



Kiddos Academy

January 23rd to January 27th



Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30 8:30	<ul style="list-style-type: none"> ✓ Scrambled Eggs with Cheese ✓ WG Buttered Toast ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Turkey Sausage, Egg White & Cheese ✓ WG English Muffin ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Egg White and Turkey Sausage Flatbread Sandwich ✓ Pears ✓ Milk 	<ul style="list-style-type: none"> ✓ French Toast with Fresh Strawberry Chunks ✓ Milk 	<ul style="list-style-type: none"> ✓ Blueberry Bagels with Cream Cheese ✓ Banana ✓ Apple Juice ✓ Milk
Lunch 11:00 11:30	<ul style="list-style-type: none"> ✓ Chicken & 3 Cheese Mini Tacos ✓ Refried Beans ✓ WG Rice with Mixed Vegetables ✓ Apple Sauce ✓ Milk 	<ul style="list-style-type: none"> ✓ Beef & Cheddar Wraps ✓ WG Rice Mixed Vegetables ✓ Strawberry ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken and Cheese Ravioli ✓ Corn ✓ Garlic Bread ✓ Pineapple ✓ Milk 	<ul style="list-style-type: none"> ✓ Turkey & Cheese with Lettuce & Tomato Sandwich ✓ Pasta Salad ✓ Pears ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken and Cheese Taquitos with Cheese Dip ✓ WG Rice ✓ Mixed Fruit ✓ Milk
Snack 2:00 2:30	<ul style="list-style-type: none"> ✓ Breaded Mozzarella Sticks ✓ Orange Juice ✓ Milk 	<ul style="list-style-type: none"> ✓ Organic Fruit & Veggie Snack Pack ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Chex Mix ✓ Mandarin Oranges ✓ Milk 	<ul style="list-style-type: none"> ✓ String Cheese ✓ Ritz Crackers ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Yogurt ✓ Goldfish ✓ Pears ✓ Milk
Dinner 4:00 5:30	<ul style="list-style-type: none"> ✓ Goulash ✓ WG Garlic Bread ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Birds Eye Garlic Chicken ✓ Honey Wheat Rolls ✓ Tropical Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Beef and Bean Burritos ✓ WG Rice ✓ Apple Sauce ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken Alfredo ✓ Green Peas ✓ WG Toast ✓ Peach ✓ Milk 	<ul style="list-style-type: none"> ✓ Meat Loaf ✓ Green Beans ✓ WG Rolls ✓ Pineapple ✓ Milk

Notes:
