

Hammer Sprint Duathlon Age Group Results April 29, 2012

Results By Endurance Sports Management

Duathlon Age Group

Female Open Winners

Overall			run			Trans 1	Bike			Trans 2	Run			Total	
Place	Place	Name	Bib No	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	20	Cindy Lerch	268	1	30:41.4	9:54	0:50.7	1	59:15.8	16.2	0:40.5	1	34:17.7	11:04	2:05:46.3
2	22	Michele Hamilton	277	1	31:31.3	10:10	1:42.5	1	1:00:27.3	15.9	1:01.3	1	34:57.4	11:16	2:09:40.0
3	23	Kimberly Spangler	253	1	28:26.0	9:10	1:58.1	1	1:06:04.7	14.5	0:24.6	1	34:12.7	11:02	2:11:06.2

Male Open Winners

Overall			run			Trans 1	Bike			Trans 2	Run			Total	
Place	Place	Name	Bib No	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	1	Joshua Hicks	282	1	18:09.5	5:51	0:12.9	1	40:36.0	23.6	0:18.0	1	18:19.8	5:55	1:17:36.3
2	2	joshua gibson	271	1	19:27.7	6:16	0:21.5	1	45:49.5	21.0	0:08.0	1	19:42.7	6:21	1:25:29.6
3	3	Matthew Thompson	258	1	20:15.3	6:32	0:26.1	1	44:31.3	21.6	0:28.0	1	21:55.8	7:04	1:27:36.7

Female Masters Winners

Overall			run			Trans 1	Bike			Trans 2	Run			Total	
Place	Place	Name	Bib No	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	26	Sharon Stone	276	1	32:55.9	10:37	1:45.0	1	1:16:14.4	12.6	1:25.4	1	42:49.3	13:49	2:35:10.2

Male Masters Winners

Overall			run			Trans 1	Bike			Trans 2	Run			Total	
Place	Place	Name	Bib No	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	6	Nick Lavrik	257	1	20:59.1	6:46	0:21.6	1	46:53.9	20.5	0:17.6	1	21:59.9	7:05	1:30:32.3
2	7	Carlton Volberg	283	1	21:52.8	7:03	0:41.7	1	44:03.4	21.8	0:26.2	1	23:56.8	7:43	1:31:01.1
3	9	David Turner	272	1	22:24.2	7:14	0:11.2	1	44:05.2	21.8	0:10.2	1	24:52.2	8:01	1:31:43.2

Male 15 to 19

Overall			run			Trans 1	Bike			Trans 2	Run			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Seth Ruhling	266	1	18:10.0	5:52	0:33.8	1	50:48.9	18.9	0:28.6	1	19:04.9	6:09	1:29:06.4
2	16	Adam Vollberg	284	2	27:56.9	9:01	0:46.9	2	51:27.7	18.7	1:23.7	2	30:57.3	9:59	1:52:32.7

Male 25 to 29

Overall			run			Trans 1	Bike			Trans 2	Run			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	luke carrier	264	2	21:41.5	7:00	0:25.9	1	45:18.7	21.2	0:09.3	2	21:50.0	7:03	1:29:25.6
2	8	Michael Greenlee	255	1	20:13.0	6:31	0:09.8	2	48:50.6	19.7	0:10.3	1	21:39.5	6:59	1:31:03.3

Male 30 to 34

Overall			run			Trans 1	Bike			Trans 2	Run			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	15	Todd Cherner	256	1	23:51.8	7:42	0:35.2	1	58:48.5	16.3	0:38.5	1	26:49.8	8:39	1:50:44.0

Male 35 to 39

Overall			run			Trans 1	Bike			Trans 2	Run			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	14	Tony Patterson	267	2	25:15.5	8:09	0:42.0	1	54:48.5	17.5	0:27.0	1	26:48.0	8:39	1:48:01.1
2	18	Ezra Plemons	279	3	27:10.8	8:46	1:08.7	2	59:23.1	16.2	1:15.7	2	28:34.3	9:13	1:57:32.9
3	21	Stacy Clark	269	1	23:48.0	7:41	1:37.0	3	1:11:58.2	13.3	0:57.5	3	28:39.7	9:15	2:07:00.7

Male 40 to 44

Overall			run			Trans 1	Bike			Trans 2	Run			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	11	Chris Hambrick	273	2	24:16.4	7:50	0:41.8	1	49:17.3	19.5	0:34.4	1	25:25.0	8:12	1:40:15.0
2	13	Jason Edwards	270	1	23:45.2	7:40	0:52.0	2	50:21.6	19.1	0:55.8	2	27:07.5	8:45	1:43:02.3

Male 45 to 49

Overall			run			Trans 1	Bike			Trans 2	Run			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	17	Allan Webb	261	1	23:56.0	7:43	0:54.2	1	1:04:45.6	14.8	1:23.2	1	26:08.4	8:26	1:57:07.6

Male 50 to 54

Overall			----- run -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	12	Craig Simon	259	1	21:51.8	7:03	1:07.5	1	51:11.6	18.8	1:34.3	1	25:46.9	8:19	1:41:32.3

Male 55 to 59

Overall			----- run -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	10	Bill Radler	260	1	24:48.5	8:00	0:32.4	1	44:38.7	21.5	0:30.2	1	24:43.9	7:58	1:35:13.9
2	24	Kevin Sellers	280	2	35:10.9	11:21	1:43.7	2	1:09:30.0	13.8	1:30.2	2	40:42.9	13:08	2:28:37.9

Male 60 to 64

Overall			----- run -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	19	Bob Cutrer	274	1	28:43.9	9:16	1:01.6	1	1:00:34.6	15.9	1:35.1	1	32:09.3	10:22	2:04:04.5

Male 75 to 79

Overall			----- run -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	25	Paul Barrette	275	1	37:10.8	11:59	2:02.3	1	1:06:58.9	14.3	1:49.4	1	44:35.6	14:23	2:32:37.2

Duathlon Clydesdale

Male 99 and under

Overall			----- run -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	DJ Jenkinson	262	1	25:53.7	8:21	0:54.4	1	1:01:10.3	15.7	0:46.2	1	26:22.2	8:30	1:55:06.9
2	2	Daniel Ritchey	263	2	27:12.8	8:46	1:08.9	2	1:10:26.7	13.6	1:10.7	2	29:38.9	9:34	2:09:38.1

Duathlon Relay Mixed

Female 0-99

Overall			----- run -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Stephanie Mason	281	2	22:17.6	7:11	0:22.4	1	40:08.2	23.9	0:11.9	1	22:43.5	7:20	1:25:43.8
2	3	Bonnie Enders	250	1	21:43.7	7:00	0:11.8	3	54:20.1	17.7	0:13.5	2	24:51.7	8:01	1:41:20.9
3	4	Deborah Bogan	251	3	29:23.7	9:29	0:34.2	2	54:04.1	17.8	0:20.5	3	34:36.2	11:10	1:58:58.9

Relay Mixed

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Trans 1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Trans 2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>
1	2	Ed Hamm	252	1	26:04.8	8:25	0:04.9	1	45:54.8	20.9	0:14.5	1	28:14.2	9:06	1:40:33.4