



Coach: John Von Klopp
Club: Academy
Role: Coach
Qualf: USSF Youth (United States)

1v1 COD Tolls To Goals 1



Date: 15/Jan/2022

Measurement: 10 x 10

Time: N/A:N/A

Players: 0

Duration: N/A

Level: U8 - U18

Objective:

Description:

Teams do not need to have even numbers. (Makes players face a different opponent with odd numbers) Two teams & the server are on the goal line. Goal is facing into the field and players have multiple challenges to get a goal. #1 challenge is changing speed and controlling the ball when arriving to it. #2 is first player to the ball has pressure on their back. #3 the players must bring the ball through one of the gates before going to goal. This setup gives many reasons to & encourages Change Of Direction. Players change sides for a different angle.

Coaching Points:

Progression:

- Add one player to one team. (2v1) - Only the two must go through the gate. - The two in 2v1 must make a pass before or after going through a gate.