

How MATRx Works

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MATRx Tray Fitting

- Your physician refers you to a Sleep Dentist
 - You will be fit with temporary dental trays for the MATRx Study
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2

The MATRx Titration Study

- The Sleep Tech inserts your trays and prepares you for your MATRx study night
 - The Sleep Tech monitors your sleeping patterns and waits until periods of apnea occur
 - While you sleep, your jaw is moved forward remotely, in very small increments, until your sleep apnea is treated
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3

Physician Interprets the MATRx Study

- The Sleep Physician decides if you are a good candidate for oral appliance therapy
 - You are referred to a sleep dentist with a prescription for oral appliance therapy which includes the jaw position for effective treatment
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Sleep Dentist & The Oral Appliance

- The Sleep Dentist has your custom oral appliance made at the jaw position prescribed by the sleep physician
 - You return to the dental office to have your custom appliance fit
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5

The Oral Appliance at Night Time

- Wear your oral appliance and get a good night sleep!
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