

Spiritual Types

HEAD / THINKING

This spiritual type navigates by engaging ideas through imagining, learning, and studying. They desire faith understanding. Reflective or Thinking types focus on the meaning of the Holy. They engage in theological reflection, teaching and learning. They are attentive to the ways in which faith is communicated. These types care about theological consistency, congruence, and integrity. Reflective or Thinking types respond by reflecting on content. Their spiritual growth is enhanced by thoughtful teaching, theological depth, ethical instruction, and learning through texts and reflective exercises.

HEART / FEELING

This spiritual type navigates by encountering relationship through sharing, connection, and personal expression. They desire faith experience. Heart or Feeling types focus on the immediacy of the Holy. They engage interactively with God, others and their own personal experience. They are attentive to the movement of faith. These types care about connection, transformation, and devotion. Heart or Feeling types respond by feeling moved. Their spiritual growth is enhanced by prayer, manifestations of Holy Spirit, personal sharing, and learning through creative expression and interactive exercises.

MYSTIC / BEING

This spiritual type navigates by experiencing mystery through listening, contemplating, and inner sensing. They desire faith awakening. Mystic or Being types focus on the revelation of the Holy. They engage in meditation, contemplation and spiritual availability. They are attentive to their internal landscape as the doorway to faith. These types care about openness, wisdom, and simplicity. Mystic or Being types respond to being aware. Their spiritual growth is enhanced by silence, invitation to interiority, poetry, and learning through non-linear processes and intuitive exercises.

ACTIVIST / DOING

This spiritual type navigates by embodying passion through serving, witnessing, and reaching out to others. They desire faith active. Activist or Doing types focus on responding to the Holy. They engage in discipleship, proclaiming truth, and being in service. They are attentive to the ways in which faith is lived; these types care about idealism, commitment, and changing the world. Activist or Doing types respond by doing works of love, truth, and justice. Their spiritual growth is enhanced by visionary leadership, social action, compassionate outreach and learning through active discipleship and service projects.