LUNCH AUGUST 2018

Reduced Price .40 (child) Full Price $2.92 (Child) Adult Price $2.92

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| Please advise Mr. Steve  24hrs in advance if you would like to have breakfast or lunch with your child /grandchild so we may plan accordingly. | NSLP REQUIRMENTS  Fruit ½ cup daily  Veggie ¾ cup daily  Meat/Alt 1.75/2 oz. daily  W/Grain 1.75/2 oz. daily  Milk 1 cup daily | 1  Meat Taco w/ Lettuce,  Tomato and Cheese,  W/G Spanish Rice,  ½ cup Fruit,  Milk Variety | 2  Fish Sticks,  W/G Corn Bread,  Cole Slaw,  ½ cup Fruit,  Milk Variety |
| 6  Grilled Cheese Sandwich on W/G Bread,  Baked Potato Wedges,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety | 7  Corn Dog,  Gram Cracker,  Veggie Beans,  ½ cup Fruit,  Milk Variety SCHOOL BOARD MEETING | 8  Salisbury Steak,  Mashed Potatoes,  w/ Brown Gravy,  W/G Roll,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety | 9  Teriyaki Chicken,  W/G Rice,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety |
| 13  Meat and Bean Tostada  On a W/G Shell, Lettuce, Cheese and Tomatoes,  Spanish Rice,  ½ cup Fruit,  Milk Variety | 14  W/G Spaghetti w/Meat Sauce,  W/G Garlic Toast,  Garden Salad w/ dressing,  ½ cup Fruit,  Milk Variety | 15  Baked Chicken,  W/G Brown Rice,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety | 16  Baked Potato w/Fixings,  Graham Crackers,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety |
| 20  W/G Mac-n-Cheese,  W/G Corn Bread,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety | 21  Chicken Nuggets  W/G Wild Rice,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety | 22  Cheeseburger on a W/G Bun with lettuce/tomatoes  Spicy Veggie Beans,  ½ cup Fruit,  Milk Variety | 23  **Minimum Day,**  **No School Lunch.** |
| 27  W/G Cheese or Pepperoni Pizza,  Garden Salad,  ½ cup Fruit,  Milk Variety | 28  Ham Slice,  Mashed Potatoes,  W/G roll,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety | 29  Hot Dog on a H/G Bun,  ¾ cup Veggie Beans,  ½ cup Fruit,  Milk Variety | 30  BBQ Chicken,  W/G Brown Rice,  ¾ cup Veggies,  ½ cup Fruit,  Milk Variety |

This institution is an equal opportunity provider.

**Menu is subject to change without notice**

Milk Variety: Low Fat 1% White or Non Fat Chocolate, Non Fat Strawberry

BREAKFAST AUGUST 2018

Breakfast in Classroom Adult Price $2.85

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| NSLP REQUIREMENTS  Fruit / Veggie 1 cup daily  Grain 1.75/2 oz. daily  Milk 1 cup daily  Meat/Alt Optional | WEEKLY AVERAGE  Calories 600-650  Sodium- less than 1230  Sat. Fat- less than 10  Trans Fat- Zero | 1  Oatmeal w/Raisins,  W/G Toast,  1 Cup of Fruit,  Milk Variety | 2  W/G Banana Muffins,  String Cheese,  1 Cup of Fruit,  Milk Variety |
| 6  Sausage Link,  W/G English Muffin,  1 Cup of Fruit,  Milk Variety | 7  W/G Waffle,    1 Cup of Fruit,  Milk Variety | 8  Breakfast Burrito on a  W/G Tortilla ,  1 Cup of Fruit,  Milk Variety | 9  W/G Toasted Bagel,  w/Peanut Butter,  Yogurt,  1 Cup of Fruit,  Milk Variety |
| 13  Fruit Smoothie,  W/G Raisin, Toast,  1 Cup of Fruit,  Milk Variety | 14  Scrambled Eggs,  W/G English Muffin,  1 Cup of Fruit,  Milk Variety | 15  W/G Cereal Bar,  Yogurt,  1 Cup of Fruit,  Milk Variety | 16  WG Pancakes,  1 Cup of Fruit,  Milk Variety |
| 20  W/G Pancake on a Stick,  1 Cup of Fruit,  Milk Variety | 21  W/G Toasted Bagel,  Yogurt,  1 Cup of Fruit,  Milk Variety | 22  W/G Blueberry Breakfast Cookie,  String Cheese,  1 Cup of Fruit,  Milk Variety | 23  W/G Cereal w/Milk,  1 Cup of Fruit,  Milk Variety |
| 27  W/G French Toast,  1 Cup of Fruit,  Milk Variety | 28  Ham and Eggs,  W/G Raisin Bread,  1 cup of Fruit,  Milk Variety | 29  W/G English Muffin,  Sausage Patty,  1 Cup of Fruit,  Milk Variety | 30  W/G Cereal Bar,  Yogurt,  1 Cup of Fruit,  Milk Variety |

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