



# Lokahi Outrigger Canoe Club Newsletter

Vol. 6, Issue 7, November 2014

Lokahi  
Outrigger Canoe Club

## Canoe Loading and Repairs

The success Lokahi achieved on the water this year was the product of much teamwork and dedication. As part of the Lokahi ohana, your teamwork and dedication is also needed when we are not on the water. Please take the time to help when it is time to load and unload canoes as well as pitch in when repair parties are underway. THANK YOU

## CPR and First Aid Training

Lokahi OCC has been offered the opportunity to earn First Aid and CPR certifications as a group. This is an excellent opportunity learn skills that benefit family, friends, and fellow paddlers. Class time is approximately 5 hours and is \$20.00. There is also a CPR Only certification for \$10.00 each.

Keikis will have the opportunity to learn the basics in an EZ CPR Course (approximately 1 hour) and is FREE.

If you have interest in attending one of the courses please contact Pua via email at [ohana@lokahi.us](mailto:ohana@lokahi.us). Class date, time and location will be distributed once those interested have responded.

## Napa Aloha Festival

Thank you to all who helped represent Lokahi and support the Manaleo Foundation last month at the Napa Aloha Festival. A new friend to Aunty Ku'ulei offered to split his 50/50 raffle winnings of \$200. Mitch Brown gave \$100 to Aunty and her canoe Ali'i. Kyoko Wills wanted to donate the other \$100 but Aunty declined. They are now friends of Lokahi and Kyoko has joined us for rec paddling. What a win! For those who were there it was a "WOW".

## 2014 Queens Lili'uokalani Canoe Race

This year our club had three teams participate in the Queen Lili'uokalani Canoe Race on the big island of Hawaii. This year marked the 40th anniversary of women competing in the long distance course. Everyone who participated had a wonderful time, met paddlers from around the world, and developed a greater appreciation for what Ohana is all about. In addition to the 18 mile race some, or all, of our paddlers participated in the double hull race on day two and the Alii Challenge on day three. If you enjoy distance races and have interest take the time to speak to the club members that participated to learn more. It is an experience of a lifetime! A HUGE thank you to Matt and the coaches who helped prepare the teams and handled all the logistics.

## 2014 Monterey Bay Crossing

Lokahi OCC showed up in force for the 26 mile Monterey Bay Crossing long distance event—paddling from Santa Cruz to Monterey. This year had the highest attendance for the Monterey Crossing race to date and participating from Lokahi OCC were a womens iron crew, a mens iron crew, a coed iron crew, and a coed change crew. This year's race had several records broken, the weather was beautiful, sea life was out in abundance, one of our keikis (Cade Smith) completed the course, and our paddlers represented Lokahi OCC with a competitive spirit and open arms. None of this would have been possible without the training and guidance of our coaches and the outstanding support of Cole Smith's support and change boat. Bryan Lee did an excellent job of coaching change crews. And, as always, Santa Cruz Outrigger provided a bounty of food, raffle prizes and celebration.

## 62nd annual Molokai Hoe / 36th annual Na Wahine o Ke Kai

This year paddlers from Lokahi OCC joined with other NCOCA paddlers to compete in the Molokai Hoe and Na Wahine o Ke Kai. The Molokai Hoe is the world's most prestigious men's outrigger canoe race starting at Kawakiu Bay on Molokai and traveling over 38 miles to finish on Waikiki Beach on Oahu. The Na Wahine o Ke Kai is a women only race that begins at Hale O Lono Harbor on Molokai and travels over 38 miles to finish on Waikiki Beach on Oahu. CONGRATULATIONS to all who trained and competed in these two incredible races!

## FUNDRAISING

If you have suggestions for club fundraising activities please send them to [ohana@lokahi.us](mailto:ohana@lokahi.us). MUCH APPRECIATED!