



FOOTPRINTS

Piedmont District
Virginia Federation of Garden Clubs, Inc.
Member of National Garden Clubs, Inc.
VOLUME 30, NUMBER 7 WINTER, 2018

A Message from your President, Judy Durant

As I sit on my favorite garden bench to write my message, several things come to mind. My first thought is - what a glorious fall day! The sun is still spreading its warming rays throughout my garden, and I enjoy watching the mums burst open and the reblooming irises take center stage. The trees and shrubs are gradually shedding their foliage. My Crepe Myrtles are putting on quite a fall show as their colorful leaves flutter to the ground and continue to spread their beauty beneath. It has been said, "A fallen leaf is nothing more than a summer's wave goodbye." Yes, our gardens are ready to rest until springtime.

My second thought is how easy it is to write my message when I have such wonderful members supporting Piedmont!

I can't say enough about our Fall District Meeting! Our Flower Show, "*Piedmont Presents*", was certainly a highlight and enjoyed by all. Everyone contributed to the success of this Show, from our chairmen and their committees, to the garden club members who used their talents in creating beautiful designs, to those who placed a single piece of horticulture on the table, and to those who attended. The designs were breathtaking, and the horticulture pristine. Every detail of the Show was thoroughly addressed and taken care of by the hard-working chairmen and committee members. Great job, one and all!

In our morning session the design program was creative and stimulating. It is always thrilling to look out over the room filled with Piedmont faces (245 to be exact) and see the love of gardening and friendships beaming back.

As we head into another holiday season, I want to extend my personal thanks to every club member in our District for the support, knowledge, creativeness and determination it takes to make each garden club so successful.

Peace and Joy to you and yours. Cheers to 2019,

Chaplain's Message --

Pam Mann

We are embarking upon the ---holidays!--A time of Giving and Thanksgiving. In the "Song of Moses" we find a beautiful account of God's giving, and Moses' thanksgiving. (Deuteronomy 32:1-3.

"Listen Heaven, while I speak:
hear, earth, the words that I shall say!
May my teachings fall like the rain,
May my word drop down like the dew,
like showers on the grass,
like light rain on the turf!

For I shall proclaim the name of Yahweh.
Oh, tell the greatness of our God!"

And from contemporary writings of 1994, we find

When you gather 'round the table-Thanksgiving and Xmas Day,
As you share a meal with loved ones, and bow your head to pray...
For His teachings and His kindness, and for sharing all He knows...
As you praise His loving guidance and take stock of all His gifts,
Take time to look beyond wealth--and allow your thoughts to drift

Don't overlook your struggles or forget your daily strife,
Don't thank God for just the good times in this frantic earthly life.
Take note of all the worries that you've faced along the way,
Recall your tribulations and stress from day to day... Remember
all the cares and woes you've conquered in the past,
Reflect upon the tears you've shed and troubles you've amassed

For all those woes and worries--why, they're merely stepping
stones,
And troubles? they're just pavers 'long the path to Heaven's home.
The tears we've shed are Life's sweet rains;
Its flowers spring from strife,
These trials and tribulations? They just fertilize our life..

So thank Him for His bounty, for our families and our friends.
And for granting us forgiveness and the grace to make amends

Memorial Moment: There is still time to send your Chaplain the Name of any club member who has passed since Spring 2018. Member and club name, if served as a president, or is a charter member. .email: to pamann1724@yahoo.com or call 598-2650

PD NOMINATING COMMITTEE

The Piedmont District nominating committee is pleased to announce the proposed slate for the 2019-2021 administration. All have consented to serve.

Elected Officers

President – JoAnn McNabb
Director, Hospitality – Mary Wiblin
Director, Programs – Diane Burgess
Recording Secretary – Randi Heise

Treasurer – Linda Nau

VFGC Nominating Committee (2021-2023 Slate)

PD Representative – Judy Durant
Alternate – Rebecca Elston

The slate will be voted on at the PD Spring Meeting (March 18, 2019). The President and Directors will be installed at the VFGC 2019 Convention in Williamsburg. Please pass this information on to your club.

Many thanks to these very qualified members for volunteering their time and talent to serve Piedmont District as elected officers for 2019-2021.

Committee members: Lynn Bell, Patsy Deal, Rebecca Elston, Johanna Gilbert and Janet Minock



Traditional Design at its Best on March 18, 2019 -- Sally Harrison

Have you ever been to the National Cathedral in Washington, DC or watched a service televised from the Cathedral? Then you know how very talented members of the National Cathedral Flower Guild are.

We are in for a wonderful treat when members of the Cathedral Flower Guild come to Richmond for the Piedmont District meeting on Monday, March 18, 2019 to share design ideas with us. The secret starts with the mechanics and beautiful flowers!

Save the date, spread the word, and find the registration details on page 9 of this issue of Footprints.

Home Gardener Day -- January 14, 2019

Founders Inn - Virginia Beach

Rethinking the Modern Garden

Home Gardener Day only comes once a year - don't miss it! Regular registration rates began December 2, 2018. Founders Inn will once again host, and we've worked with them to ensure there are enough tables for everyone

2019 Home Gardener Day Lectures

- ✚ Landscaping in Small Spaces - Big Ideas for Little Gardens -- Bryce Lane
- ✚ !Vegetables Love Flowers Lisa Mason Ziegler
- ✚ Change How You Garden -- Pam Beck
- ✚ Hardy Ferns for Tidewater -- Jim Orband
- ✚ MOSS: Rethinking Today's Garden Year-Round Green Appeal -- Mossin' Annie Martin
- ✚ Gardening in Containers - The Trend that Keeps on Growing -- Bryce Lane

STAY & PLAY WORKSHOPS

- ✚ Miniature Magic: Moss Dish Gardens -- Mossin' Annie Martin
- ✚ Kokedama - Hanging Japanese String Gardens - Joelle Miller, Norfolk Botanical Garden

For more in-depth information, go to Home Gardener Day Coordinator The Virginia Horticultural Foundation info@vahort.org -- 757-523-4734.

Native Plants & Birds -- Carolyn Shiflet



Lovely and sustainable landscapes can be created with native plants. Native wildflowers, grasses, shrubs and trees help conserve water, reduce mowing costs, provide habitat for birds, butterflies and other wildlife; protect soils, clean our air, mitigate flooding, reduce temperatures in urban areas, save money on fertilizer and pesticides. Native plants attract birds and support them by providing them the natural foods they need to thrive such as nuts, fruits, berries, nectar and insects. When native plants disappear, the insects disappear, impoverishing the food source for birds.

Native plants provide protective covers and nesting sites. They provide supplies to make their nests, collect twigs, dead leaves or needles from trees and shrubs, strip fibers and bark from milk weed, Indian hemp and wild grape vines. Landscapes full of native plants can be vital sanctuaries for birds to rest and refuel when migrating. Many plants in the aster family, including cone flowers, sun flowers, asters and goldenrod are excellent food sources for song birds by attracting insects in spring and providing seeds in fall. Birds need caterpillars to feed their young. Columbine, liatris, hardy geranium, amsonia, hibiscus, phlox and bee balm will attract these species.

Native berries attract our most wanted bird friends. Dogwoods attract nearly 100 bird species as do sumacs. Berries attract bluebirds, thrushes, rose breasted grosbeaks, tanagers, orioles, wood warblers and cedar wax wings. Good host plants for caterpillars are red twig dogwood, spicebush, winterberries, American holly and southern wax myrtle. Remember, no native plants, no bugs, no birds.



The Stars of Summer: A Horticulture Specialty Show -- Kathy Ward



The Richmond Designers' Guild held an NGC Horticulture Specialty Show on August 14, 2018 at Lewis Ginter Botanical Garden. "The Stars of Summer" highlighted the late summer horticulture in the Piedmont and Tidewater areas of Virginia with 56 exhibits. The quality of the exhibits was excellent with many second-place specimens receiving a designation of 90+.

The Award of Merit was presented to Sharon Lemke for her Cosmos (flowering annual), Martha Blessing for her Butterfly Weed (flowering perennial),

Judy Durant for her Canna (flowering bulb, corm or tuber) and Elephant Ear (garden grown single leaf), and to Jane Denton for her Lamb's Ear (herb). Janet Minock was awarded the Arboreal Award for her Limelight Hydrangea (flowering woody perennial). The Horticultural Award of Excellence was presented to Judy Durant for her Elephant Ear.

There were also two educational exhibits - "Plastics - An Environmental Challenge" and "Be a Friend to Pollinators". The Educational Award was presented to Frances Thrash, the NGC Pollinator Chairman, for her exhibit on Pollinators.



Chesapeake Bay Garden Club Celebrates Sixty-five Years of Accomplishments --

Karen Luzuriaga, Publicist, Chesapeake Bay Garden Club



The Chesapeake Bay Garden Club 65th Celebration was a Success! There was a lot of preparation for the 65th celebration. During the summer, Susan Brandli and Veda Watts created a large teacup made out of recycled tires. This was placed outside of the Transportation Building and mums were placed inside. During the week before, members cleaned up the gardens at the tavern so that everything would look lovely.

On September 20th, Sharon Stieber conducted a workshop at the Northumberland Library to help members decorate their teapots and saucers. During this workshop members were given advice on what products help to prolong the life of the arrangements. Sharon also advised club members to use chicken wire, but there are many ways to keep your arrangement in place. Everyone went home with many ideas and plans to create a centerpiece for the celebration.

On September 25th, the celebrating began. That morning, under the direction of Susan Brandli, members from the club arrived early at the Rice's Hotel/Hughlett's Tavern, Transportation Building in Heathsville. Tables were set up and beautiful, spring-like tablecloths were placed on the tables. Old scrapbooks were arranged on some of the tables so members could see what the club accomplished in the past. Also, it was fun to see the changes that have taken place through the years. Roz Messing also displayed a slide show on the TV so the club could enjoy watching while enjoying their food and drinks. Of course, there were the lovely centerpieces in teapots and saucers that were created by the members themselves. It was such a pleasant atmosphere for a garden party.



Let's not forget the Tavern Culinary Guild who catered the party. They displayed and arranged an assortment of finger foods that would or could surpass any English tea. The food was beautifully arranged and delicious. It was a time to get together with old and new friends. Members had a great time reminiscing the past and thinking about the future of Chesapeake Bay Garden Club. It's now time for the club to move on to meet the many new challenges that our community and environment will face. Let's not forget the friends that are made along the way.

The next meeting of CBGC will be on October 23rd at Festival Hall in Reedville. The meeting will begin at 12:00 with a lunch provided by members. The guest speaker will be Zach Bradford. He will speak about the vanishing orchids of the Northern Neck.

CBGC is always welcoming new members. Members from Northumberland, Lancaster, and Westmoreland County are active members of the club so why not stop by for the friendship. You might learn something as well. **Photos by Roz Messing**

Seeds Do Not Come from Stores -- Karen Luzuriaga, Publicist, Chesapeake Bay Garden Club



On October 30th the first graders at Northumberland Elementary learned where seeds come from in a hands-on experience. Linda Hixon organized the program. Members from the Chesapeake Bay Garden Club visited the school carrying pumpkins and scoops. The program is based on the book, *The Saved Seed* by Brenda Moore and illustrated by Emily Lackey. The book explained where seeds come from, and how the pumpkin seed will grow into a vine and new pumpkins for next Halloween.

The students worked in small groups and scooped out the seeds from the pumpkins. The seeds will be dried out and planted in the spring. They will be planted in the school garden so the students can watch the seeds sprout into vines and then produce more pumpkins.

The club will visit in the spring again for the program, Ready-Set-Grow. Members will explain the parts of the plants and explain how the different parts of a plant are food to eat. Flower seeds and pumpkins seeds will be planted. As second graders they will have pumpkins for Halloween.



Smokey Bear and Woodsy Owl Poster Contest -- Pat Merson – District Chairman



It's time for the 2019 Smokey Bear Poster Contest that is open to children in first through fifth grades. Last year I received two "local" winning posters from various PD Garden Clubs. All posters were from the fourth and fifth grades. It would be nice to have a representative winning poster from each of the applicable grades this year. Please note that there are several rules, but the most important rules are those I have



included below. Each year we have received beautiful posters that have featured Woodsy Owl and Smokey Bear together [see Rule #2] ; posters on poster board [see Rule #5]; and lovely posters without the proper message from Smokey Bear and/or Woodsy Owl. You don't have to wait until September when school starts; you can reach children this summer – think day care, summer day camps, 4H, etc. Posters are due to me **no later than January 4, 2019**. My mailing address is: **Pat Merson, 11231 Woodland Pond Pkwy., Chesterfield, VA 23838**

Children from first through fifth grade are invited to participate in the 2019 National Garden Clubs, Inc. Poster Contest! The U.S. Department of Agriculture Forest Service and the National Garden Clubs, Inc. are giving students the opportunity to demonstrate, through original drawings of Smokey Bear or Woodsy Owl, their understanding of wildfire prevention and basic environmental conservation principles.

Only You Can Prevent Wildfires! Smokey Bear is recognized nationally and internationally as the symbol for fire prevention. The original Smokey Bear appeared in 1944. Smokey's message, "Only You Can Prevent Wildfires!" encourages personal responsibility for fire prevention. Smokey Bear teaches children and adults to be careful with campfires, barbecues, trash fires, and matches...



Lend a Hand, Care for the Land! Woodsy Owl is America's icon for the conservation of the environment. Since 1971, Woodsy has helped parents and teachers inspire children to observe, explore, and care for the environment. He challenges children to "Lend a Hand, Care for the Land!" and to take an active role in caring for the land through recycling, reusing, and reducing waste, planting and caring for trees, using resources wisely, and not littering.

The 2017 National Poster Contest Winners: Grand Prize Winner: -- 5th Grade: Khushi Patel -- Sponsored by Suburban Garden Club, Germantown, Tennessee, First Place Winners by grade level and their Sponsors are: 4th grade: Salma Sami --

Sponsored by: Thoroughgood Garden Club, Virginia 1st grade: Ariana Zuehlke, Sponsored by: Independence Garden Club, Ohio.



Excerpt from the Official Rules

2. Posters must feature Smokey Bear or Woodsy Owl and must **not** feature both together.
3. Smokey Bear posters **must include** Smokey's wildfire prevention message: **Only you Can Prevent Wildfires!** Woodsy Owl posters must include Woodsy's conservation message: **Lend a Hand, Care for the Land!**
5. Each entry should be **11 x 17** inches in size.
Go to www.PiedmontDistrictVFGC.org for ALL Rules and Guidelines.

Garden Therapy -- Kate Abrahams



"Green" or "living" walls are becoming more prevalent in urban human habitats. We find them in airports, hospitals, museums, restaurants and office buildings to visually decorate large spaces, humidify and clean the air, absorb loud noises and alleviate stress to promote relaxation.

The health benefits are clear in providing more oxygen, calming and attractive visuals, and encouraging people to gather and relax near the plantings. A logical extension to this idea is a new trend to use portable

living walls in public and private outdoor spaces. Shelves holding gallon planting pots that tilt outward on both sides of the "wall" are built into a frame that can be maneuvered on wheels around tables to provide private communion with the plants and your guests.



This small scale and movable version of the larger walls we see in other public spaces was on display at a hotel in Los Gatos, California in the heart of the Silicon Valley. No doubt this idea will travel fast in the early adapter community just like those new e-scooters embraced by Millenials.

HILLIARD PARK GARDEN CLUB

HABITAT FOR HUMANITY LANDSCAPING PROJECT

On a very chilly and damp Saturday morning, October 27, 2018, with a drizzle still falling after receiving 2 inches of rain in the prior 24 hours, nineteen brave people showed up to landscape the newest Habitat Home in Hanover on Harver Court. A special thanks to 8 Randolph Macon students for their help!

The new homeowner and his wife are from Burma in Thailand and have been in the United States for 10 years. They have 3 sons.

The front of the house includes a 20-foot front porch with latticework and steps below the porch on the front, a left front side measuring approximately 18 feet and a right front side 24 feet.

We planted basically the same type shrubs on the left as on the right with an additional 2 shrubs on the larger right side. These included *Arborvitae smaragd* (Emerald) with its pyramidal shape and bright, lustrous, soft deep green dense foliage; King's Gold *cypress sawara* with its stunning golden, threadlike branches; and Nandina Firepower with its attractive foliage (lime green) in the spring maturing to medium green and then acquiring some red tints in mid to late summer before turning firey red in the fall. We installed 40 bags of red mulch and outlined the border with variegated liriop. On each side of the front steps we planted a Japanese Holly Steeds with its glossy, ovate, rich green leaves and discrete white flowers blooming in the spring through summer followed by an abundance of small, purple-blue berries in the fall and winter.

In front of the latticework, we planted Siberian and bearded iris and some daylilies. We also extended the variegated liriop in front of the area. There is an existing large magnolia tree in the right front yard. We planted a crepe myrtle in the left front yard.

Total cost of the project was \$310.74. Thanks to Richmond Council of Garden Clubs for reimbursing \$250 of the cost, and to the Habitat Restore in Mechanicsville for donating 40 bags of red mulch. Hilliard Park Garden Club paid the remaining \$60.74. The crepe myrtle tree, iris, and daylilies were donated by garden club members.

-- 6 -- FOOTPRINTS, WINTER -- 2018



The National Gardener

is a continuous circle that connects National Garden Clubs, Inc. to the Region, to the State Garden Clubs, to the Districts, to the Member Garden Clubs and, finally, to the individual Garden Club members.

It is the voice of the NGC as it communicates with all garden club members and has many ideas for horticulture, floral and landscape design, flower shows, conservation, and environmental projects. The publication has the latest information concerning NGC awards, basic flower arranging, as well as information on NGC schools that are offered such as flower show schools, horticulture study, environmental study, gardening study, and landscape design.

I encourage all garden club members to subscribe. It is published quarterly by National Garden Clubs, Inc., and it is a good way to support the NGC.

Subscription Prices are \$2.00 - Single Copy; \$8.00 - One Year (U.S.); \$21.00 - Three Year (U.S.) \$1.00 - Change in name/address.

Call (800) 550-6007 or download to gardenclub.org or download a PDF subscription form.

Life Memberships

All it takes is a \$50 tax-deductible donation, which goes to the VFGC Scholarship funds, to honor club members, friends and associates with a VFGC Life Membership.



Please access this website http://www.viriniagardenclubs.org/VFGC/Life_Memberships.html and begin the process of applying. On that same page is information regarding South Atlantic Life Memberships and National Garden Club Life Memberships. Please contact Jane Denton, Piedmont District's Life Membership Chairman, for information and presentation protocol at 804-435-6877 or denton@va.metrocast.net.

CALL

Piedmont District Board Meeting

WHEN: Wednesday, January 16, 2019 -- 1:00 -- 4:00 PM
(Inclement Weather date: February 20, 2019)

WHERE: Episcopal Church of the Redeemer, 2341 Winterfield Rd, Midlothian VA 23113.

REGISTRATION: 12:30pm **MEETING:** 1:00pm

DEADLINE: Wednesday, January 9, 2019. Call or email Johanna Gilbert, Registrar (804) 270-6056; omagilbert@aol.com. Please RSVP attending or not attending as we need a quorum and to prepare for set-up. Bring three copies of your report. Keep fourth for your records. If unable to attend send reports to Judy Durant, 8283 Silkwood Dr., Mechanicsville, VA 23116-1890 or jqdurant@verizon.net.

Events calendar

2019

Jan. 14 Home Gardener Day,
Founders Inn-Virginia Beach
Jan. 16 PD Board Meeting
Mar. 18 Spring District Meeting

Deadlines

Jan. 1 FOOTPRINTS Articles due
**Jan. 05 2019 Smokey Bear and Woodsy Owl
Poster Contest posters entries**

Feb. 15 Piedmont District grant application



FOOTPRINTS

Send articles to: Carolyn Ball, EditorEmail:
Footprints@PiedmontDistrictVFGC.org -
PH: 804-580-6035

Articles are due before the following dates.

JANUARY 1, 2019

MAY 1, 2019

AUGUST 1, 2019

Officers and Chairmen - Please mark your calendars to allow time to meet the due date. If you want your article to appear in more than one issue, please indicate which ones. **Please try to limit articles to one column (350-400 words).** Electronic transmission preferred; photos and graphics are encouraged. If you have the information ahead of time, don't hesitate to send it early.

We still have some calendars available -- Great Holiday gift! 2019 VISION OF BEAUTY CALENDARS

MAIL TO: Leola Bedsole, 7090 Covenant Woods Drive, Apt. M-210, Mechanicsville, VA 23111-7025 Tel: 804-417-5162 -- lee.bedsole@gmail.com .

MAKE CHECKS PAYABLE TO: Piedmont District, VFGC
_____ Number of Calendars @ \$6.00 = Total \$ _____

Club Name _____ Contact Person _____

Address _____ City _____ Zip+4 _____

Phone _____ Email _____

PIEDMONT DISTRICT GRANT APPLICATION

Deadline – February 15, 2019

Club: _____ Number of Members: _____

Club Contact Name: _____

Address: _____

Phone: _____ Email: _____

Type of Project: _____

(Can include Landscaping Public Spaces such as schools, other public building grounds, roadsides, etc.; Youth Activities; Garden Therapy; Blue Star Memorials; or other Environmental and Community Projects.)

Project Beginning Date: _____

Proposed Completion date: _____ (Completion date should be no later than March 1, 2020)

Clearly describe your project on 1 side of paper. Use up to 3 additional sides for landscape plans, budget, and before photos.

- Location of project.
- Purpose of the project and who it will benefit.
- If a landscape project, give approximate dimensions and include copy of landscape plan.
- Include “before” picture of area.
- Include list of plant material.
- Include a proposed budget and source of funds, i.e. from club, outside.
- Source of manpower, i.e. club members, others.
- If this is a new phase of a project, briefly describe what was previously done and include a photograph of the previous project.
- Who will maintain the property once it is complete?
- If not a landscape project, fully describe the project.
- Priority and weight will be given to projects that support the Presidents Projects (NGC, SAR, VFGC)

These funds are for new projects or projects not yet completed that clubs would be unable to undertake without grant.

PLEASE SUBMIT YOUR APPLICATION BY February 15, 2019 TO: JEAN FENDER, PIEDMONT DISTRICT GRANTS CHAIRMAN, 9245 ROYAL GRANT DRIVE, MECHANICSVILLE, VA 23116-4195 OR EMAIL IT TO JEAN.FENDER@COMCAST.NET. ANY QUESTIONS CALL 804-730-2256. WINNERS WILL BE ANNOUNCED AND CHECKS AWARDED AT THE DISTRICT SPRING MEETING ON MARCH 18, 2019.

CALL
PD SPRING GENERAL MEETING –
Monday, March 18, 2019

WHERE: Four Points Sheraton
9901 Midlothian Turnpike
Richmond, VA 23235

WHEN: Monday March 18, 2019

SCHEDULE & PROGRAM --

8:30-10:15 Registration & Shop
10:30 -- Call to Order
11:15-12:00 Break/Shop/Cash Bar
12:00- 1:00 Lunch
1:00-2:45 Design Program-Gals from the Cathedral Flower Guild

COST: \$30.00 (includes tax, gratuity & Program)

MAIL TO: Johanna Gilbert, Registrar
8423 Shannon Green Ct.
Henrico, VA 23228-1876
804-270-6056 -- omagilbert@aol.com

Rules for Registration -- Due to problems we have had with checks being lost in the mail, we have implemented the following procedure.

Mail check to registrar and the club will be notified when the registrar receives the check. Seating will be in the order the check is received.

Clubs should email the names of the attendees with the following information: Club Name, indicate Voting delegates, Club President (CP) 1 vote, 2 Voting Delegates (VD) 1 vote each, District Officer (DO) 1 vote, District Chairman (DC) 1 vote, Former District President (FDP) 1 vote.

Check payable to Piedmont District -- **(We are sorry but we will unable to issue refunds-- please find a substitute)**

DEADLINE: Monday, March 4, 2019

NOTE: Please indicate on your registration form any dietary requirements or allergies

CHAIRMAN: If you are unable to attend, send 3 copies of your reports to: President, Judy Durant
8283 Silkwood Dr.
Mechanicsville, VA 23116-1890
jgdurant@verizon.net

Keep a 4th copy for your records.

REGISTRATION FORM CAN BE FOUND ON-LINE AT: PiedmontDistrictVFGC.org

***We apologize for this issue being late,
circumstances were beyond our control.***