THE MAINSTREAM



4th of July Parade

Decorate your bike, wagon stroller -- or even yourself! -- with patriotic decorations as we gather as a community to celebrate Independence Day! Spectators are also welcome to cheer on our parade participants.

We'll begin gathering at the pool at 10am and start the parade around the parking lot at 10:15. Afterwards, we'll gather outside the Clubhouse for popsicles and outdoor games.

To RSVP or if you have any games you would like to share, please send an email to hiddenbrooksocial@gmail.com. We look forward to celebrating Independence Day with you!

Hiddenbrook Homes Association

www.hiddenbrookhomes.org

1508A Sadlers Wells Drive Herndon, VA 20170

> Facilities Manager: Lisa Cornaire

hiddenbrook_homes@hotmail.com

Office Hours
Tues. & Thurs. 2-5pm
Or by appointment

(703) 318-7159 -office(703) 437-9737 -fax(703) 437-9736 -pool

Mailing address:

PO Box 582, Herndon, VA 20172



Hiddenbrook Board of Directors

(Meetings on the 3rd Tuesday of every month at 7:30 pm in the clubhouse)

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Vice President Chaz Holland chaz@bww.com

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Hiddenbrook Communications Committee hiddenbrooknews@gmail.com

Hiddenbrook Neighborhood Watch hiddenbrookwatch@gmail.com

Hiddenbrook Pool Committee hiddenbrookpool@gmail.com

Hiddenbrook Social Committee hiddenbrooksocial@gmail.com

Chimney Fire Hazard

On May 16th a large tree fell on a house on Sadlers Wells Drive. Although considerable damage was done, it was a blessing in disguise. The tree knocked the brick chimney off the house. In the process of repairing the chimney the contractor, Firesafe Industries, discovered that the original contractor did not properly construct the chimney. Because of the separation between the flue tiles and the mortar just above the firebox, normal use over the next several years would likely result in setting the house on fire. Fortunately the fireplace in question had not been used over the past 6 or 7 years, otherwise this might be a different kind of article. Many of the brick chimneys in the homes in Hiddenbrook were probably built by the same contractor. If you enjoy a roaring fire in your fireplace, it is recommended to have the interior of your chimney inspected by a qualified chimney company, not a chimney sweep. The companies that build and repair chimneys have cameras that they can use to inspect the condition of the flue tiles and mortar. Such repairs are not covered by insurance and, because of the lapse in time, it is too late to seek redress from the original contractor.

Hiddenbrook Social Media

Like us on Facebook:

https://www.facebook.com/HiddenbrookHomesAndSwimTennis

On Twitter:

Follow Hiddenbrook News @HiddenbrookNews

Follow Hiddenbrook Neighborhood Watch @HB_Watch





Drowning Prevention

Every year in the United States, more than 1,000 children die from drowning, and many more suffer life-changing injuries. Parents and caregivers need to be aware of drowning dangers and take steps to prevent it.

Facts about Drowning

- Anywhere there is water, there is the danger of a child drowning.
- Drowning can occur very quickly, silently and in just inches of water.
- It is important to learn CPR. When seconds count, knowing CPR can save a life.

Tips for Inside the House

- Young children can drown in bathtubs, toilets, sinks, buckets, coolers or any place in the house where water can collect.
- Most drownings in the home happen in the bathroom. Parents with young kids should always keep the bathroom door shut. Placing a safety cover over the door knob will help prevent kids from opening the door.
- An adult, not an older sibling, must watch infants and young children in the bathtub at all times. Children can drown in the time it takes to answer the phone.
- Some parents think that using a baby bath seat will keep their child safe, but baby bath seats do NOT prevent drowning.
- Parents should remember to always keep the lid of the toilet down. If there are young children in the house, put a toilet lock on the lid.
- · Always remember to drain the bathtub immediately after using it.

Tips for the Pool and Hot Tub

- More than half of pool drownings could be prevented if parents put up a 4-sided fence around the pool. The fence should be at least 4 feet high and have a gate that closes and latches on its own.
- An adult must always watch children in the pool closely. This means the adult is not reading or talking on the phone.
- An adult should be within an arm's reach away from infants, toddlers and weak swimmers.
- Most children are ready for swimming lessons when they are 4 or older. Lessons might be helpful
 for younger children as well, but not all children will be ready at the same age. Parents should
 decide when their child is ready.
- Use a hard cover and a lock on hot tubs when not in use.
- · Drain a wading pool immediately after using it.

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Drowning Prevention (continued)

(Continued from Page 4)

Tips for Lakes, Ponds, and Rivers

- Even if a child knows how to swim in a pool, he might not be prepared for open water.
- When on a boat, children must always wear a life jacket. Air-filled swimming aids like water wings or inner tubes are not a substitute for a life jacket.
- Teach children to never walk on frozen water. Thin patches could break, allowing a child to fall through the ice.

Source: Nationwide Children's Hospital

http://www.nationwidechildrens.org/cirp-drowning-prevention

Tennis Ladder



Are you a tennis player? Would you like to get to know other Hiddenbrook S&T members who play tennis? This year we are starting the Hiddenbrook Tennis Ladder. A Tennis Ladder is a tennis tournament in which players can challenge each other for friendly competition. How does it work? Once you join the 2014 Tennis Ladder, you can challenge another player or team above you in the ladder. If you win, you move 'up the ladder.' The winner is responsible for recording the results. At the end of the tournament, we will recognize the top players and most improved players. There will be 3 categories: Men's singles, Women's singles, and Mixed Doubles (can include non-members, but 1 player must be a member). To sign-up, please contact hiddenbrooktennis@gmail.com. See you on the Tennis Court!

Safety Is In The Eye Of The Beholder

The HiddenBrook Community's Neighborhood Watch now has a new email and a Twitter page! You can email the Neighborhood Watch at HiddenbrookWatch@Gmail.com and find the watch on Twitter at http://twitter.com/HB_Watch. Follow us on Twitter or email us and we will add you to an email list we are starting. The intent is to distribute regular updates about the community along with good safety and crime prevention tips. The list will only be used for Neighborhood Watch related purposes and will not be used to solicit you for deals, offers or spam email, ever.

The Neighborhood Watch recently met with Fairfax County Police to discuss their efforts to protect and serve our community. There were several reported Noise violations and a report of Larceny in the 12600 block of Fantasia Dr. With school coming to a close there will likely be an upswing in incidents. The Watch strongly encourages all members of the community to follow the "See something, say something" guideline. The Police Department can only allocate additional resources to protect our neighborhood if acts of vandalism and other crimes are reported. Please report suspicious activities to the Reston Police Department's Non-Emergency Number at 703-691-2131. You can send Anonymous text messages: 'TIP187' plus your message to CRIMES (274637). You can also report crimes that are NOT in progress at the following email address: http://www.fairfaxcounty.gov/police/reportcrime/. As always, in case of an Emergency dial-911

The Fairfax County Police now have a Crime Map, a blog, a Twitter account, a YouTube account and a Facebook account.

Crime Map - http://www.fairfaxcounty.gov/policeevents/#police

Blog - http://fcpdnews.wordpress.com

Twitter - https://twitter.com/fairfaxpolice

YouTube - https://www.youtube.com/user/fairfaxcountypolice

Facebook - https://www.facebook.com/fairfaxcountypolice

If you are interested in joining our Neighborhood Watch team, contact Lisa Cornaire at the clubhouse # 703-318-7159 or email the Neighborhood Watch at HiddenBrookWatch@Gmail.com_mailto:Hiddenbrook_homes@hotmail.com.

Together, we can strengthen the safety of our neighborhood by looking out for each other!

Chris Shumac Chairman - Hiddenbrook Neighborhood Watch

Silver Line Opening Date Announced

The opening date for Phase 1 of the Silver Line will be July 26, according to Metro's General Manager Richard Sarles.

Sarles said he is confident in choosing a starting date, saying that the Metropolitan Washington Airports Authority and its contractor, Bechtel-led Dulles Transit Partners, have cleared most of the remaining punch list items that need to be done before service can begin. There is an "unlikely possibility that something could pop up between now and then," Sarles said June 23, but he is confident in the selected starting date.

The Airports Authority, builders of the new line, turned the project over to Metro on May 27.

The Airports Authority called the news of an opening date "a welcome announcement for those who continue working together to make this important project a reality. We thank all the project's supporters, who have been key to making the 50-year dream of rail in the Dulles Corridor come true. The Silver Line is already a major boost to the economy of Northern Virginia and the entire metropolitan Washington region, and the start of revenue service will further that economic development and enhance Tyson's Corner and Reston, already the state's largest employment center. And, with the start of Silver Line service, Dulles Airport will be closer than ever - just minutes away from the Wiehle- Reston East Station on the new Dulles Airport Silver Line Express Bus."

The Silver Line, the first new Metro line to open in 23 years (not including the Blue Line extension to Largo), will link the area's second largest central business district, Tyson's Corner, with DC, and, eventually, when Phase 2 is completed in about five years, will provide service to Dulles Airport and westward into Loudoun County.

Silver Line trains will operate between Reston and Largo and provide service to four stops in Tyson's Corner while adding expanding service to existing stops in Arlington and downtown DC. The new line will not serve the West Falls Church Station. There are five new stations along the line: McLean, Tyson's Corner, Greensboro, Spring Hill and Wiehle-Reston East.

To finalize employee familiarization and confirm schedules, Metro plans to conduct a week of "simulated service," starting Sunday, July 20. During the service simulation, Silver Line trains will run on the system without carrying passengers to or from the five new stations. However, the "simulation" trains will carry passengers between East Falls Church and Largo Town Center.

As a result of Silver Line service, riders at stations from East Falls Church to Court House will see trains arrive more frequently at all times, and riders from Rosslyn to Stadium-Armory will notice more frequent service outside rush hours. On the Blue Line, trains will operate every 12 minutes at all times of the day, and during rush hours, trains at Vienna, Dunn Loring and West Falls Church will arrive and depart every 6 minutes.

Riders can check fares and travel times, get station information and learn more about the project by visiting **www.silverlinemetro.com**.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Board Meeting 7:30 pm	2	Office Closed All Day	4th of July Parade 10am Clubhouse	5
6	7	Clubhouse Rental 7 pm	9	10	11	Home Swim Meet Pool opens at 12:30 pm
Clubhouse Rental All Day	14	Board Meeting 7:30 pm	16	17	Swim Team Paper Plate Awards 6pm	Home Swim Meet Pool opens at 12:30 pm
20	21	22	23	24	25 Clubhouse Rental 4 pm	26 Swim Team Banquet Pool Closes at 6pm
27	28	Office Closed All Day	30	31 Office Closed All Day		
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