



Sōl Good

PROTEIN BARS

Quality Protein and Great Ingredients
Make for the Best Sōl Foods

You're always in motion. Fuel that active life with 17 to 19 grams of protein, organic superfoods, and the deliciousness of sunshine and joy. Not sure what those taste like? Try one today to find out for yourself.

GIVE YOUR ADVENTURE SOME SŌL!



CINNAMON ROLL



SALTED CARAMEL



BLUEBERRY BLAST



COCONUT CASHEW

Ingredients (Blueberry Blast): Sunsweet (Organic Prebiotic Fiber, Organic Tapioca Syrup, Organic Stevia Extract), Sunwarrior Protein Blend (Organic Brown Rice Protein, Organic Pea Protein, Organic Quinoa Protein), Organic Sunflower Butter, Organic Blueberries, Organic Rice Dextrin, Organic Grape Juice, Organic Blueberry Flavor, Organic Cacao Butter, Organic Vegetable Glycerin, Organic Quinoa Crisps, Organic Coconut Oil, Organic Blueberry Powder, Vitamin E Mixed Tocopherols, Xanthan Gum, Organic Locust Bean Gum, Organic Madagascar Cinnamon, Ancient Sea Salt, Organic Madagascar Vanilla Bean. **Contains: Coconut.**

Ingredients (Cinnamon Roll) : Sunsweet (Organic Prebiotic Fiber, Organic Tapioca Syrup, Organic Stevia Extract), Sunwarrior Protein Blend (Organic Brown Rice Protein, Organic Pea Protein, Organic Quinoa Protein), Organic Sunflower Butter, Organic Glaze (Organic Cacao Butter, Organic Erythritol, Organic Vanilla Flavor, Organic Stevia Extract), Organic Candied Pecans (Organic Pecans, Organic Coconut Nectar, Organic Cinnamon, Organic Stevia Extract), Organic Rice Dextrin, Organic Grape Juice, Organic Vanilla Flavor, Organic Cacao Butter, Organic Vegetable Glycerin, Organic Coconut Oil, Vitamin E Mixed Tocopherols, Xanthan Gum, Organic Locust Bean Gum, Organic Madagascar Vanilla Bean, Ancient Sea Salt, Organic Madagascar Cinnamon, Organic Cinnamon Bark Oil. **Contains: Coconut, Pecans.**

Ingredients (Coconut Cashew): Sunsweet (Organic Prebiotic Fiber, Organic Tapioca Syrup, Organic Stevia Extract), Sunwarrior Protein Blend (Organic Brown Rice Protein, Organic Pea Protein, Organic Quinoa Protein), Organic Sunflower Butter, Organic Coconut, Organic Cashews, Organic Rice Dextrin, Organic Grape Juice, Organic Coconut Flavor, Organic Cacao Butter, Organic Vegetable Glycerin, Organic Coconut Oil, Vitamin E Mixed Tocopherols, Xanthan Gum, Organic Locust Bean Gum, Ancient Sea Salt, Organic Madagascar Vanilla Bean, Organic Madagascar Cinnamon. **Contains: Cashews, Coconut.**

Ingredients (Salted Caramel): Sunsweet (Organic Prebiotic Fiber, Organic Tapioca Syrup, Organic Stevia Extract), Sunwarrior Protein Blend (Organic Brown Rice Protein, Organic Pea Protein, Organic Quinoa Protein), Organic Sunflower Butter, Organic Glaze (Organic Cacao Butter, Organic Erythritol, Organic Caramel Flavor, Organic Stevia Extract), Organic Rice Dextrin, Organic Grape Juice, Organic Caramel Flavor, Organic Cacao Butter, Organic Vegetable Glycerin, Organic Coconut Oil, Ancient Sea Salt, Vitamin E Mixed Tocopherols, Xanthan Gum, Organic Locust Bean Gum, Organic Madagascar Vanilla Bean, Organic Madagascar Cinnamon. **Contains: Coconut.**

Söl Good Bars are sold by the tray



12 trays to a case | 12 mo. shelf life

BLUEBERRY BLAST (12pk)



COCONUT CASHEW (12pk)



CINNAMON ROLL (12pk)



SALTED CARAMEL (12pk)



12 month shelf life

BLUEBERRY BLAST 2.19 oz



COCONUT CASHEW 2.19 oz



CINNAMON ROLL 2.36 oz



SALTED CARAMEL 2.33 oz



CARTON MADE FROM 100% RECYCLED PAPER

NUTRITION FACTS

Serving Size 1 bar

Flavor	Amount / % Daily Value*			
	Blueberry Blast (67g)	Coconut Cashew (62g)	Cinnamon Roll (67g)	Salted Caramel (66g)
Calories	212	228	252	212
Calories from Fat	55	90	110	60
Total Fat	6g/9%	10g/15%	12g/18%	7g/11%
Saturated Fat	1g/5%	3g/15%	3g/15%	2g/10%
Trans Fat	0g	0g	0g	0g
Cholesterol	0mg/0%	0mg/0%	0mg/0%	0mg/0%
Sodium	60mg/3%	90mg/4%	80mg/3%	100mg/4%
Total Carbohydrate	30g/10%	26g/9%	28g/9%	27g/9%
Dietary Fiber	16g/64%	17g/68%	12g/48%	18g/72%
Sugars	7g	3g	6g	3g
Protein	17g/34%	17g/34%	17g/34%	19g/38%
Vitamin A	0%	0%	0%	0%
Vitamin C	15%	15%	15%	15%
Calcium	4%	2%	4%	2%
Iron	15%	10%	15%	15%

*Percent Daily Values are based on a 2,000 calorie diet.

Suggested Use: Step one: remove wrapper. Step two: eat bar. Please make sure you master step one. The bars taste much better when you do.