

THE

NOVEMBER 2016

ROADRUNNER REPORT

FIGHT

The ~~Right~~ To Vote

**THE ELECTION
ISSUE:**



LETTER FROM THE HEART

“I WILL WIN THE FIGHT!”

Dear Interstate 35 Roadrunner Friends and “Family”,

“Thank You” is not strong enough for how we are feeling right now!! Randy and I have always known what an AWESOME school district we chose to be a part of, but we now know the true meaning of these 5 words, “You’ll never feel so loved!” We have been overwhelmed by the support we have received since my diagnosis of Breast Cancer on the 1st September. We feel much LOVED and we appreciate all of the strength we have been receiving from all of you!

First of all, we would like to thank our classrooms of students!! Randy has amazing kids at the HS level who have given him support and he has shared the love they have given me by crying, smiling, and even applauding at the various stages of news that he shares with them. His JH Football players are stupendous! There is always someone asking how I am doing and giving him support. My 5th Graders are all wonderful givers of strength and happiness!! I have received cards, candy, water bottles, candles, bracelets, flowers, meals and many handmade cards and gifts from them. The parents of all the levels of students have contacted me with messages and inspirational cards. I don’t think a day has gone by where I have not had contact with someone!

Next, we would like to thank this FANTASTIC group of co-workers and administrators that we have on our side during this “fight!” They have given many, many types of support! I won’t list everything, but just know.....all you have done for us is SO VERY MUCH appreciated!!! Some of you contact us every day....just to check in. We LOVE that!! Every single thing you do for us gives us strength and keeps us going! We would not get through this process without you all!!

Last, but certainly not least, a HUGE “thank you” goes out to the Interstate 35 Community! We have so many past students, (I guess when you are here over 30 years it does happen.), who have send inspirational cards and messages.....we are overwhelmed!! Many have stopped to visit, brought a meal or gift, or just sent a text, email, or FB message. The volleyball team wearing pink shoelaces and the football team wearing pink tape with “NC” written on in black ink was a terrific show of support!! This is the wonderful community we live in!!!

As I move forward to the next step of radiation, I know the support and love will continue! We chose the I-35 community years ago; and have stayed because of the people!! Thanks so MUCH for being there!! Believe me, “We have never felt so loved!!”

HUGS to YOU ALL!

~Nancy and Randy Calvert

Desman Oakley: Dedicated Educator, Athlete, and Humanitarian

The rural villages of Mali; Busua Beach, Ghana; Havana, Cuba; the war-torn jungles of Cote d'Ivoire; and halls of Interstate 35 High School are just a short list of places Secondary English teacher, Desman Oakley, frequents.

Desman Oakley, now a teacher at Interstate for nine years, discovered his interest in teaching in a rather organic way. Despite his mother also being an educator, the ultimate decision to pursue a career in education was inspired by one experience.

"When I was in the Peace Corps for two years, I did a lot of teaching of English to non-English speakers and really enjoyed that process," explained Oakley. "Just by some of the results and reactions, I thought, 'when I come back to America, that's what I wanted to do to'"

While in the Peace Corps, Oakley spent his time in the countries of West Africa, under the title of Water Sanitation Engineer. He worked in alliance with engineers creating wells and drainage systems in order to

provide sanitary water for entire villages. In addition, while in Mali, he helped create more hygienic conditions in villages by collecting trash with a donkey cart in garbage cans from a grant.

Though very much influenced by his tenure in the Peace Corps and his time overseas, Oakley is at home in south central Iowa. Oakley went to Indianola High School where he was an exceptional football and track athlete. "I've got the record at Indianola for 110 high hurdles," said Oakley. "I broke [former MLB player] Casey Blake's record and he's got a gym in Indianola so I'm thinking maybe one day ...," remarked Oakley in a humorous nod to the City of Indianola.

After High School he continued to participate in both sports at Augsburg College in Minneapolis. Oakley studied to receive a major in English. His studies at Augsburg led him to the Peace Corps when he had the opportunity to take a term abroad his senior year to Havana, Cuba.

"After I left there, I knew I

had to go internationally, it was the first time I had gone to a different country it was amazing," said Oakley. "I just thought that I had to do it."

Oakley's innate love for travel and understanding of other cultures has truly shaped his teaching philosophy.

"I've been pretty well traveled. I've met a lot of people from outside of the United States. I've traveled to a lot of different countries. I've seen a lot of different cultures. My goal is to let people know that differences in cultures and differences in people exist out there and you need to be able to communicate with all those people," Oakley said. **"When I got into teaching, my main reason was to try to make better citizens of the country. [Making students] more knowledgeable, more aware, better members of society,"** explained Oakley. **"Some people might try to be principals or superintendents, but I want to be here with the students."**

Written by Nick Ellis

ACADEMIA

National Honor Society

Sydney Nelson, Reporter
Thursday, October 13, 2016

TRURO-The Interstate 35 High School's National Honor Society is known around the school for being "the smart kids", but it is evident that they are much more. The students involved in the National Honor Society are not only just smart, these students show the characteristics that demonstrate the four National Honor Society Pillars of service, leadership, scholarship, and character.

"NHS only accepts applications from students with a GPA of 3.5 or higher, and they have to show all the four pillars," stated NHS Sponsor, Stephanie Good.

National Honor Society is a very prestigious and time-honored club. The NHS was founded on July 5, 1948 in England. The NHS is in every state and in a few select countries such as England and

even in Spain. The NHS Sponsor Stephanie Good was involved in National Honor Society when she was in high school, so Mrs. Good has some great ideas for activities this year.

"I want to see the NHS members excel this year. I want them to get excited for helping out their community, and I want them to become a cohesive group. I have many activities in mind for this year; fundraising, community service projects, helping out the student body, and of course, some fun things to do for the members," said Mrs. Good.

"We will be doing our blood drive in the spring on March 28, 2017; but this year, we are also going to do one on November 7, 2016. We chose to do another blood drive because it is very popular with the student body, and with the people around the community. We plan to hold an outdoor movie night sometime this fall as well," stated Mrs. Good.

As far as it goes for the student body, NHS members usually do small things like gratitude gobblers, or candy canes to be sold during lunch.

Another helpful activity they do is the NHS Study Breakfast. The teachers come into the school after school hours and students study for subjects they need help with before the impending semester tests. The teachers are there to help with any questions. And student are offered a delicious breakfast in exchange for their studying. While students are studying, the NHS members cook the breakfast for the studiers.

A few weeks ago, the high school students attended the NHS Induction Ceremony, when 15 new members were inducted into this year's 2016-2017 NHS group. That expanded the I-35 Chapter to 33 members. The chapter was very excited to add these new members, with their diverse gifts and talents that they will add.



The 2016-2017 National Honor Society Chapter

THE ELEMENTARY PHENOM

Cale Moore, or “Mr. Moore”, as he goes by at Interstate 35 CSD is becoming widely known throughout the halls of the school, because of his enthusiastic personality and great teaching methods. Mick Schaffer, a fellow lifting buddy of Mr. Moore’s described him best, “hard-working.” Some other words he went on to use were “lovable, and Kind-hearted.” Even though Mr. Moore is an excellent teacher right now this was not always his dream growing up. When he was younger he strived to be a professional baseball player and to play in the MLB, he also wanted to help out other people and explore the firefighting career. It wasn’t until his sophomore year of highschool that he realized teaching was his calling. Mr. Moore went to Mormon Trail High School. When asked about why he chose the teaching profession he stated, “all the way through my highschool career I was involved in big brothers and big sisters (program for elementary students to hang out with highschool students such as taking them trick or treating

or something) and I realized how rewarding working with kids was and how good at it I was so I decided to make a career out of it.” He also said he was thinking about when he had kids his schedule would be the same as theirs so he liked that part of it. Mr. Moore went to Indian Hills Community College in Ottumwa for two years before finishing out his college career at Graceland University. After college Mr. Moore got a job as a carpenter right away, then 3 months later he was led to I-35. Mr. Moore was led to Interstate from a variety of reasons. His cousin Zach Moore graduated from Interstate 35 in 2010 so he was always hanging out here, this led him to grow a love for the community and the school district. He was also lucky enough to get a student teaching job at the school and then a job became open and they hired him. Mr Moore has been a 5th grade teacher at the school for 2 years now. Jenna McCuddin; one of Mr. Moore’s students stated that, “He’s really fun.” “He’s nice and Jokes around with us, and

he also lets us do really cool stuff.” When Mr. Moore is not in the classroom inspiring children you can find him doing just about anything sports related. Some of his favorite hobbies include playing basketball, slow pitch softball, and spending time on the golf course. He also enjoys playing video games, “no, i’m not ashamed of it” and hanging out in the weightroom with high schoolers. When asked to describe Mr. Moore, Mick Schaffer stated that “he is always willing to go the extra mile and help us when we need it.” While some teachers it make take a while before they have built up a great reputation, but with Mr. Moore he has already managed to make a great name for himself through his bold and colorful personality. His kind hearted personality and willingness to help others does not go unnoticed whether the student be in elementary or high school. There is no doubt that Mr. Moore’s legacy at Interstate 35 is already off on the right track.

Written by: Brennon McCuddin

Mrs. Murphy's Class

Preparing for the Future

Zac Willey, Reporter
Wednesday, October 12, 2016

Ms. Murphy's preschool classroom is already off to a good start on the school year. Their classroom is made up of 20 students (10 boys and 10 girls) and they are ages four and five. 'It's a decent sized class that allows me to give each student the correct time and attention,' says Ms. Murphy. Before Ms. Murphy taught preschool at Interstate 35 she taught 1st grade at Southeast Polk for five years. She then took a break for 9 years from teaching to spend time with her children, but decided to continue her career in education at Interstate 35 in her 1st year. She Ms. Murphy states that she loves

what she does because she gets to see the lightbulb light up in the kids' heads and is able to see them form friendships. Friendship is part of a skill that the preschoolers develop that prepares them for years to come. By making and talking to friends they learn communication, and by coming together to do activities they learn how to work alongside others.

Charlotte Hutton a preschool student says, "That her favorite part about school is playing team at recess." This shows that the skills they develop in the classroom transcends out into other places including the playground. Since school has started they have gotten familiar with everything including rules and routines, which includes their opening, free choice, two

recesses, lunch, naptime, and finally small groups skills. They have also studied trees and their uses, and have begun to learn about fire safety. Their unit on fire safety includes making firefighter hats and they get to tour the inside of firetrucks, which is one thing the majority of students always love to do. Ms. Murphy informs, "They have also begun to learn/ develop the skills of following directions and letter recognition." Ms. Murphy's preschool classroom may be full of rambunctious little ones, but these little ones that are taking their first steps into developing the skills that will result in a proper foundation. This foundation is set for the learning that will take place during their many years in schooling.



WARMING YOUR WINTER

Step 1



Clear your area and use a fire barrel, or fire ring.

Step 2



Put your fire starter or other method in the middle, covering it with kindling leaving an area to insert the match. Gather your kindling and fuel so you are ready to light your fire.

Step 3



Light the match near the fire and insert it in the area you left open. You may need to blow slowly on the fire to give oxygen to the fire.

Step 4



As you get more flame and heat you can add tinder.

Step 5



As the fire gets larger and hotter you can add the fuel. Fuel can be added continuously depending on the length of time.

Step 6



When you are done with the fire you can either let it go out or douse it in water. The fire is dead when there is no heat and no smoke.

Fire safety is crucial in the winter months as more and more people are utilizing fires for warmth. A safe fire is a contained fire. Fires need to be built in areas away from anything flammable or combustible. Fire safety comes first, always. Personal safety and containment are most commonly overlooked.

The size of the fire is another safety factor that needs to be considered before building a fire. What the objective of the fire is, whether it is for cooking, enjoyment, or eliminating debris determines the size of the fire. When putting out a fire, there are things you need to do to ensure that you and the people around you are safe, as well as your property. Pour water over the fire slowly in order to put it out safely. The fire is dead when there is no heat or smoke.

There are differences between sizes of wood and when to use them when building a proper fire. Kindling is small shavings of wood or sticks that are less than two inches. Tinder is larger sticks used after the fire is going, between 2-12 inches. Fuel is logs that will keep the fire going for a long period of time. You use kindling, tinder, and fuel in that order. There are some fire starters that work better than others to build a fire. It really depends on how wet the wood is. Fire is a great thing, but it needs to be dealt with in a proper way. Winter is just around the corner and we hope this article will help you have a warm and safe this winter.

Written by Trevor Thornburgh

THANKSGIVING SURVIVAL

Survival of Thanksgiving Dinner

Gracey Griglione, Social Media Editor

Monday, October 17th, 2016

Seasons have come and gone, temperatures have risen and lowered, and we have made it back to every teenager's most dreaded time spent with family: Thanksgiving break. There is always an undeniable amount of awkward hugs and handshakes from your most distant cousins that you even know you had, your inappropriate uncle asking if you brought any of your friends with you, and your grandma wanting to know if you finally figured out what you want to do with your life, with the answer being a positive outlooking no. Mix that in with an unhealthy amount of corny jokes, overcooked turkey, and too many pairs of spandex pants to count, can make it seem nearly impossible to survive the fourth Thursday of November. Don't fret, with these three simple steps you can return from break with only a few slight hits to your self-esteem.

1. Come to dinner with a purpose and a goal.

Don't be afraid to set your goals high, such as 10 slices of turkey instead of 5 like last year. When you have a purpose, you don't let little things get in your way like the never-ending, annual question of "Have you decided to what you want to do with your life?" Shut that down with a subtle answer of "I'm here for the food."

2. Make a resume, specifically for Thanksgiving,

of everything you have accomplished in the past year. For instance, I ate a Costco size box of 56 Rice Krispies Treats in two weeks time, binge-watched 6 seasons of *The Office* on Netflix since the semester has started, slept through endless alarms, just list anything that you are remotely proud of. Distribute these to all family members before the Q&A's start up.



3. Always remember, practice makes perfect.

You can't go into this annual event unprepared. Practice a simple smile for every reply. This means less words and more time to eat. No matter how many smart remarks are directed towards you, just shove another piece of turkey in your mouth and smile in the direction to where the remark was coming from. If you are planning to achieve a greater goal, such as how many pieces of pumpkin pie you can shove in your mouth before being asked about your relationship status, then practice is essential. From previous experience, there is usually about a ten minute time frame, so you can practice these tactics months prior. This also helps when you need to eat a four course meal between class periods.

If you follow these steps, you will be able to successfully make it through family Thanksgiving dinner with little to no public embarrassment. During occasions like these, it's easy to get caught up in trying to look your best and flaunt yourself to sides of the family that you just met yesterday, when in reality who really cares? Oh yeah, just all of your older relatives that need something to brag about on Facebook. Overall, talk less, eat more, and try to enjoy what really matters and brings everyone together, pumpkin pie.

HUNTING TRADITIONS

Welcome back readers and outdoorsmen! The last time we met, we were deep into the chopped cornfields of southern Iowa with two of our local hunters Levi Sandquist, and Austin Ponteir. This time of the year is the season that we wait for all year long.

Every bowhunter knows the feeling of this time of year, especially once the weather begins to change and the true Iowa colors begin to unravel. The sport of bowhunting for whitetail deer goes back ages, though the technology of bow hunting has evolved over the past few decades. The equipment that has been brought to this sport is extremely advanced. "There is a wide abundance and different variety of equipment that it takes to be successful in this sport," said local hunter Gracie McCuddin. Much of this equipment is used to make your hunting experience easier while out in the timber. "Most of the main items that I bring with me into the deer woods are my full camo body suit, my bow and arrows, a grunt call, rattling antlers, and of course, my safety harness," stated bowhunter, Jake Hutton. The safety harness is the hands down most important item that you do not

want to leave at home while in the deer woods. The beauty of bow hunting is the love of the hunt, and the patience it takes to hang that trophy on the wall. Deer hunter, Jake Hutton emphasizes the word "patience" like no other. There is no guarantee when it comes to hunting. There may be times when you never see anything and then there could be times you don't stop seeing deer.

In Iowa the deer bow season opener begins on Oct 1 - Dec 2 & Dec 19 - Jan 10. During the early part of the season, it is a good time to do some doe management on your farms. The reason is that the weather is still warmer out and the bucks aren't ready to move as much as they will when rut rolls around.

The rut is the absolute best time of the year in the eyes of an Iowa bowhunter. The rut is the period of time when the bucks are at their peak activity level. This is when the bucks begin to breed with the does, and are constantly moving and chasing does. Just like Hutton, many hunters plant food plots and run trail cameras on their farms that they hunt. They do this to "pattern" the deer, which basically means find out

their routine for the day, and find what trails they are using etc.. Most bow hunters like to hunt out of treestands during bow season because of the little movement that you are able to get away with as well as the scent of a human being. At times, deer can smell a human from 100 yards away.

The key to bow hunting is to play the wind while sitting in the stand in order to get you a chance at that buck of a lifetime. There is a variety of different kinds of tree stands that a bow hunter may use. There is the hangons, the ladder stands, tower stands, and blinds.

All methods work to kill deer but stand location is key. After asking the two hunters about the off season they both came back with this statement, "shooting your bow in the off season will assure that you are ready when the big moment comes to you when you are in your stand." Hopefully readers take tips from the experienced hunters, and get out in the field and give it a shot. One message to all hunters is to be safe out there this fall and to always remember to wear your safety harness. Happy hunting to all!

Written by: Dominic Cresta

Football. To some people it's just a sport, but to us it's a passion! 2016 is the year that it happened. It hasn't been accomplished for seven whole years. This was the year that the Interstate 35 high school football team won their Homecoming football game. Since Mike Stuart became the Head coach, it has been one of our goals to win our Homecoming game. It took three years for us seniors, but it was finally a dream come true, 34 to 33, victory over Woodward Granger.

The 34 points that the team accomplished, were scored by Mason Cassady, Brayden Egli, and Richie Griglione. Two rushing touchdowns were accompanied by Mason Cassady, one rushing touchdown by Brayden Egli, and two amazing catches by Richie Griglione. One extra point was missed by our team and two were missed by Woodward Granger, but the last one that counted was the last one Carter Bussanmas kicked in that made the score 34-33.

After speaking to, junior, Brayden Egli, we know that he enjoyed how the season has gone so far. "We have played very well, and we are looking to end the season strong," explains Brayden. There is so many things running through his mind before the game. "I try to do the best that I can for my team and to go get a win." Football is a sport where fear cannot be a factor in the game, but as we all know, everyone fears something. Astonishingly, Brayden admitted this,

"having to see one of my teammates get hurt and have to lay there as we go to battle is something that I fear." As some may already know, Brayden played last year as the Junior Varsity quarterback, although many of the plays that the Varsity played, the Junior Varsity team played as well. This years team is way different from last year. Between this and last year Brayden proclaimed, "We feel more comfortable with our offence as we are more experienced with it than last year." After winning the Homecoming game, which happened for seven years, Brayden smiled and then replied, "I felt some relief and it was an unbelievable excitement for me and my teammates, and as well as the student body when the field was stormed after our Homecoming Victory."

Brennon McCuddin, a senior student from Interstate 35 told us his perspective from where he has stood for all the games this season. Brennon didn't expect so much from the team this year, "The team's performance so far has extremely exceeded my expectations. I didn't know what to expect out of the team this year considering how many seniors they lost." As a student's point of view he exclaimed, "Every game that I have been to has been amazing, but the homecoming game is a game that I will never forget!"

After the game student council held fireworks after the game. Dante enthusiastically said, "The

fireworks after the game went perfectly with the vibe of the field. It was amazing, I can't explain it." It's Dante's senior year, the last year for playing high school football. Dante excitedly said, "winning my senior Homecoming game was a feeling that I wish I could relive over and over again. I'm so proud of how the team finished the game and couldn't have asked for a better finish to it. The vibe on the field was pure hype-like, it was an amazing feeling." Dante admitted, "this season has had its ups and downs. But it has been pretty cool to see this team transform into a pretty solid team. I feel like we haven't proved ourselves as a team yet but that's because we are young. We have so much potential and this team will be going places." Dante has set outstanding expectations for the 2016 football team this year, as many of us did: "My expectations for this season were to make it to the playoffs, but the chance for us keeps getting slimmer. It's still possible, but it's going to be really, really tough." Dante has played football since he was a small child back in 3rd grade. His love for football is outstanding and his reasons for it are unremarkable. He exclaimed, "I love this sport so much because I get to hit people and it is accepted! I also love that it challenges the team as a unit, to work together and communicate on every play. I love the feeling of playing next to my brothers, being a leader, and setting an example for them."



**SEVEN YEARS
IN
THE MAKING**

Photo by: Allyson Young

THE YOUTH VOTE:

The Disenfranchisement of Youth

Alyssa Reed, Reporter
October 12, 2016

This November, by the hundreds, people will be flocking to polling stations all across the country to vote for their preferred politician, whether that be Republican candidate, “Make America Great Again” Donald Trump or Democratic candidate, “Stronger Together” Hillary Clinton. But, as time progresses on, the numbers of youths that vote have decreased at an alarming rate. In 2014, only 17.1% of voters aged 18-24 voted, compared with 59.4% of those aged 65 and over. As alarming as this is, low voting numbers are only part of the problem. Have you noticed that most of the government officials that are representing the great red, white, and blue, sport salt-and-pepper hair and wrinkles? To vote, you have to be 18, but what about holding federal government positions? Where are the representatives in the 18-24 demographic?

Youth exclusion (n): a form of social exclusion in which youth are at a social disadvantage in joining institutions and organizations in their societies.

Youth exclusion in the United States is a unique kind of exclusion because young people are left out of the political process in two different, yet equally damaging ways. First, though young people consume the same air, require the same health care, attend public schools, and drive on the same roads as adults, they aren't allowed to contribute to the conversations that guide decisions affecting these issues. Though kids under 18 represent 24% of the United States population, that quarter of Americans are silenced without a vote.

True, it doesn't make sense for all kids to have the right to vote because of their developmental stage

and ability to process information; however, if they aren't able to represent themselves, who is assigned the responsibility of looking out for 72 million Americans? With all of the problems that the youths face, who would be responsible for “carrying the torch?”

Paying for college, education funding, minimum wages, and the problem of increasing bullying rates in school affect the youth directly. Every day, we are faced with the hardships of these obstacles and the snowball effects they cause. Picture this, if you will, a teen sitting in front of a TV with a remote in their right hand. They flip through channel after channel; what do they see? They see violence. They see war. They see cartoons that teach lessons like self-acceptance and conquering above mean bullies, yet on a different channel they see a documentary about the climbing numbers of eating disorders and the mental disabilities that stem from said disorders. They see two grown-ups fighting over who gets to be King (or Queen) of the Hill for 4 years over issues like education policy and social reform for the LBGT+ community and Muslim-Americans without ever using someone that lives and breathes that discrimination as a source. That child probably has their own ideas and mindsets, but has no voice, and *that* is un-American.



THE NEXT SUFFRAGE MOVEMENT?

Yet, when it comes to giving youth the opportunity to take an active role in making their communities better by serving in elected capacities; they are the only constitutionally discriminated against faction. Yes. Agism is directly written into the US Constitution.

Like many before them, dubbed “The Worst Generation”, millennials and Generation Z have no voice or representation under law. The youngest you have to be to run for the House of Representatives is 25, but the youngest member to date is Elise Stefanik, who was 32 at the time of her election. That’s 14 years older than the start of the 18-24 demographic, which leaves no room for direct representation. Senators must be at least 30, but yet again, the youngest member is Tom Cotton, currently serving at 39 years old, 21 years older than the demographic. Even the idea of a politician aged 35-40 is deemed “young”, which still leaves more than 103 million Americans unrepresented.

So the question begs: have there been steps towards better representation? Yes ... but not in the United States. In Bangladesh, officials supported the idea of a Youth Parliament, which would empower citizens on both the local and federal level and allow them to weigh in on national policy through direct dialogue with parliamentarians. Nigerian officials backed the idea of a youth coalition to participate in the Constitution review process, as well as allowing them to weigh in on common interests and expanding the youth participation.

Now, given the two ways the US intentionally excludes young people from their electoral process, it’s no wonder the youth turnout is low on election day—but not all hope is lost. For the kids who aren’t quite old enough to get out there and “rock the vote”, that doesn’t mean that you can’t cheer from the sidelines. Go to rallies and expand your political worldview; there may be a candidate out there who is right for you. For those 18-25 who are still hesitant on voting, I leave this: Being young is *never* too young. Make your voice heard. Tell your government officials about topics that affect you the most. There’s no such thing as a wasted vote because, believe it or not, your vote does indeed matter. Senate and House of Representative seats are



up for grabs this election as well, so if your favorite presidential candidate didn’t make it, don’t worry! There’s still plenty of opportunities to present yourself and your opinions! If you are an older reader (I didn’t forget you!), think about it this way: While you may be paying for education with precious tax dollars, research what you’re actually paying for. Not a lot of people know about what’s up when a new law is passed, so it’s more or less shoved under the rug until a problem arises with said law. Get to know your Congressman and weigh the pros and cons! Above all, Get out and vote. November 7th is right around the corner!

In conclusion, ***this election is worth far too much for a protest vote.*** 219 million Americans are eligible to vote, but of those, 146 million are registered, and 126 million actually stepped up and voted. That’s 57.5% of Americans who are speaking for the other 93 million! If you think that your vote doesn’t matter and it’ll just be another number, believe me when I say that those numbers add up. It takes one person to step up to the plate and vote, and others will follow suit. With the power of the vote, reflect on the information given and think about the youth’s issues when deciding who to vote for. Children may not have their political voice ... but that doesn’t mean they won’t be heard. I leave a quote from the late president Franklin Roosevelt:

“Nobody will ever deprive the American people from voting except for the American people themselves, and the only way they could do this is by not voting.”

RECIPES

Making Holiday Cooking A Little Easier

Cynthia Thomas, Web Page Editor
Friday, October 14, 2016

Holidays are that time of year when everyone gets together, getting to see family member you haven't seen since a year ago to the day. But with this, comes immense stress. There is so much to get in order and so many people to please. At times, it even becomes a dreaded experience, but in the end, it is still that same old family get together that you leave from happy, full, and excited for the next. When asked, most people commented that their favorite part of the holiday evening was the meal time we're everyone gets to enjoy good food and play catch up with each other. One easy way to relieve the stress of the holidays is to remove some of the work. Dinner is something that takes the most preparation, so anything that can be done to make it easier and just as good can be helpful. Home-made cranberry sauce is one of those traditional dishes that can be made easier by making it in a crock-pot.



Slow Cooker Cranberry Sauce

Ingredients:

- 1 (12ounce) bag of cranberries, fresh is always preferred because they have a better flavor
- 1 cup of orange juice of your preference doesn't matter whether it has pulp or not.
- 1/2 cup of sugar
- Pinch of ginger to give it that holiday spice taste.
- Whip cream topping

Directions:

- Place cranberries, orange juice, sugar and spice in a crock-pot and cover.
 - Depending on the time you allowed, cook on low for 4-6 hours or high for 2-4 hours.
- Set a timer and forget about it. Focus on all the other things you have to do. How easy is that?! Then, when the alarm goes off, turn the crock pot off, allow to cool. Garnish with whip cream, and chopped pecans to your liking.



Ingredients all layed out

Cooking process in the crockpot



Final results



RECIPES

Rolling Into Thanksgiving

Libby Kennedy, Reporter
Friday, October 14, 2016

TRURO-Nice weather, family gatherings, and pretending to know how to cook. Good news: this year, you don't have to pretend! With our easy recipes, you can be a Master Chef in no time. These rolls will make your family believe you can cook anything!

Ingredients:

- 1/2 cup of sugar
- 1 package of quick rise yeast
- 2 cups of warm water
- 1 egg
- 4 teaspoons of oil
- 5 1/2 cups of sifted flour
- 1/4 teaspoon of salt

Directions:

1. Whisk together the warm water, yeast, and sugar until the yeast is dissolved.
2. While whisking, add the egg and vegetable oil.
3. Sift together the flour and salt and then add it to the yeast mixture.



4. Grease a plastic bowl and set the dough aside. Cover with a damp dishcloth or plastic wrap. Set in a warm place, such as the top of the refrigerator, to rise for 1.5 hours.

5. On a floured surface with the palm of your hands press down, fold over and knead the dough. Once the dough is kneaded three or four times, take chunks off, about the size of a tennis ball, and knead in your hands a couple of times. Put the chunks of dough in a greased, 9x13 pan so that they are barely touching each other. Cover and let rise for an additional 1.5 hours.

6. Preheat your oven to 350 degrees. Uncover the dough and put in the oven to bake for 20-25 minutes, or until the tops are a light brown.

7. Plop some butter on your homemade rolls and show your family what you're made of!



A big thank you to Martha Lathrum for providing the roll recipe. Now an expert tip: "Never bake your rolls for more than 26 minutes or they will burn on the bottom." Martha Lathrum, source of the recipe.



"The rolls taste so good, you don't even need butter," Martha Lathrum, source of the recipe



"They are sweet and soft," says junior, Carissa Albers

PRESIDENTIAL ELECTION 2016

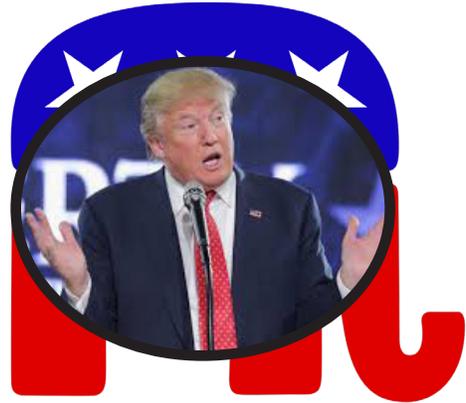
Another political cycle is poised to come to its culmination: Election Day. The Roadrunner Report Staff is excited for this election to be over with. With varying political opinions, particularly low-hitting advertisements, large hair, and bad hashtags, we have a lot to say. With this said, we also know that it is our ethical obligation to provide our readers with relevant information; therefore, through the collective effort of the Editorial Board, we have decided to give you our opinion, based on issues that are specifically relevant to our audience. Thus we've developed the Roadrunner Report's first ever Presidential Endorsement.

The Roadrunner Report set up a specialized endorsement process. Each editor was tasked with an one of 7 Interstate 35 centered issues, which were: cost of college, education policy, agriculture, decriminalization of marijuana, health care, women's rights, gun control, and pharmaceutical costs. They were then asked to research and recommend a candidate not based on personal bias but rather, based on the best interest of the community. To come to a final decision, each of the issues were considered by the rest of the Editorial Board as a whole.



JILL STEIN

After the research process took place, the Editorial Board found that none of Jill Stein's, who is the candidate for the Green Party, stances could not be recommended for any issues facing the Interstate 35 Community.



DONALD TRUMP

Donald Trump, who is the Republican Presidential Candidate, was able to capture two of the seven recommendations in the areas of health care and gun control.

Mr. Trump would like to repeal and replace Obamacare, a health care program which came into full effect June 28th, 2012. Trump would replace Obamacare with health saving accounts. He would also work with congress to create a patient-centered health care system that promotes choice, quality, and affordability. This is best for our community because Obamacare leaves very little choice for the individual, and even forces many to pay more than they were with their previous plans.

Trump would represent our community well in the area of gun control. With his unwavering support of the Second Amendment, He supports the right to keep and bear arms. Donald is in favor of expanded background checks as well as expanded mental health care. The Board felt that Donald Trump is best fit for this Second Amendment issue because our community has a solid tradition in safe, gun related activities and; therefore, need access to them.

These recommendations ran up to a total of two out of seven endorsements which brings Trump up short of achieving our endorsement.

ENDORSEMENT

Gary Johnson, the Libertarian Candidate, captured only one recommendation, which was Education Policy.

Johnson's Education Policies are very focused on the individual communities. This allows the state to make the decisions, giving state and local governments more power. He believes decisions that affect our children should be made closer to home, not by bureaucrats and politicians

GARY JOHNSON in Washington.

He would push to remove the Federal Department of Education, Common Core and other other national standards and requirements that are costly, as he puts it "overly bureaucratic, and actually compromise our ability to provide our children with a good education." This for a state-centered education approach better representing out rural schools.



HILLARY CLINTON

Hillary Clinton, winning four out of seven recommendations, in the areas of women's rights, decriminalization of marijuana, agriculture and the cost of pharmaceuticals is the 2016 Roadrunner Report's Presidential Endorsement. This makes Hillary the first of her kind.

Hillary Clinton, unlike the other candidates, has a plan for agriculture and rural areas. Hillary, through funding, will support next generation farmers, as well as supporting regional agriculture systems. With these plans, Hillary will be able to help with our family farms, as well as many others.

Hillary Clinton would be the ideal fit for our audience based on her view of women's rights. She wants to work on closing the pay gap by promoting pay transparency across the economy, fighting for paid leave, and making affordable childcare a reality for families. This would benefit the Interstate 35 community in many ways.

Marijuana is a very controversial subject for most people, but it is something that the future generations

are looking into for more reasons than just recreational use. Hillary Clinton has expressed support for legal access of medical marijuana and more research into the medical benefits. She also believes that people should not be imprisoned for possession of marijuana, and also believes that states should be able to set their own policies. Marijuana may seem dangerous, but there are benefits of its use as well as ARC's policies that align with research done on it.



Affordable pharmaceuticals are important to the health of our community both fiscally and physically. Hillary Clinton is the best candidate in regard to our audience in this area. Clinton supports making quality generic drug alternatives available, and in addition, making penalties for drug companies who make unjustified price hikes. In the case of the cost of pharmaceuticals Hillary Clinton, is the clear option.

While this election has been a contentious, we hope that the end of it pushes our country forward while protecting our most sacred traditions and liberties.

A COLLABORATIVE EFFORT BY THE EDITORIAL TEAM

BEHIND THE SCENES

Behind the Scenes: Janitors

Cheyenne Hiatt, Lead Reporter

October 18th, 2016

Do you ever wonder how the school stays clean? It's something a normal student wouldn't think about. Students use the bathroom every day as well, and they are clean at lunch the tables are cleaned every-day. There isn't dirt on the floor or in the hallways, and the trash cans are emptied everyday. Do you ever wonder how the school stays spotless? The janitors pick up our messes every day, and clean things you wouldn't even think about. Barbra Jean Gray is the head night lead custodian you might know her as Barbie.

Barbie was asked many questions about her position, janitoring and she had a lot to tell. First let's take a second to get to know Barbie. Barbie has worked as a janitor for seven years. Barbie had previously worked for the DNR for 18 years. Barbie likes to do many activities for fun such as horseback riding, sailing, fishing, boating, and babysitting her grandchildren. Barbie also owns a white Mustang. A lot of the kids compliment Barbie on her car.

Applying for a janitor job isn't all that you think it would be. Barbie states, "You have to meet special qualifications to be a janitor including checks each year. We have to have blood certificates, the right to know, and mandatory reporting." The blood certificates are to make sure janitors don't have anything in their blood that can be spread by a cut to the students. Mandatory reporting requires the employee to report any student with anything illegal. Being a janitor is about making sure the kids don't get sick as well as caring for their safety. Barbie doesn't care how long it takes her to clean something she just wants to get the job well done.

Barbie works in all wings of the school. If Barbie gets done with her wing, she goes to help another co-worker with another wing. In one night Barbie will have cleaned toilets, emptied trash, cleaned windows, clean sinks, clean gym, clean the commons,



and classrooms. Barbie said "I like cleaning classrooms but she would like it if students would pick up crayons, paper, pencils off the floor." Barbie dislikes cleaning up the gym after a game because the bleachers are always trashed. She has to sweep every row and throw things away that could have easily gone into the trash can by students, and parents. Some of the things you wouldn't think about getting cleaned are the boiler room and the top of the lockers in the hallways get dusted. Barbie said, "One thing that I've learned from every job that I've had in my life is that nothing that you'll do is ever easy." The worst time of the year is to janitor in the winter because they kids track in water and mud with their boots and it's just a mess. Barbie was asked what friendships do you have from working at I-35 She replied with, "I have gained great relationships with the teachers, and most importantly the student here at I-35. They are all the greatest."

ARTS/ENTERTAINMENT

Movie Review

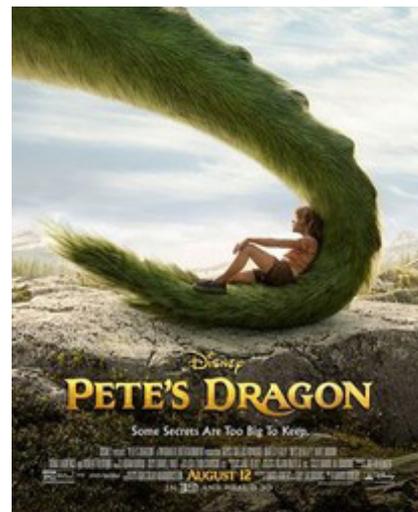
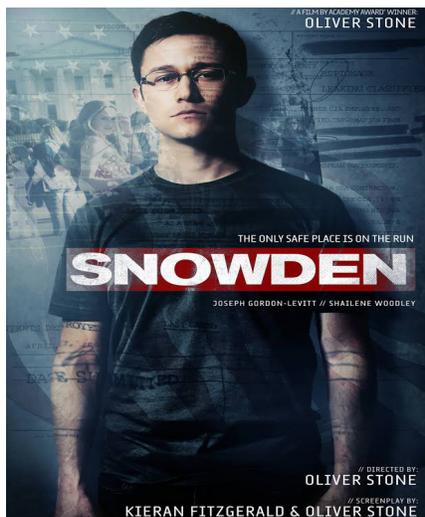
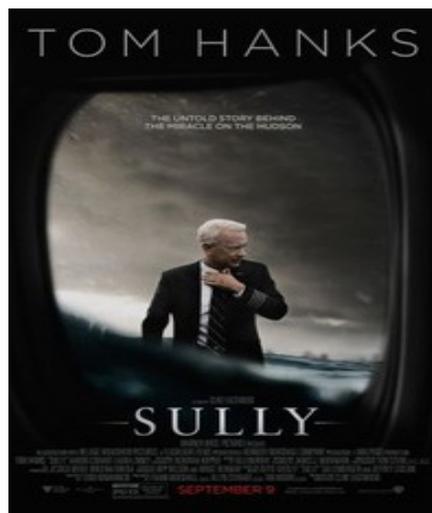
Josh Mortensen, DOP

Thursday, October 13, 2016

“**Sully**” a movie depicting 2009’s Miracle on the Hudson, the emergency water landing made by US Airways Flight 1549 that allowed all 155 of its passengers and crew to come out alive. Capt. Chesley Sullenberger a plain-spoken, cool-headed veteran pilot pulled off the impossible under immense pressure. With a story this exhilarating an equally great cast is put together. Tom hanks, Laura linney, and Aaron Eckhart are the perfect actors for this dramatic film. Capt. Sullenberger (hanks) tries to make an emergency landing in New York’s Hudson river after the plane strikes a flock of geese. Sullenberger is faced with many doubts, despite saving all of the passengers lives he is still brought to court and faces investigation that threatens to destroy his career and reputation. In all this was a very good movie. It depicted the great crash we all know. When it became aware to the passenger’s that the plane was going to crash land I could feel the fear of the passengers.

“**Snowden**” a movie based on true events of a man who quit his job at the Nation Security Agency to expose them by going to the journalist with illegal surveillance activities by the NSA and quickly became one of the most wanted men in the world. Academy award winning director Oliver Stone tackles this important and fascinating true story of the 21st century. Starring Joseph Gordon-Levitt and Shailene Woodley, reveals the incredible untold personal story of Edward Snowden. Considered a hero to some, a traitor to others. No matter what you believe, the epic story of why he did it, and how he pulled it off makes one of the most compelling films of the year. A must watch for anyone wanting to enjoy a great film.

In the movie “**Pete’s Dragon**” old wood carver Mr. Meacham would tell local children tales of a fierce dragon that lives deep in the woods. To his daughter Grace these were all tall tales she heard her dad tell growing up until she met Pete. Pete is a mysterious young boy who claims he lives in the woods with a giant green dragon named Elliot. Coincidentally, Elliot sounds like the same dragon in Mr. Meacham stories. With the help of Natalie and 11 year old girl and her father Jack who owns a lumber mill, Grace sets out to determine where Pete came from, where he belongs, and the truth about his dragon. Great family, friend option to go see this movie this weekend.



FFA HARVEST

November Money-Maker

Levi Sandquist, Reporter
Thursday, October 13, 2016

What do most Iowa residents picture during the fall months? Some will say football, hunting, or even Halloween, but the majority of people around here jump right to the harvest. This time of year, farmers' lives can be very hectic, but the end result is usually rewarding. The FFA Chapter here at Interstate 35 looks forward to the harvest for more than one reason.

“This plot helps us tremendously by allowing us to take a number of trips, and eases the burden of having to come up with money for these trips. We have had this plot for 8 years now, and I think



hands-on activities like this allow kids to grasp and retain the information and see how it fits in a real life situation,” stated FFA advisor, Denny Meggers.

The FFA plot is very interesting as it is supported by local farmers, but also supports the local Co-Op in Truro. Area farmers play a huge role in this whole project; from Sandquist Sales and Service and Pioneer for providing the seed, to local farmers, such as Roger Gray, who allows the FFA to use his combine.

FFA President, Lance Thompson, is responsible for lining up the



farm equipment that gets used. “The results we look for out of our plot are good yields and accurate information on the seed hybrid to send back to Pioneer,” declared Thompson.

Harvest in southern Iowa usually takes place from the end of September to the end of November; weather permitting. For the soybeans to be ready to harvest in the plot, they must be dried down to 12-15% moisture. If they get too dry, they can “shatter” or break in half. This gives farmers only a brief window to harvest the crop at the ideal moisture.

Pioneer sales representative, Steve Sandquist, helps during the harvest by running moisture checks on the grain while it is being harvested. He also checks the test weight of the grain, which calculates overall average bushels per acre. Steve added, “the information we gather from this plot, is forwarded to Pioneer, and then put into their data banks and they will publicize the results.”

Meggers struggles to predict this year's yields. “At first, with all of the rain and heat, I thought it would help, but in the end, it may have hurt us. We have estimated the yields recently, but the beans were not dry; therefore, the yields are undecided.”

In the end, no matter the fields yield, the I-35 FFA Chapter is extremely grateful for the opportunity to watch and learn how to not only harvest these crops, but plant, spray, and manage the land. So, if you get a chance this fall, hop into a combine and enjoy learning about what helps keeps our community growing.

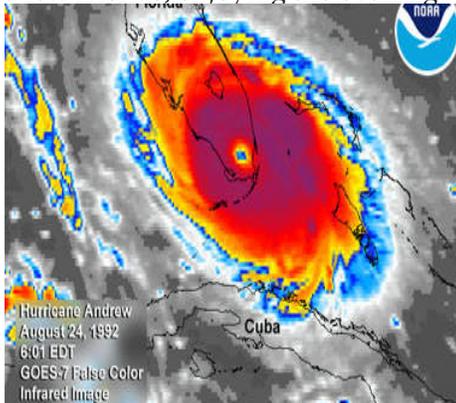


WHEN NEWS HITS HOME

When News Hits Home

Ashley Struth, Reporter
Monday, October 24, 2016

August 19, 1992, Category 5 Hurricane Andrew hit Florida. The hurricane was originally supposed to stay on a Northern path in the Atlantic Ocean. August 24th, 1992, hurricane Andrew hit Miami, Florida. Almost 25,524 homes were destroyed. Unfortunately, Kathryn Russell's, I-35's spirited gray-haired librarians home was one of them. Our most dear and beloved book-keeper was one of the few survivors of this devastating hurricane. She was in West Palm Beach at a meeting with a few friends, enjoying the evening



and looking at a select few horses. They didn't think anything of the hurricane at the time because it was suppose to rear far more North than Miami. But when the guy they were talking to asked them, "What are you still doing here? The hurricanes coming this way!" They immediately left for their home.

"The first thing I remember was... devastation," explained Mrs. Russell "Just by having experienced such a terrible thing such as this, there really isn't much else to feel." But the first thing that Mrs. Russell and her friends did was go home and board down the house. They went

out to Russell's farm and made sure all their horses were fed and watered. Approximately 32,000 acres of farmland was destroyed. Sadly, Mrs. Russell's farm was also one of them. She explained that she wasn't home at the time that the storm hit and the reason for this was because for 3 days the storm hovered over the Atlantic, that's when it shifted North and hit, it came at such a surprise to everyone. No one had a clue what was coming before it was almost too late.

When something so big and so sudden such as a hurricane hits, there's really no time for mistakes. When you live in Florida, or anywhere with hurricane season, you're ALWAYS prepared. "You always have extra supplies, water, food, blankets, batteries whatever you may need, because you don't have a choice." Mrs. Russell said. "My advice to you is, if you get the chance to leave, LEAVE. There's no time to hesitate. If you're told to evacuate do it, because if you don't, you will get stuck in bumper to bumper traffic with no place to go. If you do decide to stay, you just do all you can and that's that." She also explained that in the storm, at the time the hurricane hit, she had two friends with her. They all had the same reaction as Russell. "The thing that bothers me most is that those friends and family of mine still live in florida, it's just hard not knowing right away you know?" quoted Russell, reflecting on the well-being of loved one in a natural disaster.

When hurricanes hit, residents are advised to go to the most secure place in the house, for Russell and her friends, this just so happened to be her main hallway. Getting to the highest point in your house is



important to. Never, for any reason should you go to the lowest, because

should your house get destroyed, you could become trapped. Hurricane Andrew hit Miami Florida with winds up to 172 mph winds. Those winds were enough to tear apart the whole city. But what was the recovery like? Russell explained that after the hurricane, she immediately called the Army Corps and they worked on her property for weeks, just dragging all the pieces away. Many others did the same. She said that she had decided to rebuild, but come hurricane season, "Nope not this time! I'm gone." Not soon after that she explored different places. She flew everywhere. After a while of searching she found the middle of the United States where she decided to live in Iowa. Mrs. Russell, one of few survivors, now teaches at Interstate 35 where she is loved greatly, never has to worry about another hurricane again.



| *Indicates required information | | STATE OF IOWA OFFICIAL ABSENTEE BALLOT REQUEST FORM | | FOR OFFICE USE ONLY | |
|---|--|--|--------------|---------------------|--|
| YOUR NAME* AND DATE OF BIRTH* | | Last _____ | | | |
| | | First _____ | | | |
| | | Middle _____ | Suffix _____ | | |
| | | Date of Birth (month, day, year) _____ / _____ / _____ | | Revised 7/1/2014 | |
| ID NUMBER (Check and complete one) | | <input type="checkbox"/> Iowa Driver's License or Non-Operator ID Number: _____ <input type="checkbox"/> Last Four Digits of Social Security Number: X X X - X X - _____ | | | |
| YOUR IOWA RESIDENTIAL ADDRESS* | | <i>You must be registered to vote in the county to receive an absentee ballot. If you are registered to vote in the county, this form will be used to update your voter registration if the information provided on this form is different than the information on your registration record.</i> | | | |
| | | Home Street Address (include apt, lot, etc. if applicable) _____ | | | |
| | | City _____ | Zip _____ | County _____ | |
| WHERE YOUR ABSENTEE BALLOT SHOULD BE MAILED (If different than above) | | Address/P.O. Box _____ | | | |
| | | City _____ | State _____ | Zip _____ | |
| | | Country (other than USA) _____ | | | |
| CONTACT INFO | | Phone _____ | | Email _____ | |
| ELECTION TYPE OR DATE* (Provide election type or date. Choose only <u>one</u> election.) | | <input type="checkbox"/> General <input type="checkbox"/> Primary <input type="checkbox"/> School <input type="checkbox"/> City <input type="checkbox"/> Special: _____ OR Election Date: _____ / _____ / _____ | | | |
| PARTY AFFILIATION | | Primary Elections Only: check one political party <input type="checkbox"/> Democratic <input type="checkbox"/> Republican | | | |
| REQUESTER AFFIDAVIT* (Powers of attorney do not have legal authority to request an absentee ballot on behalf of another.) | | <i>I swear or affirm that I am the person named above and I am a registered voter or I am entitled to register at the address listed on this form. I am eligible to receive and vote an absentee ballot for the election indicated above.</i> | | | |
| | | Signature _____ | | Date _____ | |

Fill it out completely and be sure you sign it. Mail the form to your county auditor. **They must receive the request form by 5pm on Nov 4.**

Once you receive your ballot, follow the included instructions to properly fill out the ballot and return envelope, and mail it back. **The deadline to postmark the ballot is November 7, 2016.** Ballots may also be turned into the county auditor's office in person through Election Day.

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 301 N Buxton St # 101
 Indianola, IA 50125
 (515) 961-1020

Clarke County Auditor Office:
 100 S Main St,
 Osceola, IA 50213
 (641) 342-3315

Madison County Auditor Office:
 112 N 1st St,
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