# 1st ANNUAL NO NAME YOUTH TRACK AND FIELD MEET 

| Date: | May 19, 2018 |
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| Time: | 8:00 a.m. (First call 7:30 A.M. for both track and field events) |
| Location: | Orange Glen High School 2200 Glen Ridge Road Escondido, CA 92027 |
| Concession: | A full concession stand will be available |
| Package Pick-up: | Orange Glen High School Concession Stand 7:00 a.m. |
| Meet Director: | Jeanette Mena, 760-917-8261 sdrrxc@ gmail.com |
| Meet Manager: | Elizabeth Tate, 619-665-7925 flojo99@cox.net |
| Sanction: | This event is sanctioned by USATF; all rules apply and will be enforced. |
| Facility: | The track is a nine lane all weather surface, including the long and high jump approaches. Two shot put rings and one discus ring; two long jump pits and one high jump pit. Needle spikes of $3 / 16$ are the maximum allowed. All spikes will be checked for the appropriate spikes; $3 / 16$ needle spikes will be on sale. Canopies are restricted to the top rows and must be secured. |
| Warm up Area: | The warm-up area is reserved for athletes only |
| Entry Fees: | $\$ 8.00$ per athlete. Entry fees must be paid before the athlete competes. Clubs please pay by club check, money order or cash. <br> Participants and clubs may pay the day of the meet when they pick up their package. All entries submitted must be paid for once the meet is finalized. |
| Entries: | All entries must be submitted online at: www.athletic.net There will be no day-of meet registration or changes. Please review your entries very carefully before the entry deadline date. |
| Deadline: | All entries are due Thursday, May 17, 2018 @ 11:59 P.M. |
| First Aid: | First Aid will be available and located in a designated area |

Age Divisions: The athlete's year of birth shall determine the age division in which he/she will compete:

| Age Division | Year of Birth |
| :--- | :--- |
| $8 \&$ Under | $2010+$ |
| $9-10$ | $2008-2009$ |
| $11-12$ | $2006-2007$ |
| $13-14$ | $2004-2005$ |
| $15-16$ | $2002-2003$ |
| $17-18$ | $2000-2001$ |

Event Limitations: 8 \&under - 11-12 are limited three (3) events, 13-14 and over are limited to four (4) events. $4 \times 400 \mathrm{~m}$ relay is a free and additional event for all athletes.

Implements: Please bring your own marked implements
Individual Awards: Ribbons to every athlete in each heat and every event
Check-in: Running Events: Report to the clerk when the event is called. Two calls will be given for each event. Athletes in running events must report to the clerk of the course, ready to compete. Field event athletes must report directly to the official in charge of their field event, before leaving to report to the clerk for their running event. Athletes must report back to their field event within 5 minutes of completion of their running event. All times are fully automatic.

Field Events: $\quad$ Report directly to that event when the event is called. Two calls will be given for each event. All athletes will be given four attempts. All measurements are in metric.

Coaches Meeting: 7:30 A.M. on the infield
Community: Teams are asked to please police their area and clean up behind themselves. Coaches please request your parents and athletes to be on their best behavior (as always). Anyone displaying threatening or inappropriate behavior will be asked to leave the facility and if necessary removed from the facility by the police and or sheriffs

Meet Results:
Saturday and final meet results will be e-mailed to each team and unattached athlete that submits an e-mail address with their entries. Final meet results will be posted on at: http://sandiego.usatf.org/Home.aspx, and on athletic.net

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Schedule of Track Events for Saturday, May 19, 2018
Track Events - First Call 7:30 a.m. Track Events - Start Time 8:00 a.m.

| 3000 m Run | Final | 11-12, 13-14, 15-16, 17-18 |
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| 400 m Dash | Final | All Divisions |
| 100 m Dash | Final | All Divisions |
| 1500 m Run | Final | All Division |
| 100 m Hurdles | Final | $13-14 \mathrm{G}, 13-14 \mathrm{~B}$ |
| 80 m Hurdles | Final | $11-12 \mathrm{G}, 11-12 \mathrm{~B}$ |
| 200 m Dash | Final | All Divisions |
| 1500 m Race Walk | Final | $8 \mathrm{U}, 9-10,11-12$ |
| 3000 Race Walk | Final | $13-14,15-16,17-18$ |
| 200 m Hurdles | Final | $13-14 \mathrm{G}, 13-14 B$ |
| 800 m Run | Final | All Divisions |
| $4 \times 400 \mathrm{~m}$ Relay | Final | All Divisions |

Field Event - First Call 7:30 a.m. Field Events - Start Time 8:00 a.m. Four attempts in each field event - no finals.

| Long Jump Pit 1 Boys | Final | 15-16, 13-14, 11-12, 9-10, 8-U |
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| Long Jump Pit 2 Girls | Final | 15-16, 13-14, 11-12, 9-10, 8-U |
| Triple Jump Pit 1 | Final | 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B |
|  | Triple | ump will follow after the long jump |
| High Jump | Final | 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 14-B, 15-16G, 15-16B |
| Mini-Javelin | Final | 8\&UG, 8\&UB, 9-10 G, 9-10B |
| Aero-Javelin | Final | 11-12G, 11-12B |
| Shot Put (SE Pit) | Final 17-18 | 8UG, 8UB, 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G/B, /B |
| Discus | Final | 15-16G, 15-16B, 13-14G, 13-14B, 11-12G, 11-12B, 17-18G/B |

Please pick up your awards before you leave the meet
Thank you for participating in this USATF sanctioned event

