

<http://www.nami.org>

<http://www.namihelps.org/support/crisis-resources.html>

<http://www.mentalhealthmn.org>

<http://www.nimh.nih.gov/health/find-help/index.shtml>

<https://www.mentalhealth.gov>

<http://www.samhsa.gov>

<http://www.mentalhealthamerica.net/finding-help>

<http://www.suicidepreventionlifeline.org>

<http://psychcentral.com/helpme.htm>

<http://www.suicide.org/hotlines/minnesota-suicide-hotlines.html>

<http://www.mentalhealthmn.org/find-support/resource-list/crisis-lines>

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