

FJELLHEIM 6 – 107, Sons of Norway 1045 Ford Street Colorado Springs, CO 80915 719-574-3717 www.sonsofnorwaycs.com

facebook.com/sonsofnorwaycs **Published Monthly** 

## September 2013

40th Anniversary Issue

Volume 40, Issue 9



The mission of Sons of **Norway** is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

## Inside this issue: Calendar **Birthdays** 3 **Upcoming Events** 3-4 Sunshine 5 2013 Lodge Officers

#### **MEETING TIME:**

Monthly business meetings held the second Wednesday of every month (except July)

#### 7:00 PM

Viking Hall, 1045 Ford Street, Colorado Springs, CO 80915

#### **SEND ARTICLES TO** YOUR EDITOR:

Knut Lyby 5520 Sample Way Colo. Spgs. CO 80919 knutlyby@comcast.net Phone: 719-536-0647

Deadline for the October 2013 issue is: Friday, September 20



### Viking Hall

1045 Ford Street, Colorado Springs Social time: 5:00 p.m. - 5:45 p.m. Dinner, 6:00 p.m. Program, 7:00 p.m. Dancing (Squeeze Box Musicians)

Cranberry, walnut canape with mango chutney Smoked salmon with dill on rice cracker Water chestnut wrapped with grilled bacon Cheese and grape kabob Lefse roll



Roast pork tenderloin with brown gravy Scalloped potatoes Baby carrots with nutmeg butter sauce Pistachio salad, Cranberries Rolls and butter Anniversary cake and Coffee

### Reservations by September 13th

Jim Hansen 719-578-1336 2603 Summit Drive Colorado Springs, CO 80909

Cost: Adults \$20.00, Children 12 and under \$10.00



## **SEPTEMBER 2013**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 LABOR DAY!	3	4 Board Meeting - 9 AM, Viking Hall. Norwegian Language Interme- diate, 6:30 PM. Beginner 7:30 PM	5 Viking Sisters, 1 PM, Viking Hall	6	7
8	9 Lefse Baking, 9-11 AM, Viking Hall, Lois Halvorson 632-6003	10 Game and Card Social - 12:30 PM, Viking Hall, Ginny Johnson, 495-0253	Book Club - 5 PM. FMC - 6 PM. Heritage Meeting - 7 PM, Viking Hall	12 Ladies Luncheon, Edelweiss, 11:30 AM	13	14
15	Lefse Baking, 9-11 AM, Viking Hall, Lois Halvorson 632-6003	17	Norwegian Language Intermediate, 6:30 PM. Beginner 7:30 PM	19	20	21 FJELLHEIM 40TH ANNIVERSARY PARTY - see front page
22 Rosemaling - 12-4 PM, Viking Hall First Day of Fall	23 Lefse Baking, 9-11 AM, Viking Hall, Lois Halvorson 632-6003	24	Norwegian Language Intermediate, 6:30 PM. Beginner 7:30 PM	26	27	28 Breakfast Social, 9 AM, Viking Hall
29 Dine Out - 1 PM, Rocco's Italian Restaurant	30 Lefse Baking, 9-11 AM, Viking Hall, Lois Halvorson 632-6003					

## DINE OUT DATES AND LOCATIONS FOR 2013

Sept 29 - Rocco's Italian Restaurant Oct 27 - Texas Roadhouse - 8th Street November 24 - None - Thanksgiving December 29 - None - Christmas holidays

The time is always 1:00 pm.

#### **VELKOMMEN TIL BORDS!**

Happy 40th
Anniversary to
all members
and friends of
Fjellheim
Lodge 6-107

#### PRESIDENT'S COLUMN

It was nice to get a break from SoN activities in July but we are off and running for a busy autumn. We have a waffle breakfast on the 24<sup>th</sup> and we will be *Singing in the Rain* at the melodrama in Cripple Creek on the 31<sup>st</sup>.

Preparations for the 40<sup>th</sup> Anniversary Dinner and Dance are complete. You only need to give James Hansen \$20.00 by September 11 for good time. 48 people will get their 5, 10, 15, etc year pins. There will be special recognition of the founders of Fjellheim and music by the Squeeze Players. Our special guests will the District 6 (AZ, CA, CO, NM, NV, UT) board members, so dress nice.

You know crisp weather and fall colors are on their way because we have ordered lutefisk for the November dinner and we are starting to make lefse next month.

September is the month to appoint the nominating committee. With luck, the present officers will stay on for another year and the committee will have an easy time of it. Your encouragement of the officers may make that happen. I would say hug an officer but being of Norwegian ancestry, a handshake will have to do.

Thank you to all the members who gave \$20 or more to help with the chair purchase. Larry will continue taking twenty dollar bills as long as we can find a way to help. To those who have donated and to those planning to in the future, Tusen Takk.

Hilsen, Michael





#### FJELLHEIM'S 40TH ANNIVERSARY **PARTY**

Sons of Norway's first Institution in Colorado was on September 8, 1973. Fjellheim #6-107 will celebrate its 40th Anniversary on Saturday, September 21, 2013 at Viking Hall, 1045 Ford Street, Colorado Springs, CO. Social hour begins at 5:00 PM, followed by dinner, program and dancing.

We invite and encourage everyone in our sister lodges to put this on your calendar and plan to join us for this momentous occasion.

Your District Six Board will also be attending, following our "open to all" fall board meeting that week-end at the Holiday Inn on Aeroplaza Drive.'

Anniversary Committee: Sissel Disbrow, Inger Pappas, Mike Johaneson, Lyle Berge

#### **GAME AND CARD SOCIAL**

Tuesday, September 3rd is the date for the next social, starting at 12:30. Potluck lunch followed by cards and games. Everyone welcome, always good food and fellowship.



Rosemaling

#### **LADIES LUNCHEON**

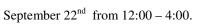
Ladies Luncheon will be Thursday, September 19 at 11:30 am at Edelweiss Restaurant at 34 E Ramona Ave. Call Betty McIntyre at 635-5294.

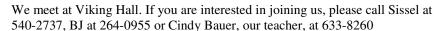
#### **BOOK CLUB**

Members are reading books of their own choosing and working on their Cultural Skills Program paperwork. If you have any questions regarding the Book Club please contact Tillie Elvrum at 719-203-4444.

#### **ROSEMALING CLASSES**

There will be only one Rosemaling class in September.





#### **LEFSE SEASON IS HERE**

I announced at the meeting that we would start making Lefse September 16th, but we will actually start September 9th. Our trip to Iowa had to be made earlier that gives us one more baking day. We will do the same as last year 10 batches each Monday making about 240 rounds each baking. We need 5 grills to complete our baking by 11:00 we start at 9:00 AM. We need rollers, some to cool and pkg. the Lefse, hope to have the turn out we had last year. You get to taste Lefse hot off the grill, come and enjoy along with the work.

September days are the 9th,16th,23rd. & 30th October days are 7th,14th,21st. 28th November 4th, maybe the 11th

Give me a call - Lois @ 632-6003

#### VIKING SISTERS

Viking Sisters will meet Thursday, September 5th at 1 pm at the Lodge.

Any new ideas and/or items to sell at the November Boutique are welcome. All women of the lodge are members of Viking Sisters and all are welcome to attend. Refreshments will be served. Contact Ginny Johnson 495-0253.

#### **VOLUNTEER HOURS**

Members, don't forget to keep a record of your volunteer hours AND travel time.

Cleo Allgood Volunteer hours Coordinator

#### **THANK YOU**

Thank you so much for the cards, calls and concerns after the death of Ginny's sister in July. It is very much appreciated.

Jerry & Ginny Johnson

#### **CULTURAL SKILLS PROGRAM**

I hope all of you are familiar with the Sons of Norway Cultural Skills Program. There are fourteen units to choose from as you explore your cultural heritage. They range in subjects from Rosemaling and Hardanger embroidery to genealogy and stamp collecting, and many more. The applications and guidelines are available online at www.sonsofnorway.com or just let me know if you are interested in the printed versions. Some of your Lodge members are working towards or have achieved several pins this year. The Hardanger group meets at the Senior Center and there is a Rosemaling class and a Book Group that meet at the Lodge. It is fun to work within a group and share our experiences but not necessary. One can work on the programs alone. I am available to help with the application process. If you have some expertise to share in any of the Cultural Skills please call me at 719-264-0955.



#### **LUTEFISK AND MEATBALL DINNER**

Our 2013 Lutefisk and Meatball dinner will be on November 16<sup>th</sup>. We will once again offer you a choice of two seatings. The early dinner will be at 2:00 and the evening meal at 6:00. Meals will be served family style to allow our guests to sit, relax and enjoy this traditional dinner served by our enthusiastic staff of volunteers.

The cost will be \$18.00 for adult members 12 and up, \$20.00 for non-member adults 12 and up, \$8.00 for children ages 5-12.

Please call Virginia Nelson at 719-650-7029 for reservations.

A volunteer sign-up sheet will be available at the September Lodge meeting and until we have a full slate of workers. We will need lots of help in the kitchen as well as in the dining room. Remember when we made meatballs on Friday evening before the dinner? We will be doing that again this year. We will be making lefse on Mondays starting in September. Please refer to the Lefse Baking Days article for times and days.

Thanks, Lois and Bi

#### 5TH ANNUAL VIKING FAIR - BAZAAR AND BREAKFAST

Dear Valued Vendors, Crafters, Artists of all kinds, Organizers and Friends,

You have helped to make this undertaking successful in the past. We appreciate your interest and participation in our Viking Fair at Viking Hall, 1045 Ford St., Co. Springs, 80915. We hope that you will be with us again next October 26. We offer this as a community event and invite all to participate. Proceeds will help to support various charities. This will be our 5th annual fall fair so our event is becoming more known in the area.

We are making plans for an enjoyable day, including food and festivities. We hope you will join us. Several tables have already been reserved. Standard sizes are round or 4' by 8' for \$20 donation. We have sent out advertising. If you would like to reserve a space, please let me know as soon as possible by email or phone. I'll email you details later.

For more information, please phone me directly at 719-351-3554, or leave a message at Viking Hall at 719-574-3717.

I hope that you are having a good summer and looking forward to a great fall!!

Eunice Bluhm for Fjellheim Lodge Sons of Norway

#### **KEEP THE DATES - 2013/2014** FOR ALL COLORADO LODGES

#### September

8 Vestafjell Lodge. 2 pm regular meeting. Potluck with Palisade peaches and

28 Trollheim Walleye Dinner 4 pm

21 Fjellheim 40<sup>th</sup> Anniversary Dinner

28 Fjellheim Breakfast Social 9 am

#### October

6 Scandinavian Dance – location TBD

18 Vestafjell Torsk and Meatball dinner

19 Steinfjell Lutefisk Dinner

26 Fjellheim Viking Bazaar/Breakfast

#### November

1 & 2 Trollheim Christmas Fair 9-4 pm

3 Storfjell (Tabernash) lefse bake

9 Vestafjell Veterans Parade with

Norwegian Fjord Horses – 2 pm

10 Vestafjell regular meeting honoring

16 Vestafjell Thanksgiving dinner

16 Fjellheim Lutefisk Dinner

#### December

7 Fjellheim Christmas Tea

7 Fjelldalen Lutefisk Dinner 3:00 and

5:30 pm., Prince of Peace

8 Vestafjell Cookie Sale and donations for Latimer House

15 Fjelldalen White Fence Farm dinner

15 Fjellheim Julebord

Date TBD - Cultural Event with Scandinavian Dance Festival and Open House organized by Christina Feste-Hanson

#### January

2 Storfjell 5<sup>th</sup> Anniversary Lefse bake TBD Trollheim Lutefisk/Meatball dinner

#### **February**

8 Trollheim Anniversary Barneløpet dates TBD

#### April

date TBD Vesterheim 35<sup>th</sup> Anniversary

Zone District Meeting June 22-25, Palm Springs, CA

Times and Dates Subject to Change

#### **CHANGE OF ADDRESS**

My new address is: 700 Shadowmere Ct. Fort Collins, CO 90526-1990 email and phone remain the same.

It's very nice being close to Erik and Min. Besides that this town house comes with snow shoveling and lawn mowing. I couldn't face another winter without help!

Hílsen, Pat Staubo

#### TIME FOR A FINANCIAL REBOOT

This was part of a headline in The Wall Street Journal on Sunday, August 4.

The Dow Jones Industrial Average is up about 19% year-to-date and that could put the equity portion of your portfolio top heavy. If the market turns, you may not be happy with this percent at risk. This would be a good time to have a "Financial Check-up" and to consider an investment that would have a guaranteed return of principle and a guaranteed interest rate. Before you shift any investment, you always have to be wary of taxes. If you would like to sit down and discuss some options that Sons of Norway has to offer, just give me a call. There is never an obligation, just a cup of coffee.

LaRue Hanson, FBC 2523 Shalimar Dr. Colorado Springs, Colo. 80915-1030 Office # 719-599-8546 Cell # 719-237-7314 Lhanson1@q.com



#### THE SUNNY CORNER

We wish all who are celebrating birthdays and anniversaries this month a wonderful day and many memories. The month of September is going to be busy. I hope you all come out and help celebrate Fjellheim's 40<sup>th</sup> Anniversary celebration. It should be a wonderful event.



Marge Erickson has had rotator cuff surgery on August 8 and is recovering. Denny Laux is also recovering from surgery. Plaine Wellom is scheduled for surgery on September 4<sup>th</sup>. Please keep them all in your thoughts and prayers as they go through the process of medical treatment and recovery.

Dean and Brenda Tollefson's niece in Idaho died as a result of a kayaking accident. Ginny Johnson's sister passed away in California. Our sincerest condolences go out to them during these difficult times and know that you are in our thoughts and prayers.

A little poem to lighten your day:

Give me a sense of humor, The grace to see a joke, To get some humor out of life, And pass it on to other folk.

Karen Ravnaas, Sunshine Director 390-0621

#### **WORKING TOGETHER FOR YOU!**

Sons of Norway's fraternal and financial arms work together to strengthen the organization as a whole. The 18 Norwegian immigrants who signed on as charter members of Sons of Norway in 1895 had come together for mutual assistance. Not only did they want to provide security for their families against financial crisis, but they also wanted a forum to preserve the culture and heritage of Norway as they assimilated to their new home.

More than a century later, providing financial security for members, combined with opportunities to celebrate Norwegian heritage and culture, is still the core of Sons of Norway. The organization's financial products and cultural programs are more intertwined and codependent than many realize. Both components are critical to Sons of Norway's existence and success. The contribution each brings to the organization gives Sons of Norway the strength it needs to be a financial and cultural resource for members now and for decades to come.

#### Do You Know?

- -Only about **30% of all members own** an insurance and annuity product through Sons of Norway, but **all members benefit** from the financial results of those products.
- -Income from dues provides only half of the funding necessary to support fraternal programming. The rest of what is needed comes from the sale of our financial products. Without this support, **member dues** would be **significantly higher**.
- -Sales of our insurance and annuity products provide approximately \$1 million annually that is dedicated to Fraternal offerings like *Viking* magazine, the Cultural Skills Program, the Sports Medal Program and more. Without the profits from our insurance operations, member benefits such as these could be drastically reduced in quality and scope, or eliminated entirely.
- -Financial Benefits Counselors (FBCs) are SofN members. They help plan and work events, and participate in lodge activities. Many as lodge officers
- -Approximately 20% of new members are recruited by FBCs each year.
- -New Membership Dinners, funded through the financial side of the organization, provide up to \$400 per dinner to help lodges recruit new members.
- -The Lodge Revenue Sharing Program provides funds directly to the lodge based on the insurance participation of its members. Funds are distributed annually in the spring.

By taking advantage of the fraternal aspects and our financial products, members will build a **solid future for the organization** and for themselves. Please remind your members of the importance of financial side of the organization to their Sons of Norway membership experience.

Expressing your support for the financial side of Sons of Norway, having a positive working relationship with the Financial Benefits Counselor assigned to your lodge, and stressing the codependence between the fraternal and financial arms of the organization can do a lot to create a positive perception in members' minds.

#### **GUSTAV VIGELAND'S PARK**

Vigeland Park is the world's largest sculpture park created by one single artist and it is open every day throughout the year. This unique sculpture park is Gustav Vigeland's lifework with more than 200 sculptures in bronze, granite, and wrought iron. Vigeland was also responsible for the design and architectural layout of the park which stretches across 20 square miles. Vigeland's park was completed mainly between the years of 1939 and 1949.

Most of the sculptures are placed in five large units along an 850 meter (2,788 feet) long axis: The main gate, the bridge with the children's place, the fountain, the monolith plateau and the wheel of life.

In 1924 Vigeland moved into an apartment at Frogner in Oslo. There he lived a quiet and regular life together with his wife Ingerid, whom he married in 1922. He became completely involved in his work and was rarely seen out in public. At night he would sit mainly in the library where he would draw, read or wood carve. Vigeland lived at Frogner until his death in 1943.

Vigeland did not live to see the finished park. Not until around 1950 were most of the sculptures and architectural elements in place. The municipality of Oslo was the largest contributor to the realization of the artist's vision but there were also a number of private donors and companies that gave generous financial support so that Norway's capital could have a park that would be unmatched across the world.

Vigeland molded all of the sculptures in the park by hand from full size clay. Carving in clay and casting in bronze were left to a number of skilled craftsmen. In addition, Vigeland stood by for the architectural design and landscaping of the 300 acre plus parkland.

Today Vigeland's Park and its 212 sculptures, the last built in 2002, are unique to the international scene. In the winter the Bymiljøetaten ski trail is prepared in the park which surely makes Frogner Park the world's only park where you can enjoy skiing surrounded in a sculptural landscape. Frogner Park is the most visited tourist attraction in Norway. Between 1.5 and 2 million people visit the park each year.



EDITOR'S NOTE: During our trip to Norway this summer we spent an afternoon in the Vigeland Park. The kids really enjoyed trying to duplicate the poses of some of the statues.

## FROM THE GREAT SCANDINAVIAN BAKING BOOK

by Beatrice Ojakangas Makes one 9-inch pie



Although this is called a "pie" in Norway, we would think of it as a cake. Incredibly simple to make, it's a perfect last-minute dessert when fresh apples are in season.

1 egg

3/4 cup sugar

1 teaspoon vanilla extract

1 teaspoon baking powder

1/4 teaspoon salt

1 teaspoon cinnamon

½ cup all-purpose flour

½ cup chopped almonds

3 medium-sized tart apples, pared, cored and diced

#### **Topping**

1 cup whipping cream 2 tablespoons powdered sugar

Preheat oven to 350°F. Butter a 9-inch pie pan generously. Stir all the pie ingredients together in a bowl until blended. Mixture will be stiff. Spoon into the pie pan. Bake 30 minutes or until browned. To serve, cut into wedges. Whip the cream with the powdered sugar to accompany the cake or serve with ice cream.

#### SONS OF NORWAY LIMITED EDITION CHRISTMAS ORNAMENT

unique gift for someone who enjoys the holiday season as much as you do.

Show some Norwegian pride this holiday season by adding the 2013 Sons of Norway ornament to your Christmas decorations! From its rosemaling inspired outer frame to the beautiful Os design, this elegantly styled ornament is sure to be a welcome addition to your holiday traditions. Packaged in a silver-stamped gift box, containing a Christmas greeting from Sons of Norway and an informative description of Os rosemaling, this ornament can also be a

This year's ornament is a limited edition and will only be available for a short time, so order yours now! This special keepsake is only \$14.99 plus tax and shipping & handling. To order yours today, call (800) 945-8851.

#### **MUNCH MORE THAN AN ARTIST**

Edvard Munch is undoubtedly Norway's most famous artist. His iconic and evocative works of art continue to make waves 120 years after their creation. For instance, his most widely recognized piece, "The Scream," sold at auction for a world-record breaking \$119.9 million to an American buyer in 2102. This year will be a year full of Munch celebration, as he will be commemorated with a series of comprehensive exhibitions, events, and programs recognizing the 150th anniversary of his birth.

What is lesser known about this prominent Norwegian figure is that in addition to his artworks, Munch was also a writer. Philosophical speculations, plays and drafts of novels are among the 13,000 handwritten pages housed in the Munch Museum after being willed to the city of Oslo following Munch's death in 1944. Included in these pages are writings about his paintings, including "The Scream," "The Sick Child" and "Madonna."

One of the first people to gain access to many of Munch's writings, pianist Ketil Bjørnstad, likens the process to asking for access to a bank vault, citing intense secrecy when he sought out the texts to create an album of Munch's words set to music in 1993. Bjørnstad believes it is a "disgrace" that the public is not aware of the artist's skills as a writer. Bjørnstad asserts that "Munch's literary works are far more than background material" and at their best they measure up to Swedish playwright and novelist Johan August Strindberg.

The Munch Museum maintains that Munch's texts were previously unavailable due to a clause in the inheritance that specifies that texts should only be read by "understanding, broad-minded people" after Munch's death. In recent years the interpretation of the clause has been weakened and as a result roughly 70% of Munch's writings were made available online as part of the museum's digitalization project.

To enjoy English translations of Munch's writings or to view hisoriginal diary and sketchbook entries, visit http://www.emunch.no/english.xhtml



#### **FJELLHEIM - 2013 OFFICERS**

**Board of Directors** 

President Michael Johaneson 303-663-3251

720-971-0130.

mjohaneson@gmail.com Vice-President Steve Hermanson 520-0303

ubetcha@reagan.com

Counselor Paul Wiig 596-6159
Secretary Sara Berge 495-2134
Asst. Secretary Virginia Nelson 650-7029
Treasurer/Finance Chair
Membership Secretary Shirley Stilley - 475-1524

**Program Directors** 

Social Coordinator Elaine Hellem 471-8552
Cultural Coordinator Dean Tollefson 473-1110
Hostesses Dorothy Hanson 599-8546

Ginny Johnson 495-0253
Sunshine Karen Ravnaas 390-0621
Sports Kerry Hefta 266-9429
Foundation Ruth Wiig 596-6159
Cultural Skills Bjørg Mapstone 264-0955
Language Teacher Pat Staubo 359-2570

patvoice@comcast.net Book Club Tillie Elvrum 683-5826

Support Officers

Musician

Publicity

Greeters Lois Halvorson 632-6003

Owen Bergland 576-1396

Marshalls Larue and Dorothy Hanson 599-0647

Editor Knut Lyby 536-0647

knutlyby@comcast.net Sonja Gund 473-9588 Eunice Bluhm 495-2029 Riley Coltrin 351-3554

Historian Virginia Nelson 640-9340
Photographer LaRue Hanson 599-8546
Librarian Sonja Gund 473-9588
Viking Sisters Ginny Johnson 495-0253

**Committees/Special Activities** 

Finance Chairman

Volunteer Hours

Tubfrim

Auditors Dean Tollefson 473-1110

June Peterson 599-3235 Millie Sullivan 597-0381 Laurance Moe 260-9490 Tania Oldervik 310-3586 Cleo Allgood 598-1982

Field Representative LaRue Hanson 599-8546 Facebook Randy Johnson 260-7028

Fjellheim Management Corporation (FMC)

Directors Terry Mapstone 264-0955

Paul Wiig 596-6159 George Gund 473-9588 Swede Knutson 473-3297 Chuck Sullivan 597-0381 Doug Haug 632-4284 Owen Bergland 576-1396

Trustees Rodger Erickson 597-2196

Jerry Johnson 495-0253

Colorado Zone 8 Director

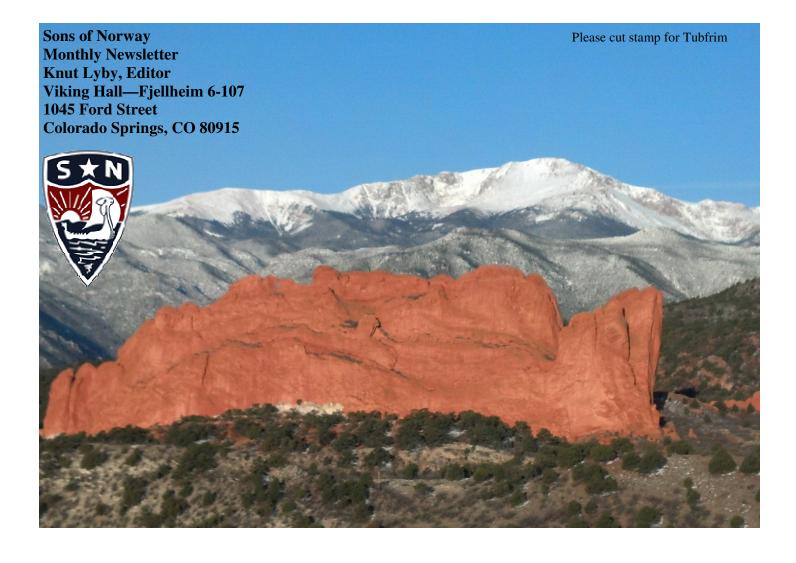
Linda Ault 303-953-2716

lindault@comcast.net

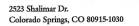
**District 6 President** 

Lyle Berge 720-470-4961 bergenorsk@comcast.net

ALL PHONE NUMBERS HAVE 719 PREFIX UNLESS OTHERWISE IS NOTED



### This newsletter is generously sponsored by the following:





#### LaRue Hanson

Financial Benefits Counselor

Business: (719) 599-8546 Cell: (719) 237-7314 Email: lhanson1@q.com

www.sonsofnorway.com



Patty Gooding (719) 550-1206

2905 North Murray, Colorado Springs, Co 80917 Tuesday-Friday 8:00-6:00 Saturday 7:00-2:00





Custom Roofing Solutions Backed By Credibility and Performance

### **Aaron Eades**

Project Manager

4605 Town Center Dr. Colorado Springs, CO 80916 Aeades@peakviewroofing.com www.peakviewroofing.com Office (719) 593-0580 Fax (719) 575-9580 Cell (719) 522-3413







# **VIKING FAIR**

**Community Cultural Event** 

# October 26, 2013 Bazaar and Breakfast

arts, collectibles, crafts, food, fun, lefse, music, raffles, stories, unique gifts, vendors, Viking recipes

Proceeds for Charities

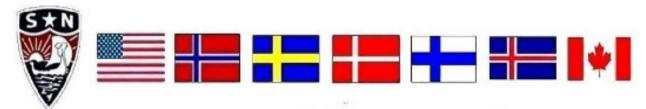
Bazaar 9<sub>sm</sub>-2<sub>pm</sub> Breakfast 9<sub>sm</sub>-11<sub>sm</sub> (\$8)

Viking Hall 1045 Ford Street

Colorado Springs, CO 80915 Information: 719-596-6159 or 719-351-3554

Breakfast Reservations: Millie @719-597-0381





## Our 34th Annual Stein Fjell Lodge Sons of Norway

# Lutefisk & Meatball Dinner

Dinner includes <u>Lutefisk</u>, white sauce, butter, <u>Rosina Swedish Meatballs</u>, vegetables, potatoes, pickles, beets, herring, lingonberries, lefse, Scandinavian cookies, riskrem, coffee, lemonade

## ...in Loveland at:

Faith Church 2707 N. Wilson Ave. Loveland, CO 80538

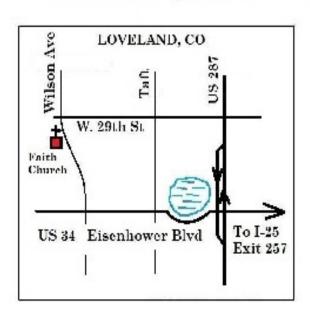


Saturday, October 19, 2013

Dinner Seatings: 4:00 p.m. & 6:00 p.m.

with Reservations ...

## Adults ...\$18.00 Children ages 5 to 12...\$8.00



Event Includes Butikken with Seandinavian Gifts and Baked Goods for Sale

# For Information, Reservations, and Ticket Sales...Contact:

Ft. Collins Marian & Ras Erdal(970) 225-9035	
Greeley Midge Parkos(970) 356-7489	
LovelandBarb Nolin(970) 667 7641	
LongmontKris Bakich(303) 774-8363	
WindsorKristi Quinlan(970) 686-9444	
Brighton / Ft. LuptonJohn Everson(303) 656-1876	