

## 2013 RACE WALK

Distance	Age Group	Gender	Name	Time	Result	
1500 M	65-69	Women	Ellie Kallal	12.02	GOLD	
			Maria Diehn	12.59	SILVER	
			Anne Snowden-Crosman	13.02	BRONZE	
	70-74	Women	Lucy DiMarzio	11.2	GOLD	
1500 M	60-64	Men	John Main	9.57.4 2	GOLD	
	65-69			D.J. Bertagnoli	9.11.1 3	GOLD
	70-74			Zdenek Gonsiorovsky	9.33	GOLD
				Steve Fish	13.16	SILVER
75-79			Bodo Diehn	11.26	GOLD	
	80-84		Cliff Elkins	11.35	GOLD	
5000 M	65-69	Women	Maria Diehn	45.26	GOLD	
	60-64	Men	John Main	35.02	GOLD	
	65-69			D. J. Bertagnoli	32.08	GOLD
	70-74			Zdenek Gonsiorovsky	31.5	GOLD
				Steve Fish	46.09	SILVER
	75-79		Bodo Diehn	41.31	GOLD	