



Real Wishes Foundation

500 E Fry Blvd, Suite L-1

Sierra Vista, AZ 85635

www.RealWishesFoundation.org

info@RealWishesFoundation.org

(520) 226-9607



RESOURCE GUIDE - 2021

CARENET PREGNANCY CENTER OF COCHISE COUNTY

1197 E. Fry Blvd.

Sierra Vista, AZ 85635

(520) 459-5683

24 Hour Help Line 1-800-712-4357

<https://www.carenetsv.com/>

From the initial pregnancy test through the early childhood years, FREE classes and counseling is offered. When mothers and/or fathers participate, they can “earn while they learn”.

CHILDCARE RESOURCES, INC.

999 E. Fry Blvd. Suite 222

Sierra Vista, AZ 85635

(520) 458-7348

<https://www.childcareresourcesinc.org/>

They are a private, non-profit child care resource and referral agency that works with families and communities to help ensure that all children have access to high-quality, affordable early learning and school age opportunities and experiences that enable them to succeed in school and in life.

COMFORT KEEPERS

3965 E. Foothills Suite F

Sierra Vista, AZ 85635

(520) 417-2000

<https://www.comfortkeepers.com/>

Provide non-medical in-home care geared mainly to the elderly and disabled. Assistance ranges from companionship to full personal care. May include meal preparation, transportation, medication reminders, companionship, housekeeping and dementia care. Care may be from two hours up to 24 hours.

COCHISE COUNTY HOUSING AUTHORITY/DEPARTMENT

100 Clawson Ave.

Bisbee, AZ 85603

(520) 432-8880

<https://www.cochise.az.gov/housing-authority/home>

Will only do repairs for Section 8 Low Income. No longer will do Lead Base Paint abatement or mold.

COCHISE COUNTY - CITY OF DOUGLAS

425 10th St.

Douglas, AZ 85607

(520) 805-4046

Owner-Occupied Housing Rehabilitation 1415 Melody Ln. Bldg. B

Bisbee, AZ 85603

(520) 432-9742

Emergency Home Repair

FIRST THINGS FIRST

77 Calle Portal Suite B140

Sierra Vista, AZ 35635

(520) 378-3280

<http://www.azfff.gov/RPCCouncilPublicationsCenter/Resource%20Guide%20-%20Cochise.pdf>

First Things First (FTF), approved by Arizona voters, works to ensure that our youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, regional partnership councils – in collaboration with local leaders – identify the educational and health needs of children from birth through five in their communities and fund strategies to address those needs.

FOOD BANK – ST. VINCENT DE PAUL

614 E. Bartow (520) 458-9725

220 Myer Dr. (520) 458-0870

616 E. Bartow (520) 458-0500 (Thrift Store)

Sierra Vista, AZ 85635

This program is sponsored by St. Vincent De Paul. Low income individuals and families are eligible to receive food and other grocery items. The Sierra Vista community assist the Food Bank by donations of food and paper goods.

FORGASH HOUSE

(520) 458-9096 Hotline – 24/7

(520) 458-9096 Business

<https://www.domesticshelters.org/help/az/sierra-vista/85635/forgach-house>

This is a Domestic Violence Service. Provides help for people dealing with domestic abuse.

GOOD NEIGHBOR ALLIANCE

420 N. 7th St.

Sierra Vista, AZ 85635

(520) 439-0776

Provides temporary emergency shelter for men and families with children under the age of 18 years old. There is a 30-day limit. In addition to a place to stay, they offer financial planning, job hunting assistance, saving suggestions and help with finding permanent house. They have 13 emergency shelter beds and 2 rapid re-housing vouchers (short-term housing vouchers) for veterans.

Food is provided for breakfast and snacks and a full meal is available each evening at 6pm. Donations of food items, hygiene items and paper goods are needed on a regular basis.

GOODWILL STORE

2105 E. Fry Blvd.

Sierra Vista, AZ 85635

(520) 895-5995

Receives donated clothing, furniture, books, music, etc., for re-sale. They help people who are looking for work or better jobs so they can better provide for their families. The sales of donations support programs that help people in our community. Search for job opportunities within our 165-member network and beyond.

LEGACY FOUNDATION

The Legacy Foundation's purpose is to promote population health and community wellness throughout Southeast Arizona.

El Camino Real Medical OFC Complex

Suite 302-01 EL

Sierra Vista, AZ 85635

(520) 335-6015

Legacyfoundationresourceguide.org

LIONS CLUB

The **Sierra Vista Lions Club** is a non-profit organization proudly serving our local, state and global communities since 1955.

Our Lions are men, women and families dedicated to making a positive impact on our local and global communities. We're your friends, neighbors and coworkers whose combined efforts allow us to work on projects important to our community and also raise funds to help the less fortunate.

125 S. Huachuca Blvd.
Huachuca City, AZ 85616
(520) 456-9016

<https://e-clubhouse.org/sites/huachucacity/>

Salida Del Sol
Sierra Vista, AZ 85635
(520) 458-9850

<https://e-clubhouse.org/sites/sierravista/>

For eligible ADULTS, the Lions Club will pay for the cost of an eye exam and one pair of eyeglasses. The Club requests a \$10 fee from the recipient a money order, payable to the Lions Club. In some cases, this fee may be waived.

LORI'S PLACE

214 E. Tacoma St.
Sierra Vista, AZ 85635
520-515-4444

lorisplace214@gmail.com

www.cochisefamilyadvocacycenter.com

Lori's Place, Cochise Family Advocacy Center (CFAC), works closely with law enforcement, County Attorney, Dept. of Child Safety, medical and mental health professionals', and victim advocacy to offer best practice methods to ensure healthy recovery and successful prosecution for those victims and their family. CFAC offers victim advocacy, forensic interviews and medical examination services for all age victims and to family members receiving news of a suicide or death notification.

MILITARY ORDER OF THE PURPLE HEART CHAPTER 572

Call for an Appointment

(520)456-4645

<http://www.moph572.org/>

Funds are used to support specialized programs for: Arizona Fisher House; Traumatic Brain Injuries; PTSD; Trauma to multiple parts of their body; Homeless Veterans; Emergency assistance to Veterans and their families.

NAMI-NATIONAL ALLIANCE ON MENTAL ILLNESS OF SOUTHEASTERN AZ

Resource Center
4755 Campus Dr.
Sierra Vista, AZ 85635
(520) 459-3228
<http://www.namiarizona.org/>

Dedicated to improving the lives of individuals and families impacted by conditions such as depression, anxiety, ADHD, PTSD, schizophrenia and other potentially disabling mental illnesses. All the programs are FREE to the community regardless of a person's insurance coverage or financial situation.

OUR LADY OF THE MOUNTAIN CATHOLIC CHURCH

1425 E. Yaqui St.
Sierra Vista, AZ 85650
(520) 378-2720
Direct Line 378-0589 (Volunteer M-W-F from 9-11)
<https://olmaz.org/>

This only for people south of Buffalo Soldier Trail. The Church provides (thru St. Vincent De Paul) food vouchers to needy families. By contacting the Church, individuals and families in need may be able to receive assistance, such as rent, utilities or medical.

SALVATION ARMY

156 E. Wilcox Dr.
Sierra Vista, AZ 85635
(520) 459-8411
Fax (520) 515-0045
Ofc Hours M=10-3 W=12-3 F=10:30-3

Food boxes, clothing, shoes, utilities, prescription drugs. Financial aid for college courses is sometimes available.

SAN PEDRO KIWANIS CLUB

P.O. Box 1447

Sierra Vista, AZ 85636

(520) 803-9891

<https://sanpedrokiwanis.org/>

They help-out in the community in a variety of ways, including sponsoring youth groups, highway clean-ups, raising money to benefit children and children's support groups and providing scholarships.

- **JUST KIDS, INC**

Are a part of the San Pedro Kiwanis Club. They enhance the lives of needy children in the greater Sierra Vista area.

- **STOCKING STUFFERS**

Also, a part of San Pedro Kiwanis Club. Through many fund raisers, they are able to donate clothing to the needy at Christmas time.

- **GIFTS FROM THE HEART** is also associated with San Pedro Kiwanis.

SCHOOL AGE CHILDREN - ASSISTANCE

Parents/guardians may contact their school nurse to help their children when it comes to those that need clothes, supplies or other possible help.

PALOMINAS SCHOOL DISTRICT HOMELESS LIAISON

(520) 366-4921

Authorized by the McKinney-Vento Homeless Assistance Act, Liaison provides clothing, shoes, school supplies, summer school tuition and other assistance to students identified by school district as being homeless. Other services provided are health services, prescriptions, over-the-counter medicines, tutors and clothing for school activities such as PE, fees for field trips, eyeglasses, dental services, birth certificates and immunizations.

SIERRA VISTA PUBLIC SCHOOLS HOMELESS LIAISON

(520) 515-2714

Only students attending Sierra Vista Public Schools may apply. Will need to fill out one piece of paperwork.

TOMBSTONE UNIFIED SCHOOLS DISTRICT HOMELESS LIAISON

(520) 457-2217

Only students attending Tombstone Schools may apply. Will need to fill out one piece of paperwork once a year.

SEACAP

Wilcox, AZ
(800) 293-1144

Assists with rent and rent deposits

Utilities

Services: offers low-income households, with deposits for utility services, and/or makes needy repair/replacement to utility related appliances or systems. You must own the appliances.

SIERRA EVANGELICAL LUTHERAN CHURCH

101 N. Lenzer Ave.
Sierra Vista, AZ 85635
(520) 459-0444
<https://www.selcaz.org/>

Once a year, just before schools begins, the Lutheran Church provides backpacks, school supplies and other items for school children in need. Other items made available on a case-by-case basis by contacting the coordinator.

SIERRA VISTA UNITED METHODIST CHURCH

3225 St. Andrews Dr., Sierra Vista, AZ 85650
(520) 378-3352 –
svumc@svumc.phxcoxmail.com
<https://sierravistaumc.umcchurches.org/>

The Outreach Program at Sierra Vista United Methodist Church is a multi-faceted program designed to extend "love for our neighbors" to all in the community around us.

Some of the programs covered under Outreach include:

- Food Pantry Bags of food are available for all who come in to request it.
- A Clothing and Toiletry Closet provides clothes and self-care items to children and adults.
- The Community Assistance Fund financially assists those needing help to pay their rent or utility bills.
- Along with the Borderlands Food Bank, we sponsor Produce on Wheels With Out Waste (POWWOW) once a month. At POWWOW, guests can purchase up to 70 pounds of produce for \$12. Special arrangements apply for those in need.
- Members help with cooking at the Good Neighbor Alliance shelter.
- Classes are available to the community in Citizenship and English as a Second Language.
- School Supplies are given to local schools to assist students who need them.
- Vacation Bible School is available to the community as well as to our church at no charge.
- A Crockpot Seminar is held in the fall each year. Mothers are given a Crockpot and recipes are demonstrated to encourage family meals.
- An Appreciation Potluck is held for the children and parents of Village Christian Preschool that operates as a ministry of our church.
- Outreach members work with other community agencies such as Salvation Army and St. Vincent de Paul
- Financially, Sierra Vista UMC Outreach assists other United Methodist Churches, such as Huachuca City UMC and Bis bee First UMC.

SSVEC OPERATION ROUND UP

www.ssvec.org

520-384-5510

Operation Round Up® is designed to alleviate some of the desperate human situations resulting from natural disasters like floods, extraordinary emergencies like fires, mental or physical disability, or domestic violence. The funds will only be used to benefit individuals and families within the Cooperative's service area. The intent of the Operation Round Up® Program is to help families cope with emergencies, illnesses and special medical needs and aid community and emergency service providers in their efforts to improve the quality of life for our less fortunate neighbors and support each community's health, safety and well-being.

Regards, Michele McCollum - Member Services Assistant

ST. ANDREWS THE APOSTLE CATHOLIC CHURCH

800 Taylor Dr.

Sierra Vista, AZ 85635

(520) 458-2925

<https://standrewsv.org/>

The Church (thru St. Vincent De Paul) food vouchers to needy families. By contacting the Church, individuals and families in need may be able to receive other assistance, such as rent, utilities or medical.

ST. VINCENT DE PAUL

614 E. Bartow (520) 458-9725

220 Myer Dr. (520) 458-0870

616 E. Bartow (520) 458-0500 (Thrift Store)

Sierra Vista, AZ 85635

After application and interview process, St. Vincent De Paul helps with clothes, shoes, utilities, furniture, household items and food boxes.

THE EASTER SEALS BLAKE FOUNDATION

55 S. 5th Street

Sierra Vista, AZ 85635

(520) 452-9784

<https://www.easterseals.com/blakefoundation/who-we-are/locations/>

Several different programs within the Blake Foundation provide information to mothers on better parenting, infant care and child rearing. Assistance is available to mothers and children of low income.

UNITED WAY OF SIERRA VISTA & COCHISE COUNTY

750 Bartow Drive, Suite 1
Sierra Vista, AZ 85635
(520) 458-3288
<https://unitedwaycochise.org/>

Provides Crisis and Emergency Services due to fire, financial loss or domestic abuse. Services to The Elderly and Disabled-has agencies working to educate, provide support, prevention and help to the patients, victims and families affected by a painful or potentially terminal illness. Counseling/Community Support Health Services-has agencies who can provide assistance to families before reaching crisis stage. These funds empower, establish financial stability and enhance the quality of life for individuals and families. YOUTH DEVELOPMENT-Develops self-esteem, social and personal responsibility, strong academic habits, non-violent decision-making abilities and viable job skills.

VFW

130 N. Cochise St.
Huachuca City, A 85616
(520) 456-2501
<https://www.vfw.org/>

Once a month, food is available at discount prices. Purchases can be made using cash or Food Stamps. Food is purchased on the 15th of the month and then can be picked up on the 3rd Saturday. Frozen, canned and boxed food is offered.

IN SIERRA VISTA

549 Veterans Dr.
Sierra Vista, AZ 85635
(520) 458-9972

VICAP

300 El Camino Real
Sierra Vista, AZ 85635
(520) 459-8146
<http://www.vicapsv.org/>

Proves services for the elderly, disabled and home bound. Will pick up people in the Sierra Vista area, for doctor appointments. Will also drive people to Tucson (for a small fee) for medical appointments. Please give a few days' notice.

VIETNAM VETERANS OF AMERICA & ASSOCIATES COCHISE COUNTY CHAPTER 1020

<https://vva.org/>

(520) 378-9330

- 1-Veterans Services for all eras (including claims)
- 2-Operation Home Program-serves Active Duty families
- 3-Scholarship Program-high school in Cochise County
- 4-PTSD Support Group for Veterans and Active Duty families

They have three major events (if money is available) each year: Easter; Back to School; and Christmas. They also send Troop Packages overseas.

WOMEN INFANTS AND CHILDREN (WIC)

4115 E. Foothills Dr.

Sierra Vista, AZ 85635

877-942-2477

AND 1000 Colonia de Salud, SV, AZ

520-515-8687

WIC provides milk, cheese, beans, peanut butter, eggs and cereal, plus nutritional aid, immunizations and counseling to eligible women and children. Associated with the following: COMMODITY FOOD SUPPLEMENTAL PROGRAM-Is now administered by Area Agency On Aging when clients are no longer eligible for WIC. Mainly geared to seniors, 60 years of age and over who are low income and are considered at risk for malnutrition. Once certified, they receive one food box per month. Sites are Douglas, Wilcox, Bisbee, Benson and Sierra Vista.

WARRIOR HEALING CENTER

1838 Paseo San Luis

Sierra Vista, AZ 85635

520-221-4093

vets@warriorhealingcenter.org

see next page for additional information

Warrior Healing Center

Some of the Free Services Available to Veterans and Family Members
1838 Paseo San Luis, Sierra Vista, Arizona
520-221-4093

Employment & Professional Support	Employment Assistance – AMVETS ARIZONA@WORK CSV CVMA Resume Writing Assistance – AMVETS ARIZONA@WORK Use of Teleconferencing Center and Meeting Rooms – WHC
Education	Internet, Computer and Printing Lab for Veterans – CLUG WHC Leadership Development Program – RWB Linux Computer Operating System Classes – CLUG Media Production and Training Services – RELN Native American Flutes for Vets – FFV
Family & Social Support	Bagels & Brew: Coffee and War Stories – WHC Crisis Intervention for Veterans and Family Members – CSV CVMA MOPH WHC WW Discounted Housecleaning Services – MBCS Fully Assisted Hunting and other Outdoor Expeditions for Disabled Heroes – H3O Healing with Art: Arts/Crafts Program – VAP Honor Flights to Washington DC Monuments for Pre-9/11 Veterans and Guardians – HF Post-Deployment Training Programs – AMVETS Purple Heart Cruises – PHC Research and Return Lost or Stolen Purple Heart Medals – MOPH Resources for Female Veterans to Regain Self-Esteem, Trust, Honor & Dignity – WAC WW Scholarships for Veterans, Children and Grandchildren of Veterans – MCL MOAA MOPH Support Memorial Services to Honor Fallen Veterans – CVMA Tragedy Assistance Program for Survivors (TAPS) Support Groups – WHC Transition from Active Duty to Civilian Life – Warrior Transition Workshops – AMVETS MOAA Veteran Organizational/Event Security – CVMA Warrior Pantry – WHC Work with Schools and Other Organizations to Promote US History and the Quest for Freedom – MOPH
Finances & Benefits	Assistance to Veterans with Overwhelming Medical Bills – CVMA CRDP (Concurrent Retirement & Disability Pay) & CRSC (Combat-Related Special Compensation) Ambassador – MOAA Donated Food Baskets for Active Duty Service Member Families in Need – CVMA Emergency Financial Assistance – CSV CVMA MOPH VVA Emergency Food Assistance – CSV CVMA MOPH MOPHA VVA WHC VVA Financial & Investment Planning – MOAA Free Clothing Closet, Library and Shower Facility – CSV WHC Help with Veteran Administration Claims – AMVETS MCL VVA Service Documentation Assistance from National Archives and Social Security – AMVETS MOPH VVA Short Term Rent Assistance to Needy Veteran Families – CVMA Tax Preparation, Real Estate Assistance, Retirement Planning – AARP AMVETS MOAA VITA Veteran Administration Certified Veteran Service Officer Support – AMVETS VVA
Housing & Homelessness	DUST-OFF - WHC Emergency Home Repair Assistance – CSV MOPH VVA Emergency Relocation Assistance – CSV WHC
Mental Health	Counseling and Therapy from Licensed Clinical Social Worker – LCSW MHMUCP VAVC Emotional Freedom Technique Tap Therapy – GPV Human-Horse Ground Experience – HOOVES Post-Traumatic Stress Disorder (PTSD) – GPV LCSW MHMUCP SBF WHC Professional Association of Therapeutic Horsemanship (PATH) Certified Programs – HOOVES RONA (Responsive Outreach Networking Alliance) – WHC Service Dog Training Facility: Matching, Training and Supporting – SBF
Physical Health	Agent Orange Outreach Program – VVA Certified Personal Fitness Consultations – FYB Elderly Care: Medical Equipment, Personal Hygiene Supplies, Nutritional Supplement, Housekeeping Errands, Education Services, Local Service Referrals and Companionship Programs – ECM Healthy eating, exercise, mindfulness – SHINE Integrative Health Care – MHMUCP QiGong Practice – TRHE Sports/Fitness Community Social & Service Events (Yoga, Cycling, Hiking, Running, Bowling) – RWB Team Cycling Program Emphasizing Participation for Veterans with Disabilities/Abilities of All Kinds – VVSV
Substance Use	Substance Abuse Referrals for Multiple Therapies and Modalities – LCSW
Spirituality	Finding the Way: Warrior Healing with Love Bible Study - FTW Spiritual Counseling with On Site Ministerial Support – FFV GPV MMCC WHC