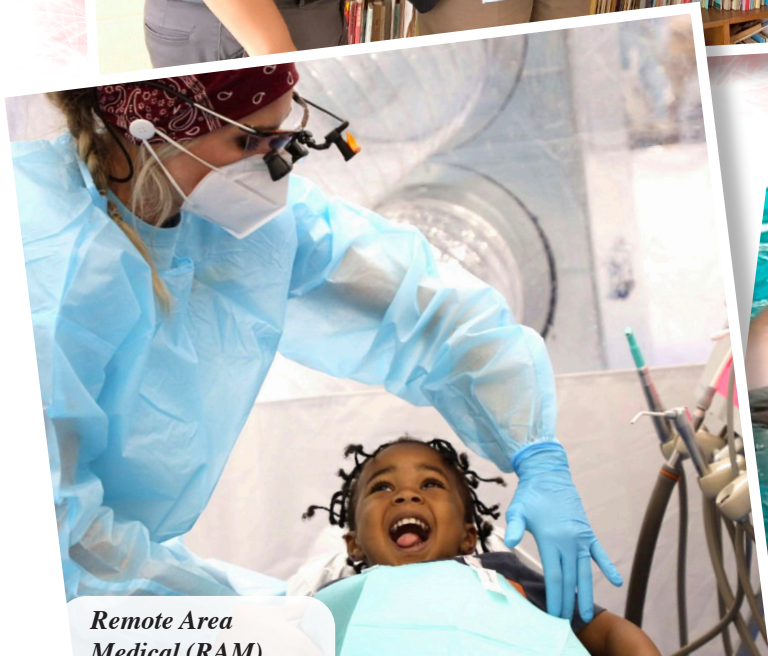
Holly Hilliard, who lives in Henderson and works at Maria Parham Health-Franklin, as a Psych Tech 1. She is pursuing a Doctor of Occupational Therapy at Baylor University.

Justin Preddy, who lives in Granville County and is a Compliance Captain with Franklin County EMS, is pursuing a Master of Health Science degree at Western Carolina University.

Funding for Triangle North Healthcare Foundation's scholarship programs is made possible through a gift from the estates of Dr. Andrew and Felcie Newcomb.



Boys & Girls Clubs of North Central NC will use grant funds to support Triple Play, a health and wellness program for youth, ages 6-18. Pictured (left-right) Evelyn Taylor, Vance County Unit Director, Tem Blackburn, TNHF Interim Executive Director, Jacqueline Robinson, Interim CEO Boys & Girls Clubs Of North Central NC and Tomeka Brown-Burwell, Vice-President Of Programs for B&GCNCNC



Remote Area Medical (RAM) Clinic to be held at Vance Charter School in the Spring of 2024 provides a variety of no cost healthcare Services, including dental.



Safety Around Water, a fundamental water safety skills class for all 2nd grade students is offered by the YMCA in conjunction with Vance County Schools.



Turning Point CDC will provide food distribution to low-income seniors and families including access to fresh produce and locally sourced protein

Duke Undergraduate Students Lead Remote Area Medical Clinic (RAM)



Duke University undergraduate students, Saajan Patel and Anvi Charvu, serve as Co-Presidents of the Duke Remote Area Medical Clinic (RAM) to be held at Vance Charter School on February 17 and 18, 2024. The extensive efforts necessary to recruit medical professionals and volunteers, stage the clinic, provide support and hospitality for the out-of-town volunteers, and publicize the event are coordinated by RAM club members led by Saajan and Anvi. In 2023, over 2 days of the event, 190 volunteers served 230 patients and provided \$186,000 in free medical, dental, and vision care. Thirty-six medically licensed volunteers provided a range of services. Dentists, oral surgeons, and hygienists performed 92 full tooth extractions and 30 cleanings. Optometrists performed complete eye health exams and distributed 140 unique pairs of prescription glasses, given to patients the same day. For many patients, the RAM clinic is their first time seeing a medical professional in years and many children received medical exams for the first time. In addition to free care, 12 community resource booths provided patients with additional healthcare resources. Patients received free opioid reversal kits, as well as education on substance abuse, mental health, and dental hygiene. Representatives from the NC Navigator Consortium helped uninsured patients register for Medicaid. The Food Bank of North Carolina and Duke organization, Root Causes, distributed more than 500 pounds of fresh and healthy produce (watermelons, eggs, cherry tomatoes, zucchini, and more). For patients who were not seen or that suffered from longer-term chronic conditions, a range of follow-up care options was provided. More than a dozen private practices, health departments, and regional hospitals were identified to provide free or reduced cost care for patients after the clinic. Vance Charter School is honored to host the Remote Area Medical Clinic for the third straight year. "This is a great opportunity to help meet the needs of many people who are in need of medical and dental care. This service does not require the patient to have insurance and is completely free of charge. Me and my Board of Directors couldn't be happier to assist our community and state in such an important way," stated Vance Charter School Principal, Brian Mathis.