

## RDC IN-PERSON CLASS INSTRUCTIONS – Parents & Dancers

### **BEFORE YOU ARRIVE:**

- Confirm that you or your dancer do not have any signs of illness or symptoms of COVID-19.
- Make sure you are attending in-person classes on your assigned week. Verify your dancer's letter assignment and the dates they are assigned to be here and check the letter posted outside the studio when you arrive to be absolutely sure.
- Verify which studio (A or B) your dancer's first class is in and what that's location process is, as the arrival and departure processes are a little different for each location. See the 'LOCATION SPECIFIC' section below for details.
- A day or two before your in-person class, [Complete the COVID-19 waiver before you arrive at the studio](#). We will also have the option to complete it at the studio when you arrive, but it will save time if you do it ahead of time! If you do not complete the waiver before your dancer enters the studio, your dancer will be not permitted in.
- Gather and bring ONLY the things your dancer needs for their class (see below).
- Plan ahead and make sure your dancer arrives with their dance clothes already on and their hair done for class. They will not be able to use the bathroom or the dressing room to get ready for class. They may wear outside shoes and bring their dance shoes in their dance bag.

### **WHAT DANCERS SHOULD BRING:**

- Mask (and face shield if your dancer has an existing respiratory issue and you've submitted a doctor's note).
- ONLY a dance bag that ONLY includes:
  - Dance shoes
  - A full water bottle (RDC water bubblers will not be open for use)
  - Hair ties, if needed.
  - Snack, if you have more than one class in a row.
- Dancers will not be permitted inside with extra clothes or items with them. They will NOT be allowed to use the dressing room or bathroom to get ready for class.

### **STUDIO ARRIVAL:**

- PARENTS
  - You and your dancer must wear your masks at all times.
  - You must be on time. 😊
    - Your dancer will only be able to enter the building through the lobby door a maximum of 10 minutes before your class starts, and it will likely be closer to 5 minutes before your class starts. If you arrive early, please wait with them outside the studio (in your car or on a red/white spot) until you are greeted by an RDC staff person. If you wait in your car, when approaching the door, please stand on the red/white dots or maintain at least 10 feet of distance between you and any other dancers/parents.
    - **DO NOT BE LATE!** If you are late, or your dancer is not ready when they arrive, they may not be let in. Your dancer must arrive already in their dance clothes with their hair done for class. They will not be able to use the bathroom or the dressing room to get ready for class. They may wear outside shoes and bring their dance shoes
  - Your dancer may not arrive at the studio by themselves and you MAY NOT drop your dancer off and leave, until RDC staff has given them approval to enter the building. We'll check one dancer in at a time and a guardian must be present for this or the dancer will not be permitted into the building. Before we can allow your dancer in the space, we must:
    - Verify that you've completed the COVID-19 waiver. You should complete this ahead of time using [this](#) link, but it can also be completed onsite.
    - Take your dancers temperature. If your dancer has a fever (over 100.3) and/or any signs of illness, they will NOT be let in.
  - We've allotted 15 minutes of time between each class to disinfect and make sure we're safely managing the class transition, but we cannot allow your dancer in the studio until the dancers from the prior class are

gone and we've had time to clean. The time this transition takes may fluctuate, especially the first few weeks, so we appreciate your patience.

- **DANCERS**

- Once RDC staff has cleared a dancer to enter the studio, RDC staff will let dancers through the door one at a time, give them hand sanitizer and assign them a color spot to wait on in the lobby or dressing room until the class starts.
- Once the dance room has been disinfected and the teacher is ready to start class, RDC staff will send dancers into the dance room one at a time, to the taped box that corresponds to the color spot dancers were waiting on in the lobby/dressing room.
- Dancers must stay in their taped boxes for their entire class. Dancers will not be permitted to leave their box, unless they are going to the bathroom or going home.
- Dancers will keep their dance bags in the corner of their taped box. They will change shoes, drink water and dance in their tape box.
- The bathroom will be open but everything else will be off limits. No water refill stations, no cubbies, no vending machine and no chairs to sit on.
- Dancers must:
  - Wear their masks at all times, including while they are dancing, unless you've been given prior approval by RDC staff to use a face shield due to an existing respiratory issue
  - Be accompanied by an adult when they arrive. Their adult must stay with them until RDC staff have given approval to leave.
  - Get their temperature taken when they arrive.
  - Enter through the lobby doors and exit out the dance room doors.
  - Use hand sanitizer when arriving, after using the bathroom (in addition to washing their hands) and before departing.
  - Stay in their designated taped box while dancing and until excused one at a time to leave.
  - Not get within 6 feet of another dancer or parent.
  - Follow all rules and instructions laid out by RDC staff or they will not be able to dance in person.

- **DANCERS WITH MULTIPLE CLASSES**

- If you have multiple classes in one week, you do not need to fill out a new waiver every day you're here. One before your first class is enough.
- If you have more than one class on the same day and you stay in the same studio, you will stay in your taped box during the break while the teacher disinfects the rest of the space.
- If you have more than one class on the same day and you move studios during the break, you will follow the arrival instructions for the studio you're going to and wait outside on one of the red spots until RDC staff opens the door and get you.

## **DEPARTURE**

- **PARENTS – YOU MUST NOT BE LATE.** Please arrive at least 5 minutes prior to the end of your dancer's class, so you're waiting for them on the red/white spots when they exit the dance room.
  - The transition between classes is extremely time sensitive and if you are late picking your dancer up, this will definitely impact our ability to disinfect and start the next class on time!
  - If you are consistently late picking up your student, your dancer will not be able to take in-person classes.
- You may wait in your car or outside the dance door on the designated red/white spots for your dancer. Please make sure you can see the dance room door and that RDC staff is able to see you immediately.
- Each dancer will be given hand sanitizer and released with their dance bag, one at a time, out the dance room door to their adults. RDC staff will make sure each student is supervised and connected with their adult. No dancer will be let out of the building unless we see their adult.
- Once all dancers have left the building and connected with their adult, RDC staff will close the door and disinfect for the next class.

**LOCATION SPECIFICS:** We have 2 different spaces with slightly different processes below. **Please be sure to confirm the studio your dance classes are in (A or B) on the phase schedule below and then follow the detailed arrival and departure guidelines for that location!**

### **Studio A (9264 - main)**

- Arrival
  - If you're able to wait outside (weather permitting), you may wait with your dancer on one of the three red/white dots with feet on them in front of the black fence, south of the lobby door.
  - You may also wait in your car with your dancer, but please make sure you can see the lobby door and that you and your dancer are ready to walk to the door as soon as it opens. When approaching the door, please stand on the red dots by the black fence or maintain at least 10 feet of distance between you and any other dancers/parents.
  - RDC staff will check each dancer in one at a time, verify that you've signed the COVID-19 waiver, take the dancers temperature, let them through the front lobby door and assign them a color spot to wait on (that is at least 10 feet apart) in the lobby or dressing room until their class starts. We will send them one at a time into the dance room as soon as possible.
- Departure
  - Parents will need to wait outside the orange studio door on the red/white spots or in their car for their dancer. If you choose to wait in your car, please make sure you can see RDC staff and get out of your car when you see us open the door.
  - Each dancer will be given hand sanitizer and released with their dance bag, one at a time, out the orange dance room door to their adults. RDC staff will make sure each student is supervised and connected with their adult. No dancer will be let out of the building unless we see their adult.

### **Studio B (9250, exit only door is in the glass door next to Jude's)**

- Arrival
  - You'll be required to drop your dancer off in the back of the building, via the parking lot behind the building, on Ithaca Pl. From 57<sup>th</sup> Ave S, drive north toward Rainier, go right on Rainier and then take your first right on Ithaca. Go past the first parking lot on the right and take a right into the driveway and go down. You can park anywhere.
  - Go up the stairs and to the left, following the signs to RDC.
  - If you're able to wait outside (weather permitting), you may wait on the open red/white dot closest to the RDC back door on the stairs or walkway leading up to the backdoor of the RDC lobby.
  - You may also wait in your car with your dancer, but please make sure you can see the back door and wait for RDC staff to come out.
  - RDC staff will check each dancer in one at a time, verify that you've signed the COVID-19 waiver, take the dancers temperature, let them in through the back lobby door and assign them a color spot to wait on in the lobby or dressing room until their class starts. We will send them one at a time into the dance room as soon as possible.
- Departure
  - Parents need to wait outside the front of studio B (outside Jude's) on a red/white spot for their dancer.
  - Each dancer will be given hand sanitizer and released with their dance bag, one at a time, out the front dance room glass door (between Jude's and Souvanny's) to their adults. RDC staff will make sure each student is supervised and connected with their adult. No dancer will be let out of the building unless we see their adult.

### **DANCER SCHEDULE and LETTER ASSIGNMENT**

- Check the confirmed phase schedule for all classes. Make sure to note which studio your class(es) is in (**Yellow/Blue** on the left), find your dancers class next to that, and then scroll over and find your dancers name! Their name is listed under the week they should be here in-person (dates are included at the top) and have been assigned a letter that corresponds to that week.
- Your dancer will attend all of their classes, in person, in the same week, unless otherwise noted in **red**. The other weeks your dancer will be on Zoom.
- We'll plan to send a reminder to help you, but please add these dates to your calendar now so you don't forget!

- There will be no dancers in the studio the week's that are grayed out. That means either there are too many dancers in the other 3-4 weeks to allow everyone to repeat twice or we're making room for new dancers who add to the class after today and opt-in to take classes in person!
- If you miss your assigned week, show up late, and/or do not follow the instructions above carefully, your dancer will not be able to take their in-person class that week!
- **We're not able to accommodate any changes to this schedule.** If you're out of town or your dancer can't come the week they've been assigned, they will need to wait until the next phase to take in-person class.