



## Delaware Valley Ski Patrol Lambertville, New Jersey



Course Title:	<b>Outdoor Emergency Care (OEC)</b>	Start Date: <b>8/23/2016</b>
Instructor of Record:	<b>David Mooney</b>	NSP Course Number: <b>34907</b>
Course Location:	<b>LNHARS, 70 Alexander Ave., Lambertville, NJ 08530</b>	

Welcome Candidates!

This is the Delaware Valley Ski Patrol Outdoor Emergency Care class registration packet. Included is the class information summary describing our class, how to obtain the OEC Textbook, OEC class FAQ, the class calendar and the Registration Form for the DVSP OEC class (last page).

**The TOTAL COST for the OEC class will be approximately \$176**

This cost is for the **OEC 5th Edition** book (approx. \$86), NSP testing fee (\$60) and DVSP administration fee (\$30).

***IMPORTANT ITEM #1:*** You will need to order your own OEC book – *see page 3.*

Print & Fill out the attached Registration Form and send it with payment. Send a check or money order; do not send cash. If you have any questions or payment issues please contact me ASAP:

**(email) [dmooney@earthlink.net](mailto:dmooney@earthlink.net) (cell) 908-328-6125**

Make the check out to "**Delaware Valley Ski Patrol**" and send it to the DVSP Treasurer:

Jim Paradee  
126 Review Ave  
Lawrenceville, NJ 08648

***IMPORTANT ITEM #2:*** You will need to be a ski patrol candidate at a ski area by the end of class to qualify for the NSP member rate for this class, by registering without a candidacy you accept the risk that you may have to pay the non-member registration cost (an additional \$320). I need a confirmation (email or phone call) from the OEC/candidate administrator or Patrol Director of the ski area you are a candidate at.

***#2a – If you do not have a ski area selected and wish to join a ski patrol, contact me BEFORE you fill out the registration form. I can help you find a ski area.***

***IMPORTANT ITEM #3:*** Administration fee is non-refundable after the first day of class. NSP testing fee is non-refundable after the 4th class.





## Delaware Valley Ski Patrol Lambertville, New Jersey



### 2016 Outdoor Emergency Care Class

Classes: **Tuesdays & Thursdays at 7:00pm - 10:00pm**  
Starting Date: **Tuesday, August 23th**  
End Date: **Tuesday, December 6th**  
Location: **Lambertville – New Hope Rescue Squad, Lambertville, NJ**

“Outdoor Emergency Care® is the NSP’s award-winning training program for patrollers and others in the recreation community who deal with emergency situations. This nationally recognized program is designed to help you manage the toughest emergencies, in all seasons.” ~ National Ski Patrol website

The DVSP OEC class emphasizes the practical “hands-on” emergency care skills needed in the field. To cut down the length of the entire class and shorten our lectures there is homework. Candidates will need to spend 8-10 hours each week reading the OEC book, doing the required book exercises, and general studying to allow more class time for the exciting hands-on training.

There are three required all day events: DVSP OEC Refresher (10/2/16), OEC Pre-test (11/20/16), OEC Final test (12/3/16). We will also have Thursday classes starting mid-way through the class for additional hands-on skill practice.

NSP requires all members to have Professional CPR. This is not part of the class, but an AHA Professional Rescuer CPR class will be offered through DVSP.

#### **This class is open to everyone!**

Patrol Candidates interested in taking the OEC class for alpine/nordic patrolling must have the ski area's patroller director or OEC coordinator contact the DVSP OEC Director to confirm that you are enrolled as a candidate at that area (email or phone call).

DVSP is a nordic ski patrol that patrols Washington Crossing State Park & High Point State Park. DVSP also is a bike patrol and patrols Washington Crossing State Park during the summer months! Please contact the DVSP Patrol Director additional info.

Non-Ski Patrol candidates are welcome to enroll too. If you would like to enroll for OEC training as a non-NSP member, please contact us for additional information.

**To sign up, please visit the DVSP website at**

**[www.dvsp.org](http://www.dvsp.org)**

**and click on the OEC Information link.**



## **Outdoor Emergency Care (OEC) Book**

1. **The 5th Edition OEC manual, 2nd printing** →

**or later is required for the OEC class.**  
The 2nd printing contains numerous corrections & errata to the book. The publisher will be shipping the most current printing. (hint, hint!)

2. **You must purchase the OEC book yourself before the start of class.**

No books (none, nada) will be available at the class. Assume a 2 week delivery time (worst case scenario). There is pre-class reading (see below) and candidates must bring the book to every class!

3. **Do NOT buy or borrow a used book that has been written in. I will check.**

There are written exercises in the book you will be required to complete during the class and there is an access code number that comes with each book that is used for accessing the online quizzes and study material.

*(If you happen to get a clean used book, you may still need to buy an access code: \$8)*

4. **Do NOT rent an OEC book.**

New rule for 2016 because I know someone will ask. See Item 3.

5. **Do NOT buy an ebook version (eTextbook) of the OEC manual.**

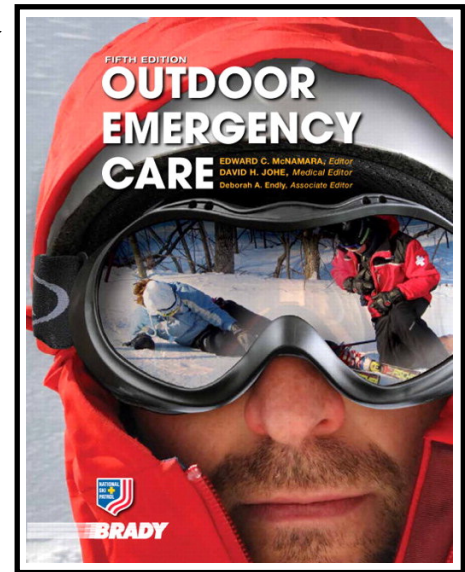
The paperback version of the book is required for this class.

6. **Do NOT buy an OEC workbook.**

The work book you may see online is for older versions of the OEC program.

7. **You may buy the book from anywhere**, however we highly recommend purchasing it directly from the publisher Bradybooks. It is also, available from Amazon.com and other online stores, but make sure you are buying new.

Currently (6/1/16) \$86 (after discount, free ship) at Brady, \$90-\$114 at Amazon



### **Ordering the OEC book from Bradybooks.com:**

Click on or copy/paste the following link and follow the directions for ordering the book with the promotional code: <https://www.nsp.org/about/OEC-Brady-Ordering-Inst.aspx>

### **PRE-CLASS READING:**

**Candidates are to read chapters 1 & 2 before the FIRST DAY of class.**

It is recommended that you begin reading the rest of book as soon as you receive it as there is a lot to read in a short amount of time. Do not wait for the start of class!

**If you have any questions regarding ordering the OEC book, please contact David Mooney:**  
(email) [dlmooney@earthlink.net](mailto:dlmooney@earthlink.net) (cell) 908-328-6125

**DVSP OEC Class Schedule 2016**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	8/21	8/22	<b>8/23</b> <b>OEC Intro</b>	8/24	8/25	8/26	8/27
2	8/28	8/29	<b>8/30</b> <b>Anatomy, Vitals &amp; BSI</b>	8/31	9/1	9/2	9/3
3	9/4	9/5 Labor Day	<b>9/6</b> <b>Bleed &amp; Shock, Pat. Assessment</b>	9/7	9/8	9/9	<b>9/10</b> <b>Instructor Refresher</b>
4	9/11	9/12	<b>9/13</b> <b>Airway Emerg., O2 Equip., Bandaging</b>	9/14	9/15	9/16	9/17
5	9/18	9/19	<b>9/20</b> <b>MOI, Bone/Joint Injuries Splinting Demo</b>	9/21	9/22	9/23	9/24
6	9/25	9/26	<b>9/27</b> <b>Soft Tissue, Hands-on Practice</b>	9/28	9/29	9/30	10/1
7	10/2	10/3	<b>10/4</b> <b>Eye/Face/Throat, Neurological</b>	10/5	10/6	10/7	10/8
8	<b>10/9</b> <b>DVSP OEC Refresher</b>	10/10	<b>10/11</b> <b>Chest &amp; Abdom., Practical Stations</b>	10/12	<b>10/13</b> <b>CPR (Candidates)</b>	10/14	10/15
9	10/16	10/17	<b>10/18</b> <b>Head &amp; Spine, Backboarding</b>	10/19	<b>10/20</b> <b>Ob/Gyn Emergencies</b>	10/21	10/22
10	10/23	10/24	<b>10/25</b> <b>Environmental, Traction</b>	10/26	<b>10/27</b> <b>CPR (Patrollers)</b>	10/28	10/29
11	10/30	10/31 Halloween	<b>11/1</b> <b>Common Medical</b>	11/2	<b>11/3</b> <b>Practical Sessions</b>	11/4	11/5
12	11/6 (Daylight Savings Ends)	11/7	<b>11/8</b> <b>Triage</b>	11/9	<b>11/10</b> <b>Practical Sessions</b>	11/11	11/12
13	11/13	11/14	<b>11/15</b> <b>WRITTEN EXAM</b>	11/16	<b>11/17</b> <b>Practical Sessions</b>	11/18	11/19
14	<b>11/20</b> <b>Practice Test</b>	11/21	<b>11/22</b> <b>Practical Sessions</b>	11/23	11/24 Thanksgiving	11/25	11/26
15	11/27	11/28	<b>11/29</b> <b>Practical Sessions</b>	<b>11/30</b> <b>Practical Sessions</b>	12/1	12/2	<b>12/3</b> <b>PRACTICAL EXAM</b>
16	12/4	12/5	<b>12/6</b> <b>OEC Wrap-up</b>	12/7	12/8	12/9	12/10

## **OEC Class FAQ**

**Q: Do I have to attend all of the classes?**

A: YES!

**Q: ...but I [pick one]:**

**(A) am sick. (B) have a personal emergency. (C) have this very important thing to do.**

A: (A) If you are sick, stay home and get well. (B) Emergencies happen, take care of it.  
(C) Nothing is more important than this class (seriously).

If you can't make a class for any reason, please contact me (text/call/email) ASAP.

This class has been made as lean and short as possible and has a lot of practical hands-on training. All information given in the classes is critical to your passing the final exams and may not be in the book.

***If you know you will miss two or more of the Tuesday classes – DO NOT TAKE THIS CLASS.***

(Exception: if you have medical background and talk to me first, otherwise...)

**Q: What if I miss a class, can't I make up a lecture during a practical session?**

A: No. There will be no make-up lectures. If you miss a lecture, you will need to spend extra time studying that chapter. The practical sessions are for practicing the more difficult hands-on training and for preparing for the final practical exam.

**Q: The DVSP OEC Refresher is on the Schedule, but I'm not a patroller yet. Do I need to attend this?**

A: Yes – you need to attend an OEC refresher. It is part of the class training and will give you a better idea of what you are in for after the class. Ideally you will attend the DVSP refresher, but you may also attend the OEC refresher at your ski area instead. Often areas will tie-in a patrol meeting and discuss "local protocol", so attending your area's refresher may be best.

**Q: I can't make the Written Exam.**

A: See/call me immediately.

**Q: I can't make the Practical Exam.**

A: If you know this before the class starts – **DO NOT TAKE THIS CLASS.**

If this is (A) sick or (B) emergency, call me ASAP.

If this is (C)... give me your boss's/spouse's cell number and I'll explain to him/her why this is more important.

**Q: I can't make the mandatory CPR (Candidates) class listed on the schedule.**

A: We hold one CPR for the candidates, but if you have a conflict, you may attend the one marked "Patrollers".

Still have a conflict? You may take any registered professional CPR class to fulfill this requirement and will need to do so if you cannot attend either of ours. Please review the CPR class you plan to take with me before you take it – *not all CPR classes qualify*. If you have a CPR card that is current – make a copy and give it to me.

**Q: I'm an EMT or other medically trained professional, can't I just challenge the OEC tests?**

A: I would highly recommend taking the full class, but feel free to contact me to discuss it.

**Q: I didn't find an answer to my question.**

A: Contact me: dlmooney@earthlink.net or 908-328-612



**Delaware Valley Ski Patrol  
Lambertville, New Jersey**



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Please fill out the form below (print neatly if handwritten!) and send it with your payment:

**2016 OEC Registration Form:**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Cell  Home  Work

Phone number where you can be contacted (Check location, cell is preferred) \_\_\_\_\_

PENDING

Name of Ski Area you are a Candidate at \_\_\_\_\_ (Check "PENDING" if not officially accepted as a candidate yet )

<b><u>OEC COURSE*</u></b>	
DVSP Administration Fee**	\$30.00
NSP OEC Testing Fee***	<u>\$60.00</u>
<b>TOTAL:</b>	<b>\$90.00</b>
Make check or money order to: <b>Delaware Valley Ski Patrol</b>	
Send payment with this registration form to:	
<b>Jim Paradee, 126 Review Ave, Lawrenceville, NJ 08648</b>	

\*The OEC book required for the class is not included in the course fee. You are required to have a new 5<sup>th</sup> Edition OEC book. The book is approximately \$86 *with the NSP members discount code from Bradybooks*. It is also available from Amazon.com.

**Before you order an OEC book:**

Review the included "OEC Book" sheet or go to the OEC section of the DVSP website ([www.dvsp.org](http://www.dvsp.org)) for more information on ordering the manual, costs and which book you need (5<sup>th</sup> edition only).

**FINE PRINT:**

\*Again, the OEC Manual cost is separate and NOT included in the course fee!

\*\*Admin. fee is non-refundable after the first day of class. NSP OEC Testing Fee is non-refundable after the 4th class.

\*\*\*If you do not intend to be a National Ski Patroller, the non-member Admin./Testing fee is \$320 – CALL FIRST!