

Pool Operation Rules

The following rules and regulations have been established for the benefit of all users of the swimming facilities to assure the safe operation of the pools and to provide enjoyable recreational opportunities for all. Patrons are requested to cooperate in observing these rules and to obey the instructions of the Aquatics staff. Patrons violating swimming rules are subject to the revocation of their swimming privileges. No refunds will be given.

GENERAL RULES / ADMISSION POLICIES

1. No one will be allowed in the swimming area unless the pool is officially open and a lifeguard is on duty. Entering the pool area when it is not open for public use is prohibited and may be considered a trespass.
2. All persons entering the pool area must present proof of a valid membership.
3. Organized groups must follow our group use policies, and must be directly supervised at poolside by an adult in swim attire. All groups must schedule their visits in advance.
4. Lifeguards and Pool staff have the authority to enforce all pool rules. Patrons who repeatedly violate the rules or reasonable requests of staff may be ejected from the facility. Repeat offenders may lose membership privileges.
5. The office telephone is for business use only.
6. **The Latshmere Swim Club does not offer rain checks or refunds for any reason. This includes inclement weather and fecal incidents, but not limited too.**

COVID-19 GUIDELINES

1. Due to COVID-19, masks must be worn at all times around the pool area except while in the pool.
2. While in the pool and around the pool maintain a 6 foot separation from others who you do not live with.
3. Everyone entering the facility will have their temperature taken and if it exceeds 100.5 degrees, they will not be permitted to enter the pool grounds.
4. If you are experiencing any of the following symptoms, we ask that you do not come to the pool until you are symptom free. Common symptoms include: fever, cough, loss of smell or taste, shortness of breath, sore throat, diarrhea or headache.

FACILITY

1. Food or refreshments may be consumed in designated areas of the outdoor pool, including the picnic and grassy areas. Picnic baskets/coolers are permitted in the grass area. All bags, baskets and coolers are subject to inspection. No grills, gas or electric cooking devices may be brought into the pool premises.
2. Food and drinks (other than water in an appropriate plastic container) are not permitted on the pool decks except in designated seating areas.
3. Glass containers are not permitted.
4. Service animals only are permitted in the pool area but not in the pool itself.
5. Alcoholic beverages, drugs, or persons under the influence of alcohol will not be permitted in the pool complex, surrounding areas, or any part of Memorial Park. Use of such will result in immediate expulsion from Latshmere Swim Club.
6. Employees are the only persons allowed in staff rooms, filter room, chemical storage areas and offices.
7. Smoking is not permitted indoors or within the fenced in area at the pool.

8. The pools may be closed and cleared periodically for a safety check or to apply chemicals. This is a good time to head to the restrooms or snack bar while our staff check and adjust chemicals to ensure proper sanitation of swimming pool water.
9. The pool stairs are for entry and exit only – loitering/playing in these areas is prohibited.

ATTIRE

1. All patrons within the pool area must be attired in swimming apparel. No street clothes are allowed in the pool. Clothing such as cut-offs, gym shorts and underwear is not permitted as swimwear.
2. Swimwear should not have been worn for exercising immediately prior to pool use as soiled clothing can create an unhealthy swimming environment. All clothing must be colorfast and lightweight material suitable for swimwear, such as Lycra, Spandex or nylon.
3. T-shirts may be worn for medical reasons and must first be approved by the Pool Manager. Thongs and male “speedo” style suits are not allowed.
4. Rash guards, which are more tight-fitting, designed for in-water use and which offer protection from the sun, will be permitted.

BEHAVIOR

1. Socializing with or distracting pool staff, including lifeguards, is prohibited.
2. No person within the pool area shall behave in such a manner as to jeopardize the safety and health of themselves and others. Such behavior, including abusive or profane language, shall be grounds for expulsion.
3. Loitering will not be permitted on the pool grounds or within any of its facilities.
4. Running, boisterous or rough play, pushing, acrobatics, dunking, wrestling, offensive or disruptive splashing or yelling, diving or jumping without care and caution, snapping of towels, improper conduct causing undue disturbances on or about the pool area or any acts which would endanger any patron are prohibited.
5. Spitting, spouting water, blowing nose, urinating or defecating in the pool is prohibited.
6. Gum chewing is not permitted anywhere in the pool area for health and safety reasons.

AGE & HEALTH/SAFETY RESTRICTIONS

1. Infants/children who are not toilet trained who wish to enter any pool, must wear a disposable swim diaper covered by separate rubber/vinyl pants, all of which must fit snugly around the legs and waist. If the diaper becomes soiled, this person must exit the pool immediately and may not return until he/she has been cleaned and a new diaper with clean rubber/vinyl pants.
2. Children under 12 years old must be accompanied by a responsible person age 18 or over.
3. Persons under the influence of alcohol or drugs will not be permitted in the pool area.
4. Any injury occurring in the pool must be reported to a lifeguard or pool supervisor immediately.
5. Any person having a skin disease, sore or inflamed eyes, cold, nasal or ear discharge, communicable disease or who is wearing any kind of bandage or Band-Aid to cover an open (unhealed) wound will not be permitted in the pool.
6. Any adult or child who is experiencing even a mild case of diarrhea may not use the pool. Persons with diarrhea should wait two weeks after symptoms end before returning to the pool. Pathogens of concern may still be shed up to two weeks following the end of symptoms.

EQUIPMENT / TOYS

1. Swim toys, balls and the like may be used at the discretion of the supervisor on duty.
2. Large inner tubes, inflatable boats and rafts, or inflatable bathing suits are not permitted in the pools.
3. Coast Guard approved and labeled lifejackets designed to provide vertical support may be worn. Water wings (“swimmies”), back floats, bubbles, rings (including those built into bathing suits) or one-sided floatation

- devices are permitted. Swimmers wearing any of these should still be accompanied by an adult.
4. Goggles, Face masks and snorkels are permitted. Full Face masks are prohibited.
 5. The use of starting blocks is restricted to approved swim practices, swim meets and instructional programs only under the direct supervision of a properly trained instructor/coach.
 6. Headphones/earbuds must be worn when listening to musical entertainment devices.

RULES FOR RECREATIONAL & LAP SWIMMERS

1. Persons who cannot pass the swim test will be restricted to shallow areas of the pools.
2. No diving will be permitted in water less than 5 feet deep.
3. Feet first forward facing entry from the pool deck is required at all times – NO DIVING, except in designated areas.
4. Lanes will be reserved for those persons wishing to swim lengths undisturbed. Persons not swimming lengths must remain in other pool areas.
5. Lap lanes are intended for multiple swimmers. Lap swimmers should arrange themselves by speed in the lanes. It is not uncommon to swim four or more people to a lane if similar pacing is used.
6. Stop only at turning walls. Move to the side to allow others to turn and continue. Turns are made in the center of the lane at the wall.
7. Lifeguards may ask to move you to another lane to more closely match your swimming pace. Please comply as this will make everyone's swim more enjoyable.

WATER SLIDES

1. The water slides are intended for sliding only. Anytime the water slides are in use the diving well must be cleared of all persons. No general swimming is permitted in the diving area or diving well unless the water slides are closed by staff.
2. Only one person is allowed on the water slide (including ladder) at a time.
3. Anyone using a water slide must wait until the preceding swimmer has surfaced and reached the ladder before climbing on the ladder. Those waiting to use the water slide must wait at the line at the base of the slide until appropriate to ascend.
4. Please remember to look before you slide; do not go if there is someone beneath you.
5. Swimmers must go down the slide facing forward and feet first.
6. No jumping, climbing, walking up the slide or horseplay is allowed on the slide.
7. Only one person can use the slide at a time.
8. Upon surfacing, immediately swim to the nearest ladder. Do not swim under the slides at any time.
9. Children under 8 years old are not permitted to use the water slides without adult supervision.
10. Swim suits with sharp objects, exposed zippers or pins should not be worn while using the water slide.

SWIMMING LESSONS

1. Only Pool Staff are authorized to teach swimming lessons within our facilities. No activity for private gain is permitted at any time.
2. Parents, in order to assist us in offering a quality program for your child, we ask that you do not remain at water's edge during the class unless specifically requested by an instructor (e.g., Parent/Child lessons). Experience has shown that children are easily distracted by their parents due to their short attention spans.
3. The program fee covers only the lesson and no other use of the facility. Persons wishing to swim following their lesson must provide evidence of a valid individual/family membership.

WEATHER / ENVIRONMENTAL CONDITIONS

1. During rainstorms, the outdoor pool may be closed and the entire area cleared of patrons at the discretion of the supervisor on duty.
2. During thunderstorms patrons must evacuate the outdoor pool and seek shelter inside a substantial building. The covered outdoor areas are not appropriate for temporary shelter. The pools will not reopen until 30 minutes after the last clap of thunder.
3. If lightning is seen or thunder heard, the pool will be cleared and no one will be allowed to re-enter the pool for 30 minutes after the last thunder or lightning.
4. During periods of cool weather, the outdoor pool will not open when the air temperature is below 60°F.
5. If the temperature falls below 60°F the pool will stay open at the discretion of the supervisor on duty.

LOCKER ROOMS

1. Children 6 years of age or older must change in the gender-appropriate locker room.
2. Please leave valuables at home. Latshmere Swim Club will not be responsible for personal property or valuables at any time. Valuables may not be checked with the front desk or pool staff.
3. Food is not permitted in the locker rooms.
4. The use of cameras, video cameras or any device containing camera equipment of any kind is prohibited in all locker rooms, bathrooms and changing facilities.
5. Latshmere Swim Club assigns use of the restrooms and shower areas in its facilities strictly on the basis of anatomical or biological gender rather than on the basis of adopted gender.

PRACTICE HEALTHY SWIMMING HABITS

For public health reasons, standard diapers cannot be worn in the pool. Children who are not yet toilet trained must wear an appropriate swim diaper covered with snug fitting rubber/vinyl pants. A bathing suit must be worn over the plastic/rubber pants. Under Health Department standards, adopted on the recommendation of the Centers for Disease Control, accidents involving fecal matter now require longer pool closures. Prevention is far better than contamination, so please follow the CDC's Healthy Swimming Habits:

1. Use of locker room facilities is limited to patrons for the purpose of changing. Activities such as washing clothes, coloring hair, and other personal grooming activities are not permitted.
2. Children (and adults) who have had diarrhea in the last two weeks shouldn't go swimming.
3. Use the bathroom before getting into the pool. Take frequent bathroom breaks and check diapers often.
4. Take advantage of the Safety Break to use the bathroom.
5. Shower before entering the pool.
6. Change diapers in the bathroom (not on the pool deck or grassy areas.)
7. Avoid swallowing pool water or even getting it in your mouth.