## Good Morning

This is a dream, a temporary playground for your eternal soul..

Wake up in the dream, be a lucid dreamer

You are an eternal soul, your highest true Self, the rightful king
In the low vibrations you live in a tunnel of filters as just the mind and body...
In the high vibrations you see in all directions
Give your power to your highest true self as King
Live as the King, and run your life as a soul Parent with a guided body and mind

Watch yourself live your life this day, and be lifted up in divine overview
Free will is your birthright, so choose to hunger and thirst for divine guidance..
Drink of the wine of the spirit each day, and the bread of life, the vibrational food of soul.

Feed that which you treasure as good thoughts, good words, and good deeds for the glory of God.
Proof you are being guided and watched over is evident if you look for it each day...
Set your intention to see the divine in all things in "I am you"

Look for belonging miracles each day and look for ways to lift up yourself and others
Allow the anointing as food and follow the bliss into your divine path this day...

Open the heart to ruler ship from soul and Holy Spirit, divine Mother and Father

Invite the company of brothers and sisters in person, books and prayer....

Pratyahara... reverse the senses, create space for the kingdom of God within and expand
Meditate to establish yourself in soul ruler ship and consciousness that allows your bliss

Forgive all, including yourself, and expand your life as all inclusive, power with, benevolent....

Fear is a Cruel Taskmaster, but Love like a bonfire devours the multitude of transgressions....
Offer the 8 flowers of devotion.....1. No harm - thoughts, words, or deeds. 2. Forgiveness. 3.
Compassion. 4. Control of the senses and the mind. 5. Control of Anger. 6. Love everything devotionally. 7. Dedication of ourselves to others. 8. Total self -surrender to the divine and Spiritual Elders, Teachers, and Gurus.
www.morningstarbodywork.com

