So much has changed in the past few months, as our community works to limit virus spread and protect our most vulnerable neighbors. As an organization that promotes screen-free 1:1 quality time with mentors and mentees, going virtual has been a real challenge. But our mentors and mentees know that social distancing does not mean emotional distancing, and they have adapted in creative ways: Joanne shares pictures of her growing chicks with Mary, Danielle and Susie compete in online scrabble, Lynn sings to Gwen by video, Chris and Owen chat on the phone, Monica and Alaina cook together by making the same recipe in their own kitchens while on a video call.

While our established pairs are meeting virtually, Cabot Mentoring has suspended matching new individuals. It is difficult to get to know a new person strictly over phone or video, so we are waiting until restrictions are lifted to introduce new mentees and mentors. However, we are still taking applications for youth and adults. Preparing to be in the program actually does take some time, and some paperwork…we can get that background work done now, so you’re ready to meet your new awesome friend once restrictions are lifted.

To all our wonderful mentors and mentees, thank you for being so creative, and supporting each other through the pandemic. And to those considering joining, please do! Visit our website, [www.cabotmentoring.org](http://www.cabotmentoring.org), email us at cabotmentoring@gmail.com, or call program coordinator Susan Socks at 563-2073.