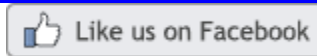




[www.newhorizonsmentalhealth.org](http://www.newhorizonsmentalhealth.org)



August 31, 2016

Chief Executive Officer:

Anthony B. Motta

740-475-0801

[tmotta@newhorizonsmentalhealth.org](mailto:tmotta@newhorizonsmentalhealth.org)

**Agency Contact Information:**

**New Horizons Mental Health Services**

1592 Granville Pike  
Lancaster, Ohio 43130  
740-687-0835

437 Hill Rd. North  
Pickerington, Ohio 43147  
614-834-1919

2652 Kull Rd.  
Lancaster, Ohio 43130  
740-277-6733

[www.newhorizonsmentalhealth.org](http://www.newhorizonsmentalhealth.org)

**For Crisis Intervention call:  
740-687-TALK/740-687-8255 Anytime**

**Another New Program for our Community**

This year New Horizons is offering a new, school-based program for the general population of junior high and high school students in selected local school districts.

**Signs of Suicide (SOS)** is an evidence-based depression awareness and suicide prevention program.

Some goals of this program are:

- to decrease suicide attempts by increasing student knowledge and adaptive attitudes about depression
- to encourage personal help-seeking or help-seeking on behalf of a friend, and
- to reduce the stigma of seeking help or treatment.

The SOS curriculum includes videos and other material on raising awareness of depression

**ALWAYS READY  
ALWAYS NEAR**



and suicide, helping students identify warning signs and risk factors associated with depression and suicidal ideation, and using a brief screening tool for depression. New Horizons clinicians are available for follow-up with individual students after the classroom presentations.

The generous support of Fairfield County United Way and the Fairfield County ADAMH Board makes this program possible.

Signs of Suicide is replacing TeenScreen - a successful program that New Horizons offered for the past ten years. These types of prevention and early intervention programs that New Horizons has been offering since agency inception are effective, low-cost ways to improve community health, well-being and safety.

Tony Motta  
CEO

We appreciate our local, financial support:

