



# Snapkick

Dojo student newsletter



## West Valley Martial Arts

"The most beautiful people we have known are those who have known defeat, known suffering, known struggle, known loss, and have found their way out of those depths." ~Elisabeth Kubler-Ross

April, 2020

*Hello Everyone! I hope this newsletter finds you all safe and well! I thought this story might be a little extra meaningful given the current times. I want to let you all know how grateful I am to all of you for your continued support! ~Sensei Dan*

### **The Mousetrap**

A mouse looked through a crack in the wall to see the farmer and his wife open a package. "What food might this contain?", the mouse wondered. He was devastated to discover it was a mousetrap.

Retreating to the farmyard, the mouse announced the warning: "There is a mousetrap in the house! There is a mousetrap in the house!"

The chicken clucked, scratched, and raised her head to say, "Mr. Mouse, I can tell this is a grave concern for you, but it is of no consequence to me. I cannot be bothered by it."

The mouse turned to the pig and told him "There is a mousetrap in the house! There is a mousetrap in the house!" The pig sympathized, but said "I am so very sorry, Mr. Mouse, but there is nothing I can do about it. Be assured you are in my thoughts."

The mouse turned to the cow and said "There is a mousetrap in the house! There is a mousetrap in the house!" The cow said "Wow, Mr. Mouse. I'm sorry for you, but it's no skin off my nose."

So, the mouse returned to the house, head down dejected, to face the farmer's mousetrap alone.

That very night a sound was heard throughout the house - the sound of a mousetrap catching its prey.



The farmer's wife rushed to see what was caught, and in the darkness, she did not see it was a venomous snake whose tail the trap had caught. The snake bit the farmer's wife.

The farmer rushed her to the hospital and she returned home with a fever. Everyone knows you treat a fever with fresh chicken soup, so the farmer took his hatchet to the farmyard for the soup's main ingredient.

But his wife's sickness continued, so friends and neighbors came to sit with her around the clock. To feed them, the farmer butchered the pig. The farmer's wife did not get well; she died. So many people came for her funeral, the farmer had the cow slaughtered to provide enough meat for all of them.

The mouse looked down at it all from his crack in the wall with great sadness. So, the next time you hear someone is facing a problem and think it doesn't concern you, remember: when one of us is threatened, we are all at risk. We are all involved in this journey called life.

We must keep an eye out for one another and make an extra effort to encourage one another. Each of us is a vital thread in another person's tapestry.

-Author unknown

I just wanted to take a moment to express my sincerest gratitude to all of you for sticking with us during these times. I know that for most, if not all, there has had to be a sudden shift in priorities in budgets and ways to spend free time. I am truly humbled to see so many of you continue with us, and support us.

I realize that we are a small part of your day-to-day activities (whether you're sheltering in place at home or not). We will do our best to provide as much meaningful content that we can - knowing that the most meaningful things right now are safety and staying close to family.

With that in mind, as many of you know, we are adding Zoom classes into the schedule for the foreseeable future. Hopefully these classes will be valuable to you and your families and provide you all with a little of our own style of "normalcy"!

With the Zoom classes, we want to make sure everyone understands which is the right class for them! We have combined our normal class schedule a little - so for short hand we will change the names a bit to hopefully make it easier... So here goes:

For ALL pre-karate and Youth students that normally train in the 6-9yr old class we will call that our **"Basic Class"**.

For ALL students that normally train in our 8-11yr old class and students that normally train in our 10-14yr old class that are *under* brown belt - we will call that our **"Intermediate Class"**.

For ALL adult students and all youth brown belts (and above) -that class will be called our **"Advanced Class"**.

**See the calendar below for specific class days and times**

<div>  <h1>APRIL 2020</h1>  </div>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
29 IF IT	30	31	1	2	3	4
	<div>Email us at: westvalleymartialarts@gmail.com</div>					
5 IS TO	6 ZOOM Advanced class@ 4:30	7 Zoom Basic@3:30 Intermediate@4:30	8 ZOOM Advanced class@ 4:30	9 Zoom Basic@3:30 Intermediate@4:30	10	11
12 BE, IT	13 ZOOM Advanced class@ 4:30	14 Zoom Basic@3:30 Intermediate@4:30	15 ZOOM Advanced class@ 4:30	16 Zoom Basic@3:30 Intermediate@4:30	17	18
19 IS UP	20 ZOOM Advanced class@ 4:30	21 Zoom Basic@3:30 Intermediate@4:30	22 ZOOM Advanced class@ 4:30	23 Zoom Basic@3:30 Intermediate@4:30	24	25
26 TO ME!	27 ZOOM Advanced class@ 4:30	28 Zoom Basic@3:30 Intermediate@4:30	29 ZOOM Advanced class@ 4:30	30 Zoom Basic@3:30 Intermediate@4:30	(408) 871-8180 WVMADOJO.COM	