

## Appetizers

<b>Whole Baked Clams</b>	10.95	<b>Mozzarella &amp; Peppers</b> red onion,	12.95
<b>Fried Calamari</b> hot or sweet marinara sauce	11.95	balsamic glaze	
<b>Calamari Delo</b> olives, hot cherry pepper, garlic	12.95	<b>Mozzarella Sticks</b> marinara sauce	8.95
<b>Fried Zucchini Sticks</b> marinara sauce	8.95	<b>Mussels Marinara or white wine w/garlic</b>	10.95
<b>Meatballs with Marinara</b> w/ garlic bread	10.95	<b>Rice Balls</b> mozzarella, basil, sun-dried tomato	8.95

## Soups

Cup 4.95 Bowl 5.95

**French Onion    Tortellini in Brodo    Stracciatella**

## Salads

**Avocado +2.95 / Chicken +3.95 / Shrimp +6.95 / Salmon +8.95 / Steak +10.95**

<b>Asian Salad</b> mixed greens, oranges, red onion, fresh ginger, oriental noodles, asian dressing	7.95
<b>Beet Salad</b> baby arugula, beets, apples, aged balsamic, shaved grana padano	11.95
<b>Caesar</b> romaine, parmesan cheese, homemade croutons	8.95
<b>Chef Salad</b> mixed greens, ham, turkey, american & swiss cheese, hard boiled egg, tomato, cucumber	11.95
<b>Chick Pea**</b> cucumber, onion, kalamata olives, cherry tomatoes, feta cheese, sicilian pesto	10.95
<b>Goat Cheese Salad**</b> arugula, slivered almonds, dried cranberries, goat cheese, raspberry vinaigrette	11.95
<b>Greek</b> mixed greens, cucumber, tomato, feta, red onion, radishes, homemade croutons, black olives	9.95
<b>House Salad</b> mixed greens, cucumber, tomato, red onion, pepperoncini, homemade croutons	7.95
<b>Howard Salad**</b> mixed greens, almonds, dried cranberries, mandarin oranges, orange dressing	9.95
<b>Italian Salad</b> mixed greens, salami, provolone, pepperoni, olive, cucumber, tomato, pepperoncini	11.95
<b>John's Warm Spinach Salad</b> bacon, sautéed onions, honey mustard dressing	9.95
<b>Mesclun**</b> walnuts, gorgonzola, red onion, warm balsamic dressing	9.95
<b>Mexi Salad</b> romaine, black beans, red onion, corn, tomato, tortilla chips, balsamic vinaigrette	9.95

## Omelets, Pizza, Burgers, Etc.

### Omelets served with white or rye toast

<b>Omelet</b> choice of 3: ham, bacon, onions, mushrooms, spinach, cheese (american, cheddar, swiss, mozzarella, feta) <b>egg whites +1</b>	9.95
<b>California Omelet</b> avocado, bacon, tomato, cheddar cheese	10.95
<b>Greek Omelet</b> egg whites, spinach, mushrooms, feta	9.95
<b>Vegetable Omelet</b> zucchini, peppers, mushrooms, onions, broccoli	10.95
<b>Western Omelet</b> peppers, onions, ham, cheddar cheese	9.95
<b>Chicken Fingers</b> homemade parmesan fries	9.95
<b>Grilled Vegetable Platter</b> eggplant, zucchini, portabella mushroom, onions, peppers, balsamic glaze	12.95
<b>Thin Crust Pepperoni Pizza</b>	12.95

### Burgers served with homemade parmesan fries

<b>Hamburger</b> lettuce, tomato, raw onion, pickle	10.95
<b>Add a topping + \$1 each</b> sautéed mushrooms, onions, cheese (american, mozzarella, swiss or gorgonzola)	
<b>Add a topping + \$2 each</b> bacon, avocado	
<b>California Burger</b> cheddar cheese, bacon, tomato, avocado	14.95
<b>Patty Melt</b> burger on grilled rye bread with caramelized onions, & melted swiss cheese	12.95
<b>Poppy's Pizza Burger</b> mozzarella cheese & marinara	12.95
<b>Portabella Burger**</b> (meatless) portabella mushrooms, fresh mozzarella cheese, roasted peppers, basil pesto sauce	9.95
<b>Turkey Burger</b> swiss, avocado, tomato	10.95
<b>Vegetable Burger</b> avocado, sliced tomato	10.95
<b>Cauliflower Crust Margarita Pizza</b> fresh mozzarella, marinara, basil	10.95



## Sandwiches, Wraps and Paninis

(Choice of Parmesan Fries, Macaroni Salad or Mixed Greens)



<b>BLT Traditional</b> bacon, lettuce, tomato on Italian toast with mayo	9.95
<b>Open Faced Grilled Cheese</b> american cheese, bacon & tomato	9.95
<b>Sliced Steak Sandwich</b> melted mozzarella cheese, sautéed onions, toasted garlic hero	18.95
<b>Bobby K. Hero</b> breaded chicken cutlet, seasoned tomatoes, garlic, oregano, fresh mozzarella	10.95
<b>Bridget's Chicken Parm alla Vodka Hero</b> breaded chicken cutlet, mozzarella cheese, vodka sauce	11.95
<b>Chicken Parmesan Hero</b> breaded chicken cutlet, mozzarella cheese, marinara sauce	10.95
<b>Chicken Cutlet Hero**</b> breaded chicken cutlet, prosciutto, fresh mozzarella, basil pesto, tomato, arugula	12.95
<b>Eggplant Parmesan Hero</b> breaded eggplant, ricotta & mozzarella cheese, marinara	10.95
<b>Italian Hero</b> salami, prosciutto, pepperoni, provolone, pepperoncini, balsamic vinaigrette	12.95
<b>Mozzarella Hero**</b> fresh mozzarella, basil pesto, tomato, arugula	10.95
<b>Shrimp Parmesan Hero</b> breaded shrimp, melted mozzarella cheese, marinara sauce	12.95
<b>Veal Parmesan Hero</b> breaded veal cutlet, melted mozzarella cheese, marinara sauce	15.95
<b>The American Wrap</b> grilled chicken, tomato, mixed greens, american cheese, honey mustard	10.95
<b>Barbecue Wrap</b> breaded chicken cutlet, romaine, tomato, onion, barbecue sauce	10.95
<b>Buffalo Chicken Cutlet Wrap</b> breaded chicken cutlet, romaine, blue cheese, red onion, hot sauce	10.95
<b>California Chicken Wrap</b> grilled chicken, bacon, cheddar cheese, tomato & avocado	12.95
<b>Chicken Caesar Wrap</b> grilled chicken, romaine lettuce, caesar dressing	10.95
<b>Chris Wrap</b> breaded chicken cutlet, roasted peppers, fresh mozzarella, creamy Italian dressing	10.95
<b>Ham &amp; Swiss Wrap</b> lettuce, tomato, honey mustard dressing	9.95
<b>Mexi Wrap</b> grilled chicken, jasmine rice, corn, black beans, tomatoes, balsamic vinaigrette	10.95
<b>Perri Wrap</b> grilled chicken, spinach, fresh mozzarella, creamy Italian dressing	10.95
<b>Pesto Wrap**</b> grilled chicken, mozzarella cheese, arugula, pesto	12.95
<b>Portabella Wrap**</b> roasted pepper, tomato, fresh mozzarella, balsamic glaze	10.95
<b>Shrimp Caesar Wrap</b> grilled shrimp, romaine lettuce, caesar dressing	12.95
<b>Turkey BLT Wrap</b> turkey, bacon, lettuce, tomato, with mayo	10.95
<b>Vegetable Wrap</b> eggplant, portabella mushroom, zucchini, mozzarella cheese, balsamic vinaigrette	11.95
<b>Chicken Fingers Wrap</b> breaded chicken fingers, romaine, tomato with honey mustard dressing	10.95
<b>Grilled Chicken Panini</b> broccoli rabe and fresh mozzarella cheese	10.95
<b>Ham &amp; Turkey Panini</b> swiss cheese, sliced tomatoes and russian dressing	9.95

## Pasta Entrées

<b>Angel Hair Primavera</b> mixed vegetables, light cream sauce	12.95
<b>Baked Ziti Marinara or Bolognese</b>	12.95/14.95
<b>Cheese Ravioli* (Homemade) Marinara or Bolognese</b>	12.95/14.95
<b>Cheese Tortellini</b> ham, peas, mushrooms, cream sauce	12.95
<b>Fettuccini*</b> sausage, broccoli, garlic & oil	14.95
<b>Fettuccini Boscaiola*</b> homemade sausage, mushrooms, light marinara, truffle oil	15.95
<b>Fried Ravioli Fra Diablo</b> spicy marinara	12.95
<b>Fusilli</b> chicken, broccoli, sun-dried tomatoes, pink sauce	12.95
<b>Linguine Carbonara</b> bacon, pancetta, scallions, cream sauce	14.95
<b>Linguine with Meatballs</b> marinara	12.95
<b>Linguine with Mussels Posillipo</b> fresh tomato, clam juice, light red broth	14.95
<b>Malfatti*</b> sausage, broccoli rabe, cherry tomatoes, marinara	15.95
<b>Mike's Favorite</b> fusilli with homemade sausage, broccoli rabe, mozzarella cheese, garlic & oil	15.95
<b>Pappardelle Bolognese</b> homemade pasta with meat sauce	14.95
<b>Penne alla Norma</b> eggplant, fresh mozzarella, marinara sauce	12.95
<b>Rigatoni alla Vodka</b> pancetta, tomatoes, onions, cream     chicken + 3.95 / shrimp +6.95	11.95
<b>Fusilli Clam Sauce</b> white or red	15.95
<b>Fusilli Pesto**</b> shrimp, tomato, garlic, basil pesto sauce	16.95
<b>Mixed Seafood</b> linguine, shrimp, scallops, calamari, mussels, clams, spicy marinara	23.95
<b>Paglia &amp; Fieno</b> homemade white & green fettucine with shrimp, mushrooms, cream sauce	16.95
<b>Spaghetti with Shrimp Fra Diavolo</b> spicy marinara	16.95
<b>Vegetable Lasagna</b> eggplant, zucchini, peppers, onion, mushroom, cheese, marinara	13.95

## Entrées

<b>Eggplant Parmesan</b> (gluten free)	14.95
<b>Eggplant Rollatini Marinara</b> with linguine	13.95
<b>Chicken Caprese</b> tomato, mozzarella cheese, brown sauce, red potato & mixed vegetables	14.95
<b>Chicken Francese</b> lemon butter sauce with tomatoes & scallions, jasmine rice & mixed vegetables	14.95
<b>Chicken Monachina</b> breaded cutlet, mozzarella cheese, mushrooms, brown sauce	14.95
<b>Chicken Parmesan</b> served with linguine marinara	14.95
<b>Chicken Toscana**</b> chestnuts & wine, red potato & mixed vegetables	16.95
<b>Veal Francese</b> lemon butter sauce with tomatoes & scallions, jasmine rice & mixed vegetables	19.95
<b>Veal Marsala</b> mushrooms & marsala wine, red bliss potato & mixed vegetables	21.95
<b>Veal Parmesan</b> served with linguine marinara	19.95
<b>Veal Scaloppini Walnuts &amp; Raisins**</b> semi-sweet brown sauce, red bliss potato & mixed vegetables	22.95
<b>Chop Steak</b> sautéed mushrooms & onions, mashed potatoes	14.95
<b>Grilled Strip Steak</b> homemade fried polenta & cherry tomato arugula salad with corn	24.95
<b>Steak Pizzaiola</b> onions, peppers, tomatoes, oregano, marinara, with linguini	25.95
<b>Grilled Swordfish</b> sliced tomato & garlic, red potato & mixed vegetables	18.95
<b>Honey Glazed Salmon</b> red skinned potato & mixed vegetables	18.95
<b>Shrimp Francese</b> lemon butter sauce with tomatoes & scallions, jasmine rice & mixed vegetables	19.95
<b>Shrimp Parmesan</b> served with linguini marinara	19.95
<b>Shrimp Scampi</b> over angel hair pasta, light red scampi sauce with tomatoes & garlic	19.95
<b>Tilapia Francese</b> lemon butter sauce with tomatoes & scallions, jasmine rice & mixed vegetables	16.95

\*Homemade Fresh Pasta Made In-House

\*\*CONTAINS NUTS

Gluten Free & Whole Wheat Penne Available