



CHOCOLATE AND WHITE MILK ARE SERVED DAILY. CHOICE OF SALAD BAR IS AVAILABLE TO GRADES 3-12. MENUS ARE SUBJECT TO CHANGE.



Fitness Tip: Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.
Reference: USDA MyPlate

Monday

PULLED PORK NACHOS **3**
CORN
FRUIT SALAD
CELERY STICKS

SAUSAGE GRAVY AND BISCUITS **10**
HASHBROWNS
ORANGES

NO SCHOOL TODAY **17**

SAUSAGE PATTY PANCAKES **24**
HASHBROWNS
ORANGES

Tuesday

BAKED CHICKEN MASHED POTATOES **4**
GREEN BEANS
APPLESAUCE

TACOS **11**
CORN
PEACHES
GRAHAM CRACKER

CHEESEBURGER ON BUN **1**
OVEN FRIES
PEACHES
BROCCOLI

HOT TURKEY AND CHEESE SANDWICH **25**
SPAGHETTI AND SAUCE
BROCCOLI
FRUIT SALAD

Wednesday

BBQ RIB PATTY TATOR TOTS **5**
APPLES
YOGURT

CHICKEN NOODLE SOUP **12**
GRILLED CHEESE
STRAWBERRIES
FRESH VEGETABLES

COUNTRY FRIED STEAK **19**
MASHED POTATOES
SALAD
GRAPES

TUNA CASSEROLE **26**
PEAS
APPLES
BREAD

Thursday

CHILI CINNAMON ROLLS **6**
CARROT STICKS
CRACKERS
FRUIT

CORN DOGS **13**
BAKED BEANS
PEARS
PUDDING DESERT

CHICKEN PARMESEAN AUGRATIN POTATOES **20**
GREEN BEANS
PEACHES

TURKEY MASHED POTATOES **27**
GREEN BEANS
PEACHES
BREAD

Friday

HOT DOG ON BUN **7**
BAKED BEANS
SALAD
PEACHES

NO SCHOOL TODAY **14**

SLOPPY JOE **21**
MACARONI AND CHEESE
CARROT STICKS
PINEAPPLE

CHEESE PIZZA **28**
SALAD
COOKIE
FRUIT

