

# QUINOA QUEEN

◆ THE ROYALTY OF CEREALS ◆

## Benefits

This Supergrain offers excellent nutrition by being both high in fiber and in protein. Quinoa is one of the most protein-rich foods available. It is a complete protein containing all nine essential amino acids. Quinoa also contains nearly twice the fiber of other grains.

## Benefits

Quinoa is rich in calcium, iron, magnesium, potassium, and zinc. It is also extraordinarily high in B vitamins, for example its B1 (Thiamine) content is higher than that of chicken liver, which has traditionally been considered the superior source.

## Benefits

The uniqueness of the protein and dietary fiber found in quinoa may be particularly beneficial for people with diabetes. Both nutrients are considered important for keeping blood sugar under control.

## Benefits

Quinoa can provide valuable amounts of heart-healthy fats like monounsaturated fat (in the form of oleic acid). Quinoa can also provide small amounts of the omega-3 fatty acid, alpha-linolenic acid (ALA).

# About Us

## Healthy approach

As a mother and a food scientist, I offer you a product that I am proud to serve to my friends and family and to you! From the good earth to your table, Quinoa Queen cereals are simple, pure, and healthy.

## In touch with our people

Our company works closely with small indigenous farmers in the Andean mountains of Ecuador, where I was raised, to bring you the best quality Quinoa. For thousands of years, Quinoa has been grown in this region. It is our goal to help protect the land and the communities where our Quinoa is grown.

## Treat yourself

Discover a new way to enjoy the amazing benefits of Quinoa. Enjoy Quinoa Queen cereals as a snack; mix them with milk, honey, and fruit; or toss them into your favorite salads. It is our mission to deliver the purest products, made from just a few healthy ingredients.

# Our Products Boxes



# Our Products Bags



# Contact Us



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