

## GIRLS TOP TEN

RANK	100 METERS	YR.	MARK	RANK	200 METERS	YR.	MARK
1	ALESSANDRA GONZALES	12	12.49	1	ASHA BLADES	09	24.98
2	ERICKA WILLIAMS (FRESHMAN) ASHA BLADES	95 09	12.51	2	DANIELLA RUSSELL	00	25.13
4	INDIA HINES	15	12.4 (.64)	3	CROIX SOTO (9 <sup>TH</sup> )	16	25.81
4	DANIELLA RUSSELL	99	12.64	4	ALESSANDRA GONZALES	12	25.89
6	VANESSA CASILLAS	02	12.5(.74)	5	INDIA HINES	15	25.7(.94)
7	CROIX SOTO (9 <sup>TH</sup> )	16	12.81	6	ERICKA WILLIAMS (9 <sup>TH</sup> )	95	26.16
8	NATALIE CALDERON	03	12.6(.84)	7	VANESSA CASILLAS	02	26.1(27)
9	JAMIE BELL	04	12.87	8	JAMIE BELL	04	26.40
10	MARY JO ALEXANDER	00	12.88	9	GINA CLAYTON	01	26.63
				10	NATALIE CALDERON (FRESHMAN)	00	26.6
	400 METERS				800 METERS		
1	DANIELLA RUSSELL	99	57.20	1	GINA CLAYTON	01	2:15.51
2	ASHA BLADES	09	57.32	2	ELENI DAUGHTERS	16	2:16.59
3	ELENI DAUGHTERS	16	58.87	3	SHANNON SKAGER	02	2:20.99
4	ALEXANDRA GHANTOUS (9 <sup>TH</sup> )	'11	60.17	4	HANNAH MILLER	95	2:21.35
5	CROIX SOTO (9 <sup>TH</sup> )	'16	60.27	5	LAUREL KUHN	06	2:23.02
6	NATALIE CALDERON	01	60.32	6	BETTINA LEE (10 <sup>TH</sup> )	14	2:24.06
7	LAUREL KUHN	06	60.2	7	ERIKA POLANCO (10 <sup>TH</sup> )	08	2:25.84
8	GINA CLAYTON	01	60.5	8	TRACY CRESTA	12	2:25.99
9	MARY JO ALEXANDER	97	60.8	9	MARILYN CROWLEY	13	2:26.56
10	ANAISE NUGENT	17	61.38	10	MARGARET SITKER	06	2:26.73
RANK	1600 METER RUN	YR.	MARK	RANK	3200 METER RUN	YR	MARK
1	SHANNON SKAGER	02	5:12.28	1	MARGARET SITKER	07	11:26.47
2	MARGARET SITKER	07	5:12.33	2	ERIKA POLANCO (10 <sup>TH</sup> )	08	11:30.52
3	HANNAH MILLER	97	5:17.4	3	HANNAH MILLER	96	11:31.35
4	BETTINA LEE (10 <sup>TH</sup> )	14	5:21.78	4	SHANNON SKAGER	02	11:45.59
5	ERIKA POLANCO (10 <sup>TH</sup> )	08	5:24.03	5	BETTINA LEE (10 <sup>TH</sup> )	14	11:54.25
6	ABIGAIL MARICH (FROSH)	13	5:28.29	6	GINA CLAYTON	99	12:05.8
7	SAMANTHA KNAPP	17	5:35.92	7	SAMANTHA KNAPP	17	12:23.96
8	MARIANA HENRY	12	5:37.21	8	KELSEY MCALISTER	09	12:25.1
9	GINA CLAYTON	98	5:40.7	9	SUSIE CAPOCCIA	07	12:33.0
10	SUSIE CAPOCCIA	07	5:41.0	10	MARIANA HENRY	12	12:36.38
	100 METER HIGH HURDLES				300 METER LOW HURDLES		
1	INDIA HINES	14	15.89	1	INDIA HINES	15	44.61
2	JASMINE HORTON	02	16.24	2	KJERSTI HOUSMAN	04	45.85
3	KJERSTI HOUSMAN	04	16.40	3	MARY JO ALEXANDER	00	45.97
4	MARY JO ALEXANDER	00	16.55	4	CINDY DOSTALEK	96	46.7
5	CINDY DOSTALEK	96	16.77	5	MICHELLE ALGIERS (10 <sup>TH</sup> )	19	47.55
5	MICHELLE JOHNSON	11	16.9(17.14)	6	ERIN DASILVA (FRESHMAN)	04	48.91
7	NATALIE CALDERON	01	17.19	7	CARLY BARKAWITZ (9 <sup>TH</sup> )	05	49.14
8	ERIN DASILVA	05	17.40	8	SAMANTHA CUERINGTON	08	49.36
9	CHEYANNE WILLIAMS	12	17.54	9	MICHELLE JOHNSON	11	50.01
10	SARAH KOPCHA (10 <sup>TH</sup> )	11	17.5(.74)	10	ALESSANDRA GONZALES	12	50.14

	400 METER RELAY				1600 METER RELAY		
1	MARY JO ALEXANDER, GINA CLAYTON, DANIELLA RUSSELL, NATALIE CALDERON	00	48.55	1	DANIELLA RUSSELL, MARY JO ALEXANDER, GINA CLAYTON, NATALIE CALDERON	00	3:52.83
2	DENISE PETERSON, DIONNA WILLIAMS (SOPH), NOELLE CROWLEY, ALESSANDRA GONZALES	13	49.99	2	TRACY CRESTA, ALESSANDRA GONZALES, DENISE PETERSON, CAROLANN DYSON (9 <sup>TH</sup> )	12	4:00.68

3	ALLYSON PASCUA, SAMANTHA CUERTINGTON, NATALIE VEGA (10 <sup>th</sup> ), ASHA BLADES	09	50.10	3	DENISE PETERSON, ALESSANDRA GONZALES, INDIA HINES (SOPH), TRACY CRESTA	13	4:01.53
4	ALLYSON PASCUA, SAMANTHA CUERTINGTON, LORI CUERTINGTON (9 <sup>th</sup> ), ASHA BLADES	08	50.21	4	LAUREL KUHN, ERIN DASILVA, KAITLIN WALSH, NATALIE CALDERON	03	4:01.94
5	INDIA HINES, DIONNA WILLIAMS, INGEBORG BAKKE, ELENI DAUGHTERS (10 <sup>th</sup> )	15	50.48	5	VANESSA CASILLAS, KJERSTI HOUSMAN, SHANNON SKAGER, NATALIE CALDERON	02	4:02.16
6	DENISE PETERSON, DIONNA WILLIAMS (SOPH), KENNEDI WHITTINGHAM, ALESSANDRA GONZALES	13	50.4 (50.54)	6	KJERSTI HOUSMAN, GINA CLAYTON, NATALIE CALDERON, SHANNON SKAGER	01	4:02.47
7	VANESSA CASILLAS, GINA CLAYTON, KJERSTI HOUSMAN, NATALIE CALDERON	01	50.67	7	TRACY CRESTA (10), ALEXANDRA GHANTOUS (9), DENISE PETERSON (10), ALESSANDRA GONZALES (10)	10	4:02.81
7	JENNIFER PAYNE, CROIX SOTO (9 <sup>th</sup> ), ANNALIS GUZMAN, ELENI DAUGHTERS	16	50.67	8	SHANNON SKAGER, MARY JO ALEXANDER, GINA CLAYTON, DANIELLA RUSSELL	99	4:03.66
9	RAEGAN ROBINSON, MARY JO ALEXANDER, ALEJANDRA ARBELAEZ, DANIELLA RUSSELL	99	50.84	9	CATHERINE CAHILL, JAMIE BELL, LAUREL KUHN (10 <sup>th</sup> ), KJERSTI HOUSMAN	04	4:04.51
10	MARY JO ALEXANDER, GINA CLAYTON, NATALIE CALDERON, VANESSA CASILLAS	00	50.86	10	SHANNON SKAGER, MARY JO ALEXANDER, GINA CLAYTON, NATALIE CALDERON	00	4:05.50
	LONG JUMP				TRIPLE JUMP		
1	NATALIE CALDERON	03	17'05.25"	1	NATALIE CALDERON	03	37'09.25"
2	SAMANTHA CUERTINGTON	09	17'02.25"	2	INDIA HINES	15	37'04.75"
3	INDIA HINES (SOPH)	13	17'00.00"	3	MICHELLE JOHNSON	11	34'08.75"
4	MICHELLE JOHNSON	11	16'11.50"	4	DIONNA WILLIAMS (SOPH)	13	34'08.00"
5	DIONNA WILLIAMS (SOPH)	13	16'10.00"	5	<b>MICHELLE ALGIERS (10<sup>th</sup>)</b>	19	<b>34'07.75"</b>
6	ALLYSON PASCUA	09	16'04.25"	6	ALLYSON PASCUA	08	34'03.00"
7	JENNIFER PAYNE	17	16'03.00"	7	SAMANTHA CUERTINGTON	09	34'02.50"
8	PAMELA KLEIN	12	16'02.50"	8	RAEGAN ROBINSON	99	34'02.25"
9	JASMINE HORTON	03	15'10.00"	9	SARAH KOPCHA (10 <sup>th</sup> )	11	33'10.00"
10	KJERSTI HOUSMAN	04	15'09.00"	10	MECO SMITH	98	33'07.25"
	SHOT PUT				DISCUS		
1	TAMARA BRYANT	02	42'03.75"	1	SHELBY MCCRAY	07	140'11.00"
2	ITHOHAN AIKHIONBARE	11	41'01.50"	2	TAMARA BRYANT	02	133'11.00"
3	BRANDI CHARLES	99	40'06.25"	3	ITHOHAN AIKHIONBARE	11	132'09.00"
4	SHELBY MCCRAY	07	37'00.75"	4	JAYA BANKS	14	121'10.00"
5	JAYA BANKS	14	36'03.00"	5	MICHELE DANNHAUSEN	05	121'05.00"
6	MICHELE DANNHAUSEN	05	34'09.00"	6	AMBER BEASTON	03	112'03.00"
7	JANE ZANTESON	16	33'08.00"	7	JESSICA NICOLA	02	106'03.00"
8	JANET HOOS	95	31'10.00"	8	BILLIE RUDE	13	103'03.00"
9	BILLIE RUDE	13	31'04.00"	9	JANE ZANTESON	16	98'08"
10	BRIANNA RODRIGUEZ	14	31'02.00"	10	BRANDI CHARLES	99	98'01.00"
	HIGH JUMP				POLE VAULT		
1	DIONNA WILLIAMS (10 <sup>th</sup> )	13	5'02.00"	1	NOELLE CROWLEY	14	10'08.00"
1	VANESSA CASILLAS	00	5'02.00"	2	TRACY CRESTA	13	10'01.00"
3	TAYLOR CASILLAS	05	5'00.00"	3	ALEXANDRA AKOBIAN (9 <sup>th</sup> ) JESSICA HORN	15 03	9'06.00"
3	JASMINE HORTON	02	5'00.00"	5	LYLA HUNT GWYNETH SCHOENBAUM SARAH ADAMS	01 17 17	8'06.00"
3	RAEGAN ROBINSON	99	5'00.00"	8	ERIN DASILVA	04	8'03.00"
3	<b>MICHELLE ALGIERS (10<sup>th</sup>)</b>	19	<b>5'00.00"</b>	9	CHEYENNE WINGATE	09	8'02.00"

7	RAVEN RHODES (10 <sup>th</sup> )	15	4'10.00"	10	ITOHAN AIKHIONBARE (10 <sup>th</sup> )	09	8'00.00"
7	JASMINE JENKINS (9 <sup>th</sup> )	06	4'10.00"				
7	KJERSTI HOUSMAN, ALLISA GORDON (10 <sup>th</sup> )	03 17	4'10.00"				

4 x 200 RELAY				4 x 800 RELAY			
1	MARY JO ALEXANDER, GINA CLAYTON, NATALIE CALDERON, DANIELLA RUSSELL	00	1:44.48	1	TRACY CRESTA, MARILYN CROWLEY, BETTINA LEE (9 <sup>th</sup> ), ABIGAIL MARICH (9 <sup>th</sup> )	13	9:59.04
2	ALEJANDRA ARBELAEZ, JENNY RUETTGERS, MARY JO ALEXANDER, DANIELLA RUSSELL	98	1:48.9	2	TRACY CRESTA, MARILYN CROWLEY (10 <sup>th</sup> ), VENETIA FREIHUBE (9 <sup>th</sup> ), MARIANA HENRY	12	10:19.25
3	ALEJANDRA ARBELAEZ, DANIELLA RUSSELL, MECO SMITH, MARY JO ALEXANDER	98	1:50.2	3	SAMANTHA KNAPP, MAKENNA MAUCHER, ELENI DAUGHTERS, ASHLEY MAYO	17	10:35.72
4	KRISTEN CAMPBELL, RACHELL ROBINSON, TRISH HANSEN, ERIKA WILLIAMS	95	1:50.5	4	GINA CLAYTON, JENNY RUETTGERS, SWAVA STENGEL, ANNA HUNT	98	10:37.73
5	TAYLOR CASILLAS, LAUREL KUHN, ERIN GRIPP, NATALIE CALDERON	03	1:50.7	5	TRACY CRESTA (9), ERIKA POLANCO, SARA RUPP (9), MARIANA HENRY (10)	10	10:43.23
6	VANESSA CASILLAS, GINA CLAYTON, KJERSTI HOUSMAN, NATALIE CALDERON	01	1:51.0	6	MARGARET SITKER, SUSIE CAPOCCIA (10 <sup>th</sup> ), SHANNON GIBBS, LAUREL KUHN	06	10:43.7
7	NOELLE CROWLEY, ALEXANDRA KEYSSELITZ INDIA HINES, ELENI DAUGHTERS (9 <sup>th</sup> )	14	1:51.24	7	BETTINA LEE (10 <sup>th</sup> ), VENETIA FREIHUBE, HANNAH HOWARD (10 <sup>th</sup> ), ABIGAIL MARICH (10 <sup>th</sup> )	14	10:45.66
8	CINDY DOSTALEK, RACHELL ROBINSON, TRISH HANSON, ERIKA WILLIAMS	96	1:51.55	8	ERIKA POLANCO (10 <sup>th</sup> ), JACKIE PACHECO (9 <sup>th</sup> ), CHEYENNE WINGATE (10 <sup>th</sup> ), LEILA LAURILLA (9 <sup>th</sup> )	08	10:47.01
9	JASMINE JENKINS (9 <sup>th</sup> ), TAYLOR CASILLAS, SAMANTHA CUERINGTON (9 <sup>th</sup> ), LISA WICKHEM	06	1:52.22	9	HANNAH MILLER, MARGARET GUERCIO, JULIETA SANTANA, LACY STAFF	96	10:49.6
10	KATIE MCCAULEY, NATALIE CALDERON, KJERSTI HOUSMAN, VANESSA CASILLAS	02	1:52.35	10	SHANNON GIBBS, LAUREL KUHN, ERIN DASILVA, MARGARET SITKER	05	10:52.79
4 x 1600 RELAY				DISTANCE MEDLEY			
1	BETTINA LEE (9 <sup>th</sup> ), Abigail Marich (9 <sup>th</sup> ), Jane Zanteson (9 <sup>th</sup> ), Marilyn Crowley	13	23:03.51	1	SHANNON SKAGER, NATALIE CALDERON, CHRISTINA TOM, GINA CLAYTON	01	13:26.90
2	SAMANTHA KEHRER, KRISTA LINDSAY, MARGARET GUERCIO, HANNAH MILLER	96	24:02.7	2	HANNAH MILLER, CLAIRE BRENNAN, MARGARET GUERCIO, LACY STAFF	96	13:38.48
3	GINA CLAYTON, SWAVA STENGEL, KATIE JOHNSTON, ANNA HUNT	98	24:05.7	3	HANNAH MILLER, CLAIRE BRENNAN, LACY STAFF, JULIETA SANTANA	96	13:38.76
4	BETTINA LEE (10 <sup>th</sup> ), ABIGAIL MARICH (10 <sup>th</sup> ), JANE ZANETESON (10 <sup>th</sup> ), HANNAH HOWARD (10 <sup>th</sup> )	14	24:11.47	4	GINA CLAYTON, ALEJANDRA ARBELAEZ, NICOLE BOROUMAND, SHANNON SKAGER	98	13:43.20
5	HANNAH MILLER, MARGARET GUERCIO, KRISTA LINDSAY, SAMANTHA KEHRER	95	24:17.5	5	SUSIE CAPOCCIA (10 <sup>th</sup> ), JESSICA HERNANDEZ, LAUREL KUHN, MARGARET SITKER	06	13:49.7
6	Abigail Marich (9 <sup>th</sup> ), Jane Zanteson (9 <sup>th</sup> ), Olivia Kavanaugh, Bettina Lee (9 <sup>th</sup> )	13	24:23.30	6	MARIANA HENRY (10), MICHELLE JOHNSON, TRACY CRESTA (9), ERIKA POLANCO	10	13:52.86
7	GINA CLAYTON, ALLISON HUTCHCRAFT, CHRISTINA TOM, SHANNON SKAGER	00	24:25.22	7	ALLISON HUTCHCRAFT, VANESSA CASILLAS, JESSICA HORN, SHANNON SKAGER	00	13:57.38
8	SWAVA STENGEL, ANNA HUNT, GINA CLAYTON, KATIE JOHNSTON	98	24:27.3	8	VENETIA FREIHUBE (9), ALEXANDRIA KEYSSELITZ (10), MARILYN CROWLEY (10), MARIANA HENRY	12	14:19.24
9	HANNAH MILLER, MARGARET GUERCIO, KRISTA LINDSAY, SAMANTHA KEHRER	95	24:47.32	9	CHRISTINA TOM, JASMINE HORTON, PAM GROTTIS, SHANNON SKAGER	00	14:19.36
10	MARIANA HENRY (10), TRACY CRESTA (9), SARA RUPP (9), ERIKA POLANCO	10	25:07.97	10	ALLISON HUTCHCRAFT, NICKY STAGGS, JESSICA HORN, SHANNON SKAGER	00	14:22.0
SPRINT MEDLEY				SHUTTLE HURDLES			
1	NATALIE CALDERON, ERIN DASILVA, JASMINE HORTON, LAUREL KUHN	03	4:25.72	1	JASMINE HORTON, NATALIE CALDERON, KRYSTELLE MAGBANUA, KJERSTI HOUSMAN	02	1:17.43

2	ALEJANDRA ARBELAEZ, IVY ROLDAN, AMANDA ELLIOTT, SWAVA STENDEL	98	4:49.2	2	ERIN DASILVA, JESSICA HERNANDEZ, SHANNON GIBBS, LAUREL KUHN	06	1:18.12
3	MECO SMITH, VANESSA CASILLAS, SHANNON SKAGER, ALLISON HUTCHCRAFT	00	4:49.62	3	JESSICA GARDNER, MICHELLE JOHNSON, CHEYANNE WILLIAMS (10), SARAH KOPCHA (10)	11	1:18.92
4	CARINA CROWDER (9), CHLOE BEAUVOIS (10), MAKENZIE LAPORTE (9), NOELLE CROWLEY (10)	12	4:51.27	4	ERIN DASILVA, STEPHANIE SMITH, LAUREL KUHN, KJERSTI HOUSMAN	04	1:19.57
5	JOCELYN ABAD, MECO SMITH, SHANNON SKAGER, ALLISON HUTCHCRAFT	00	5:02.0	5	MANDI STEPHEN, NATALIE CALDERON, KJERSTI HOUSMAN, JASMINE HORTON	01	1:20.4
6	CARINA CROWDER (9), ALEX KEYSSELTZ (10), CHLOE BEAUVOIS (10), MARILYN CROWLEY (10)	12	5:02.15	6	ALEJANDRA ARBELAEZ, LYLA HUNT, AMANDA ELLIOTT, CRYSTAL KLEIN	98	1:22.3
7	MARGARET GUERCIO, JULIE THACKARA, CLAIRE BRENNAN, HANNAH MILLER	96	5:02.5	7	CHEYANNE WILLIAMS, JESSICA GARDNER, SIERRA ADAMS (10), PAMELA KLEIN	12	1:23.47
8	TRISH HANSON, KATIE FORD, MEGAN KRATOCHVIL, MARGARET GUERCIO	95	5:05.10	8	STEPHANIE RUETTIGERS, AMANDA ELLIOTT, LYLA HUNT, CRYSTAL KLEIN	98	1:24.9
9	HANNAH MILLER, SONIA VERKOUTEREN, REBECCA ERICKSEN, KRISTEN JUELSON	96	5:05.79	9	KERRY DONAGHUE, CINDY DOSTALEK, KIM KITCHING, MARGARET PETT	96	1:28.62
10	Jessica Legaspi, Marisa Bussone (9th), Alexandra Keysseletz, Olivia Kavanaugh	13	5:09.23				

NOTE: SOTO'S MARK OF 25.81 IS A NEW FRESHMAN RECORD FOR THE 200 METER DASH FORMERLY HELD BY ERICKA WILLIAMS '98 SET IN 1995.



**Coaches From left to right:  
Anthony Holyfield, Baby Anthony Everett Holyfield '36(?), Jalissa Williams-McFee, Christopher Ring, Joseph Blackman, Duane Norris and David Shaw**

2019 TRACK & FIELD POST SEASON AWARDS			
JUNIOR VARSITY BOYS		JUNIOR VARSITY GIRLS	
AWARD	ATHLETE	AWARD	ATHLETE
<b>MOST INSPIRATIONAL</b>	<b>ISAIAH MAY</b>	<b>MOST INSPIRATIONAL</b>	<b>CHELSEA LINGAO</b>
<b>COACHES AWARD</b>	<b>CARLOS NUEVOS</b>	<b>COACHES AWARD</b>	<b>PAULINE SANTOS</b>
<b>MOST VALUABLE RUNNER</b>	<b>CHRISTOPHER MILLER</b>	<b>MOST VALUABLE RUNNER</b>	<b>DANIELLA LEDESMA</b>
VARSITY BOYS		VARSITY GIRLS	
<b>MOST INSPIRATIONAL</b>	<b>JOHN ALVAREZ</b>	<b>MOST INSPIRATIONAL</b>	<b>JOSEFINA ALVAREZ</b>
<b>COACHES AWARD</b>	<b>STEVENISAIAH LOZANO</b>	<b>COACHES AWARD</b>	<b>MONIQUE KIRLAND</b>
<b>MOST VALUABLE RUNNER</b>	<b>ALEXANDER SCANDORE</b>	<b>MOST VALUABLE RUNNER</b>	<b>MICHELLE ALGIERS</b>

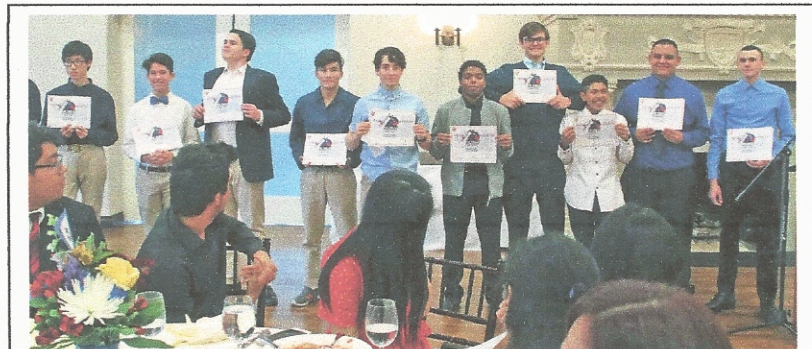
# 2019 Boy's Junior Varsity Awards



**Left: Most Valuable Player**  
Christopher Miller  
**Below: Coaches Award**  
Carlos Nuevo



**Most Inspirational**  
Isaiah May



**2019 Junior Varsity Boy's**

## 2019 Boy's Varsity Awards



**Most Valuable Player**  
Alexander Scandore



**Coaches Award**  
Stevenishah Lozano



**Most Inspirational**  
John Alvarez



**2019 Varsity Boys**

# 2019 Girl's Junior Varsity Awards



**Most Valuable Player**  
Daniella Ledesma



**Coaches Award**  
Pauline Santos



**Most Inspirational**  
Chelsea Lingao



**2019 Girl's Junior Varsity**

# 2019 Girl's Varsity Awards



**Most Valuable Player**  
Michelle Algiers



**Coaches Award**  
Monique Kirland



**Most Inspirational**  
Josefina Alvarez



**2019 Varsity Girl's**