

# January 2025 Newsletter

Dear Sunrise Community,

### Special Guest Reader for Classroom A and B

You may remember reading about Karen Roeber last month for our winter fundraiser here at Sunrise. Karen is also one of our monthly guest readers for both classrooms and the students enjoy her stories, songs, and art projects!

This month, Mrs. Roeber shared Chinese New Year with the classrooms and brought art projects of beautiful lanterns, dragons, and of course snakes...it is the year of the snake!



### **Sunrise Open House Events for Prospective Families**

I am happy to announce that our January Open House event saw a great turnout. Thank you for spreading the word about our wonderful program! Additionally, thank you to our Parent Representatives and Board Members; Erica Cucino, Lindsay Fiorito, and Mark Letourneau for providing a parent's point of view to prospective families at the event.

# Valentine's Day at Sunrise

This fun holiday is all about friendship, love, and kindness. Traditionally the students bring either handmade or store-bought valentines (a small card) to give to their classmates. The classroom teachers will provide individual classroom details via email about what to expect for that holiday and with the expected time/day that this will take place. Please contact your child's teacher for any questions.



Please Note: Due to allergies and food sensitivities, we request that families do not send any candy or food with the valentines.

Other non-food ideas are welcome and encouraged!

We appreciate your support with this in advance.

# Sunrise current needs - plastic bags

Our program uses a tremendous number of plastic bags for wet or soiled clothing and pull-ups. Please consider sending in any type of bags that may be used for this purpose.

Offering quality Montessori preschool, pre-k transitional and kindergarten programs since 2005.

# **Other Upcoming News & Events**

### Little Gym Family Meet Up Event - Sunday, February 23rd

Please note, this is not a drop off event. Parents remain onsite.

This is the Sunday before our return to school after February vacation, so we hope it's a great way to transition back into the school environment!

The format will be an open gym experience (similar to their typical birthday parties) with some instructor-led games and activities. After the class, there will be some light refreshments like small snacks and juice boxes.

There will be a raffle available to win a 1-month free membership to The Little Gym. Raffle entry will be \$1 and all proceeds will go to Sunrise!

To sign-up, please send payment to Manisha through Venmo (@Manisha-Thanneeru) or Zelle (603-777-2315). If you have any questions please contact Erica, Manisha, Lindsay, or Ana at <a href="mailto:smsparentrep@gmail.com">smsparentrep@gmail.com</a>

### Think Ahead about Sunrise's Summer Program

Some families have been inquiring about our Summer Program. We have 4 weeks scheduled again this summer. You may choose either the 5-morning or 5-full day option and you can sign up week to week or for all 4 weeks. The weekly themes, rates, and details for signing up will be provided in a separate flyer in the upcoming weeks. The Summer Program is only open to current and newly accepted Sunrise students. Participants should be 3 years old by June 1, 2025.

Week 1 – June 23-27

No program during the holiday week – June 30 through July 4

- Week 2 July 7-11
- Week 3 July 14-18
- Week 4 July 21-25

During the summer schedule, Sunrise does not offer the before or aftercare program.

#### **Sunrise Donations**

Thank you, Angela Richard Erickson, a former Sunrise teacher, for her classroom book, matching game, and coloring book donation from the series, The Color of Us.

Thank you, Karen Roeber, for her ongoing support and dedication to Sunrise. Karen recently donated various language, math, and geography materials to our classrooms.

Thank you to Robbie Anderson's family for the beautiful birdfeeders hanging outside our school. The students love seeing the birds visit the feeders as they arrive at school and walk out to the playground. I am quite fond of the birds outside my office window, too. If you would like to donate birdseed for our program, we would appreciate it tremendously! Currently, we are using waste-free bird seed as it is better for the complex. Ask me if you have any questions.

#### Website and Facebook

Throughout the year the school uses its website and Facebook page to inform parents of current events and to post pictures from recent events. Please take a look at www.MySunriseMontessori.com

Be sure to check out our "Parent Corner". This page can be found on the menu tab of our website. Click on any of the hyperlinks to view the selected form or information page as a PDF.

## **Keeping in touch**

If you have any questions or comments, please know that you can reach us via email.



As the teachers are working with the children during the

day, please note that a reply to your question may come after the afternoon dismissal or later.

If your message is urgent and you need to reach someone right away, please call the school at 508-541-8010.

#### Head of School

Andrea Rossick:

Headofschool@MySunriseMontessori.com

#### **Co-Head Teachers**

Emily Hill & Samantha Renaud:

Classroom-A@MySunriseMontessori.com

#### **Head Teacher**

Lynne Anselmo:

MsAnselmo@MySunriseMontessori.com

#### **Sunrise Parent Representatives:**

Erica Cucino, Lindsay Fiorito, Ana Paquette & Manisha Thanneeru

ParentRep@MySunriseMontessori.com

#### CALENDAR OF EVENTS

**FEBRUARY 17-21** School vacation week – enjoy the time with your families

**FEBRUARY 23** Meetup for all families at the Little Gym

**FEBRUARY 23 – MARCH 1** Montessori Education Week - 118 years of Montessori Education This year marks 118 years of Montessori Education. Each year in February, the Montessori community throughout the world celebrates and honors the qualities of the Montessori approach to education and the teachings of Dr. Maria Montessori's philosophy.

### Sensation station 9-10 am

Thursdays – February 6, 13 & 27 – classroom A Wednesdays – February 5, 12 & 26 – classroom B

Pizza dates for full day students: February 7, 14 & 28



#### Passive Fundraisers are just one of the many ways you can support Sunrise Montessori School!

### **Box Tops for Education**

For over 20 years, Box Tops for Education has given families an easy way to earn cash for their school, with products they already buy. You have seen and clipped those rectangular box tops. Now you can simply scan your store receipt with the Box Tops mobile app to identify participating products and instantly add cash to the school's earnings online. Go to www.boxtops4education.com to learn more.



# Recycle your printer ink cartridges

Do you have used printer ink cartridges hanging around at home? Don't throw those out -Sunrise has a collection box for printer cartridges. Each month we turn them in at Staples for credit towards office supplies.



#### **Restaurant Dine-In Events**

Throughout the year our fundraising coordinators will set up local restaurant dine-in events. Enjoy a great meal and the company of family and friends all while supporting local businesses and Sunrise Montessori School.



### **Grocery Shopping / Giving Bags**

Purchase a reusable community bag at any Big Y, Shaw's or Stop & Shop store, follow the directions on the attached Giving Tag and direct a \$1 donation to Sunrise Montessori School







#### Price Chopper / Market 32

Register your AdvantEdge card to benefit Sunrise Montessori School. Our school will earn points for educational products through the Tools for Schools program. Visit: https://rewards.pricechopper.com/tools-for-schools/signup to register. Be sure to select Sunrise Montessori School.

#### **Mabels Labels**

This on-going fundraiser provides great ideas for labeling your child's items. Check out: http://campaigns.mabelslabels.com/ and click on the school's name.

### **For Small Hands**

Montessori items and activities for your child. Use the school code #130331 and Sunrise will receive a credit towards future material purchases through Montessori Services. For online orders, please visit https://www.forsmallhands.com/scp/130331

#### **Scholastic Books**

Each month parents will receive flyers from Scholastic Books which offer titles for children of all ages. Points from your purchases accumulate for the school which are then redeemed for new books and materials for the classrooms.

#### **Amazon Wish List for Sunrise**

Did you know? Sunrise has a Wish List on Amazon. Be sure to check out the following link: Sunrise-Amazon-Wishlist New items are added each month.

Thank you for supporting Sunrise Montessori School!



# Classroom A Newsletter January 2025

Dear Classroom A families,

Happy New Year, Everyone! We hope everyone enjoyed the holiday season. We can't believe we are already halfway through the school year! This month is very busy as we settle in after the winter break. We have had a very cold month!



As it is very cold outside now, please remember to send warm clothes for recess, such as hats, mittens, snow pants, and winter coats. Please send all winter gear every day with these cold temperatures (even if there is no snow). We love to go outside as much as possible. (When the temperature is above 15 degrees with the wind chill factored in, we will be outside).

#### Peace Education

Every year, on the third Monday of January, we honor Martin Luther King Jr.

The children learned Martin Luther King Jr was a peaceful leader in the Civil Rights

Movement. We learned Martin Luther King Jr is celebrated because he helped change unfair laws based on a person's skin color.



We celebrated the Lunar New Year. Lunar New Year celebrates the beginning of the New Year on the Lunisolar Chinese calendar. This festival marks the end of winter and the beginning of spring. Festivities begin on the new moon that appears from January 21st to February 20th. This year, the Lunar New Year begins on January 29th. This year is the year of the Snake. The Snake symbolizes wisdom, transformation, and resilience.

# Geography

This month, the children have been studying the continent of South America.

They worked with the Flags of South America, Three-Part Matching and learned about different animals that live in South America.

### Valentine's Day Celebration

We will celebrate Valentine's Day on Wednesday, February 12th!



If your child would like to participate, please send them to school with a valentine for each student (we have 19 children). Please also send a box or something to put the valentines in. Your child can decorate the box however they would like!

This month in **Kindergarten** the children worked on the "second basket of sandpaper letters." The worksheet in the picture below shows the children searching for the sounds and



drawing a shape around the sound instructed by the teacher. For example, they found the sound "c" and drew a circle around "c".

We often enjoy having guest readers! If you or a family member would like to read a story to your child and their friends, please sign up here: <u>Guest Reader Sign Up</u>

We love having families come into the classroom to talk to the children about any special holidays or traditions in your family's culture. If you would like to share your culture or traditions with the classroom, please contact us via email or sign up using the guest reader link above!

Happy Birthday to Elle, Zayn, Isla, and Ms. Karen!

If your child's birthday is coming up, sign up for a birthday walk celebration here:

Birthday Walk Sign Up

If you would like to bring in flowers for the children to arrange into vases:

Flower Sign-up 2024-2025

Thank you,

Ms. Samantha, Ms. Emily, and Ms. Karen





### **Classroom B Newsletter January 2025**

### Dear Sunrise Parents,

Happy New Year! We hope you had a joyful and restful holiday season. As we welcome the new year, we're excited to return to our Montessori environment and continue our journey of exploration and growth with the children.

### **Practical Life**

We are helping children re-establish routines and independence after the holiday break. Activities like pouring, sorting, pounding and cleaning encourage focus and fine motor development while fostering responsibility.



### Language and Literacy

Our work with Sandpaper Letters and 3 - part language cards will continue to strengthen letter recognition, phonemic awareness, phonetic word recognition and early writing skills.



The younger children continue to explore number recognition and counting, while older children dive into hands-on work using Montessori materials such as the beads.







#### **Cultural Studies**

Celebrating Dr. Martin Luther King - This month the children were introduced to the life and legacy of Dr. Martin Luther King, Jr. through lessons that emphasize kindness, equality, and respect for others. We had discussions and read stories about his dream of a peaceful world where people are treated fairly, regardless of their differences.

By engaging in these stories, art projects, and role-playing,

the children learned to understand the importance of compassion, justice, and the value of standing up for what is right. These lessons help children foster empathy and unity in their daily lives. Here is a picture of our peace tree; the children took such pride in



creating and displaying our very own peace tree.

## Geography

This month we are introducing the concept of the continents with a special focus on North America. The children will learn about its geography, landmarks, and animals, connecting this knowledge to their growing awareness of the world.



### **Science - The Study of Winter Animal Tracks**

Winter is here, and we'll be exploring seasonal changes, such as how animals adapt to colder weather, animal tracks and the properties of ice and snow. Our class is studying winter animal tracks. The children are excited to connect with nature and develop observational skills. Through hands-on activities, the children explore different types of animal tracks, learn how to identify them, and discover how animals move and survive during the winter months.



This study fosters curiosity, critical thinking, and an appreciation for wildlife, encouraging the children to observe their surroundings with a sense of wonder and respect for the natural world.

# **Musical Instruments Study**

A special thank you to Mr. Cohen for coming in to share his musical talent by introducing the children to his saxophone. We will continue into the month of February learning more about musical instruments and music.





### Reminders

- Please ensure your child has weather-appropriate clothing for outdoor activities.
- Kindly check your child's extra clothing supply in their cubby to ensure everything still fits and is seasonally appropriate

# **Parent Tip of the Month**

As we begin the new year, encourage your child to develop independence at home by involving them in simple, age-appropriate tasks. Allow them to help set the table, dress themselves, or care for plants. These activities build confidence, foster responsibility, and reinforce the skills they are practicing in their Montessori environment.

Remember to offer guidance and patience, allowing your child the time and space to try things on their own. Small moments of independence at home create a strong foundation for growth in the environment and beyond.

# Afternoon Kindergarten

The Kindergarteners have been working hard on learning addition as well as writing their numbers. They were able to enjoy some of the white, magical stuff outside.

The Kindergarten children displayed such great teamwork by building the snowman together. Life skills at their finest!!!



"The greatest gifts we can give our children are the roots of responsibility and the wings of Independence."

Maria Montessori

Love, learn & grow! Ms. Lynne Anselmo, Ms. Marianne and Ms. Jessica



# January 2025 Extended Day Newsletter

This month we embraced winter with winter themed crafts and science experiments. The crafts included **Snowflakes** and **Snowmen**, **Winter sports**, and **Winter animals**. We explored two **Science** experiments: **Snowstorm in a jar** and the **Melting snowman**.

With the Snowstorm in a jar experiment we mixed white paint with water. Then added this mixture to vegetable oil. We saw that the water and oil did not mix. We learned that oil is less dense than water and stayed above the water. Density is how heavy something is for its size. Then we added Alka Seltzer tablets which caused a chemical reaction and released carbon dioxide, which is a gas. This reaction created bubbles that moved up and down, creating the look of a snowstorm.

With the Melting snowman experiment we learned about how something dissolves. Dissolving is when one substance breaks down and mixes completely with another. We used biodegradable packing peanuts made from cornstarch and drew snowman faces on them. Then we placed two packing peanuts in a bowl with room temperature water and two in a bowl with warm water and made a prediction about which ones will dissolve faster. Half of the children said the room temperature water and half of the children said warm water. The warm water started to dissolve the snowman right away, but the process eventually slowed down. This was an experiment that took some time, and the children loved going back to the table to check on the progress.

Stay Warm!
Ms. Jessica and Ms. Amanda







The morning and afternoon Extended Day Programs offer a safe, fun and welcoming environment where children are offered age-appropriate activities which promote learning opportunities and social interaction with staff and classmates. This program is held in the front classroom of the school and on the playground.