







WHY WE SUPPORT WHOLE CHILD LEARNING

A child's growing brain requires a balance of academic education and experiential learning to reach its peak potential. Whole Child Learning Environments provide a complete learning experience inclusive of mind, body, and spirit.

 A Whole Child School Connects Physical, Social-Emotional, & Academic Learning¹	Academic achievement, social–emotional competence, and physical and mental health are fundamentally interrelated.
 Hands-On, Experiential Activities Welcome & Benefit All Learning Styles²	Kinesthetic, verbal, aural and visual learners all benefit from a greater variety of environments and activities.
 Life Skills Programs Prepare Kids to Thrive as Adults³	Essential life skills such as oral health and financial literacy prepare students for the non-standardized test called “real life.”
 A Balanced Approach Improves Classroom Performance⁴	Exercise, healthy food, and outdoor activity improve concentration, retention, behavior, and cognitive function.

The Audacious Foundation funds non-academic programs at low-income schools, focused on **Nature-Based Learning, Healthy Habits, and Essential Life Skills:**

- Outdoor Education
- Oral Health & Orthodontia
- Hydration for Health
- School Gardens & Edible Forests
- Bicycling
- Ropes Programs
- Financial Literacy
- Swimming
- Nutrition
- Science Camps

Sources Include:

- 1 Diamond, Adele: *The Evidence Base for Improving School Outcomes by Addressing the Whole Child and by Addressing Skills and Attitudes, Not Just Content, Early Education and Development*, Vol. 21 No. 5, 2010, pp. 780-793
- 2 Kochhar-Bryant, Carol A.: *Effective Collaboration for Educating the Whole Child*, Corwin, April, 2010
- 3 Strauss, Valerie: *The Right—And Surprisingly Wrong—Ways To Get Kids To Sit Still In Class*, *The Washington Post*, October 7, 2014
- 4 Ratey, John: *Spark: The Revolutionary New Science of Exercise and the Brain*, Little, Brown and Company, reprint edition 2013

Audacious
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A Complete Learning Experience
for the Whole Child

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www.AudaciousFoundation.org