

## **KITSAP COMMUNITY HEALTH PRIORITIES (KCHP): COMMUNITY HEALTH STATUS ASSESSMENT**

### **SUMMARY SHEETS**

### **DATA NOTES**

### **DATA SOURCES**

#### **A. DEMOGRAPHICS**

##### **1. TOTAL POPULATION AND GROWTH**

- 1 KITSAP COUNTY POPULATION AND GROWTH RATE
- 2 COMPONENTS OF GROWTH
- 3 POPULATION DENSITY
- 4 POPULATION PROJECTIONS

##### **2. POPULATION BY SUBGROUP**

- 1 MEDIAN AGE
- 2 AGE AND GENDER (PYRAMIDS)
- 3 AGE GROUPS
- 4 RACE/ETHNICITY
- 5 PUBLIC SCHOOL STUDENTS BY RACE/ETHNICITY
- 6 TRIBAL POPULATION
- 7 YOUTH WITH A PARENT IN THE MILITARY OR COMBAT

##### **3. POPULATION BY SUBCOUNTY REGION**

- 1 INCORPORATED AND UNINCORPORATED REGIONS
- 2 ZIP CODE REGIONS
- 3 SCHOOL DISTRICT REGIONS

#### **B. SOCIOECONOMICS**

##### **1. EMPLOYMENT**

- 1 UNEMPLOYMENT RATE
- 2 INITIAL UNEMPLOYMENT INSURANCE CLAIMS
- 3 EMPLOYED AND WORK IN KITSAP COUNTY
- 4 TOP KITSAP EMPLOYERS
- 5 POPULATION 20+ NOT IN LABOR FORCE

##### **2. ECONOMIC WELL-BEING**

- 1 MEDIAN ANNUAL HOUSEHOLD INCOME
- 2 MEDIAN ANNUAL PER CAPITA INCOME
- 3 POPULATION LIVING BELOW THE POVERTY LEVEL
- 4 POPULATION LIVING BELOW 200% OF THE POVERTY LEVEL
- 5 FREE OR REDUCED LUNCH
- 6 ADULTS EXPERIENCED FOOD INSECURITY IN PAST YEAR
- 7 YOUTH EXPERIENCED FOOD INSECURITY IN PAST YEAR
- 8 FOOD BANK USAGE

##### **3. EDUCATION**

- 1 POPULATION 25+ WITH MORE THAN A HIGH SCHOOL EDUCATION
- 2 ON-TIME HIGH SCHOOL GRADUATION RATE
- 3 HIGH SCHOOL DROP-OUT RATE
- 4 PUBLIC SCHOOL ENROLLMENT
- 5 BIRTHS TO WOMEN WITH AT LEAST A HIGH SCHOOL EDUCATION

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### **4. HOUSEHOLD COMPOSITION**

- 1 HOUSEHOLD TYPE AS A PERCENTAGE OF ALL HOUSEHOLDS
- 2 HOUSEHOLDS WITH CHILDREN UNDER AGE 18 WITH SINGLE PARENT
- 3 BIRTHS TO UNMARRIED WOMEN

### **5. HOUSING**

- 1 BUILDING PERMITS
- 2 MEDIAN HOME PRICES
- 3 HOUSING AFFORDABILITY INDEX
- 4 HOUSEHOLDS SPENDING MORE THAN 30% OF INCOME ON HOUSING
- 5 FORECLOSED HOMES
- 6 HOMELESS HOUSEHOLDS RECEIVING FOOD STAMPS ASSISTANCE
- 7 HOUSING OCCUPANCY
- 8 APARTMENT VACANCY AND RENTS
- 9 OVERCROWDING

## **C. ENVIRONMENTAL HEALTH INDICATORS**

### **1. NATURAL ENVIRONMENT**

- 1 DAYS WITH HEALTHY AIR
- 2 DRINKING WATER SYSTEMS MEET STANDARDS
- 3 FRESH WATER STREAMS MEET STANDARDS
- 4 SHORELINE MILES MEET STANDARDS
- 5 FOOD SERVICE ESTABLISHMENTS MEET STANDARDS
- 6 UNSAFE FOOD, WATER, OR POOR HYGIENE RELATED ILLNESS RATE

### **2. BUILT ENVIRONMENT**

- 1 ARTS, RECREATION, ENTERTAINMENT FACILITY (NOT CASINOS) DENSITY
- 2 FOOD AND BEVERAGE STORE DENSITY
- 3 RESTAURANT DENSITY

### **3. TRANSPORTATION**

- 1 YOUTH NEVER WALK TO SCHOOL
- 2 YOUTH NEVER BIKE TO SCHOOL
- 3 WORKERS DRIVE ALONE TO WORK
- 4 KITSAP TRANSIT RIDERSHIP
- 5 MOTOR-VEHICLE RELATED DEATH RATE
- 6 MOTOR-VEHICLE RELATED HOSPITALIZATION RATE

### **4. ENVIRONMENTAL EXPOSURES**

- 1 RISK OF LEAD EXPOSURE
- 2 ADULTS REPORT NO SMOKING IN HOME
- 3 ADULTS REPORT NO SMOKING IN FAMILY VEHICLES
- 4 EARLY POST PARTUM WOMEN REPORT NO SMOKING IN VEHICLES
- 5 METHAMPHETAMINE LAB CLEAN-UPS
- 6 MUNICIPAL SOLID WASTE: DISPOSAL & RECYCLE RATES

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### **D. HEALTH CARE RESOURCES**

#### **1. AVAILABILITY**

- 1 PRIMARY CARE PHYSICIAN RATIO
- 2 DENTIST RATIO
- 3 HEALTH PROFESSIONAL SHORTAGE AREAS

#### **2. ACCESS**

- 1 UNINSURED ADULTS AGE 18-64
- 2 CHILDREN IN HOUSEHOLD HAVE HEALTH INSURANCE
- 3 ADULTS WITH UNMET HEALTH CARE NEEDS
- 4 UNDERINSURED ADULTS
- 5 CHARITY CARE - *forthcoming*
- 6 ADULTS HAVE A PERSONAL DOCTOR OR HEALTH CARE PROVIDER
- 7 POPULATION RECEIVING MEDICAID
- 8 POPULATION RECEIVING MEDICARE

#### **3. MEETING ROUTINE HEALTH RECOMMENDATIONS**

- 1 ADULTS HAVE HAD ROUTINE MEDICAL CHECK-UP IN PAST YEAR
- 2 YOUTH HAVE HAD CHECK-UP IN PAST YEAR
- 3 ADULTS HAVE VISITED DENTIST OR DENTAL CLINIC IN PAST YEAR
- 4 YOUTH HAVE VISITED DENTIST IN PAST YEAR
- 5 WOMEN AGE 50+ HAVE HAD MAMMOGRAM IN PAST TWO YEARS
- 6 WOMEN AGE 21+ HAVE HAD PAP TEST IN PAST THREE YEARS
- 7 ADULTS AGE 50+ HAVE BEEN SCREENED FOR COLORECTAL CANCER

### **E. PREGNANCY AND BIRTHS**

#### **1. PREGNANCY**

- 1 PREGNANCY RATES
- 2 PRENATAL CARE INITIATION BY TRIMESTER
- 3 THIRD TRIMESTER PRENATAL CARE INITIATION AND NO PRENATAL CARE
- 4 SMOKING DURING PREGNANCY

#### **2. BIRTH**

- 1 LIVE BIRTH RATES
- 2 RESIDENT BIRTHS BY PLACE OF BIRTH
- 3 BIRTHS TO LOW INCOME WOMEN (MEDICAID REIMBURSED)
- 4 C-SECTIONS IN UNCOMPLICATED BIRTHS
- 5 LOW BIRTH WEIGHT
- 6 HIGH BIRTH WEIGHT
- 7 PRETERM BIRTH

#### **3. POSTPARTUM**

- 1 BREASTFEEDING
- 2 INFANTS PARTICIPATING IN WIC PROGRAM
- 3 POST PARTUM DEPRESSION
- 4 INFANT MORTALITY RATE
- 5 INFANT SLEEP-RELATED DEATHS

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### **F. QUALITY OF LIFE**

#### **1. PHYSICAL AND EMOTIONAL WELL-BEING**

- 1 ADULT-REPORTED GENERAL HEALTH BY CATEGORY
- 2 ADULTS REPORT 'EXCELLENT, VERY GOOD, OR GOOD' GENERAL HEALTH
- 3 YEARS OF HEALTHY LIFE AT AGE 20
- 4 ADULTS ALWAYS OR USUALLY GET NEEDED SOCIAL/EMOTIONAL SUPPORT
- 5 ADULTS ACTIVITIES NOT LIMITED BY POOR PHYSICAL/MENTAL HEALTH
- 6 ADULTS WITH PHYSICAL IMPAIRMENT
- 7 ADULTS WITH MENTAL DISTRESS
- 8 YOUTH SO SAD OR DEPRESSED THEY STOPPED DOING USUAL ACTIVITIES
- 9 YOUTH HAVE ADULT TO TURN TO WHEN FEELING SAD OR HOPELESS
- 10 YOUTH SERIOUSLY CONSIDERED SUICIDE IN PAST YEAR
- 11 YOUTH ACTUALLY ATTEMPTED SUICIDE IN PAST YEAR
- 12 SELF-INFLICTED INJURY HOSPITALIZATION RATE
- 13 SUICIDE DEATH RATE

#### **2. SAFETY AND VIOLENCE**

- 1 YOUTH FEEL SAFE AT SCHOOL
- 2 YOUTH HAVE BEEN BULLIED IN PAST MONTH
- 3 YOUTH IN A PHYSICAL FIGHT ONCE OR MORE WITHIN THE PAST YEAR
- 4 PROPERTY CRIME RATE
- 5 VIOLENT CRIME RATE
- 6 ADOLESCENT (AGE 10-17) ARREST RATE
- 7 RATE OF CHILD PROTECTIVE SERVICES ACCEPTED REFERRALS
- 8 DOMESTIC VIOLENCE OFFENSE RATE
- 9 SEX OFFENDERS RESIDING IN KITSAP COUNTY - *forthcoming*
- 10 HOMICIDE DEATH RATE

#### **3. CIVIC PARTICIPATION**

- 1 ADULTS NOT REGISTERED TO VOTE
- 2 ADULTS REGISTERED AND NOT VOTING IN NOVEMBER ELECTION

### **G. UNHEALTHY BEHAVIORS**

#### **1. SUBSTANCE USE**

- 1 ADULT CURRENT SMOKERS
- 2 YOUTH SMOKED CIGARETTES IN PAST MONTH
- 3 YOUTH USED CHEWING TOBACCO IN PAST MONTH
- 4 YOUTH USED ANY TOBACCO IN PAST MONTH
- 5 YOUTH USED MARIJUANA IN PAST MONTH
- 6 YOUTH USED PAIN KILLERS TO GET HIGH IN PAST MONTH
- 7 ADULT BINGE DRINKING IN PAST MONTH
- 8 SIXTH GRADERS EVER USED ALCOHOL
- 9 YOUTH USED ALCOHOL IN PAST MONTH
- 10 YOUTH BINGE DRINKING IN PAST 2 WEEKS
- 11 YOUTH DRUNK AT SCHOOL IN PAST YEAR
- 12 ALCOHOL RELATED DEATH RATE

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- 13 ALCOHOL RELATED HOSPITALIZATION RATE
- 14 DRUG RELATED DEATH RATE
- 15 DRUG RELATED HOSPITALIZATION RATE
- 16 OPIATE RELATED DEATH RATE
- 17 OPIATE RELATED HOSPITALIZATION RATE
- 18 HEALTH DISTRICT SYRINGE EXCHANGE PROGRAM

### **2. WEIGHT, NUTRITION AND PHYSICAL ACTIVITY**

- 1 ADULTS BY BODY MASS INDEX
- 2 ADULTS OVERWEIGHT OR OBESE
- 3 YOUTH OVERWEIGHT OR OBESE
- 4 ADULTS EATING FEWER THAN 5 FRUITS AND VEGETABLES A DAY
- 5 YOUTH EATING FEWER THAN 5 FRUITS AND VEGETABLES A DAY
- 6 YOUTH DRINKING 1+ SODAS/POPS YESTERDAY
- 7 ADULTS NOT MEETING RECOMMENDATIONS FOR PHYSICAL ACTIVITY
- 8 YOUTH NOT MEETING RECOMMENDATIONS FOR PHYSICAL ACTIVITY
- 9 YOUTH WITH NO PHYSICAL EDUCATION CLASS AT SCHOOL
- 10 YOUTH WITH 3+ HOURS OF SCREEN TIME ON SCHOOL DAYS

### **3. SAFETY**

- 1 YOUTH NOT USING A HELMET
- 2 ADULTS NOT USING A SEATBELT
- 3 YOUTH NOT USING A SEATBELT
- 4 YOUTH RIDING WITH SOMEONE WHO HAD BEEN DRINKING
- 5 ADULTS NOT DRIVING AFTER DRINKING

## **H. DEATH, ILLNESS, INJURY, DISABILITY**

### **1. DEATHS AND HOSPITALIZATIONS**

- 1 LIFE EXPECTANCY AT BIRTH
- 2 ALL-CAUSE DEATH RATE
- 3 LEADING CAUSES OF DEATH FOR TOTAL POPULATION
- 4 LEADING CAUSES OF DEATHS FOR SUBGROUPS
- 5 YEARS OF POTENTIAL LIFE LOST (YPLL)
- 6 ALL-CAUSE HOSPITALIZATION RATE
- 7 LEADING CAUSES OF HOSPITALIZATION FOR TOTAL POPULATION
- 8 LEADING CAUSES OF HOSPITALIZATION FOR SUBGROUPS
- 9 LEADING CAUSES OF EMERGENCY ROOM VISITS - *forthcoming*

### **2. CHRONIC DISEASE**

- 1 ADULTS HAVE NOT LOST ANY TEETH DUE TO GUM DISEASE OR DECAY
- 2 ADULTS EVER TOLD THEY HAVE HIGH CHOLESTEROL
- 3 ADULTS EVER TOLD THEY HAVE HIGH BLOOD PRESSURE
- 4 ADULTS EVER TOLD THEY HAVE CORONARY HEART DISEASE
- 5 ADULTS EVER TOLD THEY HAVE DIABETES
- 6 YOUTH HAVE EVER BEEN TOLD THEY HAVE DIABETES
- 7 ADULTS EVER TOLD THEY HAVE ASTHMA
- 8 YOUTH EVER TOLD THEY HAVE ASTHMA

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- 9 CIRCULATORY SYSTEM HOSPITALIZATIONS
- 10 DIABETES-RELATED HOSPITALIZATIONS
- 11 CANCER INCIDENCE (LUNG, BREAST, UTERINE/CERVIX, COLORECTAL)
- 12 CANCER DEATHS (LUNG, BREAST, UTERINE/CERVIX, COLORECTAL)

### **3. INFECTIOUS DISEASE**

- 1 CHLAMYDIA INFECTIONS AGE 15-24
- 2 TREATMENT RATE FOR CHLAMYDIA FOR WOMEN AGE 15-24
- 3 RATE OF NEW HIV CASES
- 4 CHRONIC HEPATITIS C INFECTIONS
- 5 TUBERCULOSIS

#### ***VACCINE-RELATED DISEASES***

- 6 PERTUSSIS
- 7 MEASLES
- 8 TWO YEAR OLD CHILDREN WITH COMPLETE IMMUNIZATIONS
- 9 KINDERGARTEN CHILDREN WITH COMPLETE IMMUNIZATIONS
- 10 ADULTS HAD FLU SHOT IN PAST YEAR
- 11 ADULTS 65+ HAVE EVER HAD PNEUMONIA SHOT

### **4. INJURY**

- 1 UNINTENTIONAL INJURY HOSPITALIZATIONS BY TYPE
- 2 CHILD UNINTENTIONAL INJURY HOSPITALIZATIONS AS A PERCENT OF ALL CHILD HOSPITALIZATIONS
- 3 CHILD UNINTENTIONAL INJURY HOSPITALIZATION RATE
- 4 UNINTENTIONAL INJURY HOSPITALIZATIONS TO WOMEN AS A PERCENT OF ALL HOSPITALIZATIONS TO WOMEN
- 5 UNINTENTIONAL INJURY DEATHS BY TYPE

### **5. DISABILITY**

- 1 POPULATION WITH A DISABILITY
- 2 POPULATION WITH VARIOUS DISABILITIES