

APPETIZERS

🍷 **HUMMUS** small 3.50...large 5.95

GARBANZO BEAN DIP (Jalapeno Hummus Add .50) Garbanzo beans with lemon juice, garlic and tahini (sesame paste).

🍷 **MTABLE** small 3.50...large 5.95

BABA GHANOUSH-Eggplant dip made from mashed eggplant, garlic, tahini (sesame paste) and lemon juice.

🍷 **LABNI** small 3.50...large 5.95

CREAMY YOGURT (Add Garlic & Mint .50) A fresh, smooth and dry homemade yogurt dip.

🍷 **FETA CHEESE & OLIVES** SM 3.00...LG 6.00

Served with sliced tomatoes, cucumbers and black and green olives.

🍷 **VEGGIE STUFFED GRAPELEAVES** 3.50

(DOLMAS) Stuffed with rice, tomatoes, onions, parsley, lentils and garbanzo beans.

STUFFED GRAPELEAVES (DOLMAS) 5.95

Stuffed with ground sirloin, rice and spices.

🍷 **FALAFIL APPETIZER** 4.95

Five Falafil served w/ fresh vegetables & tarator sauce.

SFIHA 8.95

A sampling of our mini pies: meat, Jack cheese, spinach and Feta & spinach

SHRIMP & SUJUK 8.95

Spicy beef sausage and shrimp sautéed with carrots and tomatoes in a lemon sauce.

MAZA

The Hedary Family varies the dishes in the Maza daily. Order the Maza to introduce yourself to Mediterranean food for it presents a good sampling of the Hedary's salads and appetizers...24.95

🍷 **MINI MAZA**

Mini servings of Tabbuli, Hummus, Mtable, Falafil, Feta & Olives & Vegetarian Stuffed Grape Leaves...15.95

PIZZAS

🍷 **HEDARY'S CHEESE PIZZA**

Our Lebanese bread topped with Jack cheese. Veggie topping options: green bell peppers, red bell peppers, gold bell peppers, onions, pickled jalapenos, mushrooms, tomatoes, squash
SMALL 3.95... tom. sauce .50, veg toppings .25ea
Italian sausage \$1, Pepperoni \$1, Chicken \$2
MED 6.95...tom. sauce .50, veg toppings .50ea
Italian sausage \$1, Pepperoni \$2, Chicken \$3
LARGE 8.95...tom. sauce .50, veg toppings .75ea
Italian sausage \$2, Pepperoni \$4, Chicken \$6

🍷 **MANAEESH**

Pita dough topped w/ Lebanese spices (Zatar) & olive oil. Optional veggies are onions, tomatoes, bell peppers, mushrooms and broccoli.
SM 1.95(add Feta \$1, Mont Jack \$1, Veg .75)
MED 3.95(add Feta \$2, Mont Jack \$2, Veg \$1.50)
LG 5.95(add Feta \$3, Mont Jack \$3, Veg \$2)

🍷 **SPINACH PIE (FTAYIR)** 2.50

Add Feta .95 Add Monterrey Jack .95

MEAT PIZZA

small 3.95...medium 5.95...large 8.95
A succulent mixture of ground sirloin, fresh tomatoes, onions, and spices baked on Lebanese bread.

SALADS

ADD TO ANY SALAD:

Chicken 4.95	Gyro 4.95
Salmon 7.95	Beef 8.45
Falafil 2.00	Lamb 9.95

- ▼ TABBULI** small 2.95...med 4.50...large 5.95
 Burghul (crushed wheat) mixed with parsley, onion, fresh tomato and lemon juice.
- ▼ FATOOSH** 3.95
 Tomatoes, onions, cucumbers, lettuce & toasted Lebanese bread served w/ sumac, garlic & olive oil.
- ☛ GREEK SALAD** 3.50
 Add Feta .95 Lettuce, tomato, cucumber, onion, olives and pepperoncini in a garlic and balsamic vinegar dressing.
- ▼ LETTUCE SALAD** 2.95
 Romaine lettuce w/ garlic, olive oil and red wine vinegar.
- ▼ GARBANZOS SALAD** 4.45
- ▼ SWEET POTATO SALAD** 3.95
- ▼ TOMATO & ONION SALAD** 2.50
- ▼ SPINACH SALAD** 1.95
- ▼ TOMATO & CUCUMBER SALAD** 2.50
- ▼ CABBAGE SALAD** 1.50
- ☛ KHYAR BIL-LABAN** 2.95
 Sliced, crisp cucumbers with yogurt, garlic and mint.

- ▼ HEDARY'S SALAD** 2.95
 Add Feta .95, Add Olives .95
 Lettuce, tomato and cucumber with garlic and olive oil.

SANDWICHES

Add fries to Any Sandwich 1.50

SHAWARMA SANDWICH

Sautéed with mushrooms, squash, carrots, sweet potatoes, zucchini, onion, bell peppers and tomatoes. Served in pita bread w/ tarator sauce.

- Chicken 8oz. 9.45
- Beef 8oz. 10.45
- Lamb 8oz. 11.45

▼ FALAFIL SANDWICH

...small 3.95...large 5.95
 Falafil stuffed in Lebanese bread with fresh vegetables and tarator sauce.

KAFTA SANDWICH 6.45

SUJUK SANDWICH 6.45

GYRO SANDWICH 6.50

With tomatoes, onions & cucumber sauce.
 (Add Feta .95)

SOUP

- ▼ LENTIL SOUP** cup 1.25 ... bowl 1.95
 Lentils, spinach and potatoes with sautéed garlic, onion, cilantro, coriander and lemon juice.

ENTRÉES

SHEK EL MEHSHE (STUFFED EGGPLANT) 9.95

Stuffed w/ ground sirloin & onions
& baked w/ tomatoes.

ABLAMA (STUFFED BABY SQUASH) 9.95

Stuffed w/ ground sirloin & onions
& baked w/ tomatoes.

SHISH KABOB

Skewered with Squash, Zucchini, Bell Peppers
and Tomatoes. Served with rice.

Chicken 8oz. 9.45 16oz. 11.45

Beef 8oz. 10.45 16oz. 12.45

Shrimp 8oz. 13.45 16oz. 19.45

Lamb 8oz. 11.45 16oz. 16.45

LEBANESE MEAT LOAF (KIBBI) 13.95

A mixture of ground sirloin & burghul
(cracked wheat) stuffed with hashwi
(ground sirloin, onions and spices).
Choose grilled or fried.

SPICY BEEF SAUSAGE (SUJUK) 12.95

Ground sirloin with jalapenos, garlic
and cumin. Sautéed with carrots and
tomatoes in a lemon sauce.

KAFTA 12.95

Ground sirloin with a blend of onion,
parsley, and spices shaped and
charbroiled. Served with rice.

MQANIQ (PORK SAUSAGE) 8.95

Lebanese pork sausage with a lemon sauce.

THE MEAT COMBINATION

1 Kabob, 1 Kibbi, 1 Sujuk, 1 Kafta and 1 Mqaniq

With Chicken Kabob 17.95

With Beef Kabob 18.95

With Lamb Kabob 19.95

With Shrimp Kabob 20.95

LAMB CHOPS 23.95

FRAREJ Regular 10.95

MOST POPULAR Chicken baked with potatoes
& tomatoes, olive oil, garlic, & lemon juice.

All White 15.95

All Dark (When available) 6.95

HUMMUS MA-LAHM 10.95

Hummus topped with hashwi
(ground sirloin, onions and spices).

SHAWARMA PLATE

Sautéed with mushrooms, squash, carrots,
sweet potatoes, zucchini, onion, bell peppers
and tomatoes. Served with rice and tarator sauce.

Chicken 8oz. 9.45 / 16oz. 11.45

Beef 8oz. 10.45 / 16oz. 12.45

Shrimp 8oz. 13.45 / 16oz. 19.45

Lamb 8oz. 11.45 / 16oz. 16.45

STUFFED GRAPE LEAVES (DOLMAS) 10.95

Stuffed with ground sirloin, rice and spices.

SMOKED PORK RIBS 8.95

PECAN SMOKED BRISKET 9.95

SEAFOOD

All Fish baked with carrots, sweet potatoes, zucchini,
mushrooms, onion, bell peppers and tomatoes.

FRESH, small 10.95...large 18.95

WHOLE RED SNAPPER

BAKED SALMON 9.95

BAKED TILAPIA 8.45

SHRIMP & SUJUK 17.95

Spicy beef sausage and shrimp sautéed
with carrots and tomatoes in a lemon
sauce.

SIDES

VEGAN ENTRÉES

- ❶ BEANS & RICE 5.95
Mjadra, kidney, black & pinto beans and rice.
- ❶ FALAFIL PLATE 8.95
Fava and garbanzo beans ground together w/
vegetables & spices. Shaped and fried, served
w/ fresh vegetables and tarator sauce (a mixture
of lemon juice, parsley and tahini).
- ❶ VEGGIE STUFFED GRAPE LEAVES 6.95
(DOLMAS) Stuffed with rice, tomatoes,
onions, parsley, lentils and garbanzo beans.
- ❶ VEGETARIAN PLATE 9.95
A taste of Hummus, Baba Ghanoush, Tabbuli,
small Ftayir, small Soup, Falafil, Veggie
Grapeleaves, rice, lentils and beans.
- ❶ EGGPLANT & TOMATOES 6.95
(MUSAKA) Sliced Eggplant covered in sautéed
tomatoes, garlic, mint & pomegranate malasses.
- VEGETARIAN SHAWARMA PLATE 9.95
Sliced Eggplant sautéed w/ mushrooms, squash,
carrots, sweet potatoes, zucchini, onion,
bell peppers & tomatoes. With rice & tarator.

DESSERTS

BAKLAVA IS MADE WITH FILO LAYERS, NUTS AND HONEY.

- WALNUT BAKLAVA 1.25
- ALMOND BAKLAVA 1.25
- MACADAMIA NUT BAKLAVA 1.25
- PECAN BAKLAVA 1.25
- PISTACHIO BAKLAVA 1.50
- BAKLAVA SAMPLING 4.95
A sampling of each of the 5 Baklavas
- SHABIET 1.50
Layers of filo stuffed w/ milk custard &
topped w/ honey.
- RICE PUDDING 1.50
Lebanese style rice pudding w/ rosewater.

- ❶ LEBANESE GREEN OLIVES, W/SEEDS 1.25
- ❶ LEBANESE BLACK OLIVES W/SEEDS 1.25
- ❶ GREEK KALAMATA OLIVES 1.25
- ❶ COMBO 3 KINDS OF OLIVES 1.95
- ❶ PICKLED CUCUMBERS75
- ❶ PICKLED TURNIPS75
- ❶ COMBO PICKLES95
- ❶ PINTO BEANS 1.25
- ❶ RED KIDNEY BEANS 1.25
- ❶ ROASTED POTATOES 2.95
- ❶ ROASTED SWEET POTATOES 3.95
- ❶ SAUTÉED MUSHROOMS 3.95
sautéed in onions and wine
- ❶ FRIES 1.95
- ❶ SAUTÉED SQUASH 3.95
sautéed with garlic and cilantro
- ❶ COUSCOUS 1.50
- ☞ LABAN (YOGURT)75
- ❶ MJADRA (LENTILS & RICE) SM .95.. LG 1.75
lentils cooked with sautéed onions and rice
- RICE 1.50
- ❶ VEGETABLE PLATE 1.95
tomatoes, cucumbers, romaine, green
onions & radishes
- ❶ ROASTED VEGETABLES 5.95
potatoes, carrots, zucchini, sweet
potatoes, turnips, beets, squash, bell
peppers, onions & garlic

BEVERAGES

- ICE TEA 1.25
- TAMARIND 2.25
- LEMONADE 2.25
- LIMEADE 1.75
- SOFT DRINKS Bottles 1.79..Cans 1.25
- SAN PELLEGRINO, 2.50
- SPARKLING MINERAL WATER
- YOGURT DRINK 1.25
- OZARKA SPRING WATER 1.50
- LEBANESE COFFEE (DEMITASSE) 2.25
- AMERICAN COFFEE 2.25
- HOT TEA 2.25